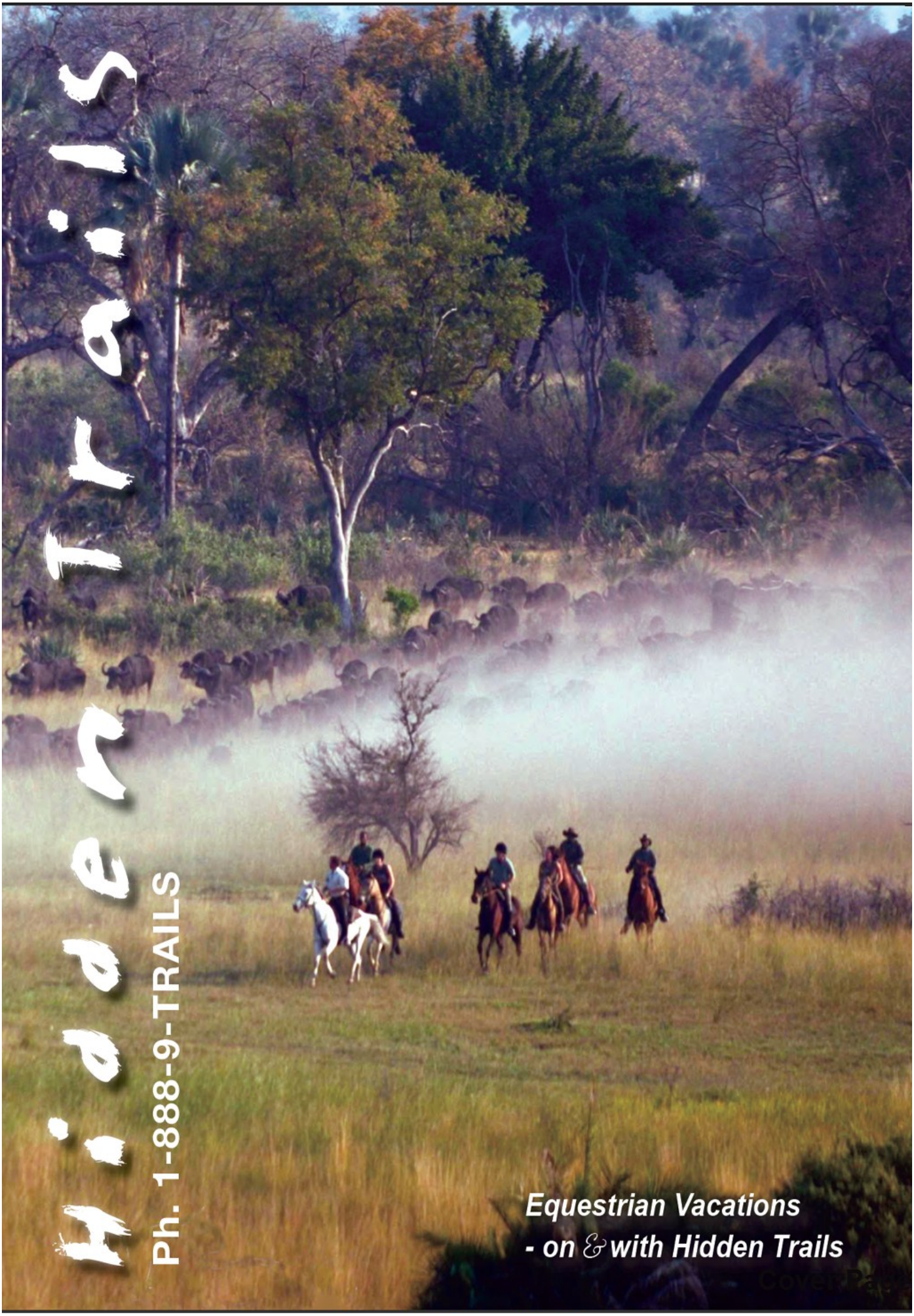

Hidden Trails
Ph. 1-888-9-TRAILS
Equestrian Vacations
- on & with Hidden Trails

About Hidden Trails



Hidden Trails is owned and operated by nature enthusiasts who love horses and adventure activities. We have been involved with riding and other outdoor vacations for over 20 years.
With our partners Voyage du Cheval (France), Pegasus (Germany) as well as Equitour (Switzerland and France) we have collected the best riding destinations all over the world in some hidden places we would like to share with you.

