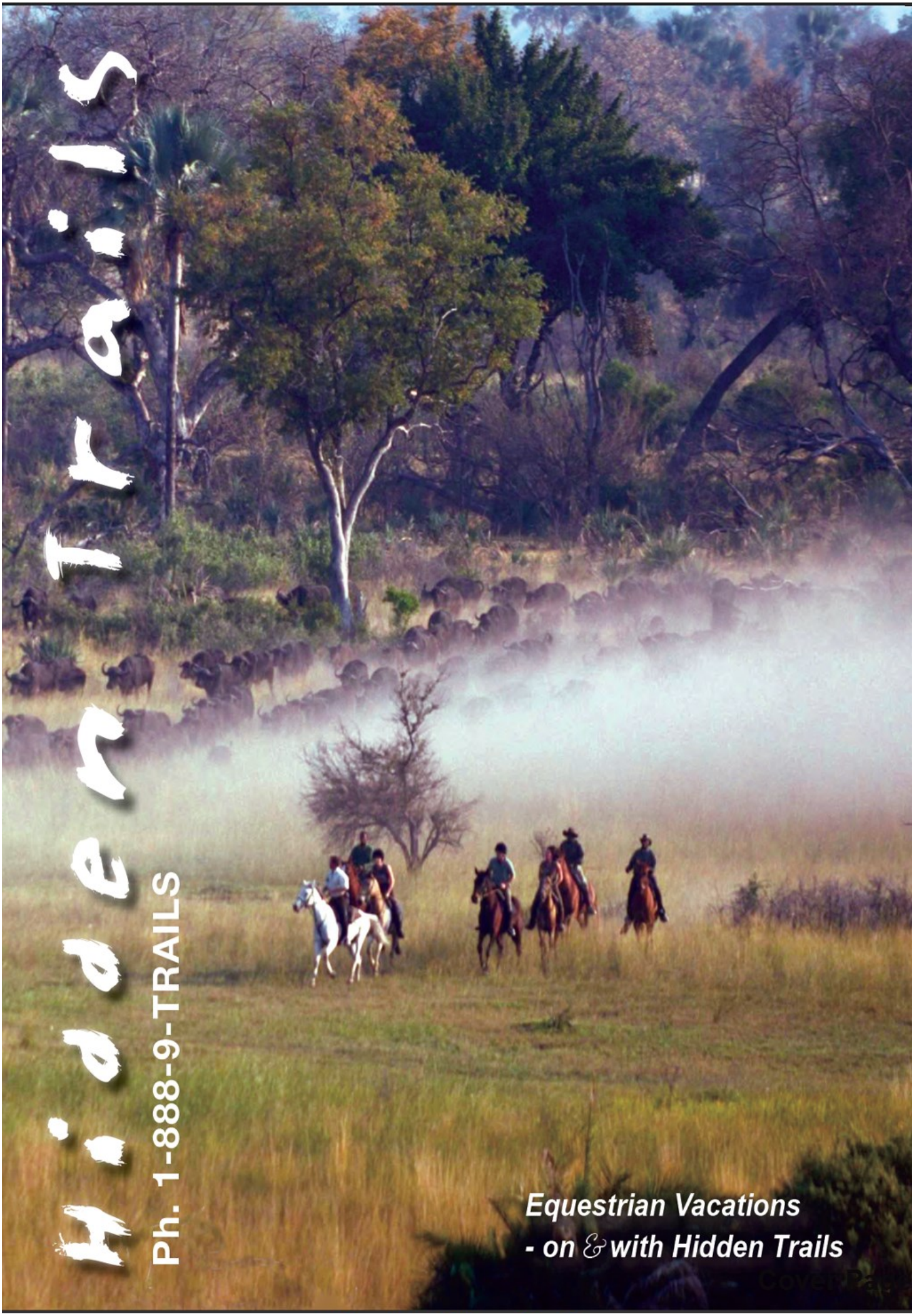
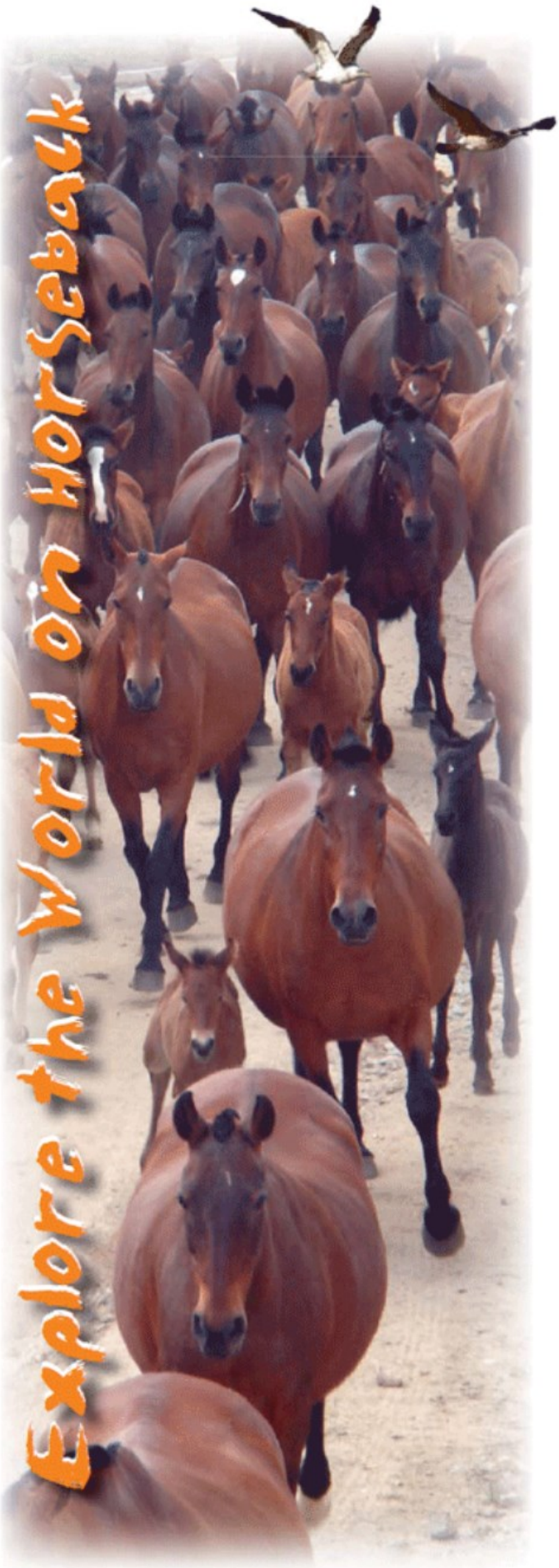

