

Ph. 1-888-9-TRAILS

*Outdoor Vacations
- on & with Hidden Trails*

About Hidden Trails



Explore the World on & with Hidden Trails

Hidden Trails is owned and operated by nature enthusiasts who love the outdoors and adventure activities. We have been involved with outdoor vacations for over 20 years. We have collected the best outdoor vacation destinations all over the world in some hidden places we would like to share with you.

These vacations are about forging rivers, biking along canals and through forests, hiking along age-old trails, gazing at beautiful vistas and encountering foreign cultures. But most of all, these trips are about getting away from the cycle of too much work and never enough free time.

Escape from the rituals, which long ago froze our nights and days into little more than routine and away from the worries of our new tense times. It is so satisfying when we take the plunge of adventure - it's unfortunate that we invent so many reasons to put aside living our dreams of adventure. It is sometimes a tangled web that we weave through life. Some of the threads reveal a work-a-day world of commitments, duties and obligations. Other threads are of a quiet fabric of hope, responsibility and refreshment.

On our adventures you see the real country, its back country and meet the locals. The love for the outdoors has no boundaries but possesses a common language we all speak and understand.

You will experience new countries and their customs and make new friends.

These trips have been tested by our staff or associates and received our stamp of approval. If you are considering a special outdoor vacation anywhere in the world, call us first and let our experienced consultants match the perfect trip with your dream. We will listen to you and give you objective advice to help you choose the best destination and adventure.

Your vacation is the most precious time of the year and we are committed to making it the most memorable time of your life. Wherever you go, have a great time and bring back some peace of mind.

Thank you for your continued support.
Ryan Schmidt
Hidden Trails

Hidden Trails

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from within the USA or Canada or

E-mail: info@hiddentrails.com

Website: www.hiddentrails.com/outdoor

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659A Moberly Road, Vancouver BC Canada V5Z 4B3

4406 Tennyson Road, Wilmington, DE USA 19802

Toll Free from the U.K.:

Ph: 0- 808 189-0420

Fax: 0-808-280-1860

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Skype: hiddentrails

Camino - French Route F4 - Spain, Europe

Tour Code: ZZ-HK-ESCAM04

8 days / 7 nights ~\$1,025.00

Dates: Available all Year

Trip Rating : ●●●●●

Difficulty : ●●●●●

Lodging : ●●●

Tack: --

Horses: --

Pace: 5-7 hours per day. 123km total.

Airport: Santander



Introduction

Galicia, Spain

This Walking Holiday explores the fourth section of the Camino Frances / French Way, the most traditional of all the pilgrims' ways to Santiago de Compostela and the best known internationally.

Starting from Burgos, the medieval city and hometown of "El Cid", and finishing in Sahagun, a town renowned for its unique Romanesque churches, this Camino is certainly one of the most rewarding in terms of culture and natural surroundings.

Everyday, during the walk, you are guaranteed a high level of comfort and gastronomy. The Camino de Santiago is clearly marked with the Scallop Shell showing you the way. This walk can be physically demanding and requires a reasonable level of fitness. However, it's a highly rewarding walk that includes numerous cultural highlights.

Accommodation

Accommodations

Our accommodation is selected based on a number of criteria, including location, comfort, services, price and character.

Please note, in case of non-availability of the below mentioned Hotels on the requested dates, similar ones will be used.

Accommodation Itinerary - subject to changes based on availability

Night 1: Hotel in Burgos

Night 2: Guesthouse in Hornillos del Camino

Night 3: Hotel in Castrojeriz

Night 4: Hotel in Fromista

Night 5: Monastery in Carrion de los Condes

Night 6: Hotel in Calzadilla de la Cueva

Night 7: Hotel in Sahagun

Burgos - Hotel Forum Evolucion

Hotel Forum Evolución is a modern hotel. It has a wine-themed décor. It has 19 rooms, including single, double and family rooms. The air-conditioned rooms are soundproofed and have a desk, a TV and a private bathroom with hairdryer and free toiletries. Services such as a 24-hour reception and free Wi-Fi are available.

