

About Hidden Trails



Hidden Trails is owned and operated by nature enthusiasts who love horses and adventure activities. We have been involved with riding and other outdoor vacations for over 20 years.

With our partners Voyage du Cheval (France), Pegasus (Germany) as well as Equitour (Switzerland and France) we have collected the best riding destinations all over the world in some hidden places we would like to share with you.

These rides are about galloping on endless beaches, forging rivers, cantering through forests, trotting along age-old trails, gazing at beautiful vistas and encountering foreign cultures. But most of all, these trips are about getting away from the cycle of too much work and never enough free time.

Escape from the rituals, which long ago froze our nights and days into little more than routine and away from the worries of our new tense times. It is so satisfying when we take the plunge of adventure - it's unfortunate that we invent so many reasons to put aside living our dreams of adventure. It is sometimes a tangled web that we weave through life. Some of the threads reveal a work-a-day world of commitments, duties and obligations. Other threads are of a quiet fabric of hope, responsibility and refreshment.

On our adventures you see the real country, its back country and meet the locals. The love for horses has no boundaries but possesses a common language we all speak and understand. The majority of the overseas rides are from inn to inn, some from castle to castle and a few are camping rides.

You will experience new countries and their customs and make new friends. The Hidden Trails trips are the best you can find.

They have been tested by our staff or associates and received our stamp of approval. If you are considering a special riding vacation anywhere in the world, call us first and let our experienced consultants match the perfect trip with your dream.

We will listen to you and give you objective advice to help you choose the best destination and adventure.

Your vacation is the most precious time of the year and we are committed to making it the most memorable time of your life. Wherever you go, have a great time and bring back some peace of mind.

Thank you for your continued support.

Hidden Trails

Phone: 604-323-1141 Fax: 604-323-1148 Toll Free: 1-888-9-TRAILS from within the USA or Canada or

E-mail: info@hiddentrails.com Website: www.hiddentrails.com

Address

659A Moberly Road, Vancouver BC Canada V5Z 4B3 or 4406 Tennyson Road, Willmington, DE 19802 USA

Toll Free from the U.K.:

Ph: 0-808 189-0420 Fax: 0-808-280-1860

Toll Free Worldwide:

Skype: hiddentrails

A Taste of Provence - France, Europe

Tour Code: IT-FRPV01
7 days / 6 nights ~\$1,760.00
Dates: Feb-Mar & Nov

Trip Rating: ••••
Difficulty: ••••
Lodging: •••

Tack: Western saddles with saddle bags Horses: Camargue horses Pace: Moderate - with walk, trot and some ca... Walk, Trot, Canter,

Airport: Marseille







Introduction

Provence, France

A trail ride in the heart of Provence, country of sunlight and fragrances, at the time of year painters and all artists prefer. Come discover all the landscapes painted by Cezanne. A week dedicated to trail riding in the beautiful Provence landscapes and villages, tasting the Mediterranean food with the local people who have more time to share with you. This is an introduction to the Luberon Regional Nature Park, combined with some interesting sight-seeing and gourmet days.

The discovery of these beautiful landscapes and friendly faces make beginners' fears soon disappear. The kindness of the horses allows a rapid development of the rider in all gaits suitable for trail riding (walk, trot and canter)

French language Course

If you are interested, you will receive two hours of formal French lessons each day, and every effort will be made to speak French with you throughout each day and evening. Total immersion in riding, language and culture!

Accomodation

Accommodations

This is a stationary ride, so you will be staying in the same location each night.

Description

Your host welcome you in their lovely country house in Lauris. Each room has its own theme and decor with airconditioning, a TV, free Wi-Fi access and ensuite facilities. There is an outdoor swimming pool, a Jacuzzi and a sauna that guests are welcome to use.

Room Occupancy

Triple occupancy is available at most accommodations. If not available, we can book one double and a single without the supplement.

If traveling as a single rider willing to share and we don't find anyone to share, then the single supplement will apply.



Meals

Most meals are included in your package (check itinerary for more details) and typical Provençal meals are on the menu.

Breakfast will be provided by the accommodations we stay in.

At lunch, our assistant will prepare a substantial buffet, a barbecue by a mountain stream or a refreshing salad followed by a nap before leaving again. If there are less than 5 riders, lunch will be taken with you in saddle bags. In the evening, everyone meets around the table to discover local food - or should we say "cuisine" - don't count on losing any weight.

