



Hidden Trails

Ph. 1-888-9-TRAILS

*Equestrian Vacations
- on & with Hidden Trails*

About Hidden Trails

Hidden Trails is owned and operated by nature enthusiasts who love horses and adventure activities. We have been involved with riding and other outdoor vacations for over 20 years.

With our partners Voyage du Cheval (France), Pegasus (Germany) as well as Equitour (Switzerland and France) we have collected the best riding destinations all over the world in some hidden places we would like to share with you.

These rides are about galloping on endless beaches, forging rivers, cantering through forests, trotting along age-old trails, gazing at beautiful vistas and encountering foreign cultures. But most of all, these trips are about getting away from the cycle of too much work and never enough free time.

Escape from the rituals, which long ago froze our nights and days into little more than routine and away from the worries of our new tense times. It is so satisfying when we take the plunge of adventure - it's unfortunate that we invent so many reasons to put aside living our dreams of adventure. It is sometimes a tangled web that we weave through life. Some of the threads reveal a work-a-day world of commitments, duties and obligations. Other threads are of a quiet fabric of hope, responsibility and refreshment.

On our adventures you see the real country, its back country and meet the locals. The love for horses has no boundaries but possesses a common language we all speak and understand. The majority of the overseas rides are from inn to inn, some from castle to castle and a few are camping rides.

You will experience new countries and their customs and make new friends. The Hidden Trails trips are the best you can find.

They have been tested by our staff or associates and received our stamp of approval. If you are considering a special riding vacation anywhere in the world, call us first and let our experienced consultants match the perfect trip with your dream.

We will listen to you and give you objective advice to help you choose the best destination and adventure.

Your vacation is the most precious time of the year and we are committed to making it the most memorable time of your life. Wherever you go, have a great time and bring back some peace of mind.

Thank you for your continued support.

Hidden Trails

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from within the USA or Canada or

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Address:

659A Moberly Road, Vancouver BC Canada V5Z 4B3 or

4406 Tennyson Road, Wilmington, DE 19802 USA

Toll Free from the U.K.:

Ph: 0- 808 189-0420

Fax: 0-808-280-1860

Toll Free Worldwide:

Skype: hiddentrails



Burgos to Ponferrada Cycling along the Camino - Spain, Europe

Tour Code: ZZ-BK-ESCAM02

7 days / 6 nights ~\$1,165.00

Dates: Available all Year

Trip Rating : ●●●●●

Difficulty : ●●●●●

Lodging: ●●●

Tack: --

Horses: --

Pace: 305 km (190 miles)

Airport: Santander, Madrid



Introduction

Galicia, Spain

This Cycling Holiday explores the second section of the Camino Frances / French Way by Bike, the most traditional of all the pilgrim routes to Santiago de Compostela and the best known internationally. The route, which was established in the late 11th century reaching the tomb of St James the Great, crosses the North of the Iberian Peninsula, through the Basque Country, Navarra, La Rioja, Castilla y Leon and Galicia regions of Spain. Nowadays, cycling on the Camino has become an incredibly popular way of enjoying this once-in-a-lifetime journey to Santiago de Compostela.

Starting from Burgos, medieval city and home of a UNESCO World Heritage cathedral, this section of the French Way by Bike offers some of the best historical and cultural vestiges of the whole Camino Frances. It passes through Leon and the vast Castilian Plateau (Approx. alt. 900m) before reaching another medieval bastion – the buzzing city of Ponferrada. The mostly flat and gentle terrain makes it accessible to any cyclist with an average level of fitness.

Accommodation

Accommodations

Our accommodations are selected based on a number of criteria, including location, comfort, services, price and character.

Please note, in case of non-availability of the below mentioned Hotels on the requested dates, similar ones will be used.

Accommodation Itinerary - subject to changes based on availability

Night 1: Hotel in Burgos

Night 2: Hotel in Fromista

Night 3: Hotel in Sahagun

Night 4: Hotel in Leon

Night 5: Hotel in Astorga

Night 6: Hotel in Ponferrada

Burgos - Hotel Forum Evolucion

Hotel Forum Evolución is a modern hotel. It has a wine-themed décor. It has 19 rooms, including single, double and family rooms. The air-conditioned rooms are soundproofed and have a desk, a TV and a private bathroom with hairdryer and free toiletries. Services such as a 24-hour reception and free Wi-Fi are available.