These rides are about galloping on endless beaches, forging rivers, cantering through forests, trotting along age-old trails, gazing at beautiful vistas and encountering foreign cultures. But most of all, these trips are about getting away from the cycle of too much work and never enough free time.

Escape from the rituals, which long ago froze our nights and days into little more than routine and away from the worries of our new tense times. It is so satisfying when we take the plunge of adventure - it's unfortunate that we invent so many reasons to put aside living our dreams of adventure. It is sometimes a tangled web that we weave through life. Some of the threads reveal a work-a-day world of commitments, duties and obligations. Other threads are of a quiet fabric of hope, responsibility and refreshment.

On our adventures you see the real country, its back country and meet the locals. The love for horses has no boundaries but possesses a common language we all speak and understand. The majority of the overseas rides are from inn to inn, some from castle to castle and a few are camping rides.
You will experience new countries and their customs and make new friends. The Hidden Trails trips are the best you can find.

They have been tested by our staff or associates and received our stamp of approval. If you are considering a special riding vacation anywhere in the world, call us first and let our experienced consultants match the perfect trip with your dream.
We will listen to you and give you objective advice to help you choose the best destination and adventure.

Your vacation is the most precious time of the year and we are committed to making it the most memorable time of your life. Wherever you go, have a great time and bring back some peace of mind.

Thank you for your continued support.

Hidden Trails
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Fax: 604-323-1148
Toll Free: 1-888-9-TRAILS
from within the USA or Canada or

E-mail: info@hiddentrails.com
Website: www.hiddentrails.com

Address:
659A Moberly Road, Vancouver BC Canada V5Z 4B3 or
4406 Tennyson Road, Willmington, DE 19802 USA

Toll Free from the U.K.:
Ph: 0- 808 189-0420
Fax: 0-808-280-1860

Toll Free Worldwide:
Skype: hiddentrails

Caribe Ride - Costa Rica, Central America

Tour Code: IT-CRSR06
4 days / 3 nights ~$990.00
Dates: Available all Year

Trip Rating :
Difficulty :
Lodging:

Tack: Costa Rican tack
Horses: Criollos
Pace: Moderate with trot and canters, some b...
Walk,Trot,Canter,Gallop,

Airport: San Jose



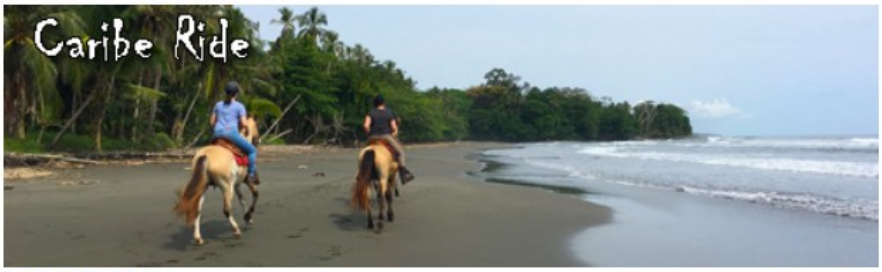












Introduction

Caribbean Coast, Costa Rica
Costa Rica's Caribbean coast feels a world apart from the rest of the country.

Here the pace is slower, the food is spicier, the tropical heat more palpable and then there's that rhythmic reggae music that fills the air! So remote was the Caribbean coast from Costa Rica's population centers in the Central Valley that it naturally developed a unique culture all its own. The original inhabitants of the area included the people of the Bribri, Cabécar, and Kékoldi tribes and these groups still maintain their cultures on indigenous reserves in the Talamanca Mountains today. Here we offer a horseback vacation full of vibrant culture, contrasting landscapes and a true appreciation for the nature around us. Explore the area around the Cahuita National Park, ride across the famous Caribbean beaches and venture inland through the jungle to the highlands. Enjoy lovely canters and ride on interesting jungle trails, where we see baby howler monkeys, sloths, jungle cats and get to know all about the local fauna conservation by the renowned Spanish biologists.

