

Hidden Trails

Ph. 1-888-9-TRAILS

Outdoor Vacations
- on & with Hidden Trails

About Hidden Trails



Explore the World on & with Hidden Trails

Hidden Trails is owned and operated by nature enthusiasts who love the outdoors and adventure activities. We have been involved with outdoor vacations for over 20 years. We have collected the best outdoor vacation destinations all over the world in some hidden places we would like to share with you.

These vacations are about forging rivers, biking along canals and through forests, hiking along age-old trails, gazing at beautiful vistas and encountering foreign cultures. But most of all, these trips are about getting away from the cycle of too much work and never enough free time.

Escape from the rituals, which long ago froze our nights and days into little more than routine and away from the worries of our new tense times. It is so satisfying when we take the plunge of adventure - it's unfortunate that we invent so many reasons to put aside living our dreams of adventure. It is sometimes a tangled web that we weave through life. Some of the threads reveal a work-a-day world of commitments, duties and obligations. Other threads are of a quiet fabric of hope, responsibility and refreshment.

On our adventures you see the real country, its back country and meet the locals. The love for the outdoors has no boundaries but possesses a common language we all speak and understand.

You will experience new countries and their customs and make new friends.

These trips have been tested by our staff or associates and received our stamp of approval. If you are considering a special outdoor vacation anywhere in the world, call us first and let our experienced consultants match the perfect trip with your dream. We will listen to you and give you objective advice to help you choose the best destination and adventure.

Your vacation is the most precious time of the year and we are committed to making it the most memorable time of your life. Wherever you go, have a great time and bring back some peace of mind.

Thank you for your continued support.

Ryan Schmidt
Hidden Trails

Hidden Trails

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Ph: 0- 808 189-0420

Fax: 0-808-280-1860

Toll Free Worldwide:

Skype: hiddentrails

Damara Elephant Trail to Skeleton Coast - Namibia, Southern Africa

Tour Code: PG-NADT
11 days / 10 nights ~\$7,250.00
Dates: June to August

Trip Rating: ●●●●●
Difficulty: ●●●●●
Lodging: 🏠

Tack: Skirted endurance-type saddles
Horses: Arab, Haflinger, Lipizzaner, Trakehner...
Pace: 20- 50km (13 to 30 miles) a day, up to...
Walk, Trot, Canter, Gallop,

Airport: Windhoek



Introduction

Namibia, Namibia

Damaraland is a very spectacular part of the country, almost inaccessible, with amazing colours and vast open spaces that will blow your mind, ancient craters and remnants from prehistoric times, not to mention the forbidding Skeleton Coast. This is the quintessential ride for those who can identify with escaping day-to-day city life and becoming one with a horse in the wilderness. The ride begins in northern Damaraland - wild, desolate, sparsely inhabited and breathtakingly beautiful, challenging horses and riders across vast, ancient flood plains and through deep, silent canyons, across a great desert to a hostile coast. In a waterless land, you'll come to understand the challenges of the terrain and the environment. Riding between 20 and 50 km per day at all paces, the ride covers approximately 290 km to the Atlantic Ocean's Skeleton Coast over 11 days.

For the intrepid adventurer who seeks out the last of earth's true wildernesses, this is truly an exceptional riding experience.

On this journey, you'll encounter ancient Namibia - Petroglyphs and rock art, thousands of years old, that depict great hunts, animals and the locations of sub-terrestrial water. Once the pathways of mighty glaciers, boulder strewn flood plains give way to soft grass covered valleys trimmed by gentle sand dunes, watched over by range upon range of purple hued mountains - a true wilderness...and then, to the sea and the endless beach where the flotsam and jetsam tell a story of a wild sea on a wild coast! The cold Benguela current brings cool, plankton and fish-rich waters all the way from Antarctica and moderates the temperatures in the region - but this is a Namibian story for another time!

Unique Attractions

- Twyfelfontein rock engravings & cultural village
- Dramatic landscapes
- Real wilderness area

Acomodation

Accommodations

This is a wilderness ride, so you will be staying in a mixture of lodges and camping.

Description

You will be staying in a lodge for 2 nights and camp for 8 nights. Consider yourself 'unplugged' while on safari - cell-phone reception is minimal at best and internet not at all except in cities and larger towns. Water is a very precious commodity in a desert, so while it is possible to rinse a few smalls things on safari, only lodges and hotels have laundry service.

