

Hidden Trails

Ph. 1-888-9-TRAILS

*Equestrian Vacations
- on & with Hidden Trails*

About Hidden Trails



Hidden Trails is owned and operated by nature enthusiasts who love horses and adventure activities. We have been involved with riding and other outdoor vacations for over 20 years.

With our partners Voyage du Cheval (France), Pegasus (Germany) as well as Equitour (Switzerland and France) we have collected the best riding destinations all over the world in some hidden places we would like to share with you.

These rides are about galloping on endless beaches, forging rivers, cantering through forests, trotting along age-old trails, gazing at beautiful vistas and encountering foreign cultures. But most of all, these trips are about getting away from the cycle of too much work and never enough free time.

Escape from the rituals, which long ago froze our nights and days into little more than routine and away from the worries of our new tense times. It is so satisfying when we take the plunge of adventure - it's unfortunate that we invent so many reasons to put aside living our dreams of adventure. It is sometimes a tangled web that we weave through life. Some of the threads reveal a work-a-day world of commitments, duties and obligations. Other threads are of a quiet fabric of hope, responsibility and refreshment.

On our adventures you see the real country, its back country and meet the locals. The love for horses has no boundaries but possesses a common language we all speak and understand. The majority of the overseas rides are from inn to inn, some from castle to castle and a few are camping rides.

You will experience new countries and their customs and make new friends. The Hidden Trails trips are the best you can find.

They have been tested by our staff or associates and received our stamp of approval. If you are considering a special riding vacation anywhere in the world, call us first and let our experienced consultants match the perfect trip with your dream.

We will listen to you and give you objective advice to help you choose the best destination and adventure.

Your vacation is the most precious time of the year and we are committed to making it the most memorable time of your life. Wherever you go, have a great time and bring back some peace of mind.

Thank you for your continued support.

Hidden Trails

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Skype: hiddentrails

Plantation Ride - Brazil, South America

Tour Code: IT-BRRT14
7 days / 6 nights ~\$2,590.00
Dates: Available all Year

Trip Rating : ●●●●●
Difficulty : ●●●●●
Lodging: ●●●●

Tack: English and Australian
Horses: Anglo-Arab and Mangalarga Marchador
Pace: Walk with some trots and canters. 4 -...
Walk, Trot, Canter,

Airport: Sao Paulo



Introduction

Rio/Sao Paulo, Brazil

São Paulo may be the economic, industrial and financial powerhouse of Brazil, and indeed of South America, but it also offers some of the finest rural experiences of the region. Thanks to its cultural diversity and its vast and multifaceted territory, the interior of São Paulo State includes some interesting riding experiences.

Riding in the coffee highlands takes you through the coffee-growing region of the northeast of the State of São Paulo, visiting some of the great historic plantation homes, and passing through the surprisingly well-preserved natural wealth of the region. The diversified terrain takes you from plains to mountains; up and down escarpments and on plateaus that offer an ever-changing scenery punctuated by springs and waterfalls. This variety also accounts for the wealth of arts and crafts that are produced in the region: in leather, ceramics, embroidery, jams and other preserves, honey, coffee, cheese and of course the local firewater, cachaça.

Since the mid-nineteenth century some of the finest coffee in all of Brazil has come from this region. The altitude (800-1,300 metres), the dry winters, rainy summers and fertile soil make for perfect coffee growing conditions. Visit some of the great historic plantation homes, pass through rolling meadows, along woodland paths and splash through clear streams.

But there are still areas of São Paulo state that have not given way to coffee growing. In these pockets of land the Atlantic Rainforest still remains and here you can often find the Jequitiba tree, a giant of the forest, this species can grow to over 40 meters tall and 3 meters in diameter. The oldest known specimen is estimated at around 3,000 years old.

Our ride begins at Fazenda Nova which is close to the city of Mococa. The homestead is one of the oldest plantation homes in the region and the ranch used to be twenty times the size it is today before it was shared amongst family members over the years. Horses have been bred and trained here for seven generations.

Accommodation

Accommodations

This is a progressive ride where nights are spent in 5 different locations.

