

Hidden Trails

Ph. 1-888-9-TRAILS

*Equestrian Vacations
- on & with Hidden Trails*

About Hidden Trails



Hidden Trails is owned and operated by nature enthusiasts who love horses and adventure activities. We have been involved with riding and other outdoor vacations for over 20 years.

With our partners Voyage du Cheval (France), Pegasus (Germany) as well as Equitour (Switzerland and France) we have collected the best riding destinations all over the world in some hidden places we would like to share with you.

These rides are about galloping on endless beaches, forging rivers, cantering through forests, trotting along age-old trails, gazing at beautiful vistas and encountering foreign cultures. But most of all, these trips are about getting away from the cycle of too much work and never enough free time.

Escape from the rituals, which long ago froze our nights and days into little more than routine and away from the worries of our new tense times. It is so satisfying when we take the plunge of adventure - it's unfortunate that we invent so many reasons to put aside living our dreams of adventure. It is sometimes a tangled web that we weave through life. Some of the threads reveal a work-a-day world of commitments, duties and obligations. Other threads are of a quiet fabric of hope, responsibility and refreshment.

On our adventures you see the real country, its back country and meet the locals. The love for horses has no boundaries but possesses a common language we all speak and understand. The majority of the overseas rides are from inn to inn, some from castle to castle and a few are camping rides.

You will experience new countries and their customs and make new friends. The Hidden Trails trips are the best you can find.

They have been tested by our staff or associates and received our stamp of approval. If you are considering a special riding vacation anywhere in the world, call us first and let our experienced consultants match the perfect trip with your dream.

We will listen to you and give you objective advice to help you choose the best destination and adventure.

Your vacation is the most precious time of the year and we are committed to making it the most memorable time of your life. Wherever you go, have a great time and bring back some peace of mind.

Thank you for your continued support.

Hidden Trails

Phone: 604-323-1141

Fax: 604-323-1148

Toll Free: 1-888-9-TRAILS

from within the USA or Canada or

E-mail: info@hiddentrails.com

Website: www.hiddentrails.com

Address:

659A Moberly Road, Vancouver BC Canada V5Z 4B3 or

4406 Tennyson Road, Wilmington, DE 19802 USA

Toll Free from the U.K.:

Ph: 0- 808 189-0420

Fax: 0-808-280-1860

Toll Free Worldwide:

Skype: hiddentrails

Menorca Getaway on Horseback - Spain, Europe

Tour Code: IT-SPMEN-4
5 days / 4 nights ~\$1,395.00
Dates: April-May, Sep-Oct

Trip Rating : ●●●●●
Difficulty : ●●●●●
Lodging : ●●●●●

Tack: English
Horses: Purebred Andalusian, Menorcan and mix
Pace: Moderate with trots and canter - 5 hrs...
Walk, Trot, Canter,

Airport: Menorca - Mahón Airport



Introduction

Mallorca/Menorca, Spain

Visit the most beautiful and unspoiled countryside and beaches of Menorca on horseback on this equestrian escape, based at a beautiful 4-star country estate. Enjoy high grade purebred horses out of the own breeding farm on daily excursions to explore the breathtaking surrounding.

Menorca, the smallest and most eastern of Spain's Balearic Island, has a long standing history with horses. In fact, some might say that Menorca has no history without its equestrian friends. The horses on this program are the finca's own breed of the infamous Menorcan horse: a harmonious animal, it has a peaceful character and is smart and obedient. With a sleek silhouette and a handsome black coat, this noble horse has led explorers around this gem of an island for centuries.

The Menorcan Riding Program takes advantage of Cami de Cavalls, the island's ancient route once used to defend the island and allow military officials surveillance of the coastline. Today, it is an efficient and rewarding way to discover the beauty of this island. Following the entire Menorcan coastline and occasionally crossing through farms, the Cami de Cavalls is a path that resourcefully takes the equestrian traveler to diverse areas of dynamic topography. The Menorcan Riding Program also takes advantage of the Menorca Biosphere Reserve, declared as such by UNESCO in 1993.