Wine is included with lunch and dinner for the standard accommodations. Wine is \underline{not} included with dinner for the luxury accommodations.

Dietary Restrictions

We can cater to dietary restrictions with prior notice.

Riding

Riding Level

In order to make the most of the ride, we require riders to be at ease with walk, trot and canter, in outdoor riding.

Pace







This program includes 5 riding days depending on the option you choose. You will ride an average of 5 hours every day (about 2-3 hours in the morning and again 2-3 hours in the afternoon). The pace will vary according to the terrain

Itinerary



Sample Itinerary - subject to changes

Please, note that the 5-day program starts on Monday morning (meeting at 9am in Lauris) and ends on Friday after the ride (around 5pm).

Day 1 (Sunday): Arrival

After airport or train collection, riders will gather at your lovely French Farm House late in the afternoon. Introduction to your accommodation, an aperitif in front of the fire place, and a presentation of the ride will mark the start of your week in Provence.

Meals included: Dinner

Overnight at Les Gargoulettes in Lauris

Day 2 (Monday): Introductory Trail Ride

In the morning, meet your equine partner and "get acquainted" on an introductory trail ride in the vineyards surrounding the Farm. Enjoy a French lunch on the grounds of the Farm. In the afternoon the group leaves for another one hour and a half hour ride into the rolling hills of the Luberon Mountain range. You will see White Oaks, olive trees and the great perfume filled countryside of Provence. This area was home to the shooting of two very famous Provencal movies of French culture, "Jean de Florette" and "Manon de Sources" adapted from the novels of the famous author, Marcel Magnol. The movies will be played at the farm after the dinners during the week if you wish to view.

Meals included: Breakfast, Lunch & Dinner

Overnight at Les Gargoulettes in Lauris

Day 3 (Tuesday): Luberon & Durance

Morning ride between the Luberon and Durance mountains: along vineyards, fields of olive trees, almond trees, cherry trees, peach trees ...

We will go back to the equestrian center for lunch. In the afternoon, we ride in the scented trails of the Luberon, among thyme, sage, rosemary.

Dinner and overnight at the guesthouse.

Meals included: Breakfast, Lunch & Dinner Overnight at Les Gargoulettes in Lauris

Day 4 (Wednesday): Durance River Ride

Today, you will ride to the Durance river bank for a lovely picnic lunch with aperitif, cheeses, salads, local pies, local wines and coffee. Riding down the hills, you will discover the entire Durance Valley, and take a glimpse at the village of Lauris, perched on the cliff. The ride back will be an easy ride through lovely agricultural landscape. You will discover the rich soil that permits this area to have the best production of wine, asparagus, olives, truffles, cherries, apricots, melons, and many other of the Provence treasures!

Meals included: Breakfast, Lunch & Dinner

Overnight at Les Gargoulettes in Lauris

Day 5 (Thursday): Luberon Ridges

This morning, we head to the Luberon ridges. We will stop for a picnic lunch in a beatiful cedar forest. You will be able to enjoy views over the "mont Ventoux", called the "Giant of Provence" as well as the Southern Alps. Return through a valley to the equestrian center. Dinner and overnight at the guesthouse.

Meals included: Breakfast, Lunch & Dinner

Overnight at Les Gargoulettes in Lauris

Day 6 (Friday): Lourmarin Visit & Wine Tasting Ride

This morning you will visit the famous Provencal village of Lourmarin, This is where Peter Mayle – the Author of "A Year in Provence", used to live.

After your free lunch (not included) in the village, you will go on your last ride to a local cellar producing "Cotes du Luberon". This little family cellar has been promoted by Robert Parker, the famous American Wine Writer. Don't drink too much, just enjoy the tastes, before once again riding through the nice pine tree forests and bringing your horse home to the pasture in the woods, where they will have a weekend rest.

Meals included: Breakfast & Dinner

Overnight at Les Gargoulettes in Lauris

Day 7 (Saturday): Departure

After breakfast, around 9:30 am transportation to train station or airport is organized. Meals included: Breakfast







Non Rider

Non-riding companions are welcome to join this trip. It is best to have a car in order to do some sightseeing while the rest of the group explores on horseback.

Other Info

Meeting: Lauris Airport: Marseille

Train station: Aix-en-Provence

Transfer: Marseille Airport or Aix-en-Provence Train Station

Distance: 45 miles

Pick-up / drop-off for this trip is available from Aix-en-Provence TGV train station, Aix-en-

Provence central train station or Marseille airport.

