



Hidden Trails

Ph. 1-888-9-TRAILS

*Equestrian Vacations
- on & with Hidden Trails*

About Hidden Trails



Hidden Trails is owned and operated by nature enthusiasts who love horses and adventure activities. We have been involved with riding and other outdoor vacations for over 20 years.

With our partners Voyage du Cheval (France), Pegasus (Germany) as well as Equitour (Switzerland and France) we have collected the best riding destinations all over the world in some hidden places we would like to share with you.

These rides are about galloping on endless beaches, forging rivers, cantering through forests, trotting along age-old trails, gazing at beautiful vistas and encountering foreign cultures. But most of all, these trips are about getting away from the cycle of too much work and never enough free time.

Escape from the rituals, which long ago froze our nights and days into little more than routine and away from the worries of our new tense times. It is so satisfying when we take the plunge of adventure - it's unfortunate that we invent so many reasons to put aside living our dreams of adventure. It is sometimes a tangled web that we weave through life. Some of the threads reveal a work-a-day world of commitments, duties and obligations. Other threads are of a quiet fabric of hope, responsibility and refreshment.

On our adventures you see the real country, its back country and meet the locals. The love for horses has no boundaries but possesses a common language we all speak and understand. The majority of the overseas rides are from inn to inn, some from castle to castle and a few are camping rides.

You will experience new countries and their customs and make new friends. The Hidden Trails trips are the best you can find.

They have been tested by our staff or associates and received our stamp of approval. If you are considering a special riding vacation anywhere in the world, call us first and let our experienced consultants match the perfect trip with your dream.

We will listen to you and give you objective advice to help you choose the best destination and adventure.

Your vacation is the most precious time of the year and we are committed to making it the most memorable time of your life. Wherever you go, have a great time and bring back some peace of mind.

Thank you for your continued support.

Hidden Trails

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Jump & Trail in the Landes - France, Europe

Tour Code: IT-FRAN04
8 days / 7 nights ~\$1,615.00
Dates: Feb-Nov

Trip Rating : ●●●●●
Difficulty : ●●●●●
Lodging : ●●●

Tack: English saddle
Horses: Anglo-Arab and Selle Français
Pace: About 4 hours per day at a moderate pa...
Walk, Trot, Canter, Jumps

Airport: Bordeaux



Introduction

Landes, France

The goal of this clinic is to improve jumping skills and to help achieve harmony between rider and horse: whilst focusing on balance we use a light contact, which is soft, straightforward and most effective for both the rider and its mount. We also aim at making the horse attentive to the rider's commands and allowing participants to confidently tackle various jumps.

We provide an understandable and reliable training method with simple, clear and effective actions. Our lessons can be followed by any competent rider willing to learn more.

The program includes flatwork and jumping lesson in the morning and rides out in the afternoon to discover the beautiful Landes region.

Accommodation

Accommodations

This is a stationary ride, so you will be staying at the same location every night.

Description

You will be staying at the guesthouse beside the riding center. We can accommodate up to 17 people total. Our guesthouse is divided into 3 buildings:

- the main guesthouse building has 4 bedrooms with ensuite facilities.
- the guesthouse's annex building has a big dormitory (capacity of 4-7 people) and 2 shared bathrooms
- the family guesthouse has 3 bedrooms and 1 bathroom

The guesthouse has an outdoor swimming pool and free Wi-Fi access. Laundry can be done for an extra fee.



It is possible to add yoga classes, a relaxing massage or a sauna session for an extra fee, paid locally (please inquire).

If we do not have enough space, riders will stay in a hotel in Mimizan Beach or at another guesthouse close to the riding center.

Room Occupancy

We charge a single supplement fee for solo travelers not willing to share a room with another rider. If you would like to guarantee a double/twin/ single room, additional costs apply.

Meals

This package includes half-board (breakfasts and dinners, from dinner on arrival day to breakfast on departure day).

Breakfast is served at the guesthouse before we head out on our rides.

Dinners are served either at the guesthouse or at local restaurants. We try to offer as much variety to guests as possible.

You can choose to pay for dinners locally (about 26 euros) or you can upgrade to full board for an extra fee.

1/4 liter of wine or soda and coffee is provided during dinners. Other drinks need to be purchased locally.