However, what would a great riding program be without a venture off the beaten path? The Menorcan riding tours one dip in and out of the interior to discover plentiful and great ravines and caves, unique flora and fauna, isolated and pristine beaches, and historical and beautifully preserved churches and buildings, all nestled among breathtaking landscapes and views across the Mediterranean. When all the riding has worn you out, you can relax at the ancient Menorcan farm, redone as a 4 star country hotel. Here, no amenity is out of your reach: the onsite restaurant prepares local flavors and dishes in a charming atmosphere, the swimming pool is delightfully refreshing and several beaches lie within 3 kilometers. Located amongst nature in the centre of the island, the restored accommodations are easily accessible from each coastal area.

Accommodation



Accommodation

This is a stationary ride where all nights are spent at the same location.

Description

Your accommodation is an ancient Minorcan farmhouse restored as a tranquil rural hotel. Situated in the midst of natural surroundings, the hotel offers Mediterranean comfort and tranquility. The hotel exists in peaceful harmony with its surroundings and features 20 rooms which have been refurbished respecting the original Minorcan style. They have all possible amenities (TV, telephone, Internet, safety deposit box, bathroom, etc.). The swimming pool with salt water chlorination and its organic form has been designed with the environment in mind. Its shape, colours and textures are reminiscent of the pristine beaches of Menorca.

Standard Room (up to 2 pax)

2 beds (90 cm x 2 meters), bathroom (including hairdryer), television with international channels, telephone, internet, minibar and free safety deposit box.

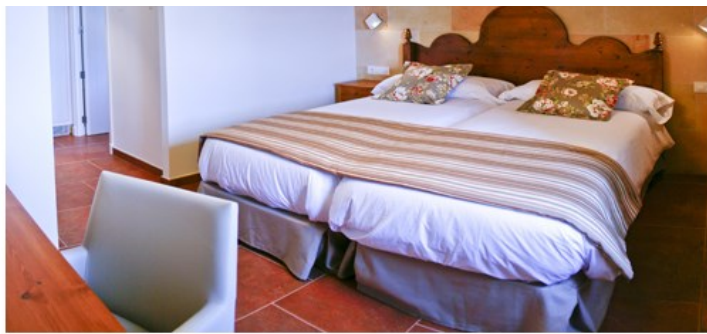
Superior Room (up to 2 pax)

Same as standard room plus a terrace (equipped with 2 chairs, table and umbrella).

Junior Suite (up to 4 pax)

Same as superior room plus a living room with double sofa-bed.





There is a list with the cost of laundry in the room and the prices depends of what and if it needs to iron it or not.

The hotel is situated at less than 1 km from the beautiful village of Es Migjorn Gran and at less than 3 km from the sandy beaches of Binigaus and Saint Tomas.

Room Occupancy

If there is nobody to share the room with, the single supplement fee is not mandatory.



Meals

All meals are included except for lunch on day 5.

During your stay, you will get to try the Mediterranean diet featuring Minorcan and Spanish cuisine. The restaurant offers you the opportunity to taste the local flavours in a pleasant and charming atmosphere. A menu - both modern and traditional - offers the best of excuses to blindly surrender to the intensity of tastes and smells which invite the guests to submerge themselves in a whirlwind of sensations.

Wine is included with dinner.

Dietary Restrictions

We can cater to all dietary restrictions with prior notice.

Riding



Required Riding Level

Riders must be able to master the horse at a medium level in all gaits (walk, trot and canter). It is advisable to be physically fit.

Horses

The horses are from our own stud (Yeguada de San Adeodato) and are Minorcan, Andalusians and crossbred. The Minorcan horse is well-balanced, has a peaceful character, is elegant and obedient.

Guides

We have at our disposal guides specialized in horse trek, speaking English, French or Spanish. They know the horses and terrain, providing the necessary security and maintaining at all times the pace and tempo of the route.

Insurance

It is mandatory to take out travel insurance for this trip.



Itinerary



Please, note that the route can be changed due to security reasons, bad weather or for reasons beyond our control such as natural disasters, local events, local strikes... The staff will provide all the means and resources to provide the best solution, even modifying the route if necessary or offering alternatives.

According to the Menorca law, during the summer (from May to October, both inclusive) horse riding on some beaches is forbidden.

Sample Itinerary: 8-day Explorer Program - subject to changes

Day 1 (Saturday): Arrival

Transfer from the airport. Check-in to your rooms.