Hidden Trails
Ph. 1-888-9-TRAILS
Equestrian Vacations
- on & with Hidden Trails

About Hidden Trails



Hidden Trails is owned and operated by nature enthusiasts who love horses and adventure activities. We have been involved with riding and other outdoor vacations for over 20 years.
With our partners Voyage du Cheval (France), Pegasus (Germany) as well as Equitour (Switzerland and France) we have collected the best riding destinations all over the world in some hidden places we would like to share with you.

These rides are about galloping on endless beaches, forging rivers, cantering through forests, trotting along age-old trails, gazing at beautiful vistas and encountering foreign cultures. But most of all, these trips are about getting away from the cycle of too much work and never enough free time.

Escape from the rituals, which long ago froze our nights and days into little more than routine and away from the worries of our new tense times. It is so satisfying when we take the plunge of adventure - it's unfortunate that we invent so many reasons to put aside living our dreams of adventure. It is sometimes a tangled web that we weave through life. Some of the threads reveal a work-a-day world of commitments, duties and obligations. Other threads are of a quiet fabric of hope, responsibility and refreshment.

On our adventures you see the real country, its back country and meet the locals. The love for horses has no boundaries but possesses a common language we all speak and understand. The majority of the overseas rides are from inn to inn, some from castle to castle and a few are camping rides.
You will experience new countries and their customs and make new friends. The Hidden Trails trips are the best you can find.

They have been tested by our staff or associates and received our stamp of approval. If you are considering a special riding vacation anywhere in the world, call us first and let our experienced consultants match the perfect trip with your dream.
We will listen to you and give you objective advice to help you choose the best destination and adventure.

Your vacation is the most precious time of the year and we are committed to making it the most memorable time of your life. Wherever you go, have a great time and bring back some peace of mind.

