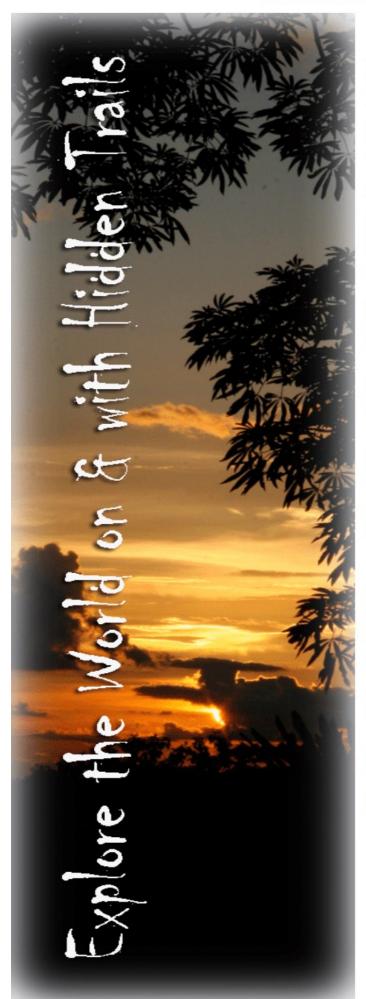


Hidden Trails - www.hiddentrails.com - Call 1-888-9-TRAILS or 604-323-1141 - info@hiddentrails.com

About Hidden Trails



Hidden Trails is owned and operated by nature enthusiasts who love the outdoors and adventure activities. We have been involved with outdoor vacations for over 20 years. We have collected the best outdoor vacation destinations all over the world in some hidden places we would like to share with you.

These vacations are about forging rivers, biking along canals and through forests, hiking along age-old trails, gazing at beautiful vistas and encountering foreign cultures. But most of all, these trips are about getting away from the cycle of too much work and never enough free time.

Escape from the rituals, which long ago froze our nights and days into little more than routine and away from the worries of our new tense times. It is so satisfying when we take the plunge of adventure - it's unfortunate that we invent so many reasons to put aside living our dreams of adventure. It is sometimes a tangled web that we weave through life. Some of the threads reveal a work-a-day world of commitments, duties and obligations. Other threads are of a quiet fabric of hope, responsibility and refreshment.

On our adventures you see the real country, its back country and meet the locals. The love for the outdoors has no boundaries but possesses a common language we all speak and understand.

You will experience new countries and their customs and make new friends.

These trips have been tested by our staff or associates and received our stamp of approval. If you are considering a special outdoor vacation anywhere in the world, call us first and let our experienced consultants match the perfect trip with your dream. We will listen to you and give you objective advice to help you choose the best

Your vacation is the most precious time of the year and we are committed to making it the most memorable time of your life. Wherever you go, have a great time and bring back some peace of mind.

Thank you for your continued support. Ryan Schmidt Hidden Trails

destination and adventure

Hidden Trails

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Discover Ireland North Walk - Ireland, Europe

Tour Code: ZZ-HKIRJ-02 8 days / 7 nights ~\$0.00 Dates: July to Aug

Trip Rating : •••••
Difficulty : ••••
Lodging: •••

Tack: Horses

Pace: Easy pace. Can skip many of the hikes ...

Airport: Dublin Airport



Introduction

Northern Eastern Ireland, Ireland

During the eight days of the Undiscovered Ireland North hike we cover 80 miles and four counties in this corner of the green isle. Along the way we discover stone circles at Cooley Hills, a ride along the restored railway at Finntown, and hiking along the highest cliffs in Europe at Slieve Lieve. We also encounter the romantic Kylemore Abbey and spend nights enjoying evenings filled with traditional Irish music.

Our nights are spent in quaint Irish towns including Carlingford, a magical village full of character and considered one of the best preserved medieval villages in Ireland. We stay a couple nights in Kilcar, a small village in Donegal, and also Clifden, a coastal town in Galway. There is no better way to discover every nook and cranny than by foot, so come see Ireland like you've never seen it before!

Tour Highlights

- Medieval village of Carlingford
- Stone circles & great views from the Cooley Hills
- Old restored railway at Finntown
- Highest sea cliffs in Europe at Slieve League
- Visit to the Aran Islands
- Visit to the magnificent Kylemore Abbey
- Stunning Connemara landscape
- Traditional music most nights

Accomodation

Accommodations

This is a progressive tour so nights will be spent in different locations.