Dietary Restrictions

We can cater to all dietary restrictions with prior notice. Unfortunately, we cannot cater to vegan diets.

Riding

In order to fully benefit from this clinic, we ask riders to be in excellent physical condition before their stay.



Horses

We have 30 horses (mostly Anglo-Arabs) and 5 ponies. Most of them are born in our family farm. Beauty, blood, intelligence, frankness, kindness, and generosity are the essential qualities we seek in the choice of our horses. Our horses are safe, brave and easygoing; well trained and very well-balanced. They horses live in herds in the outdoors. We take great care in providing horses with a good quality of life.

Staff

Guidance is guaranteed by qualified /certified equestrian guide of tourism (French professional certification: A.T.E., CQP ASA or BPJEPS Tourisme Équestre) having good regional knowledge and willing to let you discover the beauty of this area.

Children

Participants as young as 12 years old can join the ride as long as they are accompanied by an adult. From 15 years old, participants are welcome to join the ride non-accompanied. There are no discounts for children.

Itinerary



Riding lessons are taught by a certified instructor with over 40 years of experience and numerous results in competition with his students at a national level. Riding groups are kept small (between 1 and 5 riders).

Things to keep in mind:

- A rider needs to be in balance in order to clearly communicate with the horse.
- There is no good Jumping horse without good basic training.
- There is no good Jumping rider without understanding of the locomotion and respect of the horse.
- One of the most important aspects of this clinic is navigating between the jumps rather than jumping.

During your stay, you will ride from Monday to Saturday, starting with lessons in the morning (usually from 9 or 10am to noon) and going on trail rides in the afternoon (usually from 4 to 6 or 7pm). It is also possible to exchange the afternoon trail rides for more work in the arena.





Lessons' objectives:

- 1) Improving the rider's jumping position at the 3 basic gaits on flat ground, approaching and passing over jumps.
- 2) Looking for harmony between horse and rider: learning to work on the control of the horse balance, better managing changes of direction, change of pace and change of speed and in accordance with the different types of jumps.
- 3) Better approaching the jumps using various trajectories and working on reception on the right foot (change of foot work).
- 4) Jumping a course of 8 to 10 jumps (less than 1 meter high) by the end of the training program.



Trail rides (in the forest or by the beach) provide a great way to relax and allow for some exercises on the rider's position. During these outings we can also put in practice exercises to better control the pace and direction while jumping small natural fences (also coping with changing grounds).

It is possible to arrange private and/or more advanced jumping lessons (jumps higher than 1 meter) for an extra fee. For the advanced jumping lessons, you will first need to be evaluated by an instructor, so the fee is paid locally (about 150 euros for the full week - price subject to change).

In case you want private lessons, the supplement needs to be paid in advance. Keep in mind that the lessons taken in the arena will be private, but you will still join the group when going outdoors (different groups are created depending on rider level).



Non-Riding activities - inquire for extra cost

- Tennis
- Bicycle
- Swimming pool
- Numerous water sports
- Yoga
- Wellness (sauna & massage)

Other Info

Meeting: Mimizan

Airport: Bordeaux

Train station: Morcenx

Transfer: Bordeaux airport

Distance: 110 km / 68 miles

Pick-up/ drop-off for this trip is from Bordeaux Mérignac Airport (BOD) or Bordeaux train station. Pick-up is scheduled for 4:00pm on Day 1 of the trip, and drop-off at the airport is around 11:30am on the last day.

Tack: English saddle

Horses: Anglo-Arab and Selle Francais

Pace: About 4 hours per day at a moderate pace

Walk | Trot | Canter | Jumps |

Level: 🐾🐾🐾🐾🐾 (3 to 5 out of 5) Intermediate to Advanced

Age: Min 17

Max 65

Weight: 190 lbs / 85 kg

Riders: Min 1 riders

Max 5 riders

Wellness Activities

It is possible to add yoga classes, a relaxing massage or a sauna session for an extra fee, paid locally (please inquire).

Sandrine is our Yoga therapist and Yin Yoga teacher, graduated by Annie AU (Thailand and India). As an energetician, Sandrine offers holistic body re-harmonization treatments (Reiki, Lahochi) as well as Ayurvedic Massages. She also trained in Sono therapy and studied in India with Rajev Pant, an Indian Ayurvedic Master.

