

Hidden Trails

Ph. 1-888-9-TRAILS

*Equestrian Vacations
- on & with Hidden Trails*

About Hidden Trails

Hidden Trails is owned and operated by nature enthusiasts who love horses and adventure activities. We have been involved with riding and other outdoor vacations for over 20 years.

With our partners Voyage du Cheval (France), Pegasus (Germany) as well as Equitour (Switzerland and France) we have collected the best riding destinations all over the world in some hidden places we would like to share with you.

These rides are about galloping on endless beaches, forging rivers, cantering through forests, trotting along age-old trails, gazing at beautiful vistas and encountering foreign cultures. But most of all, these trips are about getting away from the cycle of too much work and never enough free time.

Escape from the rituals, which long ago froze our nights and days into little more than routine and away from the worries of our new tense times. It is so satisfying when we take the plunge of adventure - it's unfortunate that we invent so many reasons to put aside living our dreams of adventure. It is sometimes a tangled web that we weave through life. Some of the threads reveal a work-a-day world of commitments, duties and obligations. Other threads are of a quiet fabric of hope, responsibility and refreshment.

On our adventures you see the real country, its back country and meet the locals. The love for horses has no boundaries but possesses a common language we all speak and understand. The majority of the overseas rides are from inn to inn, some from castle to castle and a few are camping rides.

You will experience new countries and their customs and make new friends. The Hidden Trails trips are the best you can find.

They have been tested by our staff or associates and received our stamp of approval. If you are considering a special riding vacation anywhere in the world, call us first and let our experienced consultants match the perfect trip with your dream.

We will listen to you and give you objective advice to help you choose the best destination and adventure.

Your vacation is the most precious time of the year and we are committed to making it the most memorable time of your life. Wherever you go, have a great time and bring back some peace of mind.

Thank you for your continued support.

Hidden Trails

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Central Apennine Mountains Ride - Italy, Europe

Tour Code: IT-ITMC01
8 days / 7 nights ~\$1,650.00
Dates: May, July & October

Trip Rating : ●●●●●
Difficulty : ●●●●●
Lodging : ●●●

Tack: Western
Horses: Quarter, Haflinger, Appaloosa, Paint a...
Pace: Ride at all paces. 5.5 riding days 5-6...
Walk, Trot, Canter,

Airport: Naples



Introduction

Abruzzo/Molise, Italy

If you enjoy the captivating scenery of the mountains and the inviting culture of Italy, look no further than the Central Apennine Mountains Ride!

Our trek takes you through the second highest municipality in Italy and around the Central Apennine Mountain range. Prepare yourself for exciting climbs and breathtaking views (up to 5,235ft) that has you feeling like you are on top of the world! From the top of Monte Campo, you will get sights of Alto Molise and the Abruzzo, Colle dekk'Orso, the Matese, and the Mainarde! We have our trustworthy horses to thank for carrying us up the mountains and letting us experience the wonders of nature from horseback. Perfect for those who want a bit more diversity in their landscape, this trip also takes you through valleys, meadows, and forests of silver firs- one even protected by UNESCO as it contains a 5-year old beech tree. These areas give us the opportunity to stretch our legs a bit more and have some thrilling canters. Two nights will be spent in Capracotta. The name of this village literally means "cooked goat". We'll visit a hunting lodge which used to belong to the royal family of the Bourbons, but is a museum nowadays. Then the route leads to "il Re Faione".

You'll be staying at various accommodations along the way, selected for their character and hospitality. In Italy you never have to worry about going hungry! Our guide used to own a restaurant and has an amazing taste for food! All locally-sourced restaurants, your palate will be dancing with flavours! This ride is sure to please any rider looking for adventure with thrilling views!

Accommodation



Accommodations

This is a progressive ride so nights will be spent in different accommodations.

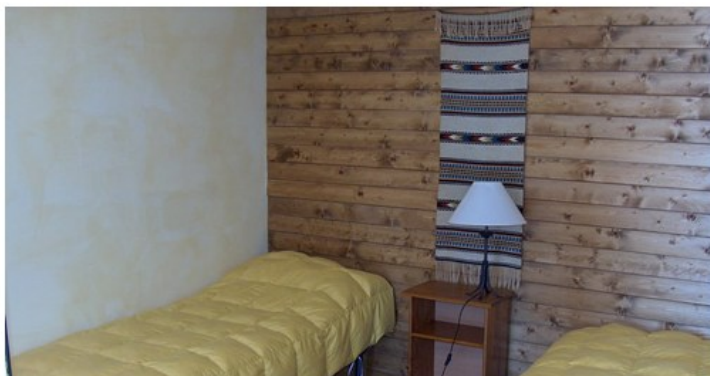
Description

Three nights are spent at the farmhouse, four nights are spent in various rural hotels, and one night at an Agriturismo.