Thank you for your continued support.

Hidden Trails
Phone: 604-323-1141
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Toll Free: 1-888-9-TRAILS
from within the USA or Canada or

E-mail: info@hiddentrails.com
Website: www.hiddentrails.com

Address:
659A Moberly Road, Vancouver BC Canada V5Z 4B3 or
4406 Tennyson Road, Willmington, DE 19802 USA

Toll Free from the U.K.:
Ph: 0- 808 189-0420
Fax: 0-808-280-1860

Toll Free Worldwide:
Skype: hiddentrails

Ponferrada to Santiago de Compostela Cycling along the Camino - Spain, Europe

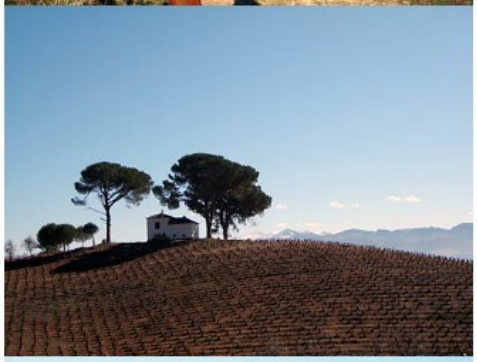
Tour Code: ZZ-BK-ESCAM03
7 days / 6 nights ~$1,220.00
Dates: Available all Year

Trip Rating :
Difficulty :
Lodging:

Tack: --
Horses: --
Pace: 236 km (148 miles)

Airport: Santiago de Compostella













Introduction

Galicia, Spain
This Cycling Camino explores the final section of the Camino Frances / French Way by Bike, the most traditional of all the pilgrim routes to Santiago de Compostela and the best known internationally. The route, which was established in the late 11th century reaching the tomb of St James the Great, crosses the North of the Iberian Peninsula, through the Basque Country, Navarra, La Rioja, Castilla y Leon and Galicia regions of Spain. Nowadays, cycling on the Camino has become an incredibly popular way of enjoying this once-in-a-lifetime journey to Santiago de Compostela.

Starting in the mountain-hugging town of Ponferrada and finishing in Santiago de Compostela, this section covers both the Castilla y Leon and Galicia regions. Leaving the medieval city of Ponferrada behind us, this Camino crosses the magnificent O'Cebreiro Mountains before heading towards the heart of Galicia and its lush green hills.

This section can be physically demanding and requires a good level of fitness, but it is also a highly rewarding leg of the Camino, offering beautiful landscapes and numerous cultural sights.

Accomodation

Accommodation
Our accommodations are selected based on a number of criteria, including location, comfort, services, price and character.
Please note, in case of non-availability of the below mentioned Hotels on the requested dates, similar ones will be used.

Accommodation Itinerary - subject to changes based on availability
Night 1: Hotel in Ponferrada
Night 2: Hotel in Villafranca del Bierzo
Night 3: Hotel in O Cebreiro
Night 4: Hotel in Sarria
Night 5: Hotel in Melide
Night 6: Hotel in Santiago de Compostela



Ponferrada - Bierzo Plaza
The Aroi Bierzo Plaza opened in 2009 and is in the heart of Ponferrada, by the town hall. Its attractive rooms all offer free Wi-Fi access and air conditioning. The hotel is set in a historic building with elegant arches. Most rooms have a balcony, and all are en suite.

Villafranca del Bierzo - Casa Mendez
Overlooking the River Valcarce, 500 m from the center of Medieval Villafranca del Bierzo, this hotel offers country-style heated rooms featuring a satellite TV and private bathroom.
A laundry service is offered and free Wi-Fi is available in public areas.

O Cebreiro - Hotel O'Cebreiro
The hotel is located in a building rehabilitated in 2002 and which had previously been a jail and town hall. It has 5 double rooms with full bathroom. All rooms have exposed stone, abuardillado ceiling and chestnut wood creating a cozy atmosphere for relaxation and rest. Wi-Fi is available at this property.

Sarria - Alfonso IX
Hotel Alfonso IX is a modern hotel in the center of the town of Sarria. The hotel has its own fitness center and pool. Surrounded by gardens and close to the river, this well-equipped hotel features a lovely natural setting. It has a total of 57 rooms, 2 Junior Suites and 1 Luxury Suite, spread over 3 floors. All rooms feature internet access, air conditioning / heating, ensuite bathroom with hairdryer, safety box, TV and a phone.

