

About Hidden Trails



Hidden Trails is owned and operated by nature enthusiasts who love horses and adventure activities. We have been involved with riding and other outdoor vacations for over 20 years.

With our partners Voyage du Cheval (France), Pegasus (Germany) as well as Equitour (Switzerland and France) we have collected the best riding destinations all over the world in some hidden places we would like to share with you.

These rides are about galloping on endless beaches, forging rivers, cantering through forests, trotting along age-old trails, gazing at beautiful vistas and encountering foreign cultures. But most of all, these trips are about getting away from the cycle of too much work and never enough free time.

Escape from the rituals, which long ago froze our nights and days into little more than routine and away from the worries of our new tense times. It is so satisfying when we take the plunge of adventure - it's unfortunate that we invent so many reasons to put aside living our dreams of adventure. It is sometimes a tangled web that we weave through life. Some of the threads reveal a work-a-day world of commitments, duties and obligations. Other threads are of a quiet fabric of hope, responsibility and refreshment.

On our adventures you see the real country, its back country and meet the locals. The love for horses has no boundaries but possesses a common language we all speak and understand. The majority of the overseas rides are from inn to inn, some from castle to castle and a few are camping rides.

You will experience new countries and their customs and make new friends. The Hidden Trails trips are the best you can find.

They have been tested by our staff or associates and received our stamp of approval. If you are considering a special riding vacation anywhere in the world, call us first and let our experienced consultants match the perfect trip with your dream.

We will listen to you and give you objective advice to help you choose the best destination and adventure.

Your vacation is the most precious time of the year and we are committed to making it the most memorable time of your life. Wherever you go, have a great time and bring back some peace of mind.

Thank you for your continued support.

Hidden Trails

Phone: 604-323-1141 Fax: 604-323-1148 Toll Free: 1-888-9-TRAILS from within the USA or Canada or

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Address

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Toll Free from the U.K.:

Ph: 0-808 189-0420 Fax: 0-808-280-1860

Toll Free Worldwide:

Skype: hiddentrails

Colorful Umbria - Italy, Europe

Tour Code: IT-GOITUM1 8 days / 7 nights ~\$2,025.00 Dates: April to October

Trip Rating:

Tack: English and trekking saddles / Western

Horses: Anglo Arab, Arabia, Spanish & Italian ...

Pace: Approx. 3-6 hours in the saddle each r...
Walk, Trot, Canter,

..-..

Airport: Perugia airport





Introduction

Umbria, Italy

Visiting Umbria on horseback will not leave you disappointed. The Umbrian countryside offers magnificent landscapes (including, fields of wildflowers, forests, plains and rolling hills), making it a rural region ideally explored from the back of a horse.

This riding tour takes place around the city of Spoleto, near the "sacred wood" of Monteluco. Spoleto is one of the most fascinating art cities of Umbria. Built in 90 BC, it maintains an intact medieval structure as well as evident influences from the Roman era.

Accomodation



Accommodations

This is a stationary ride, so all nights are spent at the same location.

escription

Overnight in a farmhouse located a few kilometers away from the beautiful city of Spoleto. The property is surrounded by unspoiled nature.

You will be accommodated in one of the 5 fully furnished apartments (capacity of up 2 to 6 people each). All the apartments enjoy a view of the surrounding mountains and are equipped with a heating system as well as free Wi-Fi



Guests also have access to an outdoor swimming pool.

Room Occupancy

In case you are a solo traveler, the single supplement fee is mandatory.







Meals

All meals are included from dinner on day 1 to breakfast on the last day.

Picnic lunches feature fresh bread, salad, cheeses, olives, cold cuts and local specialties, Dinners consists of tasty home recipes.

Dietary Restrictions

We can usually cater to most dietary restrictions with prior notice.

Riding



The stables has over 70 horses, including Anglo-Arabs and sure-footed Maremma horses. All of them are well schooled and responsive, so that experienced riders can be sure of finding a good mount, but novice and nervous riders will also feel safe and comfortable.

Itinerary



Sample Itinerary - subject to changes

Please, note that the itinerary below is to be considered indicative. It may be subject to variations due to weather conditions or circumstances beyond our control.