All accommodations except the farmhouse have private bathrooms. Most of the accommodations do have WIFI access on this trip. There are no laundry facilities available on this trip.

Accommodation Itinerary - subject to changes based on availability

Night 1, 2, & 7: Farmhouse
Night 3 & 4: Hotel in Capracotta
Night 5: B&B in San Pietro Avellana
Night 6: Agriturismo near Roccasicura





Farmhouse near Carovilli

Your host welcomes you in his farmhouse, dating from 1885, which is at an elevation of about 3,000 feet (a little over 900m). The house is on the edge of a forest and overlooks a beautiful valley.

The house is not very big, but can comfortably accommodate for up to 8 riders. It has been completely renovated in 2003. There are three guestrooms (two double and one dormitory accommodating six) and two bathrooms. Guests can relax in the living room, by the fireplace.

If you prefer more privacy, we can arrange for a room (with private bath) in the nearby B&B (8 minutes by car) for an extra charge.

B&B in Capracotta

This B&B offers great views over the surrounding mountains thanks to its high elevation: about 1 421 meters above water (about 4,662 ft). It has comfortable bedrooms that all come equipped with a TV, free Wi-Fi, heating and private facilities.

B&B in San Pietro Avellana

This lovely yellow house is located in the center of the small mountain village. It offers spacious bedrooms; all fitted with a TV, free Wi-Fi access, a private bathroom and a balcony. There is also a small patio where guest can relax and enjoy the dolce vita.

Agriturismo near Roccasicura

The house is a beautiful stone building that was recently restored. It offers great views over the valley below. The 6 bedrooms all feature a unique decor and they all have private facilities. There is free Wi-Fi access at this property.

Room Occupancy

If we are unable to find another rider to share the room with you, a single supplement fee applied. Single room accommodations are subject to availability.



Meals

All meals are included for this trip from dinner on Day 1 to breakfast on Day 8.

You can be assured that at all these destinations you will be comfortable and very well fed. The food is wonderful with great care being taken to provide local specialties cooked with fresh ingredients. Carmine used to own a restaurant and this is apparent from the wonderful recipes he shares with his guests. The tiramisu is the very best!

You will never go hungry here! Our own testers called the food 'imaginative and delectable' and 'original and sumptuous'!

Breakfast is usually 'continental'. Expect a lot of delicious pasta, salads, cheese, and bread. You will also taste the juiciest, sweetest tomatoes with fresh mozzarella, tasty salami, and other delights like tiramisu and fresh peaches.

Lunchtime often consists of salami, cheese, and bread picnic-style, accompanied with a glass of crisp wine.

Wines and beers are included during meals. All other drinks must be paid for.

Fund for refreshments and snacks

For the trek we collect Euro 50 per person to go into a mutual fund for refreshments on our way plus drinks and snacks other than at meals.

Dietary Restrictions

We can cater to all dietary restrictions with prior notice.

Special diet requirement (other than Vegetarian) is additional charge -- please inquire.

Riding





Riding Level

Riders must be at least intermediate level to attend this ride. This means you are able to control a horse at ALL gaits, can mount and dismount unassisted, and are in good physical condition. There are areas where you will need to dismount and lead your horse. Therefore, you need to be in good shape. We ride with western tack but experience in western-riding is not required.

Pace

The ride includes 5.5 riding days with long days in the saddle (5-6 hours). The horses have to climb and go down a lot. Therefore, the pace is generally not very fast. However, in the plateaus and in the valleys we make long canters. The safety of the rider and that of the horse is of paramount importance to us!

Horses

The horses have been selected for their character, looks, and intelligence. The horses are willing and easy-going. They were all born in the mountains, so they are very reliable.

All year-long, they live in a herd which makes them a close group- besides, most of them are related in some way or the other. They can choose from the paddocks around the house or the stable, which is at a distance of 30 feet from the house.

The horses are trained gently and with a lot of patience.

Staff

Carmine is a certified guides FISE (Federazione Italiana Sport Equestre). He speaks Italian and English.

Age Restriction

We require all riders to be 12 years if traveling with and adult or 16 years if traveling alone.

Itinerary



Sample Itinerary - subject to changes

Day 1 (Saturday): Arrival

We will pick you up from the Isernia train station for 8:00pm and drive you to the farmhouse. After a welcome drink there will be dinner with your host/guide. A three-course Italian dinner will be served every night, accompanied by local wines.