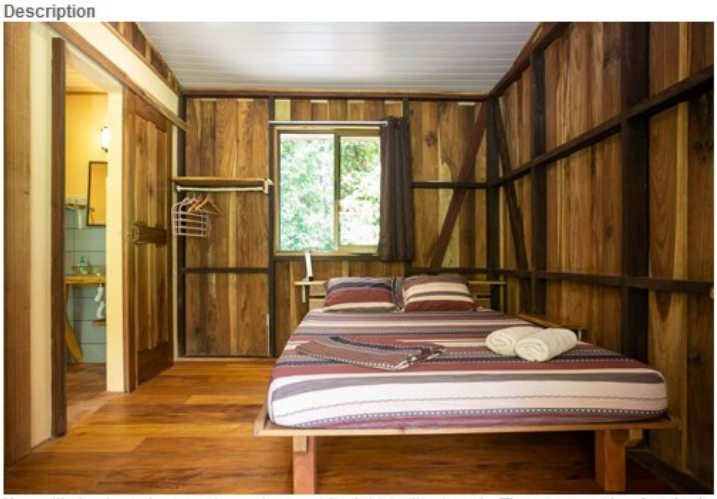
The town of Cahuita and your host Brigitte have a relaxed relationship with traveling folk discovering their beloved Caribbean coast, beaches and protected park land. Here you will find that most of the businesses are still owned by friendly locals and the vibe is very laid-back, keeping an authentic sleepy beach town feel while others grow busier each year with tourists. The black sand beach of Playa Negra is an unusual and ethereal presence and the waters are safe to swim and play in, offering horseback riders and beach bums a chance for some true R&R... Relaxation and Riding!

Accomodation



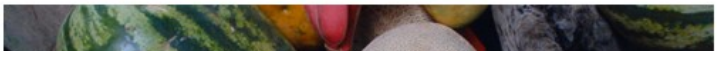
Accommodations
This is a stationary ride, so all nights will be spent in the same location.

Description



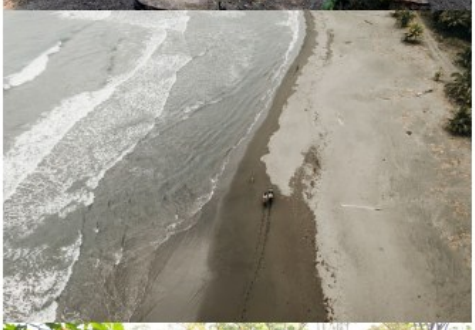
You will stay in a clean and spacious cabin right by the beach. There are cabins for single, double/twin, or triple occupancy. The cabins are all equipped with a private bathroom, kitchen, ceiling fans, a seating area, a terrace, and WIFI access.
Laundry service is available for an additional fee.

An upgrade to a local beach hotel with pool is possible on request (extra fees apply).

















Meals
All breakfast and lunches are included in the package. Dinners are not included so that you can experience the various offer of local restaurants (we can make some recommendations for you).

The zesty cuisine found in Cahuita is renowned as some of the best in the country. You will get to indulge in homemade Caribbean cuisine, such as Rondon, banana pancakes, el tico caribeno, el surtido, and more! One thing is for certain: food here is different from the traditional gallo pinto and other inland cuisines that dominate mestizo culture. In comparison, Afro-Caribbean food is a fusion of different European cuisine and is characterized by dishes such as jerk—seasoned meats—and curried goat or chicken. Seafood dishes and spice are also customary.

Breakfast is served at the ranch from 7am to 11am.
Lunch is eaten either on tour or at the ranch.
Dinner is always eaten at a restaurant nearby (various options).

Drinks such as coffee, tea, and fresh fruit juices are all available. Alcohol is not included in the trip, however you are free to bring your own.

Dietary Restrictions
We can cater to dietary restrictions if given prior notice.

Riding



Riding
Each riding day includes 3 hours (half day) of riding, usually from 9am or 2pm.

