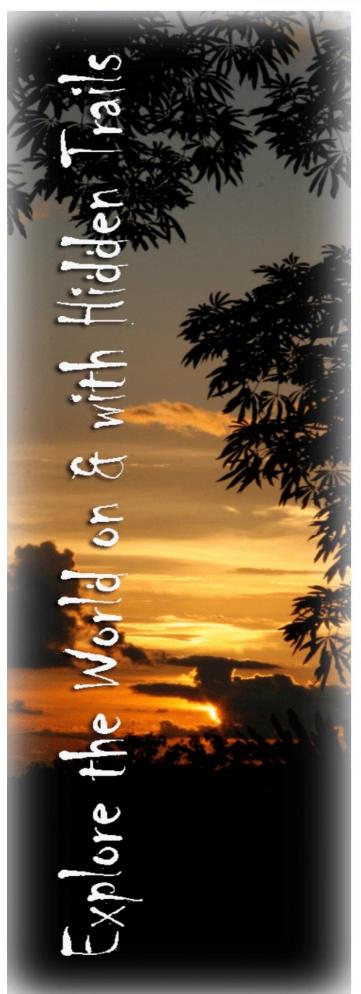


Hidden Trails - www.hiddentrails.com - Call 1-888-9-TRAILS or 604-323-1141 - info@hiddentrails.com

# **About Hidden Trails**



Hidden Trails is owned and operated by nature enthusiasts who love the outdoors and adventure activities. We have been involved with outdoor vacations for over 20 years. We have collected the best outdoor vacation destinations all over the world in some hidden places we would like to share with you.

These vacations are about forging rivers, biking along canals and through forests, hiking along age-old trails, gazing at beautiful vistas and encountering foreign cultures. But most of all, these trips are about getting away from the cycle of too much work and never enough free time.

Escape from the rituals, which long ago froze our nights and days into little more than routine and away from the worries of our new tense times. It is so satisfying when we take the plunge of adventure - it's unfortunate that we invent so many reasons to put aside living our dreams of adventure. It is sometimes a tangled web that we weave through life. Some of the threads reveal a work-a-day world of commitments, duties and obligations. Other threads are of a quiet fabric of hope, responsibility and refreshment.

On our adventures you see the real country, its back country and meet the locals. The love for the outdoors has no boundaries but possesses a common language we all speak and understand.

You will experience new countries and their customs and make new friends.

These trips have been tested by our staff or associates and received our stamp of approval. If you are considering a special outdoor vacation anywhere in the world, call us first and let our experienced consultants match the perfect trip with your dream. We will listen to you and give you objective advice to help you choose the best

destination and adventure.

Your vacation is the most precious time of the year and we are committed to making it the most memorable time of your life. Wherever you go, have a great time and bring back some peace of mind.

Thank you for your continued support. Ryan Schmidt Hidden Trails

### **Hidden Trails**

Phone: 604-323-1141
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Ph: 0-808 189-0420 Fax: 0-808-280-1860

#### Toll Free Worldwide:

Skype: hiddentrails

# Bison and Cattle Working Ranch in Colorado - USA, North America

Tour Code: WRCO01 8 days / 7 nights ~\$4,200.00 Dates: March-October, custom dates possible with 3+ nights

Trip Rating:

Tack: Western Horses: Quarter, Paint Pace: All paces, riding from 4 to 10 hours a... Walk Trot Canter.

Airport: San Luis Valley Regional Airport (ALS)











#### Introduction

Colorado, USA

This 103,000 acre authentic Bison and Cattle ranch borders the Great Sand Dunes National Park and Preserve along its Eastern border. The Sangre de Cristo Mountains tower alongside the ranch with several 14,000 foot peaks with trail heads leading into them, just minutes from the lodge. It has one of the most scenically spectacular and diverse geological landscapes to be found anywhere in the world. It is a wildlife mecca with thousands of elk, hundreds of bison, and countless deer, coyotes, birds and many other animal species.

Real life ranching and exploring the great outdoors is at the core of the programs that are offered. We have hosted guests from all over the world for over 20 years, developing special programs that bring visitors into the middle of ranch life by working side by side with the cowboys and cowgirls on the ranch; these activities are not staged - they occur whether guests are on the ranch or not. If groups have varied interests or do not want to spend all their time with the cowboys, they can take one of our trips into the wild to study the bison herds, or explore the sand dunes and mountain meadows. The ranch is owned by The Nature Conservancy.

Note: Unfortunately we no longer have a domestic bison herd (wild herd only) — we do not have any opportunities to move bison though our guests are welcome to ride (from a safe distance) amongst our wild herd. We also do invite guests to participate in any ongoing cattle work we may have during their stay.

### Accomodation



#### Accommodations

This is a stationary ride, so all nights are spent at the same location.

#### Description

Set back in a shady cotton wood grove beneath the majestic 14,000-foot peaks of the Sangre De Cristo Mountains lies this historic Ranch headquarters and lodge, which was established in the late 1800's. All facilities were remodeled in the early 2000s.

The main building contains large indoor and outdoor dining areas, a bar that serves wine with appetizers and refrigeration for guest's own additional beverages, and comfortable guest rooms. There are 2 other buildings hosting the rest of the bedrooms. Each of the 15 bedrooms features two double beds or a single king and we have one room with three queen beds. For evening soaks after a long day of fun, the hot tub, with views of the sand dunes, and the mountains beyond, is just steps away.

Wi-Fi is available in the lodge's sitting room. Daily housekeeping and laundry facilities are included.

Please note that the ranch is located at 7,950 feet above sea level. Elk, mule deer, migratory birds, eagles, and black bear also call this area home.











This is the original homestead built in the 1800's. The log home has been beautifully remodeled to incorporate a roomy and attractive indoor dining area with a fireplace and large windows along with a cozy sitting area. The large deck just outside the dining area is shaded by mature cottonwood trees and complimented by a flower garden that allows for lovely views of the property. Each of the 5 rooms are beautifully furnished and have a southwestern decor that gives them the feel of home and rustic elegance.

#### The Bunkhouse (same rate as Lodge rooms)

Just outside the lodge is the log bunkhouse with five private rooms, each with a full bath and exterior entrance. One room is a suite with a separate living room and wood stove. Rooms are in top order and beautifully decorated along with large comfortable beds. Windows open wide to let in the fresh mountain air and the views of the natural gardens surrounding the Inn set you in a world all your own.

A fully furnished home separated from the lodge by a lighted footpath. Each of the five private rooms offers full baths. The home features common areas such as a fully equipped kitchen, living room with fireplace, pool table and a large dining area that can accommodate larger groups. The view from the living room windows and private patio provide a front row seat to Great Sand Dunes National Park and Crestone Peak, one of the most spectacular 14,000 foot peaks in the entire Sangre de Cristo mountain range.