Meals included: Dinner

Overnight at the Farmhouse

Day 2 (Sunday): Introductory Ride

The morning is yours. You may sleep in, take your time over breakfast, do whatever you like. Before lunch there is a safety-briefing. Then we groom and saddle up the horses, followed by a short demonstration in western riding. After lunch we do a test-ride (three hours) to enable you to get acquainted with the horse you are going to ride on the trek.

Meals included: Breakfast, Lunch & Dinner

Overnight at the Farmhouse

Day 3 (Monday): Ride to Capracotta

At about 10 A.M. we leave the house. Today's destination is Capracotta. This little village (500 inhabitants) is situated at 5200 feet, which makes it one of the highest municipalities in Italy. Curiously the name literally means "cooked goat".

Before lunch we ride through endless fields. After 2.5 hours it is time for a delicious picnic. After this we make a lengthy canter through a long valley. At the end Capracotta dooms up, but it will take about two hours of riding to get there. We are staying in a hotel and dinner is at a restaurant.

Meals included: Breakfast, Lunch & Dinner

Overnight at a Hotel in Capracotta

Day 4 (Tuesday): Ride to Prato Gentile

Today we will make a day-ride and climb "il Monte Campo". The highest point is at 5235 feet. From here, we get a gorgeous view of "Alto Molise" and the Abruzzo. We follow small paths along the slope of the mountain until we reach our picnic place. After this, we follow cross-country skiing slopes, which lead through a wood of silver firs. A little later, we arrive at Prato Gentile, which literally means "kind meadow". In the afternoon, we descend to Capracotta and ride through an open landscape with many meadows. The night will be spent at the same hotel, but dinner is at a different restaurant

but dinner is at a different restaurant.
Meals included: Breakfast, Lunch & Dinner
Overnight at a Hotel in Capracotta

Day 5 (Wednesday): Capracotta to San Pietro Avellana

After a few canter, we follow a gravel road, which gradually goes uphill. The horses enjoy their breathing space while we riders enjoy the view of four different mountain ranges, namely the Colle dell'Orso, the Matese, the Mainarde and the national Park of Abruzzo.

After the picnic, the trail leads us into the direction of the little village San Pietro Avellana. We spend the night at a B&B in the town. Outside the village we leave the horses in a field where we have to make a paddock with electric wire.

Meals included: Breakfast, Lunch & Dinner
Overnight at a B&B in San Pietro Avellana

Day 6 (Thursday): San Pietro Avellana to Littorio's "agriturismo"

After a short ride we pass Montedimezzo, which used to belong to the royal family of the Bourbons. Nowadays, this former royal hunting lodge is a museum. The forest around it is protected by UNESCO. Worldwide this organization protects 256 forests. Four of them are located in Italy; two of which in Molise. We pass this forest and later we reach a Tratturo (Celano-Foggia) which we follow for a while. Mario, a friend of our guide, will invite us to his place for the picnic lunch.

After this, it will take 2 hours before we arrive at Littorio's "Agriturismo", where we sleep and leave the horses in the paddocks.

Meals included: Breakfast, Lunch & Dinner
Overnight at a Agriturismo near Roccasicura

Day 7 (Friday): Ride back to the Farmhouse

After breakfast we follow part of the Tratturo Castel di Sangro-Lucera. A Tratturo is a 2000 years old track that is still used to move cattle from the far south where grass is scarce in summer. Around midday, we reach Pescocolaniano. Here we stop for lunch, which will be served at a little restaurant.

In the afternoon, we climb the hills that border on the forest of Collemelucio. This is the other forest protected by UNESCO. The project is called Man and Biosphere (MAB).

The last few miles on horseback take us over open heath land and dense oak-woods. At about 5 P.M. we are back at the farm-house, unsaddle the horses for the last time and enjoy the farewell dinner.

Meals included: Breakfast, Lunch & Dinner
Overnight at the Farmhouse

Day 8 (Saturday): Departure

Departure after breakfast. Drop-off is at 8:00 AM.

Meals included: Breakfast

Due to weather or other unforeseen circumstances the program may have to be adapted.

Other Info

Meeting: Carovilli

Airport: Naples

Train station: Isernia

Transfer: Isernia Train Station

Distance: 124km / 77 miles

Pick-up included from Isernia train station for 8:00pm on Day 1. Drop-off on last day at 8:00am.