Accommodation Itinerary - subject to changes based on availability

- Night 1: Lodge in Windhoek
- Night 2 & 3: Camping in Aba Huab
- Night 4 - 7: Camping along Huab River
- Night 8 & 9: Camping in Namib Plains
- Night 10: Lodge in Henties Bay



Lodge in Windhoek

The main lodge building comprises a dining room, a centrally situated bar, a lounge with fireplace, a conference room and a boardroom. Nestled outside, between the lounge and dining area, is the pool (great for swimming lengths - it really is quite long!) The elevated wooden deck offers a fairytale view of Windhoek. The Lodge and the rooms have been designed to emulate old German farm houses - think 'stoep' with 'afdkakke' and pots of geraniums. The 20 guest chalets consist of 14 twin chalets and 6 double chalets (all chalets have ensuite bathrooms with showers, toilets, and basins). Two of the chalets have been designed with honeymooners in mind and have baths instead of showers. All rooms have feather duvets wrapped in 100% cotton, environmentally friendly guest amenities, and unparalleled service and hospitality. 6 chalets offer views of Windhoek and 14 face east offering superb sunrise views of the Moltkeblick Mountain. You'll also have WIFI available.



Camping

While we do provide tents if needed, generally guests sleep out under the stars on cozy cots with bedding. The cots have bedrolls consisting of an insulating mattress, duck-down double duvet, and pillow - can zip up and has a waterproof cover. Hot bucket showers and chemical loos travel along with us - we endeavor to provide a shower every night but if water is scarce, one night might be shower-less.

Room Occupancy

Single supplement is waived if you are willing to share.



Meals

All meals are included from dinner on Day 1 to breakfast on the last day.

Breakfast is typically porridge or cereal, coffee or tea and a hot dish.

On days we are able to meet up with the supply trucks a light lunch is served, where this is not possible, sandwiches are enjoyed under a shady tree.

Dinner is a delight of typically Namibian fare; wild Game, free-range beef or Karoo mutton served as braai (grilled over an open fire) or potjie (pot casserole) with vegetables and a surprise dessert also made on the open fire.

Tea, coffee, and juice are always available in camp with chilled drinks, beer, wine, etc. available in the evenings. All drinks are included in the cost whilst on the ride. Only drinks at the first night lodges, guest farms, restaurants, and petrol stations while en-route are not included in the package rate.

Dietary Restrictions

We can easily cater to vegetarians. We cannot fully cater to vegans, so please supply your own snacks.

Riding





Riding Level

Do not underestimate the physical toll living outside take on you- come very fit! You need to be balanced in the saddle and stay off your horse's back without having to hang onto their mouth at all paces. You need to be able to post trot. This ride is not for the feint-hearted as large free-ranging game occurs and we ride through mountainous areas with meandering rivers and huge plains for fast riding.

If you do not ride regularly (2 - 3 times a week), we strongly recommend that you get into practice before joining one of our challenging safaris. This is a challenging ride suitable for confident intermediate riders. Please not, we reserve the right to prevent anyone from riding if we feel they do not fulfill the minimum competence level as indicated or if weight and fitness level do not fall within that recommended for these challenging safaris.

Pace

You will ride in the morning for 4-5 hours, have a lunch break for 1-2 hours, and then continue riding for another 2-3 hours, totaling around 6-8 hours per day in the saddle for 7 days. You will cover 20-60km per day at all paces and over rough terrain. Other days may be less. Pace depends on the terrain and temperatures as well as on fitness and weight of riders with walk, trot, canter and gallop. Because Namibia has such wide-open spaces it is possible to accommodate up to 15 riders on most trails plus 2-3 riding guides.

Tack

We use skirted endurance type saddles with heavy padding for the comfort of horse and rider. Each saddle is fitted with two specially made water bottle holders (water bottles supplied). If you normally ride with a sheepskin bumnah you may bring your own (western shaped). We use a simple snaffle bridle over the halter



Horses

Your horse will be chosen from a mixed herd of many breeds i.e. Arab, Haflinger, Trakehner, ranch horses, they are small to medium-sized (14.3 to almost 16 hands) sure-footed horses raised on rough terrain, some of them with experience in endurance riding, and every one of them a kind, reliable companion that deserves the very best treatment and care.

Each rider is responsible for grooming, regularly checking over, and tacking up their own horse (assistance is given when required). It is this experience that cements the bond between you and the horse you must rely on to carry you across the desert.

Weight Limit

We have a strict weight limit of 85 kg dressed in your riding gear – fit riders heavier than this will need to hire a 2nd horse. Our absolute maximum weight limit is 93 kg.

Hard Hats

Hard hats are obligatory, unless medical insurers acknowledge that you will still be insured, should you choose not to wear a hard hat.