#### The Stagecoach House

The Stagecoach House is a fourth small, elevated lodge with 2 rooms bookable only together -- one single king and a double full. This house is only available during 8 weeks each season. Please inquire about these dates if you are interested.

Room Occupancy
There is no single supplement fee.

Triple occupancy might be possible based on availability.



#### Meals

All meals are included in this trip from dinner on Day 1 to lunch on the last day.

The dining experience is second-to-none. Our cook promotes the return to home style cooking with the use of seasonal spices and fare and strives to connect dishes to local farming producers.

Our menus often feature ranch-raised bison and beef as well as locally grown vegetables and produce. Meals are served family-style in either of two dining rooms -our outside dining area on calm evenings or our indoor dining room with large windows and a fireplace otherwise.

Breakfast is served at 8:00am and includes eggs made to order, biscuits and gravy, warm pancakes, cereal, as well as fresh fruits.

Sack Lunches of your choice are provided to take with you on activities.

Dinner begins with appetizers at 6:00pm each evening.

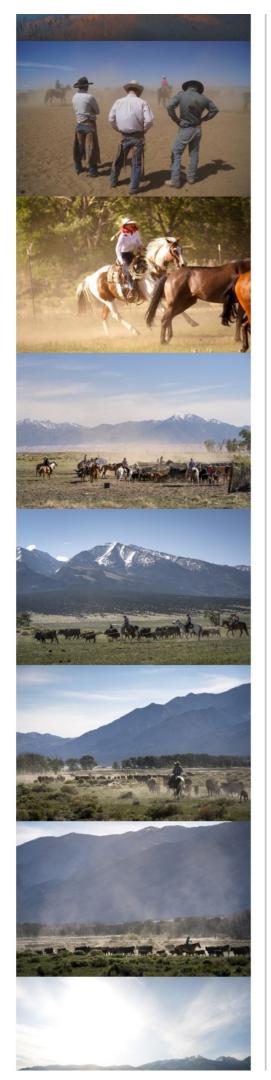
Wine is served with appetizers and guests are welcome to bring their own alcohol for anything additional. We can stop after picking quests up from the airport or if requested, alcohol can be picked up on one of our two weekly town runs.

### Dietary Restrictions

We can cater to severe food allergies and vegan/vegetarian diets with prior notice.

Riding







#### Riding Level

We can accommodate a variety of riding levels and cater the itinerary to your preferences. If you are new to the saddle, our wranglers provide solid instruction to start your horse journey off in the right direction! For those more experienced we have more challenging rides and cattle work to keep you fast on your feet. Horseback activities can include working and moving cattle, exploring the surrounding San Luis Valley, and venturing into the adjacent Great Sand Dunes National Park. Formal instruction and horsemanship demonstrations from our expert wranglers are available at any point during your stay.

#### Pace

Guest rides are from about 8:30am - 2:00pm, though can be shorter if guests would like. Riding groups are kept small: 3 to 4 riders per wrangler.

#### Horses

The horses we use in our daily ranch work and guest program come from our breeding program. The program focuses on producing gentle horses that can work long days on a ranch and thrive on native pasture with minimal supplemental feed. Specifically, our horses are bred for a gentle disposition, athleticism, hardiness, and livestock sense. We also train horses that come from outside of the program that show promising disposition for daily ranch work and meeting the needs of guest riders. The herd, averaging around 60 head, meet all abilities ranging from experienced to beginner riders. We work closely with each horse to train them for working livestock. During the guest season the herd is split into two groups with one group resting and the other group in a nearby pasture ready for daily work. The groups are then frequently rotated giving the horses plenty of rest and time under saddle so they ultimately remain in peak and healthy condition.

#### Horsemanship

Horses are the core to a good ranch program. Therefore, we work with our horses every day and we encourage guests to be involved by learning about how to improve or maintain their horse. The crew will work with the guests so they will be continually learning and working to improve their skills with a horse. Guests are welcome to watch the ranch crew train a young horse or participate in one-on-one horsemanship instruction. These options are typically half day options in the afternoon.



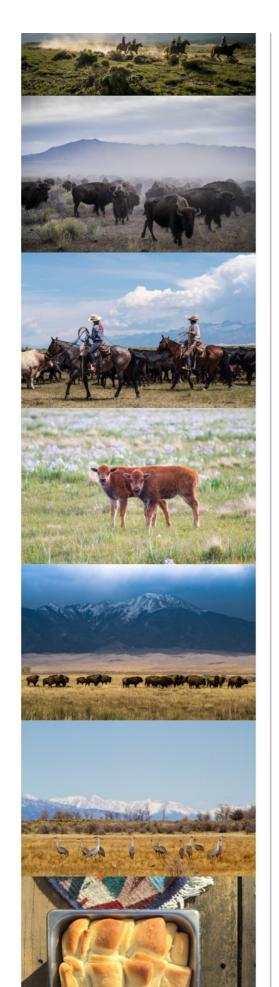
**Itinerary** 



Central to what we do is maintaining our ranching heritage while enhancing the natural landscape. Our philosophy maintains that a balance must be struck between the management of a healthy and vigorous ecosystem and a sustainable land-based business that supports the people living on the land. We feel that our ranching and conservation work in partnership with The Nature Conservancy is an important model for preserving large scale ranch lands in the western United States. The property is a 103,000-acre ranch located on the eastern wall of the San Luis Valley of Southern Colorado. It borders the Great Sand Dunes National Park and Preserve, the newest National Park in the United States. The high desert grasslands, alpine forests, wetlands, sand dunes, creeks, and lush meadows offer one of the most scenic and ecologically diverse landscapes in the United States.

We specialize in top-notch ranch riding and educational experiences by integrating our guest programs with learning opportunities tailored to the landscapes we ride through. Our goal is for guests to feel at home here and leave more knowledgeable about and engaged with the natural world.

Days can be spent riding across the 50,000-acre wild bison pastures on the northern half of the property, learning about the history of bison in the American West and our modern-day management practices; working on your



horsemanship in the open pastures and two-tracks of the southern half of the ranch; exploring the unique beauty of the Great Sand Dunes National Park on horseback; and joining guided hikes or afternoon leatherworking and roping lessons.

Check out the special Theme Weeks throughout the season.

#### Horseback Experiences

Come ride with us, work and drive cattle, ride through the bison herd, and explore the Sand Dunes National Park while we help you to focus on improving your horsemanship and riding skills. We invite you to come and ride one of our ranch horses, or to bring your own horse. We welcome guests of all experience levels as we have a solid herd of horses and will take time to provide education opportunities based on a rider's skill set. Formal instruction and horsemanship demonstrations from our expert wranglers are available at any point during your stay.

Guests who desire a true working ranch experience are welcome to work alongside our wranglers and ranch staff on various ranch projects. Along the way, guests learn about how we operate our ranches, our land and cattle management philosophy, and the natural surroundings that make our valley so spectacular.