Hornillos del Camino - La Consulta De Isar

This House with terrace and garden offers 5 rooms: 3 with double rooms and 2 twin rooms.

Hotel Rural La Consulta De Isar offers free Wi-Fi and all rooms have heating and offer garden views. They are equipped with a flat-screen TV, wardrobe, and a desk. The private bathroom includes a bathtub, free toiletries, and a hairdryer.

Castrojeriz - La Posada

The "La Posada" Hotel in Castrojeriz is housed in a sixteenth century ancestral home owned by the Counts of Castro. It was subsequently an inn for travelers and the starting point for the mail coach to Burgos. The hotel opened its doors in 1987, after being tastefully refurbished, managing to conserve some of the 16th century structures forming part of the former house, whilst combining tradition and modernity in order to offer guests every comfort and convenience throughout its facilities.

This environmentally-friendly hotel pioneered the installation of solar PV panels for hot water, sanitary water and heating.

All 21 rooms combine restored antique furniture, exposed stone walls and modern facilities. Each one comes with a TV and a private bathroom with a hairdryer and free toiletries. WiFi is available in all areas and is free of charge.

Fromista - Hotel San Martin

Located just next to the church of St. Martin of Tours, hotel San Martin has a family atmosphere and offers 19 rooms (1 suite, 1 for disabled people and 17 double), all of them equipped with ensuite bathroom, TV, Free WiFi, Phone and Individual heating.

Carrion de los Condes - Monasterio San Zoilo

Set in a former monastery in Carrion de los Condes, the hotel is located near to the Santiago pilgrimage route. Most of the 54 rooms are located around the upper cloister, on the 2nd floor, occupying what were formerly the cells and the infirmary of the monks. The other rooms are located on the first floor around the large patio that formed the original main access to the Monastery, or towards the water pond of the garden. All rooms are different from each other because of their interior layout or decoration.

Featuring stone arches drapes, and beamed ceilings, the rooms have a rustic feel. Some have four-poster beds and all of them have air-conditioning and heating. Each room has a TV and a private bathroom with free toiletries and a hairdryer. Free Wi-Fi is available.

Calzadilla de la Cueva - Hostal Camino Real

Offering free WiFi, Hostal Camino Real is situated in Calzadilla de la Cueva. The hostel has 20 double rooms and 2 triple rooms. All rooms have bathroom, television and heating.

It is possible to use washing machines for a small fee and guest can relax in the swimming pool.

Sahagun - Hotel Vista Flor Puerta De Sahagun

This hotel offers a gym and air-conditioned rooms with a flat-screen TV. The 91 spacious rooms all feature tiled floors and modern décor. Each has a safe and a private bathroom with a hairdryer and free toiletries. There is also an outdoor pool (OPEN 15 JULY) and free Wi-Fi in public areas.



Meals

Breakfasts and 5 dinners are included. Breakfast are eaten at the hotels and evening meals in the restaurant's hotel or a restaurant nearby. It is usually a set menu.

Special diets and dietary restrictions:

We can only request dietary requirements to our suppliers for the following diets:

- Diabetic - Suitable for reduced sugar, hyperglycemic, hypoglycemic and carbohydrate controlled meal requests.
- Gluten Intolerant/Celiac also known as low gliadin, non-tropical sprue, Celiac disease, low wheat, wheat free, gluten restricted diet. A Gluten Intolerant Meal eliminates all foods prepared with wheat, rye, barley and oats.
- Vegetarian (No meat – no fish). Nuts may be used as a protein substitute.

Itinerary

Sample Itinerary - Subject to changes

The Camino is clearly marked with the "Scallop Shell" showing you the way. The walking can be physically demanding and will require a reasonable level of fitness. However, it's a highly rewarding venture that includes numerous cultural highlights along the way!