Safety

Your safety and enjoyment are of paramount importance to us while you are our guest. Please alert us to any personal medical condition, allergies included and ensure you have all essential personal medication before arriving in Windhoek.

Children & Non-Riders

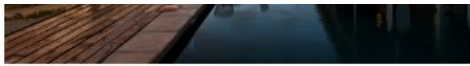
Experienced children riders who are accompanied by their parents are welcome – but please remember that these rides can be quite strenuous – so parents must use their judgment as to whether their children are suitable. Anyone unable to keep up with the group may have to travel in the support vehicle at some times. Non-riding companions are also welcome to join the trip and travel with the trucks.

Insurance

Comprehensive medical insurance is required to ride with us. Ensure repatriation is included in your policy. Travel insurance is recommended.

Itinerary





Sample Itinerary- subject to changes

Days begin at sunrise with the delightful aroma of freshly brewed coffee wafting through camp followed by breakfast. Departure is generally by 8am with 4 – 5 hours riding before lunch. Lunch breaks are an hour to 2 hours followed by another 2 – 3 hours riding in the afternoon.

Day 1: Arrival

Arrive Windhoek's Hosea Kutako Airport – preferably by 5 pm. Overnight in Windhoek.

Day 2: Windhoek to Twyfelfontein

After an early breakfast next day, we journey north (about a 7-hour transfer including a lunch stop en route) through some spectacular Namibian landscapes to our camp at Twyfelfontein (Doubtful spring) where you will meet the horses and crew. Overnight at Aba Huab camp.

Days 3: Huab

Your first ride is in the Aba Huab watershed, where good going invites a few brisk canters, allows you to get more acquainted with your horse and the terrain. We return to camp for lunch after which we visit the San Rock Engravings ending with a sundowner with a panoramic view of this wild magnificence. Overnight at Aba Huab camp.

Days 4, 5, 6, & 7: Huab & Ugab River systems

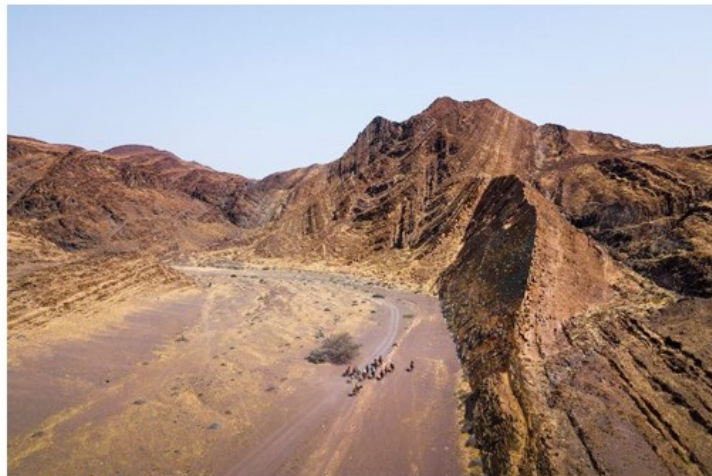
With the rising sun at our backs, we begin our westward journey to the distant Atlantic. In these ephemeral river systems the cycles of rainfall dictate the seasonal movement of game which is not concentrated, but we can encounter Elephants, Rhino, Oryx, Springbok, and other desert-adapted game. Here huge glacial valleys, impressive Tableland mountains, exhumed by erosion, and folds and fractures resulting from cataclysmic eruptions present a well preserved snapshots of a land of great antiquity.

Days 8, 9, & 10: The Great Plains

Leaving the river valleys we now cross the vastness of open plains with the striking massive of the Brandberg (burning mountain) forming a dramatic backdrop. Here endless plains allow for some fast-paced riding as we approach the dramatic Messum Caldera, the eroded remains of a massive collapsed volcano. Our last ride takes us to the ocean at last - the spectacularly formidable Skeleton Coast, apparently so called for the wrecked hulks of stranded ships which dot this coastline. The cold upwelling Benguela Current results in some diverse weather conditions from hot desert easterlies to cold south Atlantic westerly's – a place of extremes! We overnight in the small coastal town of Henties Bay in a private house with the most spectacular view over the Atlantic Ocean. Our last meal together is freshly caught Atlantic Fish done to perfection over the coals.

Day 11: Departure

Departure for Windhoek Airport, arriving in time for flights departing after 3:00 pm (recommended is SA 77 to Johannesburg or Air Namibia's late flight direct to Frankfurt). There are many other options of course.



Other Info

Meeting: Windhoek

Airport: Windhoek

Transfer: Windhoek airport

Distance: 110 miles

We provide ground transfers from and to Windhoek through Windhoek Airport Shuttle and Tours. Meet us at the Windhoek airport on Day 1 Please arrive in Windhoek no later than 17:00 (5:00pm).