While we try to use horses as much as possible in our ranch work ("use grass, not gas"), not all of a modern-day cowboy's work occurs on horseback. For those interested in experiencing the full range of a rancher's daily work, guests are invited to join our cowboys as they monitor herd health, check and fix fence, irrigate farmland, assess pasture conditions, and perform any number of other activities required on a working ranch. Guests will also learn about important land conservation management practices, grass-fed cattle and bison production, and our prescriptive grazing program. Our programs are designed to put guests safely in the middle of this work, allowing our visitors to contribute and learn by gaining hands-on experience.



Sample Itinerary - subject to changes

We pride ourselves in being able to customize our itineraries based on our guests' preferences. Please note that the itinerary below is only a sample and will be adjusted to fit your needs.

No activities are held on the day of arrival or Sundays, however we are happy to arrange a fishing or rafting trip.

#### Day 1 (Sunday): Arrival

Welcome! Take some time to walk around the grounds, explore the lodge and surrounding walking trails, and get settled. The Program's Manager will be in the office until 5:00pm to talk in more detail about your stay and to confirm what you would like to do for the week.

6:00pm: Appetizers and wine will be ready at the bar of the main lodge.

6:30pm: Dinner will be served in the dining room of the main lodge.

#### Day 2 (Monday): Introductory Ride

7:00am: Cold breakfast and coffee will be ready in the lodge dining room.

8:00am: Hot breakfast will be ready in the lodge dining room.

8:30am: A Wrangler will pick you up at the lodge and walk with you down to the corrals to meet your horse for the week and go over a quick riding and safety orientation. From the corrals, you will load up in truck and trailer to go for a ride on the Medano side of the ranch. Ride out from the Original Homestead and enjoy a ride among the wild bison herd, the spectacular scenery of the wetlands, and up Sand Creek bed towards the National Park boundary. Enjoy your lunch out in the field and have a great ride.

3.00pm: If you are feeling up for it after your ride, head to the Great Sand Dunes National Park to hike, explore around Medano Creek, and possibly even go sledding down the steep dune cliffs.

6:00pm: Appetizers and wine will be ready at the bar of the main lodge.

6:30pm: Dinner will be served in the dining room of the main lodge.

#### Day 3 (Tuesday): Great Sand Dunes National Park Ride & Zapata Falls Hike

7:00am: Cold breakfast and coffee will be ready in the lodge dining room.

8:00am: Hot breakfast will be ready in the lodge dining room.

8:30am: A wrangler will pick you up at the lodge with truck and trailer to go for a spectacular ride through Great Sand Dunes National Park—up the creek bed, along the dunes, all through the ponderosa pine forest, and up into the mountains behind the dunes.

Enjoy your lunch out in the field and have a great ride.

3:00pm: Hike up to Zapata Falls, a .3-mile scenic hike up to a stunning waterfall with spectacular views of the San Luis Valley and the Great Sand Dunes.

6:00pm: Appetizers and wine will be ready at the bar of the main lodge.

6:30pm: Dinner will be served in the dining room of the main lodge.

### Day 4 (Wednesday): Ranch Work

7:00am: Cold breakfast and coffee will be ready in the lodge dining room.

8:00am: Hot breakfast will be ready in the lodge dining room.

8:30am: Walk down to the corrals to meet your wrangler and horses. From the corrals, you will ride out from the Zapata side of the ranch to explore the ranch's meadows, canyons, and cottonwoods. You might even discover on your ride that there are cows & calves that will need to be moved to new pasture.

Enjoy your lunch out in the field and have a great ride.

2:100pm: Head down to the Mercantile for appetizers, refreshments and a leatherworking session with the Wranglers. Learn some basic repairs and perhaps purchase a belt, bracelet or keychain to personalize with stamping and tooling to take home with you.



6:30pm: Dinner will be served in the dining room of the main lodge.

#### Day 5 (Thursday): Lake Ride

7:00am: Cold breakfast and coffee will be ready in the lodge dining room.

8:00am: Hot breakfast will be ready in the lodge dining room.

8:30am: A wrangler will pick you up at the lodge with truck and trailer to return to the Medano side of the ranch, this time to explore the ranch's hidden lakes and then up Sand Creek, a sandy creek bed surrounded by cottonwoods, and up into small, surrounding sand dunes.

Enjoy your lunch out in the field and have a great ride.

3:00pm: If you are in the mood for a more intensive hike, head up Mosca Pass, a longer, but fantastic hike with wonderful views of the Valley. Otherwise, you let us know what you might prefer to do with your afternoon.

6:00pm: Appetizers and wine will be ready at the bar of the main lodge.

6:30pm: Dinner will be served in the dining room of the main lodge.

#### Day 6 (Friday): Cattle Work

7:00am: Cold breakfast and coffee will be ready in the lodge dining room.

8:00am: Hot breakfast will be ready in the lodge dining room.

8:30am: Walk down to the corrals to meet your wrangler and horses. From the corrals you will ride out to further explore the Zapata side of the ranch. If there any riding techniques you'd like to learn more about or perhaps head out to the cattle herd to practice sorting, just ask your wrangler!

Eniov your lunch out in the field and have a great ride.

4:00pm: Head to the Mercantile lawn for appetizers, refreshments, and a roping demonstration led by the Wranglers. Learn to coil and throw a rope using a roping dummy.

6:30pm: Dinner will be served in the dining room of the main lodge.

#### Day 7 (Saturday): Medano Creek Ride

7:00am: Cold breakfast and coffee will be ready in the lodge dining room.

8:00am; Hot breakfast will be ready in the lodge dining room.

8:30am: A wrangler will pick you up at the lodge with truck and trailer to return to the Great Sand Dunes. Spend some more time exploring Medano Creek or perhaps ride up into the Preserve amongst the Pines and Aspens for a beautiful ride.

Enjoy your lunch out in the field and have a great ride.

3:00pm: Free afternoon! Take some time to explore the ranch or relax in the hot tub, if there is anything you'd like to see or re-visit on your last afternoon, just let us know!

6:00pm: Appetizers and wine will be ready at the bar of the main lodge.

6:30pm: Dinner will be served in the dining room of the main lodge.

#### Day 8 (Sunday): Departure

7:00am: Cold breakfast and coffee will be ready in the lodge dining room.

8:00am: Hot breakfast will be ready in the lodge dining room.
10:00am: Checkout, but please feel free to stay and relax or explore once you've checked out of your room.



#### Non-Riding Activities

In addition to our full-slate of ranching and horseback activities, we offer gold medal fly fishing, nature hikes, birding, wildlife watching, rock climbing, photography tours, and more. For those seeking maximum relaxation, massages and yoga sessions are available throughout the week at an extra cost.