It is possible to do a shortened version of this itinerary starting on Wednesday (5 days / 4 nights). It is possible to have half board with free dinners.

* In August, our special program includes a full day ride in the beautiful flower-covered valley of Castelluccio di Norcia

Arrival at Spoleto train station and transfer of about 20 minutes to the Equestrian Center (transfers also possible from Perugia airport on request).

You are accommodated at the riding center. Welcome dinner in the evening. Meals included: Dinner

Overnight at Riding center near Spoleto

Day 2: Valle San Martino

After breakfast, assignment of the horses followed by an introduction ride so that everyone gets to know and becomes familiar with their horses. We will descend from the plateau and ride through the chestnut woods of Valle San Martino. You will have time to admire the sumptious centuries-old trees with their onarled trunks. These trees have provided chestnuts to many generations of locals. You will also discover the wild cyclamen and other flowers that grow in the woods. Several sections of the route are perfect for a gentle canter, on the way to the picturesque village of Strettura.

On the way back, we will see the church of San Pietro Martire, a small chapel located in the middle of nowhere, still used by some faithful locals from the surrounding villages. Return to the stables in time for lunch. Free afternoon.

Riding approx. 3 hours

Meals included: Breakfast, Lunch & Dinner

Overnight at Riding center near Spoleto

Day 3: Monte Fionchi Ride

Today will be more demanding but a lot of fun. The terrains and landscapes are varied along our 35 km track. Through winding paths across the woods, we will reach the small town of Torrecola, before meeting a delightful stone church and heading towards some wider paths.

Then, we will start our long but gentle climb to Monte Fionchi (1300 m). At the top, a huge mountain meadow awaits, where riders can restore themselves by drinking fresh spring water. A tasty picnic will be served in a meadow close to the Church of Sant'Antonio.

The return journey will take us through the wild and breathtaking landscape of the Valnerina, passing through abandoned villages clinding to the sides of the mountains or lying on the hills.

Riding approx. 5-6 hours (35 km)

Meals included: Breakfast, Lunch & Dinner

Overnight at Riding center near Spoleto

Day 4: Mount Acetella Ride

Our ride for the day has many opportunities for those who want to canter with truly spectacular views

From the stables, we will head towards the medieval town of Montebibico, through the chestnut groves that surround it. From there, a series of paths, which run alongside small farmhouses, gently head towards the foot of Mount Acetella, today's destination.

Along these paths there are many possibilities to canter, without forgetting to stop and enjoy the wonderful views. In the distance you can admire the peaks of the nearby massifs and the village of Montebibico. We will then climb up to the top of Monte Acetella, with again jaw-dropping scenery.

We will return to the stables via other trails, in time for lunch.

Free afternoon.

Riding approx. 3 hours

Meals included: Breakfast, Lunch & Dinner

Overnight at Riding center near Spoleto

Day 5: Pianella Ride

Pianella is the destination of today's excursion. On the way, we will ride through the woods and along paths that will take us down into a hidden valley where we will stop to admire the delightful village of Castagnacupa, whose stone houses have recently been restored. From here, we will go past a wonderful Romanesque church and through other woods, before reaching a beautiful shaded meadow, where, having placed the horses in the post office, we will stop to eat.

After lunch, we will head towards the ancient village of Pompagnano, and then go back to the stables along hilly paths. Before arriving to the stables, we will stop in the splendid village of Catinelli, which stands on a rock massif.

Riding approx. 5-6 hours (35 km)

Meals included: Breakfast, Lunch & Dinner

Overnight at Riding center near Spoleto

Day 6: Butterfly Park Ride

This morning, we ride through a magnificent property called "La Tenuta dello Schioppo", commonly known as the Butterfly Park.

The wide paths are perfect to speed up our pace. Everywhere you look, you can enjoy splendid views of the

mountains, valleys and villages nestled in the hills.

In a small wood clearing, we will stop for an aperitif. During the months of May and June, these woods are

carpeted with wild strawberries.

Return to the stables and free afternoon that can be used to enjoy relaxation or to visit Spoleto and its surroundings (for those who do not have a car we can organize transfers at extra for a fee).

Riding approx. 3 hours Meals included: Breakfast, Lunch & Dinner

Overnight at Riding center near Spoleto

Day 7: Monastery of Battiferro Ride

For our last day in the saddle, we will go to the now uninhabited Monastery of Battiferro.