Meals included: Dinner

Overnight at Hotel

Day 2 (Sunday): Introduction

To begin the programme, you will visit the stud of San Adeodato, where you will be told more about the fabulous Menorcan horses. After learning more about them, you will be assigned to your horse – who is a Menorcan gelding or mare, bred and trained at this stud – enjoy a short ride around the farm and visit the historic village of Sant Agusti.

You will have a leisurely lunch at a typical beach restaurant where you will enjoy sharing a number of Menorcan dishes. In the afternoon you will ride inland along one of the trails of the Cami de Cavalls (literally, Horse Road). On the way, you will cross the Barranc de Son Fideu, a famous ravine where you will actually ride into one of the most impressive caves on Menorca: Sa Cova d'es Coloms, also known as "the Cathedral cave".

The ride will finish back at the stables of the hotel.

Riding approx. 4 hours

Meals included: Breakfast, Lunch & Dinner

Overnight at Hotel

Day 3 (Monday): Ravines Trail

Today's ride is long but magnificent. After breakfast, you walk down to the stables where the horses will be waiting. The ride will take you through the major ravines of the island: Algendar, Trebaluger and Albranca.

Following the Cami de Cavalls, you will find that the path goes inland through woods and fields to avoid some of the steep slopes caused by the cascading water. During the morning, you will venture off the Cami de Cavalls to visit some of the most beautiful and wild beaches of the area: Escorxada, Fustam and Cala Mitjana.

After our visit to the stunning Cala Mitjana, our lunch will be delivered to us, along with tables and chairs, by van. A 3-course lunch will be served sitting under the trees alongside the horses. In the afternoon we will ride back to the stables of the stud.

Riding approx. 6.5 hours

Meals included: Breakfast, Lunch & Dinner

Overnight at Hotel

Day 4 (Tuesday): Natural Reserve of S'Albufera d'Es Grau

After breakfast, you and the horses will be transported to the north coast to begin your day of riding. Today's path runs entirely within the boundary of the Natural Reserve of S'Albufera (meaning 'marsh') d'Es Grau (the centre of the Biosphere Reserve) and it covers some of the most impressive cliffs on the island. You will see several wetlands (Tamarells Cove, Sa Torreta creek, Arenal de Morella) and also some of the Watch Towers which, in the past, safeguarded Menorca from attacks and sieges.

This stretch will lead you to Favàritx Lighthouse, one of the seven lighthouses which surround Menorca's coastline. Here you will enjoy a delicious 3-course picnic lunch while the horses relax nearby. After lunch the route alternates between cultivated farm land and more wild and remote landscapes.

At the end of the trail, the path enters a new ecosystem: the Bad of Addeia wetlands, combining salt marshes and



At the end of the trail, the path enters a new ecosystem, the Port of Aiguada wetlands, containing salt marshes and aquatic vegetation. Both in autumn and spring, this is a good place for bird watching.

Riding approx. 5.5 hours

Meals included: Breakfast, Lunch & Dinner

Overnight at Farmhouse

Day 5 (Wednesday): Rest Day (no riding)

An optional excursion (not included in the price) will be organized to enable you to discover more about Menorca.

Meals included: Breakfast & Dinner

Overnight at Hotel

Day 6 (Thursday): North Coastline

After breakfast, you be transported to the start of your ride through one of the most unspoilt, hidden and beautiful stretches along the north coastline. The starting point is the beach of Binimellà. The path through the dunes will take you to one of the most beautiful beaches on the island, Cala Pregonda, where you will discover a unique landscape, a beautiful cove with a golden-sand beach with offshore rock formations. Following the coast, you will ride parallel to Menorca's Northern Marine Reserve, created in 1999, which safeguards an area of around 5.2 marine hectares of reef along the northern coast. You will ride along several steep, rocky cliffs in order to reach Els Alocs, where you and the horses will have a well-deserved break, and you will enjoy a delicious picnic lunch while the horses have a rest tied under the trees.

Moving on, you will pass Cala Pilar, with its red dyed slopes, and then come to Arenal d'Alfuri, which has a high concentration of important endemic plants and floral species. Next, you will traverse Es Pla de Mar with its fantastic pebble cove, before turning inland through the flatter agricultural area of La Vall where some faster riding should be possible.