On Site Activities - available at additional cost

Wildlife & Landscape Photography Tours with Professional Photographer Steve Weaver Spend a day honing your skills and exploring the ranch and San Luis Valley. For beginners to pros, you'll learn everything from basic techniques to high-level skills and discovering more about your camera. What you'll learn is up to you and can be completely customized as you're out in the field with Steve.

### Massage & Wellness Services

We offer a variety of massage and wellness services.





A A



Off Site Activities - available at additional cost

Nearly half of the rivers that comprise Colorado's gold medal trout waters are located within an hour's drive of the ranch. With the Arkansas River to the north, the Rio Grande River to the west, and the Conejos River to the south, the Ranch's central location makes it a prime headquarters for trophy trout fishing. There are also several seasonal lakes closer to the ranch for those seeking a nearby outing. Guests are free to explore any of these waters on their own, or can schedule guided trips through local fly shops. Fishing trips are not included in our normal fee, but we are happy to help you book your trip with a high quality guiding service. We recommend scheduling prior to your visit in order to ensure availability. Ask for a custom quote (usually between \$350-475)

Available May to August - For those with a thirst for adventure, whitewater rafting is available an hour north in Salida, Colorado. These trips offer a unique-and adrenaline-filled-way of viewing the scenic Arkansas River and the canyon that meanders with the river's rushing waters. Whitewater rafting fees are not included in the price of a normal stay, but the Ranch staff is happy to assist you with your reservation. In order to ensure availability, we recommend you make arrangements before arriving for your stay. Starting at \$90 pp/half day.

#### Rock Climbing

Renowned climbing and bouldering for beginners to experts. Available in two locations that climbers from around the world specifically seek out - Penitente Canyon outside of Monte Vista, Colorado, and Tres Piedras, New Mexico.

### Starting at \$300 pp. Other Info

Meeting: Mosca

Airport: San Luis Valley Regional Airport (ALS)

Train station: --

Transfer: Alamosa airport (ALS)

Distance: 30 miles

Pick-up/ drop-off for this trip is from San Luis Valley Regional Airport (ALS), as well as hotels and bus stops in Alamosa. Pick-up anytime before 8:00pm. Chek-out for 10:00am on last day.

Horses: Quarter, Paint

Pace: All paces, riding from 4 to 10 hours a day, depending on the riders. 6 riding days

Walk | Trot | Canter |

\*\* (2 to 4 out of 5) All riding levels Level:

Age:

Weight: 230 lbs / 105 kg

Riders: Min 1 riders Max 15 riders

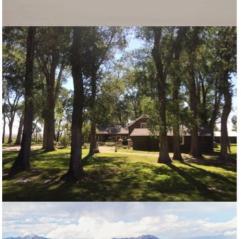
### **Themed Weeks**



2024 Special Events and Workshops:

Journey of the Sandhill Crane: March 13 - 15 & March 15 - 17 True West Horsemanship with Ben Longwell: April 21 - 28 Foundations of Horse Anatomy with Jill Soukup: May 5 - 10 Spring Restorative Retreat: May 26 - June 2 Women, Horses, and the West with Bonney MacDonald: June 9 - 16 Writing Workshop with Pam Houston: July 7 - 14 Foundations of Horsemanship with Cam Schryver: August 11 - 18 Intermediate Horsemanship with Cam Schryver: August 18 - 25 Food as a Doorway to Memory with Molly Wizenberg: August 25 - 30 Harvest Weekend: August 30 - September 1 Advanced Painting Horses with Jill Soukup: September 15 - 20 Harvest Weekend: September 20 - 22 Fall Restorative Retreat: October 2 - 6

Equine Gestalt and Herbal Wisdom with Kelly Dukarski: October 9 - 13 Writing Workshop with Pam Houston: October 13 - 20











#### Sandhill Crane Photography Workshop

\$1095 for a two-night stay for two people. Rates include lodging, meals, a guided tour of the nearby Monte Vista National Wildlife Refuge, and a guided tour of the Medano side of the ranch.

Spend 2 nights at the ranch exploring the San Luis Valley during the spectacular migration of Sandhill Cranes. Package includes a guided tour of the nearby wildlife refuge with birding experts, Ted and Hannah Floyd, and a bison tour of the Medano side of the ranch, where you may see cranes mingling amongst a conservation bison herd. The breathtaking sight of these two species together brings to mind a pre-human era when both of these animals would have roamed North America together.

#### Sandhill Cranes:

One of the oldest species of birds still living, the Sandhill Crane undertakes an epic migration every spring and fall between their wintering grounds in Mexico and the American Southwest and breeding grounds throughout the Rocky Mountains, Canada, Alaska, and even across the sea to Siberia. With an unmistakable call that can be heard from miles away, the Rocky Mountain population of these beautiful birds converges every March in Colorado's San Luis Valley for several weeks. Enormous groups of cranes, numbering in the tens of thousands, create one of the most remarkable wildlife spectacles in North America.

Ted & Hannah love our ranch and can't wait to share their deep knowledge of this magical place with you. Ted has been leading trips here annually for more than 20 years, and Hannah has been a regular visitor here her whole life—and, more recently, a tour leader.

#### True West Horsemanship Clinic with Ben Longwell

\$4340 includes all activities, instruction, and meals. Tax and gratuity not included.

'On The Trail' Horsemanship. An in-depth study of equine communication and how to become an effective leader for your horse.

Participants will gain a thorough understanding of the progression from groundwork to ridden work, not only in the arena but in circumstances on the trail. There will be a focus on understanding the "why", "when", and "how" behind the "what" that is commonly taught in horsemanship clinics. Participants will be prepared with improved understanding and practice with the horse before facing a variety of practical, real-life scenarios. We will be addressing common situations riders face, working to improve communication on all levels with feel, understanding, trust and in an encouraging and fun environment.

#### About Ben Longwell

Ben Longwell grew up on the Western Slope of Colorado, riding horses and working cattle. After finishing school, he spent much of his time doing day work for different ranches & outfits in the area, learning from the skills and experience of the ranchers. He also spent a year working as assistant trainer at a Quarter Horse breeder in Colorado learning the basics of colt starting and true horsemanship.

After spending much of the next six years in the colt starting & horse training business, his knowledge and experience continued to expand. During this time Ben worked on a 300,000 acre cattle & horse ranch in Wyoming, where he was also involved in conducting horsemanship clinics and demonstrations.

Ben has worked with some great horsemen in the West, adding to a lifetime of practical equine experience. He is influenced from the methods of such horseman as Tom & Bill Dorrance, Ray Hunt, Richard Caldwell, Jeff Sanders, Martin Black, Buck Brannaman, Dave Weaver and others.

#### Horse Anatomy Bootcamp

\$3420 includes all activities, instruction, and meals. Tax and gratuity not included.

This course focuses on the anatomy of the horse. Activities include drawing and sculpting from live horses and studio time with in-depth studies on skeletal and muscle structure and horse movement. The course includes demonstrations, critiques, some riding time, and photo opportunities.