Tack: Western

Horses: Quarter, Haflinger, Appaloosa, Paint and cross breeds. 1 Freiburger

Pace: Ride at all paces. 5.5 riding days 5-6 hours per day in the saddle. Due to the mountainous terrain there are also long stretches of walking only.

Walk | Trot | Canter |

Level: 🐾🐾🐾🐾 (3 to 4 out of 5) Intermediate

Age: Min 12

Weight: 190 lbs / 85 kg

Riders: Min 5 riders

Max 8 riders

Rates and Dates 2026 - IT-ITMC01

Rates include: Accommodations, All meals with wine and beer, 5.5 riding days, Luggage transport, Taxes & Transfer from/to Isernia train station at set times
There are about 6 extra rain coats which can be borrowed. First come, first served!

Packages and Options

| Season | Description | EUR | ~US\$ |
|--------|-------------|-------|--------|
| A 2026 | 8 day trip | €1500 | \$1650 |

The US Dollar Rate is based on a EUR Exchange Rate of 1.1 and subject to currency fluctuation

Transfer Option

Description

| | | | |
|------|--|------|-------|
| 2026 | Transfer from/to Isernia train station included at set times (20:00h pickup, 08:00 drop-off) | | |
| 2026 | Snacks and drinks fee (mandatory) - estimated cost | €50 | \$55 |
| 2026 | Single supplement | €280 | \$310 |
| 2026 | Surcharge for riders over 85 kilos | €150 | \$165 |
| 2026 | Special diet requirement (other than Vegetarian) is additional charge -- please inquire | | |

Tour Dates

| Season | Tour Dates | | |
|--------|-------------------------|---------|------------|
| A 2026 | 05/09/2026 - 05/16/2026 | 8d / 7n | 8 day trip |
| A 2026 | 06/13/2026 - 06/20/2026 | 8d / 7n | 8 day trip |
| A 2026 | 10/17/2026 - 10/24/2026 | 8d / 7n | 8 day trip |

Min/Max: 5/8

Rates do not include: Gratuities; Snacks and drinks between meals (a collective Euro 50 per rider is to be paid locally to purchase these for the group); Drinks ordered after meals additional charge; Special diet other than Vegetarian is additional charge

Reservation Form

Tour : _____ **Code #:** _____ **from:** _____ **to :** _____

| The Travelers (Last Name, First Name) | Male Female | Single room / or tent | Birth Date MM/DD/YY | Height | Weight | Special diets | | | | | | | | | | | | |
|--|--------------------------|-----------------------------|------------------------|--------|--------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| | | | | | | Special diets | Beginner | Novice | Intermediate | Strong Intern. | Advanced | ride English | ride Western | mostly arena | mostly hacking | | | |
| 1. | <input type="checkbox"/> | <input type="checkbox"/> | | | | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. | <input type="checkbox"/> | <input type="checkbox"/> | | | | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. | <input type="checkbox"/> | <input type="checkbox"/> | | | | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. | <input type="checkbox"/> | <input type="checkbox"/> | | | | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Special Diets: _____

Your fitness level: Excellent Moderate Poor How long have you been riding? _____

How often do you ride? _____ Have you been on other riding tours? No Yes last trip when? _____

If Hidden Trails offers a transfer from the local airport/station: I would like the transfer to be included: YES NO

In an emergency, name and phone number of contact: _____

Attention: Please, if there is more than one participant, all have to sign the reservation form - make copies if needed

With my signature I confirm my reservation of the listed program(s) under the Hidden Trails Booking Conditions. I'm aware, and I made all participants aware of the risk involved with these outdoor adventure activities. All participants have read and agree with the Hidden Trails Booking Conditions and the Hidden Trails Recreational Activity Release and Indemnity Agreement in this brochure or as listed on the Internet.

I (we) will sign and forward the Recreational Activity Release and Indemnity Agreement at least 10 weeks before trip starting date.

Last Name and First Name (The Traveler) _____

Street _____ e-mail _____

City _____ State _____ Postal/Zip Code _____

Phone (wk) _____ (hm) _____ Cell _____ Fax _____

Date _____ Signature (mandatory) 1. _____

Please, charge a 25% deposit (minimum \$ 350 per person) now and full payment 10 weeks before the travel date to my credit card.

For payments by VISA or Mastercard (no debit cards)

Cardholder: _____

Card # _____ 3 digit Security # _____

Exp. Date: _____ Signature _____

Billing Address for Credit Card (if different than mailing address):

I have enclosed a check for the deposit

Additional Signatures:

2. _____
3. _____
4. _____

Travel Cancellation Insurance Credit Card required

Sign me (us) up initial _____

No, we will provide our own initial _____

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