Yoga (group or private sessions - time varies)

Yin Yoga is a postural practice of openness for the body and the mind, an invitation to let go and to accept the present. Taking its roots from Taoism and Chinese medicine, Yin Yoga works on the skeleton, by stimulating the meridians. Its specificity is to work in stillness, each posture being held for an average of five minutes, in order to clean the energy channels through acupressure. The bones of the joints, the tendons and the ligaments but also the fascias will be solicited and strengthened. These lessons are often accompanied by reading texts leading to reflection, soft music, or instruments for relaxation.

Sonotherapy Treatment (1h15)

It consist in a full sound massage using Tibetan bowls, therapeutic tuning forks and marma points (Indian Ayurvedic medicine).

Lahochi Energy Treatment (45 min to 1h)

Ultra powerful energy healing treatment and rebalancing of different holistic bodies.

Ayurvedic Massage (1h)

Full body massage from the feet to the scalp, both soft and invigorating, relaxing and energizing. It stimulates circulation, relaxes muscles, softens the skin and calms the nervous system.

Rates and Dates 2026 - IT-FRAN04

Rates include: Accommodation in shared rooms (3-4 riders per room), Half-board (including 1/4 litre of wine or soda and coffee is provided during dinners) & 6 riding days
The riding center provides helmet, sticks and chaps on request

Packages and Options

Season	Description	EUR	~US\$
A 2026	8 day trip - High season	€1345	\$1615
	Single supplement (requested)	€240	\$290
	Double/twin bedroom supplement, pp	€120	\$145
B 2026	8 day trip - Mid season	€1200	\$1440
	Single supplement (requested)	€200	\$240
	Double/twin bedroom supplement, pp	€100	\$120
C 2026	8 day trip - Low season	€1150	\$1380
	Single supplement (requested)	€130	\$155
	Double/twin bedroom supplement, pp - no extra fee	€0	\$0

The US Dollar Rate is based on a EUR Exchange Rate of 1.2 and subject to currency fluctuation

Transfer Option

Description

2026	Transfer from Bordeaux airport or train station, pp, each way	€50	\$60
2026	Pick-from from Morcenx train station (1 pax only)	€40	\$50
2026	Pick-from from Morcenx train station (2+ pax), pp	€20	\$25
2026	Private lessons for the week	€200	\$240
2026	Advanced lessons supplement for the week	€150	\$180
2026	Full board supplement	€190	\$230
2026	5% group discount if 6+ pax booking together		
2026	Non-rider rate in shared room (half board) - please inquire		