#### Spring Restorative Retreat

\$4950 per person and includes all lodging, meals, and activities and one 60 minute massage. Tax included and gratuity excluded in rate.

Founded in 2021 by women for women, this week-long retreat is designed for reconnection to self, nature and others with a specific balance of rest and play.

If you find yourself craving a break, wanting to be outside and better yet, outside with horses—this is your moment. The Spring Restorative Retreat retreat includes all the horseback riding and cuisine highlights our ranch has to offer as well as daily guided breathwork, therapeutic writing, and restorative movement, taught by licensed therapist Amy Morrison of True Core Health. Amy's co-lead and professional portrait photographer, EB Combs, will capture the entire experience, sending you home with an incredible photo gallery from your retreat.

The Spring Retreat's full week will be an incredible way to fully immerse yourself in the ranch. This itinerary will have more time in the saddle and more dedicated rest throughout your stay. The Spring Retreat is best suited for those with active lifestyles as the riding fatigue will be a higher load during the weeklong stay. Rest and rejuvenation will play a key in balancing exertion and enjoyment. We've created this new offering as our primary feedback has consistently been a desire for "even more time" - to rest, to ride, to just be at the ranch exploring connection.

#### Fall Restorative Retreat

\$3500 per person and includes all lodging, meals, and activities. Tax included and gratuity exluded in rate.

The Fall Retreat is well suited for those with more limited availability to set aside for a personal retreat. This is the perfect way to gain access to the Restorative Retreat experience in a big way. This timeline has been our most frequent retreat offering in the past, so the itinerary will be incredibly dialed in, hitting all the highlights.

### Women, Horses, and the West

\$4235 per person includes all lodging, meals, and activities. Gratuity and tax not included.

Professor Dr. Bonney MacDonald will lead a literary workshop on the theme of Speaking of Horses: Essays, Fiction, and Film on Equine Partnerships.

Ranch with longtime Ranchlands partner, Dr. Bonney MacDonald. Ride through the Great Sand Dunes National park, explore the Medano property and conservation bison herd, discuss readings in the afternoon seminars, and enjoy good company around the bonfire at night. Bonney's theme this year is: Speaking of Horses: Essays, Fiction, and Film on Equine Partnerships. All levels of riders welcome.

About Bonney MacDonald:



Bonney MacDonald is a Professor of Western Literature at West Texas A&M University. She holds an M.A. from Univ. of Nottingham, England, a Ph.D. from Yale University, and has conducted on-site ranch retreats and classes since 2004

Her workshops combine the best things you remember about college seminars with great horses, friendship, and the wonderful Western outdoors.

#### Writing Workshop with Pam Houston

\$4270 includes all activities, instruction, and meals. Tax and gratuity not included.

Join the renowned author of "Cowboys Are My Weakness" and "Deep Creek" for a week of writing inspired by the creatures and setting of the ranch.

Pam Houston is the author of the memoir, Deep Creek: Finding Hope In The High Country, as well as two novels, Contents May Have Shifted and Sight Hound, two collections of short stories, Cowboys Are My Weakness and Waltzing the Cat, and a collection of essays, A Little More About Me, all published by W.W. Norton.

She teaches in the Low Rez MFA program at the Institute of American Indian Arts, is Professor of English at UC Davis, and co-founder and creative director of the literary nonprofit Writing By Writers.

This workshop will be generative, with participants writing new work inspired by the surrounding ranch and using this physical world to help access our emotional world. Pam will guide you in discussing elements of craft and accessing the ranch and all its creatures and components as metaphor.

We will ride horseback each day in varied landscapes exploring the Great Sand Dunes National park, Medano property amongst bison and historic homesteads, and the stunning grasslands with 360 degree views of the Sangre de Cristo and San Juan mountain ranges. All riding levels are welcome.

#### Horsemanship Workshop with Cam Schryver

#### Foundations of Horsemanship

\$4305 includes all activities, instruction, and meals. Tax and gratuity not included.

This workshop is meant for beginner to advanced beginner riders who are comfortable on a horse, have some basic horsemanship skills, are comfortable at three paces, and are looking to further develop their horsemanship skills with expert guidance.

\$4305 includes all activities, instruction, and meals. Tax and gratuity not included.

This workshop is for intermediate to advanced riders who ride regularly, are very comfortable on a horse, have good balance, are very comfortable at three paces, and are capable of long trots and more technical movements. Cam is two-time World Champion Extreme Cowboy and all those that have had the pleasure of riding with him know that his teaching methods are clear, practical, and above all, fun. By applying working ranch horsemanship and riding by feel, you will leave the week feeling a deeper connection to the horse and will better understand how to communicate, developing a better handle. The days are spent with one-on-one horsemanship instruction, educational demonstrations and using the landscape as your arena. Spend the evenings around the dinner table discussing the day's experiences or head to bed after an accomplished day. This is our seventh year doing this workshop and it's one of our most popular weeks.

Cost: \$3,150 per person per week, includes all meals, accommodation and instruction.

Food as a Doorway to Memory with Molly Wizenberg \$3220 includes all activities, instruction, and meals. Tax and gratuity not included.

In this generative writing workshop, you will explore how the sensory details of food can help us unlock our most fertile memories.

Food touches every aspect of life: people, places, the way we live, the blood and bones of who we are. Using food as an entry point to writing, we can return to past versions of ourselves; experiences we thought we'd forgotten. the thing our father said, the way a lover looked at us. During our week together at the ranch, we'll be surrounded by inspiration from Ranchlands' chefs, who will prepare gournet meals using local produce and meats.

We'll eat well, and we'll write every day. We'll also read and study short works by a variety of writers who've used food as a narrative tool, from M. F. K. Fisher to Diana Abu-Jaber, Francis Lam, and Kiese Laymon. And when we're not writing, reading, or sharing artful meals, we'll immerse ourselves in the physical world of the ranch with horseback riding and time outdoors.

This workshop is for creative nonfiction writers of all kinds: narrative food writers, sure, but also cookbook authors, memoirists, essayists, journal-keepers. There are no prerequisites, and all levels of skill and experience are welcome. Please come with pen and paper (and a laptop, if you like), a love of language and writing, and a willingness to explore the landscape on horseback and on foot. You'll leave at the end of the week with the beginnings of several pieces of writing, and maybe one or two finished pieces. Together we'll write the stories that only we can tell.

#### About Molly

Molly Wizenberg is the New York Times-bestselling author of three memoirs: The Fixed Stars, A Homemade Life, and Delancey. She wrote the James Beard Award-winning blog Orangette from 2004 to 2019, and her work has appeared in The Guardian, The Washington Post, Bon Appetit, The Art of Eating, Cherry Bombe, and elsewhere. She is a co-host of the weekly food-and-comedy podcast Spilled Milk. Molly lives in Seattle and teaches workshops on memoir around the world

#### Harvest Weekend

\$1300 includes lodging, meals, a vehicle bison tour, and guided hike for two nights for up to two people, \$500 per additional quest in a shared room.