Horses
The horses do not live on the ranch. Instead, they all live on a large meadow with an open stable. They are brought to the ranch every day at 7AM and remain there, depending on the tours, until the afternoon. After that, they get brought back to the meadow.



Itinerary















Sample Itinerary - *subject to changes*

Note: Be sure to bring some cash (US$ or Costa Rican Colon) for some of these extra activities which are paid locally. Our partner would be more than happy to help you schedule your activities -- please coordinate ahead of time to confirm what you would like to do.

Day 1: Arrival
Arrive to the Caribbean Coast. Check in and settle into your private cabin just 150 ft from the beach. Enjoy the beach for a relaxing afternoon - maybe try some surfing or snorkeling.

Day 2-3: Riding
During your stay there are a number of different rides and activities to chose from - all depending on your length of stay:

Beach & Jungle Ride
First we ride over the very scenic Playa Negra (Black Beach) then partway over the village road, towards Playa Grande (Long Beach). This is a really wild, quiet and deserted Caribbean beach, excellent for horseback riding and a nice brisk canter. We then enter into a beautiful tropical forest, where you can see the magnificent toucans and other colorful birds, sloth, howler monkeys and more. Your guide is very knowledgeable about the flora and fauna, so you can learn a lot during the ride. After 1.5 hours of riding we stop for a break. While the horses rest a while in the shade of a tree, Raúl may chop open some coconuts with his impressing machete and everyone gets one with delicious, refreshing coconut water inside to drink. On the way back there are again several nice opportunities for stretched out canters. Then, it is time to go back to the riding center, where you can refresh with a cold drink. On the way back to the lodge you may stop to see some nice boutiques and souvenirs shops there, and have an excellent Caribbean lunch in one of the local restaurants (not included).
Duration: approximately 2-3 hours

Mountain & Indian Village Ride
On this tour you will enjoy a diversity of landscapes. You will ride up in the mountains to discover a hidden Indian village into beautiful nature. On the way, we will have a little break by a river where a guide is waiting for you to take you for a little hike. The view over the Caribbean sea and the rainforest will make you forget about the workout you had to climb this hill. Then, you will enjoy a nice meal before we head back home.
Duration: approximately 4-5 hours

Day 4: Departure
Possible short beach ride before taking the shuttle transfer back to San Jose - drop off in San Jose city.



Non-Riding activities in the area - *extra cost (paid locally)*
Snorkeling, kayaking, surfing, rafting, etc. are all possible for an additional fee. There is also a beach near the cabins with nice white sand by the national park nearby and is very nice to spend time on.
Other activities could be visit to lagoons and river tours to see crocodiles, zip lining, hiking to waterfalls and chocolate tours.
Scuba diving and a lot of other nice beaches are only about a short 30 minutes bus trip to Puerto Viejo.

Surfing Lessons - $60US per person
You don't need to be a professional surfer to experience the thrill of riding a wave. Our instructor is experienced and the Caribbean Sea is gentle with first-time surfers. Don't miss the opportunity! We will provide you with a surf board for the time of your life.
Duration: 1-2 hours

River Kayaking on Tuba Creek - $70US per person
After a 10 minute drive, you will reach the outlet at Tuba Creek. You start your guided kayaking adventure through the lagoons and forest. You will get the opportunity to spot some wildlife on this tour, including birds, iguanas, lizards and many more.

lizards and many more.
Duration: 2-3 hours

Snorkeling & Hiking in Cahuita National Park - $60US per person
After a 5 minute boat ride from Cahuita into the National Park, you will jump into the crystal clear water of the reef. The guide will be nearby to show you the diversity of the corals and find the colorful fishes.
After snorkeling, you will enjoy a little break with some drinks and fruits on the white sandy beach. Before going back to town, you can choose between a guided or unguided hike back to Cahuita throw the park or take the boat.
Duration: about 3 - 4 hours

Night Jungle Tour - $45US per person
This tour is always a surprise. We cannot be sure of what we will meet and see in the dark, however, we can promise that you will see many interesting things. The rest is a surprise!
Duration: approximately 2 hours (starting around 6pm)

Chocolate Tour - $40US per person
The Chocolate tour take place at Finca Indio Desnudo. To start the tour, we enjoy a walk trough the medicinal garden. There, you can learn a lot about different plants that are in the jungle and about the cacao tree. Then we are going to make our own chocolate. Everybody needs to help, you'll be able to taste the fruit during the whole process, starting from fresh cacao and at the end the hot chocolate.
Duration: approximately 1.5 hours

Other Info

Meeting: Cahuita
Airport: San Jose
Train station: Cahuita bus station
Transfer: San Jose by shuttle bus
From San Jose via shuttle bus, public bus, or taxi for an extra fee.