Melide – Pousada Chiquitin











This accommodation has 16 rooms, each with private bath, TV, Wi-Fi access and heating. It is also possible to use washing machines.

Santiago de Compostela - Hotel Pombal
Just 300 m from Santiago de Compostela Cathedral, Hotel Pombal is opposite Alameda Park and has free WiFi. The stylish rooms offer views of the old town, and satellite TV. The bathroom comes with bath or shower.



Meals
Breakfasts and 2 dinners are included. Breakfast are eaten at the hotels and evening meals in the restaurant's hotel or a restaurant nearby. It is usually a set menu.

Special diets and dietary restrictions:
We can only request dietary requirements to our suppliers for the following diets:
– Diabetic - Suitable for reduced sugar, hyperglycemic, hypoglycemic and carbohydrate controlled meal requests.
– Gluten Intolerant/Celiac also known as low gliadin, non-tropical sprue, Celiac disease, low wheat, wheat free, gluten restricted diet. A Gluten Intolerant Meal eliminates all foods prepared with wheat, rye, barley and oats.
– Vegetarian (No meat – no fish). Nuts may be used as a protein substitute.

Riding

BIKES:
Mountain Bike BH Over-X 27V; Bike Breakdown Insurance; Repair kit.

Itinerary

Sample Itinerary - *subject to changes*

Day 1: Ponferrada
Ponferrada is a lively city with a pretty, medieval town center, that sits below a castle built by the Knights of Templar. The old part of the city is a pretty pedestrian area where tourists and local people like to chill out on the terraces of Plaza del Ayutamiento and Plaza de la Encina.
Meals included: none
Overnight in Ponferrada

Day 2: Ponferrada to Villafranca del Bierzo
The first cycling day of this section is also the only full day that you will spend in the province of Castilla y Leon, cycling through the valley of Bierzo, surrounded by mountains. You then spend the last few kilometers passing through red earth vineyards until you reach the charming Villafranca del Bierzo. This first day is of a short length and with no particular difficulty, so it enables you to warm up before the more difficult day tomorrow. Because of this, you can take it easy with the cycling and enjoy the lively buzz of Villafranca del Bierzo later on!
By bike: approximately 23 kms. / Ascent: 150 m / Descent: 120 m
Meals included: Breakfast
Overnight in Villafranca del Bierzo

Day 3: Villafranca del Bierzo to O'Cebreiro
Today will be a challenging day with an ascent of 1000m. Passing firstly through the narrow valley of the river Valcace before tackling the ascent to O Cebreiro. Situated between the ranges of "Los Ancares" and "La Sierra do Courel", this stage involves a steep climb over only a few kilometers. Take your time, we have designed this cycling day to be short, taking its difficulty into consideration. So, enjoy the magnificent scenery as you ascend higher and higher throughout the day, and say hello to Galicia as you arrive in O'Cebreiro!
By bike: approximately 33 kms. / Ascent: 1000 m / Descent: 300 m
Meals included: Breakfast
Overnight in O Cebreiro

Day 4: O'Cebreiro to Sarria
As we continue across the undulating terrain of the Galician mountains, the route offers more stunning sights and historical buildings. Finally, we reach Sarria, where all pilgrims travelling by any means seem to know each other!
By bike: approximately 43 kms. / Ascent: 400 m / Descent: 950 m
Meals included: Breakfast
Overnight in Sarria

Day 5: Sarria to Melide
This penultimate day starts with an ascent up through oak woods, passing by the Romanesque Church of Barbedelo, before cycling over the Belesar Dam in Portomarin. Continuing on the Camino Way to Melide is not too difficult – despite the typical Galician ups and downs!
By bike: approximately 73 kms. / Ascent: 800 m / Descent: 750 m
Meals included: Breakfast
Overnight in Melide

Day 6: Melide to Santiago
This is probably the most exciting day of cycling the whole Camino, as today we finally reach Santiago de Compostela! Before that, we will have to cycle the now-usual rolling hills of Galicia. The most exhilarating part of today will probably be on reaching El Monte de Gozo (Mount of Joy), where you can see the cathedral in the distance for the first time, before arriving into Santiago de Compostela!
By bike: approximately 55 kms. / Ascent: 400 m / Descent: 450 m

Meals included: Breakfast
Overnight in Santiago

Day 7: Departure
After breakfast we bid you farewell



Other Info

Meeting: Ponferrada
Airport: Santiago de Compostella
Train station: Ponferrada
Transfer: Santiago de Compostella
Distance: 4 hrs
Because this is a self-guided trip, participants are expected to arrive independently to their accommodation in Ponferrada.