Join us for a weekend of fine dining, highlighting the summer harvest of farmers and ranchers in the surrounding San Luis Valley.

The dining experience at the ranch is second-to-none. Using local produce and meats, including bison from the ranch's herd, our chefs craft an unforgettable and uncommon take on traditional comfort foods with a modern twist. With dishes like bison tenderloin, wild caught trout from the Arkansas River just a few miles away, and herb roasted carrots from local farmers cooked over wood grown on the property, our kitchen provides an organic encounter to cuisine seldom displayed elsewhere.

This special weekend provides a deeper experience of the ranch's remarkable food program. Learn more about the local production of fruits, vegetables, eggs, and meat-including the conservation bison raised on the ranchthat will be served at each meal on the Lodge lawn. In addition to a guided hike on Saturday, you can explore the



ranch, the Great Sand Dunes National Park, and the surrounding area at your leisure.

The majority of produce featured on the ranch's menu is supplied by Valley Roots Food Hub, a non-profit, grassroots program headquartered in Mosca, Colorado. Over 65 independent, regenerative-soil farmers contribute their harvests to the program, with offerings including microgreens, fruit, goat cheese, Amish-raised eggs, pork, beans, quinoa, corn, polenta, elk, yak, beef, and sunflower and safflower oil.

### Advanced Painting Horses With Jill Soukup

\$3420 includes all activities, instruction, and meals. Tax and gratuity not included.

Join renowned artist Jill Soukup for the ninth year of her workshop focusing on drawing and painting horses. Draw, sculpt, and paint the horses of the ranch with the guidance of Jill Soukup, the acclaimed Western artist who specializes in equine paintings. Discussions and exercises will cover the importance of understanding equine anatomy, what makes a good drawing, composition and color. Activities will include photo opportunities of horses running, horses working under saddle, cowboys and cowgirls riding and studying corralled horses, demonstrations and critiques. Space is limited to 12. Intermediate to advanced skill level is suggested.

#### Equine Gestalt and Herbal Wisdom with Kelly Dukarski

\$2660 per person includes all lodging, meals, and activities. Tax and gratuities not included.

Nourish your Soul & Awaken your Spirit.

This retreat you will explore the somatic experience of Equine Gestalt which offers transformational healing and awareness in addition to deepening your connection to nature, horses and community.

#### The Program

Gestalt brings us into the present moment to explore how we show up in the world. Horses are the intuitive guides that help us to gain the awareness and clarify needed to free ourselves from the feeling of being stuck, stressed out or unable to reach our true potential. This experience allows us to step into the life we were meant to live.

Herbal Wisdom is the exploration of nature based rituals that offer us a renewed approach to connecting with our bodies while awakening an ancient wisdom that lives inside all of us. The creation and use of herbal teas, smudge bundles, balms and elixirs resets the nervous system and enlivens the senses. These earthbound rituals help us to live life in honor of the season and tap into our deepest memories of self care.

Joining together Equine Gestalt and Herbal Wisdom is a beautiful way to honor our mind, body & spirit. Time spent with horses encourages us to become more connected to our bodies, the world around us and to nature itself. By fostering these relationships we learn to live in sync with the rhythm of nature and to trust our wild instincts, intuition and resourcefulness.

About Kelly Dukarski: Founder: A Wild Omen

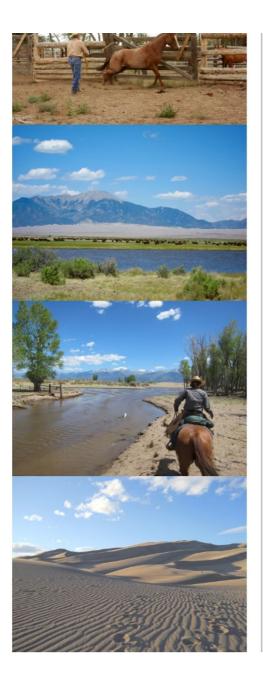
As an Equine Gestaltist, Kelly believes that the horse-human connection is a vital way of living, as well as healing. She is a lifelong horsewoman, practicing herbalist and dedicated horticulturist, with a deep understanding of how nature is a reflection of our innermost yearning to connect.

Steeped in knowledge gained from over three decades of practicing natural horsemanship, Kelly combines her connection with horses together with the healing power of Equine Gestalt and the restorative beauty of plant medicine, to deepen your connection to all things Wild and Wise. Through this connection you are able to gain clarity around your values, heal from past wounds and re-discover the beauty of who you are. She is dedicated to shining a light on the healing capacity of horses and helping others to embrace the wild beauty of life

#### The retreat includes:

- -Morning meditation practice & Equine Gestalt Circle with horses in round pen
- -Amazing chef inspired meals
- -Daily horseback riding at the ranch, the Medano, and the Great Sand Dunes National Park
- -Reflective and grounding work with the horses
- -Exploration of energy and re-balancing the nervous system
- -Restorative herbal self care practices created from wild foraged plants and reflected in teas, smudges, flower essence & elixirs.
- -Earthbound rituals to deepen your connection to nature
- -Evening Bonfire under the stars





### Rates and Dates 2024 - WRCO01

Rates include: Accommodations, All meals including wine with appetizers & Riding days according to program

**Packages and Options** 

8 day trip - Lodge	\$4200
4 day trip - Lodge	\$1920
8 day trip - Stewart House	\$3850
4 day trip - Stewart House	\$1770
8 day trip - Stagecoach House	\$4550
4 day trip - Stagecoach House	\$2070
Themed Week, please inquire on rates	\$0
Special event, please inquire on rates	\$0
	8 day trip - Stewart House 4 day trip - Stewart House 8 day trip - Stagecoach House 4 day trip - Stagecoach House Themed Week, please inquire on rates

Gratuity:15 %
Tax:\$ 11.9
Rates Note:Arrival days possible: Sundays and Thursdays (no riding on Sundays)

### **Transfer Option**

### Description

2024	Transfer from/to Alamosa airport, per car (1 - 4 guests), return	\$100
2024	Extra night please inquire	
2024	Fly Fishing (half day in Arkansas River), inquire for custom quotes	
2024	Photography Tours with Professional Photographer Steve Weaver	\$150
2024	Half-Day Whitewater Rafting (available March to mid-Augst) - inquire for quote	
2024	Rock Climbing in Penitente Canyon - inquire for rates	
2024	Massage & Wellness Services - inquire for quote	
2024	Discount for children 5 to 7 years old - please inquire	