Tack: Costa Rican tack

Horses: Criollos

Pace: Moderate with trot and canters, some beach gallops - 3 hours each riding day

Walk | Trot | Canter | Gallop |

Level:  (2.5 to 3 out of 5) Low Intermedaite

Weight: 220 lbs

Riders: Min 1 riders Max 6 riders

Rates and Dates 2026 - IT-CRSR06

Rates include: Beach cabin accommodation, All breakfasts and lunches & 1 or 2 Riding days (depending on length of stay)

Packages and Options

Season	Description	~US$
A 2026	4 day trip (2 riding days)	$990
B 2026	3 day trip (1 riding day)	$590

Rates Note:
Additional days possible -- please inquire

Transfer Option

Description

2026	Transfer from San Jose by shuttle bus - please inquire	
2026	Private transfer by taxi, per car, one way ~	$275
2026	Special tours/ excursions - please inquire	
2026	Discount for Child younger than 12 yrs -- please inquire	

Tour Dates

Season	Tour Dates		
A 2026	01/01/2026 - 12/31/2026	4d / 3n	4 day trip (2 riding days)
B 2026	01/01/2026 - 12/31/2026	3d / 2n	3 day trip (1 riding day)

Min/Max: 1/6
Arrival can be any day of the week.

Rates do not include:Dinner, Excursions and upgraded tours, Gratuities, Transfers & Additional riding

Reservation Form

Tour : _____ **Code #:** _____ **from:** _____ **to :** _____

The Travelers (Last Name, First Name)	Male Female	Single room / or tent	Birth Date MM/DD/YY	Height	Weight	Special diets	Beginner	Novice	Intermediate	Strong Interm.	Advanced	ride English	ride Western	mostly arena	mostly hacking
1.		☐				☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
2.		☐				☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
3.		☐				☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
4.		☐				☐	☐	☐	☐	☐	☐	☐	☐	☐	☐

Special Diets: _____

Your fitness level: Excellent ☐ Moderate ☐ Poor ☐ How long have you been riding? _____

How often do you ride? _____ Have you been on other riding tours? No ☐ Yes ☐ last trip when? _____

If Hidden Trails offers a transfer from the local airport/station: I would like the transfer to be included: YES ◯ NO ◯

In an emergency, name and phone number of contact: _____

Attention: Please, if there is more than one participant, all have to sign the reservation form - make copies if needed

With my signature I confirm my reservation of the listed program(s) under the Hidden Trails Booking Conditions. I'm aware, and I made all participants aware of the risk involved with these outdoor adventure activities. All participants have read and agree with the Hidden Trails *Booking Conditions* and the Hidden Trails *Recreational Activity Release and Indemnity Agreement* in this brochure or as listed on the Internet.
I (we) will sign and forward the *Recreational Activity Release and* Indemnity Agreement at least 10 weeks before trip starting date.

Last Name and First Name (The Traveler) _____

Street _____ ***e-mail*** _____

City _____ ***State*** _____ ***Postal/Zip Code*** _____

Phone (wk) _____ ***(hm)*** _____ ***Cell*** _____ ***Fax*** _____

Date _____ ***Signature (mandatory)*** 1. _____

Please, charge a 25% deposit (minimum $ 350 per person) now and full payment 10 weeks before the travel date to my credit card.