Riding approx. 5.5 hours

Meals included: Breakfast, Lunch & Dinner

Overnight at Hotel

Day 7 (Friday): Winding South

Today will be your final journey; you will ride through the Cami de Cavalls, heading toward the east side of the island. Today's ride will begin in a gentler landscape but soon progresses to the rugged, ravine studded terrain for which this region of Menorca is best known. Passing through Talis farm, you will arrive at the longest beach on the island, Son Bou, and its associated wetlands. This is an ideal spot for bird spotting as it is one of the most bio diverse habitats on Menorca. At certain times of the year it is possible to ride on the beach itself, but during the summer months (from May to October inclusive) this is forbidden by Menorcan law. You will then take the path back, via Sant Tomas, to where you started your ride: the stud of San Adeodato. Lunch will be taken at the beach restaurant overlooking the sea.

In the afternoon you will have the option of having a 1-hour classical dressage lesson on a Menorcan stallion which will include learning to perform the famous Menorcan dressage move "the Bot". The Menorcan horse is one of the only breeds in the world that is able to perform this upright movement where the horse stands (and sometimes even walks) on its hind legs!

* Please note that this lesson is not compulsory and you can certainly opt-out. However, clients do really enjoy the experience, and some have described it as one of the highlights of the trip. No alternative riding will be offered if you choose not to do take part.

Riding approx. 3 hour-trail + 1-hour lesson

Meals included: Breakfast, Lunch & Dinner

Overnight at Hotel

Day 8 (Saturday): Departure

Breakfast and transfer from the Hotel to the Airport.

Meals included: Breakfast



Sample Itinerary: 5-day Getaway Program - subject to changes

This program includes days 1, 2, 3, 7 and 8 of the 8-day itinerary.

Day 1 (Monday): Arrival

Transfer from the airport. Check-into your rooms.

Meals included: Dinner

Overnight at Hotel

Day 2 (Tuesday): Introduction

To begin the programme, you will visit the stud of San Adeodato, where you will be told more about the fabulous Menorcan horses. After learning more about them, you will be assigned to your horse – who is a Menorcan gelding or mare, bred and trained at this stud – enjoy a short ride around the farm and visit the historic village of Sant Agusti.

You will have a leisurely lunch at a typical beach restaurant where you will enjoy sharing a number of Menorcan dishes. In the afternoon you will ride inland along one of the trails of the Cami de Cavalls (literally, Horse Road). On the way, you will cross the Barranc de Son Fideu, a famous ravine where you will actually ride into one of the most impressive caves on Menorca: Sa Cova des Coloms, also known as "the Cathedral cave".

The ride will finish back at the stables of the hotel.

Riding approx. 4 hours

Meals included: Breakfast, Lunch & Dinner

Overnight at Hotel

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After our visit to the stunning Cala Mitjana, our lunch will be delivered to us, along with tables and chairs, by van. A 3-course lunch will be served sitting under the trees alongside the horses. In the afternoon we will ride back to the stables of the stud.

Riding approx. 6.5 hours

Meals included: Breakfast, Lunch & Dinner

Overnight at Hotel

Day 4 (Thursday): Winding South

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* Please note that this lesson is not compulsory and you can certainly opt-out. However, clients do really enjoy the experience, and some have described it as one of the highlights of the trip. No alternative riding will be offered if you choose not to do take part.

Riding approx. 3 hour-trail + 1-hour lesson

Meals included: Breakfast, Lunch & Dinner

Overnight at Hotel

Day 5 (Friday): Departure

Breakfast and transfer from the Hotel to the Airport.

Meals included: Breakfast



Non-Riders

Non riding activities such as biking, cultural tours, spa, massage, snorkel, sailing... are plentiful in the area. We can also organize an unforgettable nautical experience for you in a sailboat to go out sailing along the impressive coastline of Minorca.

Other Info

Meeting: Es Migjorn Gran

Airport: Menorca - Mahón Airport

Transfer: Menorca Airport

Distance: 16 miles

Pick-up/ drop-off is available from Menorca Airport (MAH). Pick-up is available anytime during the day. Check-out is at 12:00pm on the last day.

Tack: English

Horses: Purebred Andalusian, Menorcan and mix

Pace: Moderate with trots and canter - 5 hrs per day. 3 riding days

Walk | Trot | Canter |

Level: 🐾🐾🐾🐾🐾 (3 to 3 out of 5) Intermediate

Age: Min 12

Weight: 210 lbs / 95 kg

Riders: Min 2 riders Max 6 riders

Riding helmets are mandatory for this ride.