Tour Dates				
Season	Tour Dates			
A 2024	03/17/2024 - 03/24/2024	8d / 7n	8 day trip - Lodge	
C 2024	03/17/2024 - 03/24/2024	8d/7n	8 day trip - Stewart House	
B 2024	03/21/2024 - 03/24/2024	4d / 3n	4 day trip - Lodge	
D 2024	03/21/2024 - 03/24/2024	4d / 3n	4 day trip - Stewart House	
C 2024	03/24/2024 - 03/31/2024	8d/7n	8 day trip - Stewart House	
A 2024	03/24/2024 - 03/31/2024	8d/7n	8 day trip - Lodge	
B 2024	03/28/2024 - 03/31/2024	4d/3n	4 day trip - Lodge	
D 2024	03/28/2024 - 03/31/2024	4d/3n	4 day trip - Stewart House	
C 2024	03/31/2024 - 04/07/2024	8d/7n	8 day trip - Stewart House	
A 2024	03/31/2024 - 04/07/2024	8d/7n	8 day trip - Lodge	
B 2024	04/04/2024 - 04/07/2024	4d / 3n	4 day trip - Lodge	
D 2024	04/04/2024 - 04/07/2024	4d/3n	4 day trip - Stewart House	
C 2024	04/07/2024 - 04/14/2024	8d/7n	8 day trip - Stewart House	
A 2024	04/07/2024 - 04/14/2024	8d/7n	8 day trip - Lodge	
B 2024	04/11/2024 - 04/14/2024	4d/3n	4 day trip - Lodge	
D 2024	04/11/2024 - 04/14/2024	4d/3n	4 day trip - Stewart House	
C 2024	04/14/2024 - 04/21/2024	8d/7n	8 day trip - Stewart House	
A 2024	04/14/2024 - 04/21/2024	8d/7n	8 day trip - Lodge	
B 2024	04/18/2024 - 04/21/2024	4d/3n	4 day trip - Lodge	
D 2024	04/18/2024 - 04/21/2024	4d / 3n	4 day trip - Stewart House	
G 2024	04/21/2024 - 04/28/2024	8d/7n	Themed Week, please inquire on rates	
B 2024	04/25/2024 - 04/28/2024	4d / 3n	4 day trip - Lodge	
D 2024	04/25/2024 - 04/28/2024	4d / 3n	4 day trip - Stewart House	
C 2024	04/28/2024 - 05/05/2024	8d/7n	8 day trip - Stewart House	
A 2024	04/28/2024 - 05/05/2024	8d/7n	8 day trip - Lodge	
B 2024	05/02/2024 - 05/05/2024	4d / 3n	4 day trip - Lodge	
D 2024	05/02/2024 - 05/05/2024	4d/3n	4 day trip - Stewart House	
G 2024	05/05/2024 - 05/12/2024	8d/7n	Themed Week, please inquire on rates	
B 2024	05/09/2024 - 05/12/2024	4d/3n	4 day trip - Lodge	
D 2024	05/09/2024 - 05/12/2024	4d / 3n	4 day trip - Stewart House	
C 2024	05/12/2024 - 05/19/2024	8d/7n	8 day trip - Stewart House	
A 2024	05/12/2024 - 05/19/2024	8d/7n	8 day trip - Lodge	
B 2024	05/16/2024 - 05/19/2024	4d / 3n	4 day trip - Lodge	
D 2024	05/16/2024 - 05/19/2024	4d / 3n	4 day trip - Stewart House	
C 2024	05/19/2024 - 05/26/2024	8d / 7n	8 day trip - Stewart House	
A 2024	05/19/2024 - 05/26/2024	8d/7n	8 day trip - Lodge	
B 2024	05/23/2024 - 05/26/2024	4d / 3n	4 day trip - Lodge	
D 2024	05/23/2024 - 05/26/2024	4d / 3n	4 day trip - Stewart House	
G 2024	05/26/2024 - 06/02/2024	8d/7n	Themed Week, please inquire on rates	
B 2024	05/30/2024 - 06/02/2024	4d / 3n	4 day trip - Lodge	
D 2024	05/30/2024 - 06/02/2024	4d / 3n	4 day trip - Stewart House	
C 2024	06/02/2024 - 06/09/2024	8d/7n	8 day trip - Stewart House	
A 2024	06/02/2024 - 06/09/2024	8d/7n	8 day trip - Lodge	
B 2024	06/06/2024 - 06/09/2024	4d / 3n	4 day trip - Lodge	
D 2024	06/06/2024 - 06/09/2024	4d / 3n	4 day trip - Stewart House	
G 2024	06/09/2024 - 06/16/2024	8d / 7n	Themed Week, please inquire on rates	
B 2024	06/13/2024 - 06/16/2024	4d / 3n	4 day trip - Lodge	
D 2024	06/13/2024 - 06/16/2024	4d / 3n	4 day trip - Stewart House	
C 2024	06/16/2024 - 06/23/2024	8d / 7n	8 day trip - Stewart House	
A 2024	06/16/2024 - 06/23/2024	8d / 7n	8 day trip - Lodge	
B 2024	06/20/2024 - 06/23/2024	4d / 3n	4 day trip - Lodge	
D 2024	06/20/2024 - 06/23/2024	4d / 3n	4 day trip - Stewart House	
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U 2024	UDIZ3IZUZ4 - UDI3UIZUZ4	807711	8 day trip - Stewart House
A 2024	06/23/2024 - 06/30/2024	8d / 7n	8 day trip - Lodge
B 2024	06/27/2024 - 06/30/2024	4d/3n	4 day trip - Lodge
D 2024	06/27/2024 - 06/30/2024	4d / 3n	4 day trip - Stewart House
C 2024	06/30/2024 - 07/07/2024	8d/7n	8 day trip - Stewart House
A 2024	06/30/2024 - 07/07/2024	8d/7n	8 day trip - Lodge
B 2024	07/04/2024 - 07/07/2024	4d/3n	4 day trip - Lodge
D 2024	07/04/2024 - 07/07/2024	4d / 3n	4 day trip - Stewart House
G 2024	07/07/2024 - 07/14/2024	8d/7n	Themed Week, please inquire on rates
B 2024	07/11/2024 - 07/14/2024	4d / 3n	4 day trip - Lodge
D 2024	07/11/2024 - 07/14/2024	4d/3n	4 day trip - Stewart House
C 2024	07/14/2024 - 07/21/2024	8d/7n	8 day trip - Stewart House
A 2024	07/14/2024 - 07/21/2024	8d / 7n	8 day trip - Lodge
B 2024	07/18/2024 - 07/21/2024	4d / 3n	4 day trip - Lodge
D 2024	07/18/2024 - 07/21/2024	4d / 3n	4 day trip - Stewart House
C 2024	07/21/2024 - 07/28/2024	8d / 7n	8 day trip - Stewart House
A 2024	07/21/2024 - 07/28/2024	8d/7n	8 day trip - Lodge
B 2024	07/25/2024 - 07/28/2024	4d/3n	4 day trip - Lodge
D 2024	07/25/2024 - 07/28/2024	4d/3n	4 day trip - Stewart House
C 2024	07/28/2024 - 08/04/2024	8d/7n	8 day trip - Stewart House
A 2024	07/28/2024 - 08/04/2024	8d/7n	8 day trip - Lodge
B 2024	08/01/2024 - 08/04/2024	4d/3n	4 day trip - Lodge
D 2024	08/01/2024 - 08/04/2024	4d/3n	4 day trip - Stewart House
C 2024	08/04/2024 - 08/11/2024	8d / 7n	8 day trip - Stewart House
A 2024	08/04/2024 - 08/11/2024	8d/7n	8 day trip - Lodge
B 2024	08/08/2024 - 08/11/2024	4d / 3n	4 day trip - Lodge
D 2024	08/08/2024 - 08/11/2024	4d/3n	4 day trip - Stewart House
G 2024	08/11/2024 - 08/18/2024	8d/7n	Themed Week, please inquire on rates
B 2024	08/15/2024 - 08/18/2024	4d/3n	4 day trip - Lodge
D 2024	08/15/2024 - 08/18/2024	4d / 3n	4 day trip - Stewart House
G 2024	08/18/2024 - 08/25/2024	8d/7n	Themed Week, please inquire on rates
B 2024	08/22/2024 - 08/25/2024	4d/3n	4 day trip - Lodge
D 2024	08/22/2024 - 08/25/2024	4d/3n	4 day trip - Stewart House
G 2024	08/25/2024 - 09/01/2024	8d / 7n	Themed Week, please inquire on rates
B 2024		4d / 3n	
D 2024	08/29/2024 - 09/01/2024	4d / 3n	4 day trip - Lodge
			4 day trip - Stewart House
C 2024		8d / 7n	8 day trip - Stewart House
A 2024	09/01/2024 - 09/08/2024	8d/7n	8 day trip - Lodge
B 2024	09/05/2024 - 09/08/2024	4d / 3n	4 day trip - Lodge
D 2024	09/05/2024 - 09/08/2024	4d / 3n	4 day trip - Stewart House
C 2024	09/08/2024 - 09/15/2024	8d/7n	8 day trip - Stewart House
A 2024	09/08/2024 - 09/15/2024	8d/7n	8 day trip - Lodge
B 2024	09/12/2024 - 09/15/2024	4d / 3n	4 day trip - Lodge
D 2024	09/12/2024 - 09/15/2024	4d/3n	4 day trip - Stewart House
G 2024	09/15/2024 - 09/22/2024	8d / 7n	Themed Week, please inquire on rates
B 2024	09/19/2024 - 09/22/2024	4d/3n	4 day trip - Lodge
D 2024	09/19/2024 - 09/22/2024	4d/3n	4 day trip - Stewart House
C 2024	09/22/2024 - 09/29/2024	8d/7n	8 day trip - Stewart House
A 2024	09/22/2024 - 09/29/2024	8d / 7n	8 day trip - Lodge
B 2024	09/26/2024 - 09/29/2024	4d / 3n	4 day trip - Lodge
D 2024	09/26/2024 - 09/29/2024	4d / 3n	4 day trip - Stewart House
C 2024	09/29/2024 - 10/06/2024	8d / 7n	8 day trip - Stewart House
A 2024	09/29/2024 - 10/06/2024	8d / 7n	8 day trip - Lodge
B 2024	10/03/2024 - 10/06/2024	4d/3n	4 day trip - Lodge
D 2024	10/03/2024 - 10/06/2024	4d/3n	4 day trip - Stewart House
C 2024	10/06/2024 - 10/13/2024	8d / 7n	8 day trip - Stewart House
A 2024	10/06/2024 - 10/13/2024	8d/7n	8 day trip - Lodge
H 2024	10/10/2024 - 10/13/2024	4d/3n	Special event, please inquire on rates
G 2024	10/13/2024 - 10/20/2024	8d/7n	Themed Week, please inquire on rates
B 2024	10/17/2024 - 10/20/2024	4d/3n	4 day trip - Lodge
D 2024	10/17/2024 - 10/20/2024	4d/3n	4 day trip - Stewart House
C 2024	10/20/2024 - 10/27/2024	8d/7n	8 day trip - Stewart House
	10/20/2024 - 10/27/2024	8d/7n	