French Route 4/8 - Walk From Burgos to Sahagun - 123km

Day 1: Burgos – Start of your journey

Burgos, which was the capital of the unified kingdom of Castilla-Leon for five centuries, boasts a masterpiece of Spanish Gothic architecture; the Cathedral of Burgos (a UNESCO World Heritage Site). Apart from a visit to the historic quarter, you can take quite an interesting walk along the banks of the Duero and Arlanza rivers. Discover the delicious and varied local cuisine in one of the city's restaurants

Meals included: none

Overnight in Burgos

Day 2: Burgos To Hornillos del Camino

From Burgos you will go through the crop fields that are typical of the region. You will pass through some small woods of Holm oak and conifers, which serve as a memory of the time when one of the largest forests in Europe existed on these lands.

Distance: 21km / approx. 5 hours (ascent: 120 m / descent: 240 m)

Meals included: Breakfast

Overnight in Hornillos del Camino

Day 3: Hornillos del Camino to Castrojeriz

You will resume your walk towards Castrojeriz. Upwards to another plateau, and then descending towards the valley of the River Bol. Today is a pleasant day spent between pasture and crop fields.

Distance: 19km / approx. 5 hours (ascent: 140 m / descent: 170 m)

Meals included: Breakfast

Overnight in Castrojeriz

Day 4: Castrojeriz to Fromista

After Castrojeriz, situated on the hillside between the valleys of the rivers Odrilla and Pisuerga, is Alto Mosterales – the highest point of the Meseta, and the last plains of the Burgos Region. The river Pisuerga brings you into the province of Palencia and on into the "Tierra de Campo". Don't miss Boadilla and its 14th-century church "La Asuncion", reputed for its Gothic pillory and beautifully carved baptismal font.

Distance: 25km / approx. 6.5 hours (ascent: 210 m / descent: 220 m)

Meals included: Breakfast

Overnight in Fromista

Day 5: Fromista to Carrion de los Condes

Although this stage of the Camino passes through areas that have been heavily influenced by man, we follow the charming banks of the river Uciesa, under the shade of the trees. Today, the Camino takes a relatively straight trajectory. Numerous rest areas have been set out along the path. Passing Villalazar de Sirga, you will come across a good example of a Campos village; few houses and inhabitants, but an impressive church full of treasures.

Distance: 20km / approx. 5 hours (ascent: 100 m / descent: 50 m)

Meals included: Breakfast

Overnight in Carrion de los Condes

Day 6: Carrion de los Condes to Calzadilla de la Cueva

For 13km you will follow the historical "Aquitana Camino" (another famous Camino to Santiago which begins in Bayonne, France) through isolated countryside, passing poplar woods and crossing over several irrigation channels.

Distance: 17km / approx. 5 hours (ascent: 50 m / descent: 20 m)

Meals included: Breakfast

Overnight in Calzadilla de la Cueva

Day 7: Calzadilla de la Cueva to Sahagun

Expect hilly terrain as you cross some "cuezas", or little valleys. This part of the Camino leaves the road and heads through oak woods, before coming back to familiar cereal fields and crossing the river Valderaduey on your way to the countryside of Leon. In Sahagun, the church of San Lorenzo is certainly worth a look.

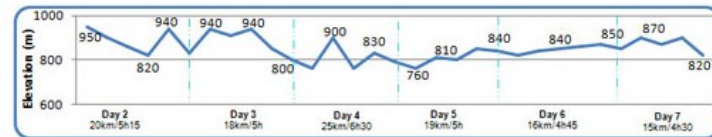
Distance: 22km / approx. 5.5 hours (ascent: 80 m / descent: 130 m)

Meals included: Breakfast
Overnight in Sahagun

Day 8: Sahagun, end of the Camino

After breakfast we bid you farewell.