Description

All our accommodations have been carefully selected and are approved by the high standards of the Irish Tourist Board. We have chosen locations of outstanding natural beauty, so that you can enjoy the best of Irish rural life and scenery. You will enjoy top quality accommodation in small, family run guesthouses and hotels whilst being charmed by the hospitable and friendly hosts.

We stay in small hotels, guest houses, farmhouses, B & B's and occasionally castles.

Accommodation Itinerary - subject to changes based on availability

Night 1 & 2: Accommodation in Carlingford

Night 3 & 4: Accommodation in Donegal Town

Night 5: Accommodation in Westport

Night 6 & 7: Accommodation in Clifden

Room Occupancy

All rooms are en suite twin, double or single. Singles are available on request for a small supplement.

Meals

All meals are included in your package except from dinner on Day 6 & 7.

Each morning, in addition to the famous full Irish breakfast, there are alternative options available. Everybody loves the Irish soda bread, with creamy Irish butter. But for the more health conscious, you can be assured of plenty of fruit, juice, yogurts and cereals.

We take packed lunches for our lunch breaks during our walks. These are provided from our accommodation or from local delis.

Our evenings are a time for reviewing the day's activities and shared experiences on the hills. Evening meals are taken either in the places where we are staying or in local restaurants. You will be pleasantly surprised at the fine quality meals you will enjoy on your four.

Riding

This holiday, guided by someone who really knows and cares for Ireland, is the best way to see this enchanting country, imagine yourself hiking (or walking) over Irish mountains, pausing by Irish lakes, drinking in Irish pubs and listening to traditional Irish music.

These hiking trips show you the best of Ireland, its picturesque scenery, the grandeur of its mountains, the warmth and hospitality of its people and the magic of their music. Call it an Irish walking holiday; a hiking vacation in Ireland; even a sabbatical - maybe you're researching Ireland, perhaps for a thesis or book; or perhaps you want to see the Ireland of your Irish ancestors. Call it any or all of these, but treat yourself to a tour of Erin's Isle anyway.

Our hiking tours of Ireland are fully escorted by experienced, professional guides. We travel through Ireland in groups of no more than twelve people. We will escort you on hikes through Ireland's most scenic trails, walk through undiscovered routes lined with extraordinary vistas.

Ireland has a lot to offer the walker: dramatic sea cliffs, high mountain ridges, quiet green roads, butter roads, fuchsia-lined lanes, heath and moorland, sweeping expanses of beach. And then there are the sleepy villages, oak woods, sky-blue lakes, torrential waterfalls and babbling brooks.

Ireland's climate ideally suits the walker as generally it rarely gets too hot to be uncomfortable. Rain and cloudformations are what bring the interesting light patterns and rainbows. The Western coast and islands are known for magnificent sunsets. Don't be surprised at the very few people you will meet whilst walking, after all, the entire population of Ireland is only around four million! Ireland is a birdwatcher's paradise with many rarities such as the corncrake. It is also a great place for botanists, especially the area of the Burren, Co. Clare.

Maybe the best attraction of all is the people, you'll never find another place like it for hospitality, friendliness, warmth, generosity, humor, love of life and love of the land.

Hiking Level

It is important that you are fit and at least a regular hiker / walker. When we do half day walks the distance covered could be from 4 to 9 miles, when we do full day walks the distances covered could be 6 to 13 miles. The pace is relaxed with time to enjoy your surroundings, take pictures, watch the birds, etc. Generally the terrain comprises of combinations of tracks, lanes, moorland, heath, coastal paths, beaches and mountain paths. You may choose not to walk on certain days, it's your holiday, there are always alternatives. You may prefer to relax at our accommodation, draw, paint, read, think...

Generally after a day of walking we can help ourselves to complimentary tea and coffee at our accommodation. We allow for some relaxation time before dinner. We have an official "Diary" which has been kept by previous groups and you may choose to make a contribution at the end of your day. After dinner there is nearly always the option of visiting the local pubs for some traditional music and dancing.