Description

The overnights are at several historic fazendas (farms/ranches) and coffee plantations. There is access to laundry facilities during this trip for a small fee. Wi-Fi is only available at Fazenda Nova Sede.

Accommodation Itinerary - subject to changes based on availability

Nights 1 & 2: Fazenda Nova Sede
Night 3: Fazenda Ambiental Fortaleza
Night 4: Fazenda Santo Antonio
Night 5: Fazenda Santa Rita
Night 6: Fazenda Nova Sede

Fazenda Nova Sede

The headquarters of this Fazenda was built around 1840. It was named like that because the old headquarters caught fire, and they had to build a new one a few kilometers away.

Guests stay in the apartments inside the headquarters or in the walled garden full of jabuticabeiras that perfume the air when they are blooming. Many birds make the sounds of dusk and dawn unforgettable.

There are a mixture of double and twin rooms, each with their own en-suite shower room. The guest rooms are simple (they were formerly where the slaves slept) but with their antique furniture and tiled floors, have a great deal of charm. Free Wi-Fi is available.

Fazenda Ambiental Fortaleza

The farm has been in the Barretto Family since 1850. It used to be a traditional farm using conventional farming methods until Silvia Barretto decided to transform it into an organic farm. Fazenda Ambiental Fortaleza can accommodate up to 30 guests, in 6 independent cottages (some private other dormitory-style). The rooms have preserved their original charm and provide simple but comfortable accommodation.

Fazenda Santo Antonio

This organic farm has been managed by the Pereira family since 1822. This fazenda gives much importance to the respect of the environment and the preservation of its historical buildings, while making sure to provide a comfortable experience for guests. The Hotel Fazenda is located high on the hill surrounded by beautiful gardens, a part of the Atlantic Forest. The Hotel has 5 rooms and 2 chalets, all decorated with good taste, helping you feel at home. Some of the rooms have shared bathroom facilities, but we usually use the rooms that have ensuite bathroom.

Fazenda Santa Rita

This beautiful fazenda dates back to 1897. It offers mixture of double and twin rooms, each with their own en-suite shower room.

Room Occupancy

Single rooms might be available on request at no extra fee.

Meals

All meals are included with this trip from dinner on Day 1 to breakfast on Day 7.

Breakfasts and dinners are eaten at the accommodations and lunches are eaten on the trail.

Brazil has a rich cuisine. The country is a mixture of European, Indian, African, and Asian cultures and is reflected in the way the Brazilians cook. Italian and African cuisines have great influence on Brazilian cuisine. Well before Europe spoke about fusion cuisine, Brazil was combining ingredients found from different continents to a new



Europe spoke about fusion cuisine, Brazil was combining ingredients found from different continents to a new, typical Brazilian cuisine. They also often serve dishes from different countries on one table. The Brazilian cuisine is very good, varied, and serves many naturally made dishes. The main dishes are mostly rice and beans (Feijão) and sauces, with lots of meat or fish and salads. Each region has its own traditional dishes. Very popular is the Churrasco (Brazilian BBQ).

Dietary Restrictions

We can cater to all dietary restrictions with prior notice.

Riding

Horses

The horses are bred and trained at Fazenda Nova. They are mainly Arab and Mangalarga crosses. All are very comfortable, well-mannered and easy to handle, standing between 14.2hh and 15.3hh, they are happy in either English or Western saddles. Your horse will be tacked up for you, but you may assist with tacking up and untacking your horse if you wish.

Guide

Your guide on this trip is Laura. Laura trained for her British Horse Society Assistant Instructors examination in England and is also an FEI judge and steward. She teaches dressage and jumping at Fazenda Nova and also gives clinics at other riding centers all over the country. She has encyclopedic knowledge of the entire farm and knows the surrounding area, neighboring fazendas and local families very well.

Pace

The pace on the Coffee Trail is normally at a walk, with some trots and canters. Private groups of mixed ability may be accepted on the trail.