Meals included: Breakfast



Other Info

Meeting: Burgos

Airport: Santander

Train station: Burgos

Distance: 1 hr

Because this is a self-guided trip, participants are expected to arrive independently to their accommodation in Burgos.

Tack: --

Horses: --

Pace: 5-7 hours per day. 123km total.

Level: 🐾🐾🐾🐾🐾 (2 to 3 out of 5) Moderate

Riders: Min 1 riders Max 16 riders

Rates and Dates 2024 - ZZ-HK-ESCAM04

Rates include: Accommodations in standard hotel (2-3*), All breakfasts, Luggage transfer, Detailed walking notes and map, Pilgrim passport & 24/7 customer service

Packages and Options

Season	Description	EUR	~US\$
A 2024	8 day hike	€930	\$1025

The US Dollar Rate is based on a EUR Exchange Rate of 1.1 and subject to currency fluctuation

Transfer Option

Description

2024	Single supplement	€230	\$255
2024	Upgrade to 4* accommodation, dbl, pp - please inquire		
2024	Upgrade to 4* accommodation, single - please inquire		
2024	Upgrade to 5* accommodation, dbl, pp - please inquire		
2024	Upgrade to 5* accommodation, single - please inquire		
2024	Extra night, dbl, pp ~ Please inquire		

Tour Dates

Season	Tour Dates		
A 2024	01/01/2024 - 12/31/2024	8d / 7n	8 day hike

Min/Max: 1/16

Rates do not include:Lunches and Dinners, Drinks & Airport transfers



Reservation Form

Hidden Trails Outdoor Reservation Form

Tour : _____ **Code #:** _____ **from:** _____ **to :** _____

The Travelers (Last Name, First Name)	Male Female	Single room/ or tent	Birth Date MM/DD/YY	Height	Weight*	Special diets**	Allergies	Medical Con.	Excellent	Good	Moderate	Poor	Fitness Level	Need to rent equip.
1.		<input type="checkbox"/>	_/_/_			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.		<input type="checkbox"/>	_/_/_			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.		<input type="checkbox"/>	_/_/_			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.		<input type="checkbox"/>	_/_/_			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

* If more than 200 lbs we need to reconfirm with our partners first

** Details on dietary needs on separate sheet, please.

Special Diets: _____

How often do you exercise? _____ Describe your experience: _____

Have you been on other riding tours? No ☐ Yes ☐ last trip when? _____ Trip: _____

If Hidden Trails offers a transfer from the local airport/station: I would like the transfer to be included: YES ☐ NO ☐

In an emergency, name and phone number of contact: _____

Attention: Please, if there is more than one participant, all have to sign the reservation form - make copies if needed

With my signature I confirm my reservation of the listed program(s) under the Hidden Trails Booking Conditions. I'm aware, and I made all participants aware of the risk involved with these outdoor adventure activities. All participants have read and agree with the Hidden Trails *Booking Conditions* and the Hidden Trails *Recreational Activity Release and Indemnity Agreement* in this brochure or as listed on the Internet.

I (we) will sign and forward the *Recreational Activity Release and Indemnity Agreement* at least 8 weeks before trip starting date.

Last Name and First Name (The Traveler) _____

Street _____ **e-mail** _____

City _____ **State** _____ **Postal/Zip Code** _____

Phone (wk) _____ **(hm)** _____ **Fax** _____

Date _____

Signature (mandatory) 1.

Please, charge a 25% deposit (minimum \$ 350 per person) now and full payment 10 weeks before starting date to my credit card.

For payments by **VISA** ☐ or **Mastercard** ☐ (no debit cards)

Cardholder:

Card #

-----3 digit Security # -----

Exp.Date:

Signature:

Billing Address for Credit Card (if different than mailing address):

I have enclosed a check for the deposit ☐

Additional Signatures:

2.

3.