At the end of the trip - departure flights should not be before 3:00pm.

Tack: Skirted endurance-type saddles

Horses: Arab, Haflinger, Lipizzaner, Trakehner, ranch horse, even cross-breeds of the famous wild horses of the Namib Desert, etc

Pace: 20- 50km (13 to 30 miles) a day, up to 6 hours in the saddle. You should be a fit and experienced rider. The pace depends upon the terrain and temperatures but there are many long fast trots, canters and gallops.

Walk | Trot | Canter | Gallop |

Level: 🐾🐾🐾🐾🐾 (3.5 to 4 out of 5) Strong Intermediate+

Weight: 190 lbs / 85 kg

Riders: Min 4 riders

Max 15 riders

Riding helmets are mandatory for this ride.

Rates and Dates 2025 - PG-NADT

Rates include: All accommodations, All meals with drinks in camp, 7.5 riding days, Half day sightseeing of the Twyfelfontein Rock Engravings & Transfers

Packages and Options

Season	Description	GBP	~US\$
A 2025	11 day trip	£6200	\$7935

The US Dollar Rate is based on a GBP Exchange Rate of 1.28 and subject to currency fluctuation

Transfer Option

Description

2025	Transfer from/to Windhoek Airport included		
2025	Single supplement - if requested only	£275	\$355
2025	Over 85 kg (extra horse charge)	£1065	\$1365

Tour Dates

Season	Tour Dates		
A 2025	07/30/2025 - 08/09/2025	11d / 10n	11 day trip
A 2025	09/10/2025 - 09/20/2025	11d / 10n	11 day trip

Min/Max: 4/15

Rates do not include:Drinks and refreshments at lodges/restaurants, Insurance (mandatory) & Gratuities

Rates and Dates 2024 - PG-NADT

Rates include: All accommodations, All meals with drinks in camp, 7.5 riding days, Half day sightseeing of the Twyfelfontein Rock Engravings & Transfers

Packages and Options

Season	Description	GBP	~US\$
A 2024	11 day trip	£5800	\$7250

The US Dollar Rate is based on a GBP Exchange Rate of 1.25 and subject to currency fluctuation

Transfer Option

Description

2024	Transfer from/to Windhoek Airport included		
2024	Single supplement - if requested only	£250	\$315
2024	Over 85 kg (extra horse charge)	£1065	\$1330

Tour Dates

Season	Tour Dates		
A 2024	07/24/2024 - 08/03/2024	11d / 10n	11 day trip
A 2024	09/04/2024 - 09/14/2024	11d / 10n	11 day trip

Min/Max: 4/15

Rates do not include:Drinks and refreshments at lodges/restaurants, Insurance (mandatory) & Gratuities



Reservation Form

Hidden Trails Outdoor Reservation Form

Tour : _____ **Code #:** _____ **from:** _____ **to :** _____

The Travelers (Last Name, First Name)	Male Female	Single room/ or tent	Birth Date MM/DD/YY	Height	Weight*	Special diets**	Allergies	Medical Con.	Excellent	Good	Moderate	Poor	Fitness Level	Need to rent equipment
1.		<input type="checkbox"/>	_/_/_			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.		<input type="checkbox"/>	_/_/_			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.		<input type="checkbox"/>	_/_/_			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.		<input type="checkbox"/>	_/_/_			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

* If more than 200 lbs we need to reconfirm with our partners first

** Details on dietary needs on separate sheet, please.

Special Diets: _____

How often do you exercise? _____ **Describe your experience:** _____

Have you been on other riding tours? No ☐ Yes ☐ **last trip when?** _____ **Trip:** _____

If Hidden Trails offers a transfer from the local airport/station: I would like the transfer to be included: YES ☐ NO ☐

In an emergency, name and phone number of contact: _____

Attention: Please, if there is more than one participant, all have to sign the reservation form - make copies if needed

With my signature I confirm my reservation of the listed program(s) under the Hidden Trails Booking Conditions. I'm aware, and I made all participants aware of the risk involved with these outdoor adventure activities. All participants have read and agree with the Hidden Trails *Booking Conditions* and the Hidden Trails *Recreational Activity Release and Indemnity Agreement* in this brochure or as listed on the Internet.

I (we) will sign and forward the *Recreational Activity Release and Indemnity Agreement* at least 8 weeks before trip starting date.

Last Name and First Name (The Traveler) _____

Street _____ **e-mail** _____

City _____ **State** _____ **Postal/Zip Code** _____

Phone (wk) _____ **(hm)** _____ **Fax** _____

Date _____

Signature (mandatory) 1.