Fromista – Hotel San Martin

Located just next to the church of St. Martin of Tours, this hotel has a family atmosphere and offers 19 rooms (1 suite, 1 for disabled people and 17 double), all of them equipped with ensuite bathroom, TV, Free WiFi, Phone and Individual heating.

Sahagun - Hotel Vista Flor Puerta De Sahagun

This hotel offers a gym and air-conditioned rooms with a flat-screen TV. The 91 spacious rooms all feature tiled floors and modern décor. Each has a safe and a private bathroom with a hairdryer and free toiletries. There is also an outdoor pool (OPEN 15 JULY) and free Wi-Fi in public areas.

Leon - Real Colegiata San Isidoro

The hotel is located in the 11th-century San Isidoro Colegiata complex, with its basilica, cloister and museum, in the historic center of León. The hotel has a 24-hour reception and a free WiFi zone. All rooms feature stone walls and views of the Roman Wall or the cloister. They are heated and have a desk, wardrobe and flat-screen TV. The private bathroom comes with a hairdryer and free toiletries.

Astorga – Gaudi Hotel

This hotel was built in classical style in 1981, and was refurbished in 1996. It was built with the idea of allowing guests to enjoy a warm, classical decor in wood. The hotel is located in a historic area where you can visit Roman ruins. The hotel can accommodate up to 75 guests. There are 35 rooms, including 27 doubles, 3 doubles with lounge, 4 triples and 1 single. The rooms have a view of the city's historic area, with Antonio Gaudí's Episcopal Palace in the background. Each room has individual heating, international television, telephone, and full bathroom with hair dryer. Cots are available. WiFi is available in public areas and is free of charge.

Ponferrada - Bierzo Plaza

The Aroi Bierzo Plaza opened in 2009 and is in the heart of Ponferrada, by the town hall. Its attractive rooms all offer free Wi-Fi access and air conditioning. The hotel is set in a historic building with elegant arches. Most rooms have a balcony, and all are en suite.





Meals

Breakfasts and 2 dinners are included. Breakfast are eaten at the hotels and evening meals in the restaurant's hotel or a restaurant nearby. It is usually a set menu.

Special diets and dietary restrictions:

We can only request dietary requirements to our suppliers for the following diets:

- Diabetic - Suitable for reduced sugar, hyperglycemic, hypoglycemic and carbohydrate controlled meal requests.
- Gluten Intolerant/Celiac also known as low gliadin, non-tropical sprue, Celiac disease, low wheat, wheat free, gluten restricted diet. A Gluten Intolerant Meal eliminates all foods prepared with wheat, rye, barley and oats.
- Vegetarian (No meat – no fish). Nuts may be used as a protein substitute.

Riding

BIKES:

Mountain Bike BH Over-X 27V; Bike Breakdown Insurance; Repair kit.

Itinerary

Sample Itinerary - *subject to changes*

Day 1: Burgos

Burgos still preserves important vestiges of its medieval splendour and the city boasts a masterpiece of Spanish Gothic architecture: the Cathedral of Burgos (a UNESCO World Heritage Site). Aside from a visit to the historic quarter, you can take an interesting walk along the banks of the Duero and Arlanza rivers.

Meals included: none

Overnight in Burgos

Day 2: Burgos to Fromista

All day long, you will notice the influence of the Camino de Santiago as there is not a single village we cross that does not have obvious references to it.

By bike: approximately 73 kms. / Ascent: 650 m / Descent: 550 m

Meals included: Breakfast

Overnight in Fromista

Day 3: Fromista to Sahagun

During this stage, we have a good understanding of the popular meaning "Castilla es ancha" (castilla is wide). Crop fields give patches of beautiful color to the agricultural landscape all year round. The first half of the day is mainly flat and it gets a bit more undulating on the second half to Sahagun.

By bike: approximately 67 kms. / Ascent: 150 m / Descent: 80 m

Meals included: Breakfast

Overnight in Sahagun

Day 4: Sahagun to Leon

Today we cycle through the colorful Castilian meseta or plateau. The landscape here seems endless as we pass over the flat terrain of the area, affording great views over the surrounding agricultural area. We finish the day in the vibrant city of Leon.

By bike: approximately 67 kms. / Ascent: 200 m / Descent: 200 m

Meals included: Breakfast

Overnight in Leon

Day 5: Leon to Astorga

This is probably one of the flattest cycling days of the entire Camino Frances, but as we are on a high plateau, it still offers some great views and you will see Astorga down in the valley long before reaching it! In Astorga, take some time to visit the Episcopal palace, the cathedral, and the old city walls.