### Min/Max: 1/15

Group bookings are possible for Jan, Feb, Nov, Dec with a minimum number of participants - check with us! Minimum 3 nights stay.

Rates do not include: Alcoholic beverages, Taxes, Gratuities, Transfers from/to Alamosa, Photography Tours, Rock climbing, Massaes and wellness services, Rafting & Fly fishing

# **Reservation Form**

# **Hidden Trails Outdoor Reservation Form**

Tour :		Code #:		from: _	to :
The Travelers (Last Name, First Name)	Male Female	Single Birth room/ Date or tent www.	Height	Weight*	Fitness Level
1.			_		
2.		'-'			
3.			_		
4.					
' If more than 200 lbs we need to rec	onfirm with our partne	rs first	** Details o	n dietary needs on	separate sheet, please.
Special Diets:					
How often do you exercise?	De	scribe your	experien	ce:	
Have you been on other riding tours?	No 门 Yes 💭	last trip wh	en?	Trip:	
If Hidden Trails offers a transfer from	the local airport/s	station: I w	ould like	the transfer to	be included: YES $\bigcirc$ NO $\bigcirc$
n an emergency, name and phone nu	mber of contact:	<u>-</u>			
Attention: Please, if there is more tha	n one participant	, all have to	sign the	reservation for	rm - make copies if needed
with the Hidden Trails <i>Booking Condit</i> prochure or as listed on the Internet. (we) will sign and forward the <i>Recrea</i> Last Name and First Name (The Tr	tional Activity Re	lease and Inc	demnity /	Agreement at le	east 8 weeks before trip starting date.
Stree <u>t</u>			e-mai <u>l</u>		
City		Star	e		Postal/Zip Code
Phone (wk)	(hm)			Fax	
Date	Sign	nature (mand	atory) 1.		
Please, charge a 25% deposit (minimum \$ full payment 10 weeks before starting date			Ad	ditional Signat	ures:
For payments by VISA ( ) or Maste	•		2.		
Cardholder:			3.		
Card #	2 digit Consult	4			
Exp.Date: Signature:	3 digit Securi	y #	4.		
Billing Address for Credit Card (if differe	-		1000		ellation Insurance Credit Card required
have enclosed a check for the deposit	.~		N	o, we will pro	ovide our own 🕠 initial
Hidden Trails Ltd. 659A Moberly	Rd. Vancouv	er. BC V5Z	4B3	FAX: 604-32	3-1148 Phone: 604-323-1141