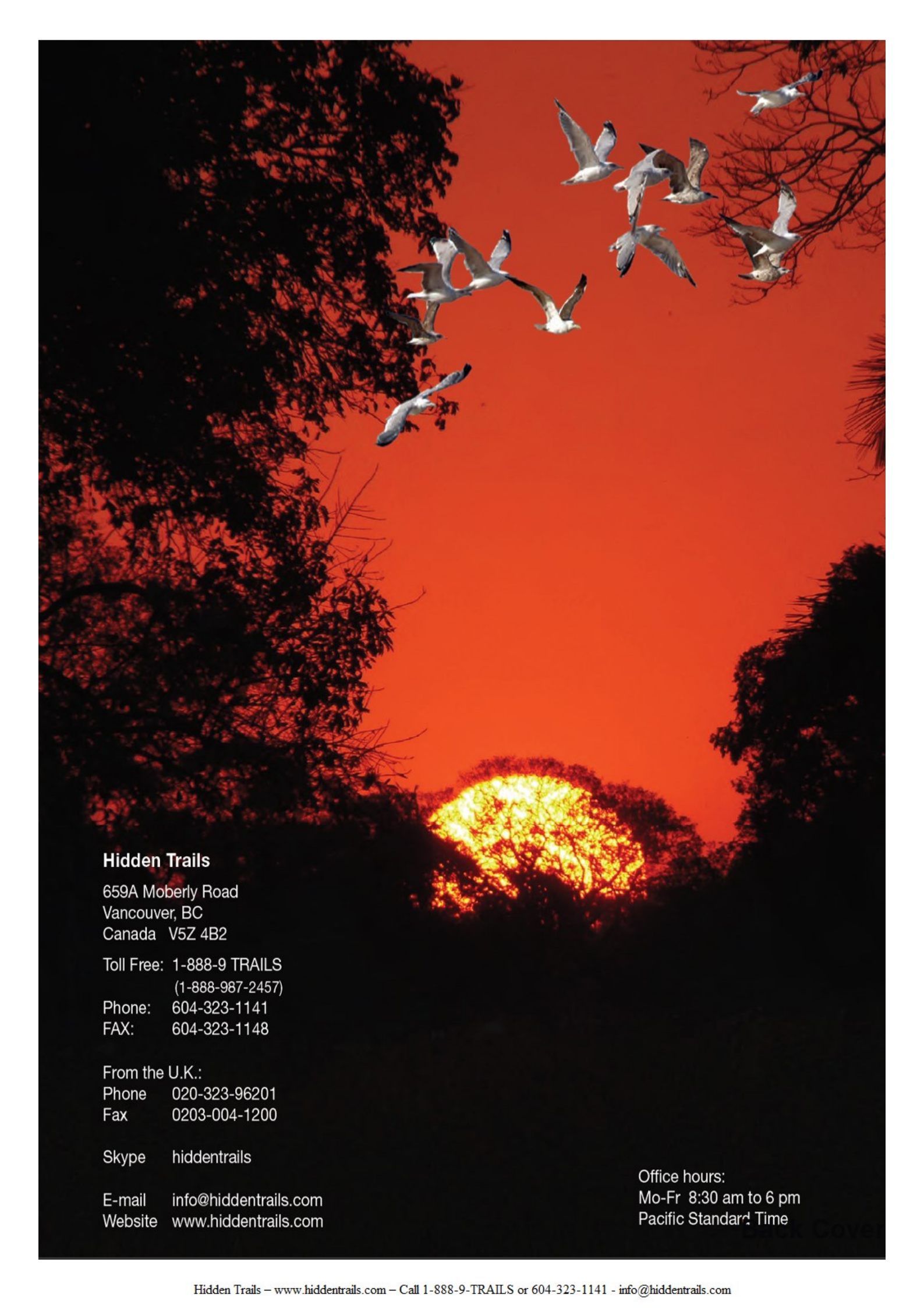
4.

Travel Cancellation Insurance Credit Card required

Sign me (us) up ☐ initial _____

No, we will provide our own ☐ initial _____

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