Tour Dates

Season	Tour Dates		
B 2026	04/12/2026 - 04/19/2026	8d / 7n	8 day trip - Mid season
B 2026	04/19/2026 - 04/26/2026	8d / 7n	8 day trip - Mid season
B 2026	04/26/2026 - 05/03/2026	8d / 7n	8 day trip - Mid season
B 2026	05/03/2026 - 05/10/2026	8d / 7n	8 day trip - Mid season
B 2026	05/10/2026 - 05/17/2026	8d / 7n	8 day trip - Mid season
B 2026	05/17/2026 - 05/24/2026	8d / 7n	8 day trip - Mid season
B 2026	05/24/2026 - 05/31/2026	8d / 7n	8 day trip - Mid season
B 2026	05/31/2026 - 06/07/2026	8d / 7n	8 day trip - Mid season
B 2026	06/07/2026 - 06/14/2026	8d / 7n	8 day trip - Mid season
B 2026	06/14/2026 - 06/21/2026	8d / 7n	8 day trip - Mid season
B 2026	06/21/2026 - 06/28/2026	8d / 7n	8 day trip - Mid season
A 2026	06/28/2026 - 07/05/2026	8d / 7n	8 day trip - High season
A 2026	07/05/2026 - 07/12/2026	8d / 7n	8 day trip - High season
A 2026	07/12/2026 - 07/19/2026	8d / 7n	8 day trip - High season
A 2026	07/19/2026 - 07/26/2026	8d / 7n	8 day trip - High season
A 2026	07/26/2026 - 08/02/2026	8d / 7n	8 day trip - High season
A 2026	08/02/2026 - 08/09/2026	8d / 7n	8 day trip - High season
A 2026	08/09/2026 - 08/16/2026	8d / 7n	8 day trip - High season
A 2026	08/16/2026 - 08/23/2026	8d / 7n	8 day trip - High season
A 2026	08/23/2026 - 08/30/2026	8d / 7n	8 day trip - High season
B 2026	08/30/2026 - 09/06/2026	8d / 7n	8 day trip - Mid season
B 2026	09/06/2026 - 09/13/2026	8d / 7n	8 day trip - Mid season
B 2026	09/13/2026 - 09/20/2026	8d / 7n	8 day trip - Mid season
B 2026	09/20/2026 - 09/27/2026	8d / 7n	8 day trip - Mid season
B 2026	09/27/2026 - 10/04/2026	8d / 7n	8 day trip - Mid season
B 2026	10/04/2026 - 10/11/2026	8d / 7n	8 day trip - Mid season
B 2026	10/11/2026 - 10/18/2026	8d / 7n	8 day trip - Mid season
B 2026	10/18/2026 - 10/25/2026	8d / 7n	8 day trip - Mid season
B 2026	10/25/2026 - 11/01/2026	8d / 7n	8 day trip - Mid season
C 2026	11/01/2026 - 11/08/2026	8d / 7n	8 day trip - Low season
C 2026	11/08/2026 - 11/15/2026	8d / 7n	8 day trip - Low season
C 2026	11/15/2026 - 11/22/2026	8d / 7n	8 day trip - Low season
C 2026	11/22/2026 - 11/29/2026	8d / 7n	8 day trip - Low season
C 2026	11/29/2026 - 12/06/2026	8d / 7n	8 day trip - Low season
C 2026	12/06/2026 - 12/13/2026	8d / 7n	8 day trip - Low season
C 2026	12/13/2026 - 12/20/2026	8d / 7n	8 day trip - Low season

Min/Max: 1/5

Rates do not include: Lunches, Extra drinks, Gratuities & Transfers from/to Bordeaux or Morcenx

Reservation Form

Tour : _____ **Code #:** _____ **from:** _____ **to :** _____

The Travelers (Last Name, First Name)	Male Female	Single room / or tent	Birth Date MM/DD/YY	Height	Weight	Special diets													
						Special diets	Beginner	Novice	Intermediate	Strong Intern.	Advanced	ride English	ride Western	mostly arena	mostly hacking				
1. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Special Diets: _____

Your fitness level: Excellent Moderate Poor How long have you been riding? _____

How often do you ride? _____ Have you been on other riding tours? No Yes last trip when? _____

If Hidden Trails offers a transfer from the local airport/station: I would like the transfer to be included: YES NO

In an emergency, name and phone number of contact: _____

Attention: Please, if there is more than one participant, all have to sign the reservation form - make copies if needed

With my signature I confirm my reservation of the listed program(s) under the Hidden Trails Booking Conditions. I'm aware, and I made all participants aware of the risk involved with these outdoor adventure activities. All participants have read and agree with the Hidden Trails Booking Conditions and the Hidden Trails Recreational Activity Release and Indemnity Agreement in this brochure or as listed on the Internet.

I (we) will sign and forward the Recreational Activity Release and Indemnity Agreement at least 10 weeks before trip starting date.

Last Name and First Name (The Traveler) _____

Street _____ e-mail _____

City _____ State _____ Postal/Zip Code _____

Phone (wk) _____ (hm) _____ Cell _____ Fax _____

Date _____ Signature (mandatory) 1. _____

Please, charge a 25% deposit (minimum \$ 350 per person) now and full payment 10 weeks before the travel date to my credit card.

For payments by VISA or Mastercard (no debit cards)

Cardholder: _____

Card # _____ 3 digit Security # _____

Exp.Date: _____ Signature _____

Billing Address for Credit Card (if different than mailing address):

I have enclosed a check for the deposit

Additional Signatures:

2. _____
3. _____
4. _____

Travel Cancellation Insurance Credit Card required

Sign me (us) up initial _____

No, we will provide our own initial _____

Hidden Trails

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