Itinerary

Sample Itinerary: Progressive Option - *subject to changes*

Day 1: Arrival

Transfer to Fazenda Nova and ride within the farm to get to know the horses. Fazenda Nova (New Farm - so called because the Old one burned down in 1830) is a 200-hectare property with 50 hectares of primal forest, 60 hectares of reforestation, and the remainder of pastures and sugar cane. The horses are currently on their seventh generation at this farm, choosing the best foals with desirable traits and temperament for future breedings. Riders will become familiar with their horse and riding equipment. Typical Paulista dinner (including a tasting of Mogiana coffees-among the best gourmet coffees in Brazil).

Meals included: Dinner

Overnight at Fazenda Nova

Day 2: Ride through the Atlantic Rain Forest

The owners of the Fazenda train their own horses and will guide you on this journey.

After breakfast, we will have the first contact with the Atlantic Rain Forest in the 120-acre forest preserve of the Fazenda. During this day, we ride through sugar cane fields, pastures with beef and dairy cattle, and coffee plantations in the higher areas. We will stop for lunch at Fazenda Belo Monte, which has a well-preserved-house from the beginning of the 20th century. Horses sleep in a ranch specializing in Team Penning events.

Meals included: Breakfast, Lunch & Dinner

Overnight at Fazenda Nova

Day 3: Ride to Fazenda Fortaleza

We ride through irrigated coffee plantations and arrive at Fazenda Bocaina for lunch. We continue riding for 12 km through hilly terrain with a reforestation project containing native species. We reach Fazenda Fortaleza, which produces organic coffee exported throughout the world. The owners will be proud to show the organic vegetable garden and after a trail in the woods that take us to a thousand-year-old jequitiba tree. This area is a great opportunity for bird watching. We enjoy a delicious organic dinner and we spend the night at their cozy house.

Meals included: Breakfast, Lunch & Dinner

Overnight at Fazenda Fortaleza

Day 4: Fazenda Fortaleza to Fazenda Santo Antonio

Today will be a short ride, but there is a lot to see on the way. We cross Fortaleza and then the small village of Igarai. Lunch can be at Fazenda São Bento, a posh Victorian house, or at Fazenda Morro Azul, which produces a very special cachaça, the famous Brazilian drink. Fazenda Santo Antonio, where we will sleep, has a beautiful house and swimming pool. The owners plant coffee in a natural way that will be explained by the owner. We will drink coffee grown in the shade of the rainforest.

Meals included: Breakfast, Lunch & Dinner

Overnight at Fazenda Santo Antonio

Day 5: Fazenda Santo Antonio to Fazenda Santa Rita

We ride across the largest coffee plantation in Brazil (more than 1 million coffee trees) and stop for a picnic in Minas Gerais State. Lunch is at a bakery while horses graze on the square in front. We proceed to Fazenda Santa Rita, with a nice house and pool, and its own church dedicated to the same saint.

Meals included: Breakfast, Lunch & Dinner

Overnight at Fazenda Santa Rita

Day 6: Fazenda Santa Rita to Fazenda Nova

We cross the little village of Canoas and then Fazenda Limeira, where the cows are milked in an old train station. Through hills and around lakes we arrive in the city of Mococa, which the experienced horses are used to cross. We arrive in Fazenda Nova for a late lunch.

Meals included: Breakfast, Lunch & Dinner

Overnight at Fazenda Nova

Day 7: Departure

Breakfast at Fazenda Nova and transfer to São Paulo to catch onward flights.

Meals included: Breakfast

Stationary Ride

A centre-based option is also possible for novice or rusty riders. Ride for approximately 4 hours a day in and around Fazenda Nova. You may choose to have lessons if you wish. Arrive/depart on any day and stay as long as you like. Open all year.

If you don't have the time for the trail or would rather stay in one place every night, then you can book a centre-based stay at Fazenda Nova. Suitable for all abilities and single riders as well as groups, this is the perfect ride for those wanting to discover the Coffee growing regions of Brazil on horseback. Follow trails through the rainforest, up and down hills and through coffee plantations and sugar cane plantations, returning each night to your comfortable accommodation. There may even be an opportunity to try your hand at working cattle on one day. Sample the delicious coffee of the region and meet local people and learn about how coffee is produced. There



Sample the delicious coffee of the region and meet local people and learn about how coffee is produced. There are c. 30 coffee farms in this area and so the itinerary is varied and flexible to include as much or as little riding as you wish.