Rates and Dates 2024 - IT-SPMEN-4

Rates include: Accommodations in standard rooms, All meals including wine with dinner, 3 riding days with qualified English speaking guide and support vehicle & Transfer Helmets can be provided

Packages and Options

Season	Description	EUR	~US\$
A 2024	5 day trip	€1265	\$1395

The US Dollar Rate is based on a EUR Exchange Rate of 1.1 and subject to currency fluctuation

Transfer Option

Description

2024	Transfer from the airport of Menorca is included		
2024	Single supplement	€200	\$220
2024	Room upgrade, sgl/dbl	€280	\$310
2024	Non-rider discount, dbl, pp		

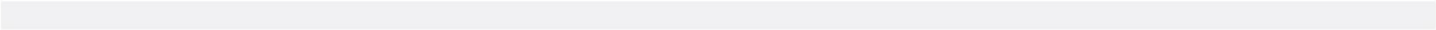
Tour Dates

Season	Tour Dates		
A 2024	04/08/2024 - 04/12/2024	5d / 4n	5 day trip
A 2024	04/15/2024 - 04/19/2024	5d / 4n	5 day trip
A 2024	04/29/2024 - 05/03/2024	5d / 4n	5 day trip
A 2024	05/06/2024 - 05/10/2024	5d / 4n	5 day trip
A 2024	05/13/2024 - 05/17/2024	5d / 4n	5 day trip
A 2024	05/20/2024 - 05/24/2024	5d / 4n	5 day trip
A 2024	09/23/2024 - 09/27/2024	5d / 4n	5 day trip
A 2024	09/30/2024 - 10/04/2024	5d / 4n	5 day trip
A 2024	10/14/2024 - 10/18/2024	5d / 4n	5 day trip

Min/Max: 2/6

To coincide with direct flights from Luton (England) the trips will be from Friday to Friday. Other dates are possible for 3+ riders

Rates do not include:Travel and medical insurance (mandatory) & Gratuities



Reservation Form

Tour : _____ Code #: _____ from: _____ to : _____

The Travelers (Last Name, First Name)	Male Female	Single room / or tent	Birth Date MM/DD/YY	Height	Weight	Special diets													
						Special diets	Beginner	Novice	Intermediate	Strong Inter.	Advanced	ride English	ride Western	mostly arena	mostly hacking				
1. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Special Diets: _____

Your fitness level: Excellent ☐ Moderate ☐ Poor ☐ How long have you been riding? _____

How often do you ride? _____ Have you been on other riding tours? No ☐ Yes ☐ last trip when? _____

If Hidden Trails offers a transfer from the local airport/station: I would like the transfer to be included: YES ☐ NO ☐

In an emergency, name and phone number of contact: _____

Attention: Please, if there is more than one participant, all have to sign the reservation form - make copies if needed

With my signature I confirm my reservation of the listed program(s) under the Hidden Trails Booking Conditions. I'm aware, and I made all participants aware of the risk involved with these outdoor adventure activities. All participants have read and agree with the Hidden Trails Booking Conditions and the Hidden Trails Recreational Activity Release and Indemnity Agreement in this brochure or as listed on the Internet.

I (we) will sign and forward the Recreational Activity Release and Indemnity Agreement at least 10 weeks before trip starting date.

Last Name and First Name (The Traveler) _____

Street _____ e-mail _____

City _____ State _____ Postal/Zip Code _____

Phone (wk) _____ (hm) _____ Cell _____ Fax _____

Date _____ Signature (mandatory) 1. _____

Please, charge a 25% deposit (minimum \$ 350 per person) now and full payment 10 weeks before the travel date to my credit card.

For payments by VISA ☐ or Mastercard ☐ (no debit cards)

Cardholder: _____

Card # _____ 3 digit Security # _____

Exp.Date: _____ Signature _____

Billing Address for Credit Card (if different than mailing address):

I have enclosed a check for the deposit ☐

Additional Signatures:

2. _____
3. _____
4. _____

Travel Cancellation Insurance Credit Card required

Sign me (us) up ☐ initial _____

No, we will provide our own ☐ initial _____

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Pacific Standard Time