Tack: Western saddles with saddle bags

Horses: Camargue horses

Pace: Moderate - with walk, trot and some canters, 3 to 5 riding hours per day

Walk | Trot | Canter |

Level: (3 to 3 out of 5) Intermediate
Age: Min 12 Max 80

Weight: 200 lbs / 90 kg

Riders: Min 1 riders Max 4 riders

New Year in Provence

New Year's Eve in Provence

A ride to finish the year riding under the famous sun of Provence. Day orhalf day rides in the Luberon Regional Nature Park, in the forests or along vineyards, olive and other fruit trees. Hot picnics will be brought by our assistant. You will come back every night to le Mas de Recaute to enjoy theaperitive with Didier, your host, in front of the fire place. You will apreciate dinners prepared by our chef Gaël. And for the New Year eve, a memorable Provencal dinner and party.

Day 1 (December 27th 2020): Arrival

After airport or train collection, riders will gather at the "Mas de Recau-te" your lovely French Farm Home late in the afternoon. Introduction to your accommodation, an aperitif in front of the fire place, and presentation of the ride will mark the start of your week in Provence. Dinner at the host's table.

Meals included: Dinner Overnight at Mas de Recaute

Day 2 (December 28th 2020): Introductory Ride & Wine Tasting

A short hack to get you in the saddle in the hills around the Mas (Provincial farm). In the afternoon we go on a conducted tour of a cellar and a tasting of wines of "Côtes du Luberon". Back to the farmhouse, you will enjoy a rest in front of the fire place before the dinner prepared by our chef.

Riding 4 hours (2 hours in the morning and 2 hours in the afternoon)

Meals included: Breakfast, Lunch & Dinner

Overnight at Mas de Recaute

Day 3 (December 29th 2020): Durance River Ride

Today, you will ride to the Durance river bank for a lovely picnic lunch with aperitif, cheeses, salads, local pies, local wines and coffee. Riding down the hills, you will discover the entire Durance valley, and take a glimpse at the village of Lauris, perched on its cliff. The ride back will be an easy ride through agricultural landscape. You will discover the rich soil that permits this area to get the best production of: wine, asparagus, olives, truffles, cherries, apricots, melons ... the Provence treasures!

Meals included: Breakfast, Lunch & Dinner

Overnight at Mas de Recaute

Day 4 (December 30th 2020): Ride to Bonnieux

Take off for a two day trail ride. Horses transfer in truck up to the plateau of the Claparèdes: Bories, little sheds in stones, and lavender fields. Head back following the "Gorges d'Aiguebrun, a famous site for its climbing cliffs. Picnic next to from the superb stoned Bonnieux village. Back at Mas de Recaute at the end of the afternoon. Meals included: Breakfast, Lunch & Dinner Overnight at Mas de Recaute

Day 5 (December 31st 2020): Bonnieux to Lourmarin

Second day trail ride. Take off to Lourmarin, one of the most beautifull village of the Luberon ... and of France. Picnic at the foothill. Then, go up the cretes, where you can discover the Mediterannean sea far to the south and the Alps to the north. Back at the truck for the transfer up to the Mas de Recaute.

Meals included: Breakfast, Lunch & Dinner

Overnight at Mas de Recaute

Day 6 (January 1st 2021): Sightseeing & Half-Day Ride

Half day off or morning trip in the minibus around the Luberon regional nature park: Lauris, Lourmarin, An-souis.



Lunch in Lourmarin. Afternoon ride in the pine tree hills and along olive trees, vineyards and other fruit trees with a stop in a cave for a wine tasting. Provençal dinner.

Meals included: Breakfast, Lunch & Dinner

Overnight at Mas de Recaute

Day 7 (January 2nd 2021): Departure Departure after breakfast. Meals included: Breakfast

Rates and Dates 2024 - IT-FRPV01

Rates include: Standard accommodations, Most meals with wine for lunch and dinner, 5 riding days, Wine tastings & Transfers from/to Marseille airport or Aix en Provence train station at set times.