You can arrive/depart on any day and stay for as long as you like, so this itinerary fits neatly before/after any of our other Brazilian rides to extend your riding holiday in Brazil.

Other Info

Meeting: Sao Paulo

Airport: Sao Paulo

Transfer: Sao Paulo

Pick-up/ drop-off is available from Sao Paulo for an extra fee

Tack: English and Australian

Horses: Anglo-Arab and Mangalarga Marchador

Pace: Walk with some trots and canters. 4 - 6 hours riding per day

Walk | Trot | Canter |

Level: 🐾🐾🐾🐾🐾 (2.5 to 3.5 out of 5) Intermediate

Weight: 220 lbs / 100 kg

Riders: Min 1 riders

Max 8 riders

Rates and Dates 2024 - IT-BRRT14

Rates include: Accommodations, All meals with water & Riding days according to program

Packages and Options

Season	Description	~US\$
A 2024	7 day trip - Progressive Option (min 4 pax)	\$2590
B 2024	7 day trip - Center-Based Option	\$1520

Rates Note:Minimum 3-night stay for centre-based option.

Transfer Option

Description

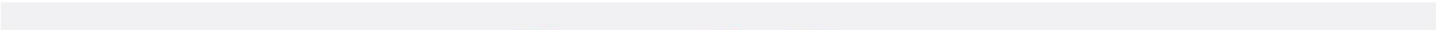
2024	Transfers from/to Sao Paulo (up to 3 pax), return, per vehicle	\$500
2024	Transfers from/to Campinas (up to 3 pax), return, per vehicle	\$350
2024	No single supplement if available	

Tour Dates

Season	Tour Dates		
A 2024	01/01/2024 - 12/31/2024	7d / 6n	7 day trip - Progressive Option (min 4 pax)
B 2024	01/01/2024 - 12/31/2024	7d / 6n	7 day trip - Center-Based Option

Min/Max: 1/8

Rates do not include:Local drinks, Travel insuarncce (mandatory), Gratuities & Transfers from/to Sao Paulo or Campinas



Reservation Form

Tour : _____ Code #: _____ from: _____ to : _____

The Travelers (Last Name, First Name)	Male Female	Single room / or tent	Birth Date MM/DD/YY	Height	Weight	Special diets													
						Special diets	Beginner	NoVICE	Intermediate	Strong Intern.	Advanced	ride English	ride Western	mostly arena	mostly hacking				
1. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Special Diets: _____

Your fitness level: Excellent ☐ Moderate ☐ Poor ☐ How long have you been riding? _____

How often do you ride? _____ Have you been on other riding tours? No ☐ Yes ☐ last trip when? _____

If Hidden Trails offers a transfer from the local airport/station: I would like the transfer to be included: YES ☐ NO ☐

In an emergency, name and phone number of contact: _____

Attention: Please, if there is more than one participant, all have to sign the reservation form - make copies if needed

With my signature I confirm my reservation of the listed program(s) under the Hidden Trails Booking Conditions. I'm aware, and I made all participants aware of the risk involved with these outdoor adventure activities. All participants have read and agree with the Hidden Trails Booking Conditions and the Hidden Trails Recreational Activity Release and Indemnity Agreement in this brochure or as listed on the Internet.

I (we) will sign and forward the Recreational Activity Release and Indemnity Agreement at least 10 weeks before trip starting date.

Last Name and First Name (The Traveler) _____

Street _____ e-mail _____

City _____ State _____ Postal/Zip Code _____

Phone (wk) _____ (hm) _____ Cell _____ Fax _____

Date _____ Signature (mandatory) 1. _____

Please, charge a 25% deposit (minimum \$ 350 per person) now and full payment 10 weeks before the travel date to my credit card.

For payments by VISA ☐ or Mastercard ☐ (no debit cards)

Cardholder: _____

Card # _____ 3 digit Security # _____

Exp.Date: _____ Signature _____

Billing Address for Credit Card (if different than mailing address):

I have enclosed a check for the deposit ☐

Additional Signatures:

2. _____
3. _____
4. _____

Travel Cancellation Insurance Credit Card required

Sign me (us) up ☐ initial _____

No, we will provide our own ☐ initial _____

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