By bike: approximately 44 kms. / Ascent: 500 m / Descent: 200 m

Meals included: Breakfast

Overnight in Astorga

Day 6: Astorga to Ponferrada

The last day of this section is definitely the most difficult, but also, the most rewarding one! We can enjoy spectacular views as we climb up to 1500m above sea level to reach the famous Cruz del Hierro (the Iron Cross). The natural scenery and towns with rich history make this the best way to finish the section, before reaching Ponferrada: a city with a lively, and very pretty, medieval center.

By bike: approximately 54 kms. / Ascent: 1000 m / Descent: 1150 m

Meals included: Breakfast

Overnight in Ponferrada

Day 7: Departure

After breakfast we bid you farewell

Bike French Way - Section 2



Other Info

Meeting: Burgos

Airport: Santander, Madrid

Train station: Burgos

Transfer: Santander

Distance: 2 hrs 15 min.

Because this is a self-guided trip, participants are expected to arrive independently to their accommodation in Burgos

Tack: --
Horses: --
Pace: 305 km (190 miles)
Level: 🐎🐎🐎🐎🐎 (2 to 3 out of 5) Moderate
Riders: Min 2 riders Max 16 riders

Rates and Dates 2024 - ZZ-BK-ESCAM02

Rates include: Accommodations in standard hotels and guesthouses, All breakfasts and 2 dinners, Luggage transfers, Bike rental & Detailed cycling notes and Map.

Packages and Options

Season	Description	EUR	~US\$
A 2024	7 day cycling trip	€1060	\$1165

The US Dollar Rate is based on a EUR Exchange Rate of 1.1 and subject to currency fluctuation

Transfer Option

Description

2024	Single supplement	€210	\$230
2024	Upgrade to 4* accommodation, dbl, pp - please inquire		
2024	Upgrade to 4* accommodation, single - please inquire		
2024	Upgrade to 5* accommodation, dbl, pp - please inquire		
2024	Upgrade to 5* accommodation, single - please inquire		
2024	Extra night, dbl, pp ~ Please inquire		

Tour Dates

Season	Tour Dates		
A 2024	01/01/2024 - 12/31/2024	7d / 6n	7 day cycling trip

Min/Max: 2/16

Rates do not include:All lunches and 4 dinners, Drinks, Airport transfers, Insurance, Gratuities & Transfers to/from start and end point



Reservation Form

Tour : _____ Code #: _____ from: _____ to : _____

The Travelers (Last Name, First Name)	Male Female	Single room / or tent	Birth Date MM/DD/YY	Height	Weight	Special diets													
						Special diets	Beginner	Novice	Intermediate	Strong Intern.	Advanced	ride English	ride Western	mostly arena	mostly hacking				
1. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Special Diets: _____

Your fitness level: Excellent ☐ Moderate ☐ Poor ☐ How long have you been riding? _____

How often do you ride? _____ Have you been on other riding tours? No ☐ Yes ☐ last trip when? _____

If Hidden Trails offers a transfer from the local airport/station: I would like the transfer to be included: YES ☐ NO ☐

In an emergency, name and phone number of contact: _____

Attention: Please, if there is more than one participant, all have to sign the reservation form - make copies if needed

With my signature I confirm my reservation of the listed program(s) under the Hidden Trails Booking Conditions. I'm aware, and I made all participants aware of the risk involved with these outdoor adventure activities. All participants have read and agree with the Hidden Trails Booking Conditions and the Hidden Trails Recreational Activity Release and Indemnity Agreement in this brochure or as listed on the Internet.

I (we) will sign and forward the Recreational Activity Release and Indemnity Agreement at least 10 weeks before trip starting date.

Last Name and First Name (The Traveler) _____

Street _____ e-mail _____

City _____ State _____ Postal/Zip Code _____

Phone (wk) _____ (hm) _____ Cell _____ Fax _____

Date _____ Signature (mandatory) 1. _____

Please, charge a 25% deposit (minimum \$ 350 per person) now and full payment 10 weeks before the travel date to my credit card.

For payments by VISA ☐ or Mastercard ☐ (no debit cards)

Cardholder: _____

Card # _____ 3 digit Security # _____

Exp.Date: _____ Signature _____

Billing Address for Credit Card (if different than mailing address):

I have enclosed a check for the deposit ☐

Additional Signatures:

2. _____

3. _____

4. _____

Travel Cancellation Insurance Credit Card required

Sign me (us) up ☐ initial _____

No, we will provide our own ☐ initial _____

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