Tack: --
Horses: --
Pace: 236 km (148 miles)
Level: (2 to 3 out of 5) Moderate
Riders: Min 2 riders Max 16 riders

Rates and Dates 2024 - ZZ-BK-ESCAM03

Rates include: Accommodations in standard hotels and guesthouses, All breakfasts and 2 dinners, Luggage transfers, Bike rental & Detailed cycling notes and Map.

Packages and Options

Season	Description	EUR	~US$
A 2024	7 day bike trip	€1110	$1220

The US Dollar Rate is based on a EUR Exchange Rate of 1.1 and subject to currency fluctuation

Transfer Option

Description

2024	Single supplement	€240	$265
2024	Upgrade to 4* accommodation, dbl, pp - please inquire		
2024	Upgrade to 4* accommodation, single - please inquire		
2024	Upgrade to 5* accommodation, dbl, pp - please inquire		
2024	Upgrade to 5* accommodation, single - please inquire		
2024	Extra night, dbl, pp ~ Please inquire		

Tour Dates

Season	Tour Dates		
A 2024	01/01/2024 - 12/31/2024	7d / 6n	7 day bike trip

Min/Max: 2/16

Guided trip options for Section 8 in 2011:
April 16, May 7, June 4, July 2 and 30, Aug 13 and 27, Spetember 10, Oct 8 departures.

Rates do not include:All lunches and 4 dinners, Drinks, Airport transfers, Insurance, Gratuities & Transfers to/from start and end point

Reservation Form

Tour : _____ **Code #:** _____ **from:** _____ **to :** _____

The Travelers (Last Name, First Name)	Male Female	Single room / or tent	Birth Date MM/DD/YY	Height	Weight	Special diets	Beginner	Novice	Intermediate	Strong Interm.	Advanced	ride English	ride Western	mostly arena	mostly hacking
1.		☐				☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
2.		☐				☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
3.		☐				☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
4.		☐				☐	☐	☐	☐	☐	☐	☐	☐	☐	☐

Special Diets: _____

Your fitness level: Excellent ☐ Moderate ☐ Poor ☐ How long have you been riding? _____

How often do you ride? _____ Have you been on other riding tours? No ☐ Yes ☐ last trip when? _____

If Hidden Trails offers a transfer from the local airport/station: I would like the transfer to be included: YES ◯ NO ◯

In an emergency, name and phone number of contact: _____

Attention: Please, if there is more than one participant, all have to sign the reservation form - make copies if needed

With my signature I confirm my reservation of the listed program(s) under the Hidden Trails Booking Conditions. I'm aware, and I made all participants aware of the risk involved with these outdoor adventure activities. All participants have read and agree with the Hidden Trails *Booking Conditions* and the Hidden Trails *Recreational Activity Release and Indemnity Agreement* in this brochure or as listed on the Internet.
I (we) will sign and forward the *Recreational Activity Release and* Indemnity Agreement at least 10 weeks before trip starting date.

Last Name and First Name (The Traveler) _____

Street _____ ***e-mail*** _____

City _____ ***State*** _____ ***Postal/Zip Code*** _____

Phone (wk) _____ ***(hm)*** _____ ***Cell*** _____ ***Fax*** _____

Date _____ ***Signature (mandatory)*** 1. _____

Please, charge a 25% deposit (minimum $ 350 per person) now and full payment 10 weeks before the travel date to my credit card.