Packages and Options

Season	Description	EUR	~US\$
A 2024	7 day trip (2-3 pax shared bedroom)	€1600	\$1760

The US Dollar Rate is based on a EUR Exchange Rate of 1.1 and subject to currency fluctuation

Rates Note:

It is possible to book extra nights before or after the tour - please inquire

Transfer Option

Description

	Free transfer from/to Marseille Airport or Aix-en-Provence Train Station at set times Non-rider 50% discount		
2024	Taxi transfer from/to Aix-en-Provence TGV station, one way, per car (3-4 pax)	€130	\$145
2024	Taxi transfer from/to Aix-en-Provence central train station, one way, per car (3-4 pax)	€100	\$110
2024	Taxi transfer from/to Marseille airport, one way, per car (3-4 pax)	€150	\$165
2024	Single supplement	€400	\$440
2024	Small group supplement (3 pax only), pp	€225	\$250
2024	Small group supplement (2 pax only), pp	€555	\$610
2024	Solo rider supplement (1 pax only), pp	€1235	\$1360

Tour Dates

Season	Tour Dates		
A 2024	02/04/2024 - 02/10/2024	7d / 6n	7 day trip (2-3 pax shared bedroom)
A 2024	02/11/2024 - 02/17/2024	7d / 6n	7 day trip (2-3 pax shared bedroom)
A 2024	02/18/2024 - 02/24/2024	7d / 6n	7 day trip (2-3 pax shared bedroom)
A 2024	02/25/2024 - 03/02/2024	7d / 6n	7 day trip (2-3 pax shared bedroom)
A 2024	03/03/2024 - 03/09/2024	7d / 6n	7 day trip (2-3 pax shared bedroom)
A 2024	03/10/2024 - 03/16/2024	7d / 6n	7 day trip (2-3 pax shared bedroom)
4 2024	03/17/2024 - 03/23/2024	7d / 6n	7 day trip (2-3 pax shared bedroom)
4 2024	03/24/2024 - 03/30/2024	7d / 6n	7 day trip (2-3 pax shared bedroom)
4 2024	11/03/2024 - 11/09/2024	7d / 6n	7 day trip (2-3 pax shared bedroom)
A 2024	11/10/2024 - 11/16/2024	7d / 6n	7 day trip (2-3 pax shared bedroom)
4 2024	11/17/2024 - 11/23/2024	7d / 6n	7 day trip (2-3 pax shared bedroom)
A 2024	11/24/2024 - 11/30/2024	7d / 6n	7 day trip (2-3 pax shared bedroom)

Min/Max: 1/4

Rates do not include:Lunch on day 6, Beverages outside of mealtime & Gratuities.

Reservation Form

Tour:	Code #:	from:	to :							
The Travelers (Last Name, First Name)	Male Female Single room / or tent Birth Date MM/DD/YY	Height Weight	56 4 4 4 6 4 6 4 6 4 6 4 6 4 6 6 6 6 6 6							
1.										
2.										
3.										
4.										
Special Diets:										
Your fitness level: Excellent Moderate Poor How long have you been riding?										
How often do you ride?	Have you been on othe	riding tours? No	Yes last trip when?							
If Hidden Trails offers a transfer from the local airport/station: I would like the transfer to be included: YES () NO ()										
In an emergency, name and phone number of	f contact:									
Attention: Please, if there is more than one participant, all have to sign the reservation form - make copies if needed										
With my signature I confirm my reservation of the listed program(s) under the Hidden Trails Booking Conditions. I'm aware, and I made all participants aware of the risk involved with these outdoor adventure activities. All participants have read and agree with the Hidden Trails Booking Conditions and the Hidden Trails Recreational Activity Release and Indemnity Agreement in this brochure or as listed on the Internet. I (we) will sign and forward the Recreational Activity Release and Indemnity Agreement at least 10 weeks before trip starting date. Last Name and First Name (The Traveler)										
Stree <u>t</u>		e-mai <u>l</u>								
City	State_		Postal/Zip Code							
Phone (wk) (hm)	Cel		Fax							
		NAME OF THE OWNER, WHEN THE OW								
Date	Signature (mandato	y) <u>1.</u>								
Please, charge a 25% deposit (minimum \$ 350 per person) now and full payment 10 weeks before the travel date to my credit card. Additional Signatures:										
For payments by VISA () or Mastercard	(no debit cards)	2.								
Cardholder:		3.								
Card #	igit Security #	4.								
Exp.Date: Signature										
Billing Address for Credit Card (if different than	maling address):		ellation Insurance Credit Card required							
***************************************		100.0	p initial							
I have enclosed a check for the deposit () No, we will provide our own () initial										

Hidden Trails Ltd. 659A Moberly Road Vancouver, BC V5Z 4B3 FAX: 604-323-1148 Phone: 604-323-1141