Leaving the stables behind us, we will cross the village of Montebibico and continue along paths and mule tracks until we reach the mountain village of Cecalocco, and, again through vast chestnut groves, the small village of Battiferro, still inhabited, despite its isolated position.

Then, a path through the woods will lead us to the monastery, located on a promontory with a magnificent view of the Valnerina. Here, we will stop to enjoy a well-deserved packed lunch, before returning to the stables through a different itinerary.

Tonight a goodbye aperitif will be waiting for us.

Riding approx. 5 hours (35 km)

Meals included: Breakfast, Lunch & Dinner

Overnight at Riding center near Spoleto

Day 8: Departure

Breakfast and transfer to the Spoleto train station.

Other Info

Meeting: Acqualacastagna Airport: Perugia airport Train station: Spoleto Transfer: Spoleto train station

Distance: 65 km

Transfers are included from/to Spoleto train station. Transfers can be arranged from the

Perugia airport on request for an extra fee.

Tack: English and trekking saddles / Western saddles on request

Horses: Anglo Arab, Arabia, Spanish & Italian Saddle Horse

Pace: Approx. 3-6 hours in the saddle each riding day

Walk | Trot | Canter |

Level: (2.5 to 5 out of 5) Low Intermediate to Advanced

Age: Min 14
Weight: 198 lbs / 90 kg

Riders: Min 3 riders

Max 8 riders

Rates and Dates 2024 - IT-GOITUM1

Rates include: Accommodation, All meals, Transfers from/to Spoleto train station & 6 riding days

Packages and Options

Season	Description	EUR	~US\$
A 2024	8 day trip (High)	€1840	\$2025
	Single supplement	€210	\$230
B 2024	8 day trip (Low)	€1670	\$1840
	Single supplement	€210	\$230
C 2024	5 day trip Special	€1070	\$1180
	Single supplement	€120	\$130

The US Dollar Rate is based on a EUR Exchange Rate of 1.1 and subject to currency fluctuation

Transfer Option

Description

2024	Transfers included from/to Spoleto train station		
2024	Transfer possible from/to Perugia airport for extra fee - please inquire		
2024	Non-rider discount - please inquire		
2024	Registration fee, pp (mandatory)	€45	\$50

Season	Tour Dates			
B 2024	04/13/2024 - 04/20/2024	8d / 7n	8 day trip (Low)	
B 2024	05/15/2024 - 05/22/2024	8d / 7n	8 day trip (Low)	
B 2024	06/01/2024 - 06/08/2024	8d/7n	8 day trip (Low)	
A 2024	06/29/2024 - 07/06/2024	8d/7n	8 day trip (High)	
A 2024	07/20/2024 - 07/27/2024	8d / 7n	8 day trip (High)	
A 2024	08/24/2024 - 08/31/2024	8d/7n	8 day trip (High)	
B 2024	09/07/2024 - 09/14/2024	8d / 7n	8 day trip (Low)	

Min/Max: 3/8

Custom departure on request from April to October (min 4 pax) Shorter package (5d/4n) possible on request

Rates do not include: Registration fee (mandatory), Drinks & Gratuities

Reservation Form

Tour:	Code #:	from:	to :
The Travelers (Last Name, First Name)	Male Female Single room / or tent Birth Date MM/DD/YY	Height Weight	4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4
1.			
2.			
3.			
4.			
Special Diets:			
Your fitness level: Excellent Moderate	Poor How lo	ng have you beer	riding?
How often do you ride?	Have you been on othe	r riding tours? No	Yes last trip when?
If Hidden Trails offers a transfer from the local	al airport/station: I wou	ld like the transfe	r to be included: YES NO
In an emergency, name and phone number of	f contact:		
Attention: Please, if there is more than one p	participant, all have to sig	gn the reservation	form - make copies if needed
I made all participants aware of the risk involumnth the Hidden Trails Booking Conditions and brochure or as listed on the Internet. I (we) will sign and forward the Recreational Actual Name and First Name (The Traveler)	d the Hidden Trails Recreated Indeed Activity Release and Indeed	eational Activity R	elease and Indemnity Agreement in th
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