For payments by VISA ◯ ***or Mastercard*** ◯ (no debit cards)

Cardholder: _____

Card # _____ 3 digit Security # _____

Exp.Date: _____ Signature _____

Billing Address for Credit Card (if different than maling address): _____

I have enclosed a check for the deposit ◯

Additional Signatures:

2. _____

3. _____

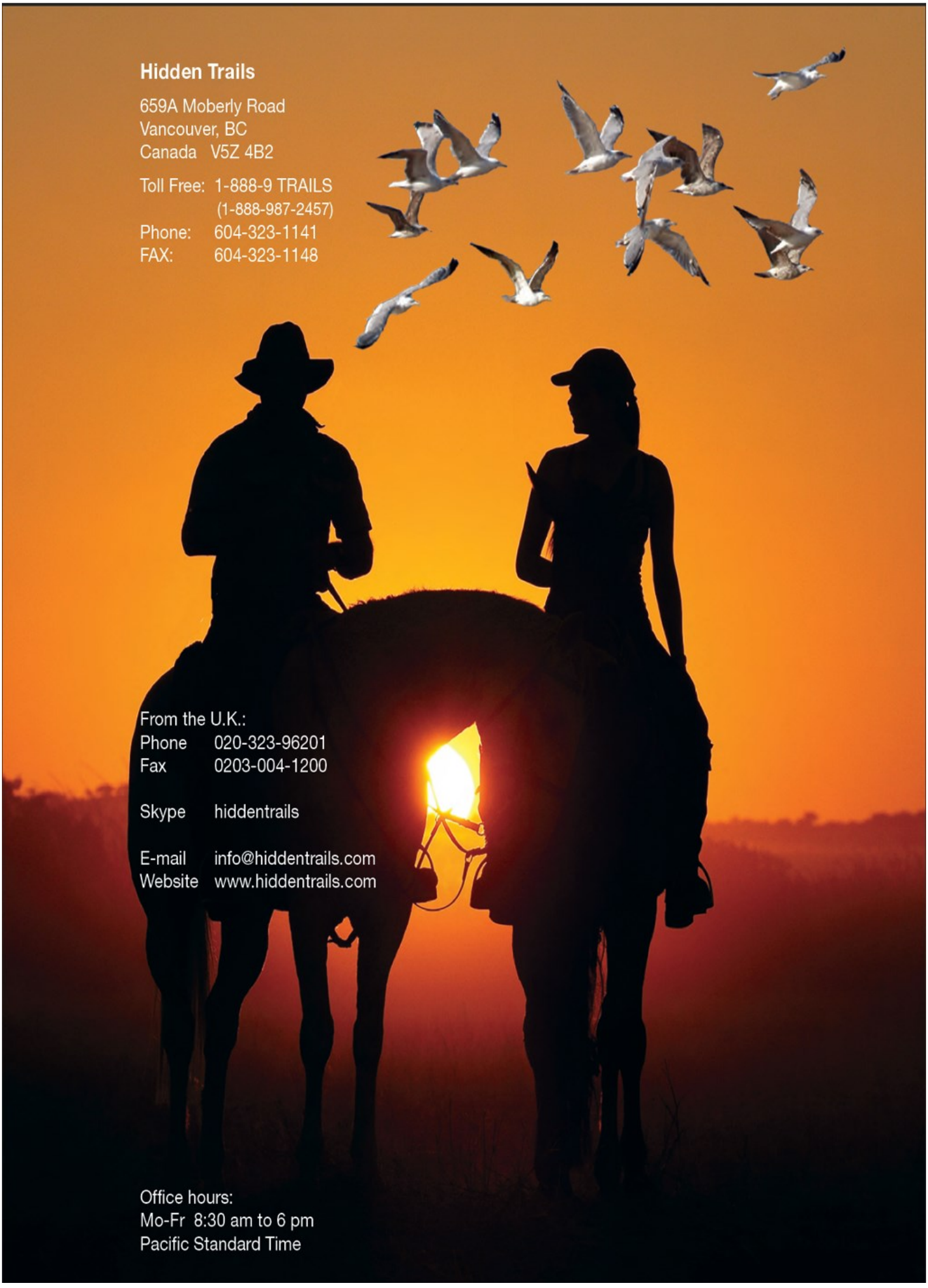
4. _____

Travel Cancellation Insurance Credit Card required

Sign me (us) up ◯ initial _____

No, we will provide our own ◯ initial _____

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Website www.hiddentrails.com
Office hours:
Mo-Fr 8:30 am to 6 pm
Pacific Standard Time