For payments by VISA ◯ ***or Mastercard*** ◯ (no debit cards)

Cardholder: _____

Card # _____ 3 digit Security # _____

Exp.Date: _____ Signature _____

Billing Address for Credit Card (if different than maling address): _____

I have enclosed a check for the deposit ◯

Additional Signatures:

2. _____

3. _____

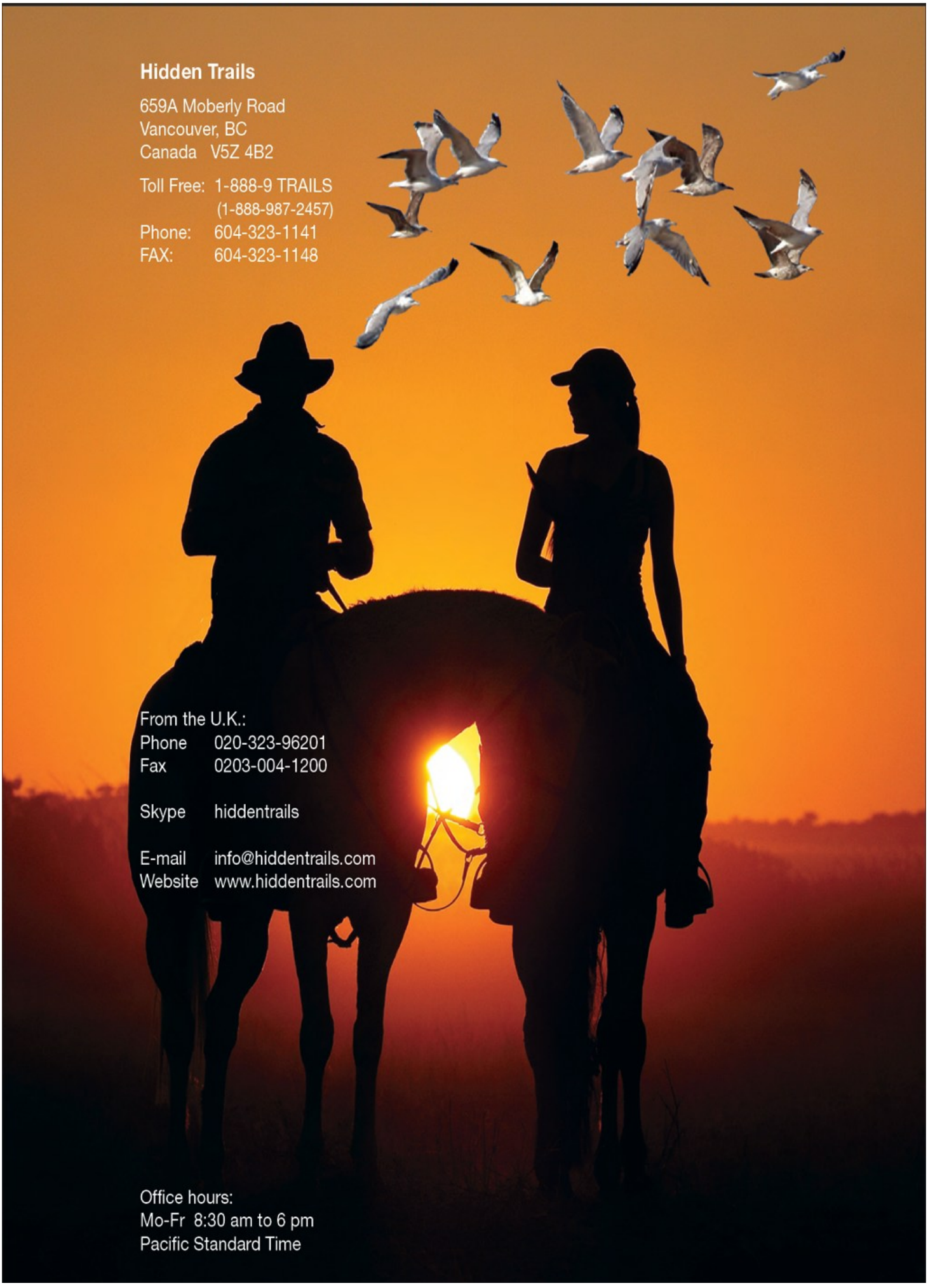
4. _____

Travel Cancellation Insurance Credit Card required

Sign me (us) up ◯ initial _____

No, we will provide our own ◯ initial _____

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Pacific Standard Time