Please, charge a 25% deposit (minimum \$ 350 per person) now and full payment 10 weeks before starting date to my credit card.

For payments by VISA ☐ or Mastercard ☐ (no debit cards)

Cardholder:

Card #

_____3 digit Security # _____

Exp.Date:

Signature:

Billing Address for Credit Card (if different than mailing address):

I have enclosed a check for the deposit ☐

Additional Signatures:

2.

3.

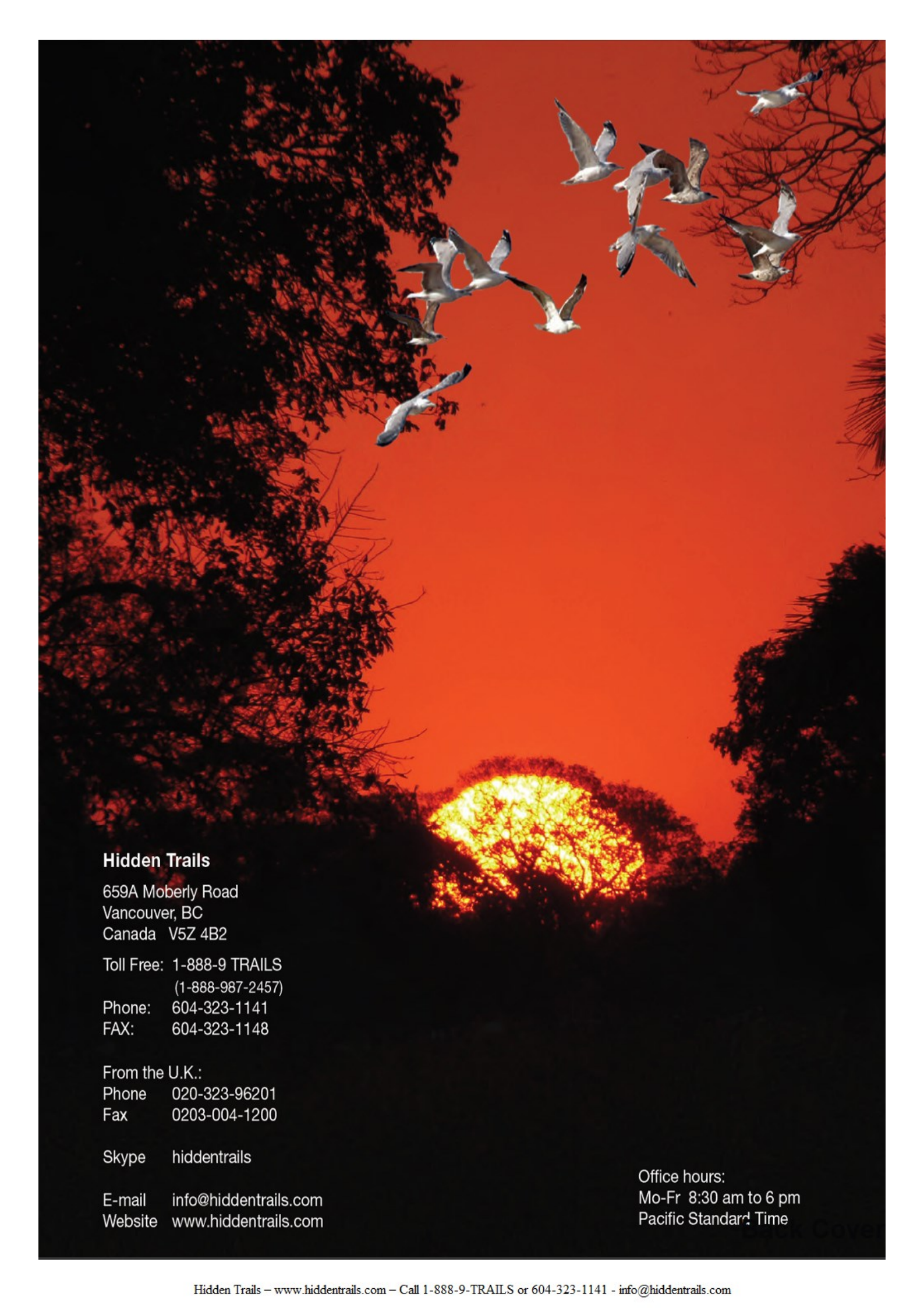
4.

Travel Cancellation Insurance Credit Card required

Sign me (us) up ☐ initial _____

No, we will provide our own ☐ initial _____

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