Itinerary

Sample itinerary - subject to changes

Day 1: Meet at Dublin Airport, Travel to Carlingford

You will be met with a warm welcome at Dublin Airport. Then we travel north to the pretty fishing village of Carlingford in County Louth. There are lovely views across the lough to the Mountains of Mourne, and the village backdrop is the mighty mountain of Slieve Foye. We will take a walk along the lower slopes of Slieve Foye in order to be rewarded with stunning views back over Carlingford Lough. Carlingford is steeped in medieval history and there are many sites of interest to wander around, including an ancient castle and an abbey ruin.

Terrain: quiet lanes and mountain path | Elev Gain: 300 ft.

Walking Distance 3 miles (4.8 km) Overnight: Carlingford, County Louth

Meals Included: Dinner

Day 2: Hike the Cooley Hills and Black Mountain

Our first full day walk will be at Ravensdale forest and the Cooley Hills. We will encounter an ancient stone circle along the way and learn about the legend of the Cattle Raid of Cooley. After climbing gently over heath and moorland on the lower slopes of the Black Mountain we will enjoy fine views of Newry, Rostrevor and the Mountains of Mourne in Northern Ireland. We will finish this walk early enough in the afternoon for you to enjoy another wander around Carlingford Village.

Alternative Walk Options: shorter option of walking just three miles. Or relax and visit the pretty medieval village of Carlingford with its quaint shops and cafes

Terrain: lanes, mountain track, moorland | Elev Gain: 1400 ft.

Walking Distance 8 miles (12.9 km) Overnight: Carlingford, County Louth

Meals Included: Breakfast, Lunch and Dinner

Day 3: Travel to Donegal, hike in the Bluestack Mountains

A visit to Donegal is like a trip back in time: beautiful day-walks and spectacular sunsets are promised along the rugged Donegal coastline. Our driving journey today will take us across Ireland to Donegal stopping briefly on the way for a break at Aughnacloy, County Tyrone. Then we will stop to hike in the Bluestack Mountains of County Donegal for a wonderful walk at near Letterbarrow. Finally making our way to an award-winning guest house / restaurant on the edge of Donegal Town where we can relax for the next two nights.

Terrain: lakeside track, pine forest trail | Elev 500 ft. Walking Distance 5 miles (8 km)

Overnight: Donegal Town, County Donegal

Meals Included: Breakfast, Lunch and Dinner

Day 4: Hike Magnificent Slieve League

We head for Europe's highest sea cliffs at Slieve League (2000ft) today. In many people's opinion Slieve League is Donegal's piece de resistance and one of the most stunningly beautiful sights on earth. The cliffs are three times higher than the Cliffs of Moher, but less well known due to their remote location. On a fine day, the vista is incredible. An isolated gentle green road brings us out onto the most majestic views of the Atlantic Ocean. This walk is truly an unforgettable one! We will return to our guest house in Donegal for another fine meal

Alternative Walk Options: there is a shorter option of walking just 4 miles, or spending time in Donegal Town, one mile walk from the guest house.

Terrain: grassy mountain paths, open heath, muddy / rocky track | Elev 1600 ft.

Walking Distance 9 miles (14.5 km)

Overnight: Donegal Town, County Donegal

Meals Included: Breakfast, Lunch and Dinner

Day 5: Hike Slish Wood and Lough Gill, travel to Westport

This morning we travel south to County Mayo. Mayo has a landscape of high cliffs, lonely mountains and fuchsia hedges. En route we stop in County Sligo for a walk at Slish Wood and Lough Gill. A warm welcome awaits us at our guest house in the wonderfully pretty Westport Town.

Alternative Walk Options: take an easy stroll around Sligo Town

Terrain: Town walk, causeway to the island, quiet lanes

Walking Distance 7 miles (11.3 km)

Overnight: Westport, County Mayo

Meals Included: Breakfast, Lunch and Dinner

Day 6: Hike at Killary Fjord and visit Kylemore Abbey

On now to Connemara: a wild, rugged, unspoilt area with a ragged coastline and an impressive group of mountains - the Twelve Bens. Our walk today will be at Killary fjord which forms the natural border between County Mayo and County Galway. The view to the north looks out across the fjord to Mweelrea, western Ireland's highest mountain. Later we will stop to visit Kylemore Abbey: western Ireland's most famous landmark. Nestled at the base of the mountains in the heart of Connemara, Kylemore is regarded as one of the most beautiful buildings in Ireland.

Alternative Walk Options: the full walk is 6 miles long, there is an alternative option of just 2-3 miles available.

Terrain: waterside paths, rocky tracks | Elev Gain: 100 ft.

Walking Distance 6 miles (9.7 km)

Overnight: Clifden, County Galway Meals Included: Breakfast and Lunch

Day 7: Ferry to Inishmore, the Aran Islands - Visit Dun Aenghus

We'll take an early ferry to Inismore, the largest of the three Aran Islands in Galway Bay. The first part of our walk

ft into the Atlantic. Gaze out from the cliff tops across the wild Atlantic Ocean (next stop Newfoundland!). Our walk consists of much varied terrain, beginning with a fabulous trek across the rocky flagstones of the northwestern shore of the island. We then travel on along quiet grassy tracks with fine views lined with endless stretches of dry

stone walls.

Alternative Walk Options: the full walk is 8 miles long, there is an alternative option of just 2-3 miles available.

Terrain: quiet lanes, grassy tracks, rocky shore

Walking Distance 8 miles (12.9 km) Overnight: Clifden, County Galway Meals Included: Breakfast and Lunch

Day 8: Departure Day

Time to say Goodbye today. We will drop you at the Galway City Bus / Railway Station at approximately 12 noon. From here it is very easy to get a direct bus or train back to Dublin or Shannon for your flight home. The journey from Galway to Dublin takes approx 4 hours, the journey fro Galway to Shannon takes 1.5 hours.

Meals Included: Breakfast

Note: Many clients come on a tour who wish to do very little hiking. Every day there are alternative options such as sight-seeing, relaxing, reading, painting, listening to Irish traditional music, and generally just soaking up the Irish atmosphere. You can opt out of the hiking on any day! All our accommodations are based in scenic locations, so you are very welcome to just remain "home" for the day.

Other Info

Meeting: Dublin Airport Airport: Dublin Airport Transfer: Dublin Airport

On Day 1 of the program, pick up is scheduled from Dublin Airport for 1:00 pm. On the last day of the program, drop-off at Galway City for 12:00 pm (noon).

Tack: Horses:

Pace: Easy pace. Can skip many of the hikes if preferred. ~5-9 miles per day.

Riders: Min 5 riders Max 12 riders

Rates and Dates 2024 - ZZ-HKIRJ-02

Rates include: Dublin Airport pick-up and Galway City drop-off; Accommodations; All land transportation; 7 guided walks; Escort of full-time guide; Evening transportation to pubs / music; Admission to Kylemore Abbey and Gardens; Return Ferry to the Aran Islands; Admission to Dun Aengus Fort; Most meals

Packages and Options

Season Description

Transfer Option

Description

2024 Transfers are included at set times

Tour Dates

Season Tour Dates

Rates do not include: Dinner on Day 6 & 7

Reservation Form

Hidden Trails Outdoor Reservation Form

Tour :	Cod	e #:		from:	:	to :	
The Travelers (Last Name, First Name)	Male Female roon or te	n/ Date	Height	Weight*	cal data de la constante de la	Fitness Level	
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' if more than 200 lbs we need to reconfirm with ou	ur partners firs	t **	Details o	n dietary needs	on separate sheet,	, please.	
Special Diets:							
How often do you exercise?	_ Descri	be your e	xperien	ce:			
Have you been on other riding tours? No 🕻) Yo	es 🗘 las	t trip whe	n?	Tri	p:		
If Hidden Trails offers a transfer from the local a	irport/stati	on: I wo	uld like	the transfer	to be included	d: YES 🔘 NO 🔘	
In an emergency, name and phone number of co	ntact:						
Attention: Please, if there is more than one part	icipant, all	have to s	ign the	reservation	form - make o	opies if needed	
With my signature I confirm my reservation of the I made all participants aware of the risk involved with the Hidden Trails <i>Booking Conditions</i> and the brochure or as listed on the Internet. I (we) will sign and forward the <i>Recreational Action</i> Last Name and First Name (The Traveler)	l with these ne Hidden I vity Release	e outdoor frails <i>Rec</i> e and Inde	advent reationa emnity A	ure activitie a <i>l Activity Re</i> Agreement a	es. All participa elease and Ind t least 8 weeks	ants have read and agree emnity Agreement in this selections before trip starting date.	
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Please, charge a 25% deposit (minimum \$ 350 per per full payment 10 weeks before starting date to my cred		nd	Ad	ditional Sigr	natures:		
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I have enclosed a check for the deposit						wn 🗘 initial	

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