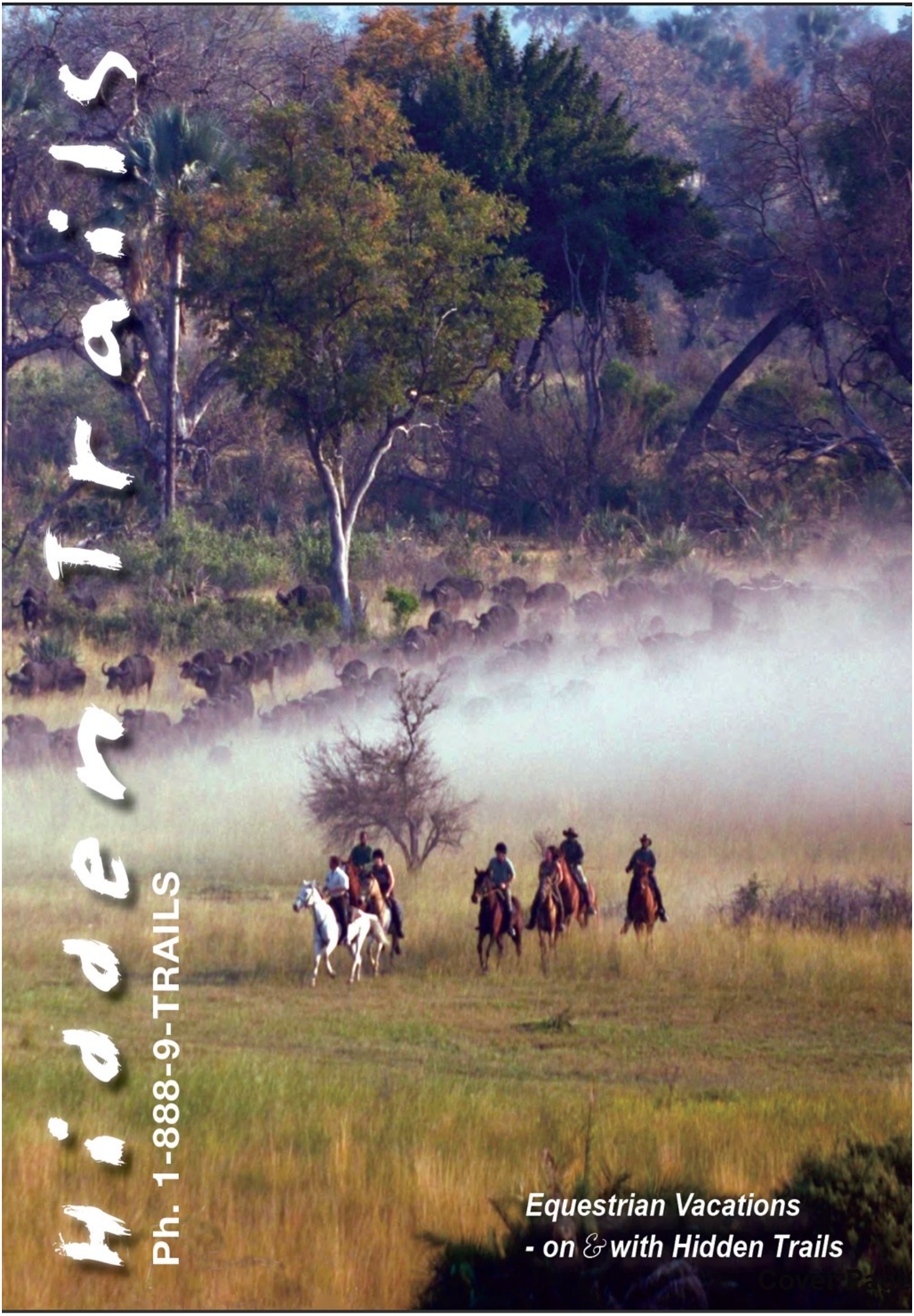

Hidden Trails
Ph. 1-888-9-TRAILS
Equestrian Vacations
- on & with Hidden Trails

About Hidden Trails



Hidden Trails is owned and operated by nature enthusiasts who love horses and adventure activities. We have been involved with riding and other outdoor vacations for over 20 years.
With our partners Voyage du Cheval (France), Pegasus (Germany) as well as Equitour (Switzerland and France) we have collected the best riding destinations all over the world in some hidden places we would like to share with you.

These rides are about galloping on endless beaches, forging rivers, cantering through forests, trotting along age-old trails, gazing at beautiful vistas and encountering foreign cultures. But most of all, these trips are about getting away from the cycle of too much work and never enough free time.

Escape from the rituals, which long ago froze our nights and days into little more than routine and away from the worries of our new tense times. It is so satisfying when we take the plunge of adventure - it's unfortunate that we invent so many reasons to put aside living our dreams of adventure. It is sometimes a tangled web that we weave through life. Some of the threads reveal a work-a-day world of commitments, duties and obligations. Other threads are of a quiet fabric of hope, responsibility and refreshment.

On our adventures you see the real country, its back country and meet the locals. The love for horses has no boundaries but possesses a common language we all speak and understand. The majority of the overseas rides are from inn to inn, some from castle to castle and a few are camping rides.
You will experience new countries and their customs and make new friends. The Hidden Trails trips are the best you can find.

They have been tested by our staff or associates and received our stamp of approval. If you are considering a special riding vacation anywhere in the world, call us first and let our experienced consultants match the perfect trip with your dream.
We will listen to you and give you objective advice to help you choose the best destination and adventure.

Your vacation is the most precious time of the year and we are committed to making it the most memorable time of your life. Wherever you go, have a great time and bring back some peace of mind.

Thank you for your continued support.

Hidden Trails
Phone: 604-323-1141
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Toll Free: 1-888-9-TRAILS
from within the USA or Canada or

E-mail: info@hiddentrails.com
Website: www.hiddentrails.com

Address:
659A Moberly Road, Vancouver BC Canada V5Z 4B3 or
4406 Tennyson Road, Willmington, DE 19802 USA

Toll Free from the U.K.:
Ph: 0- 808 189-0420
Fax: 0-808-280-1860

Toll Free Worldwide:
Skype: hiddentrails

Alta Tuscany Castle Ride - Italy, Europe

Tour Code: IT-ITSR05
8 days / 7 nights ~$2,395.00
Dates: Apr to Nov

Trip Rating : ●●●●●
Difficulty :
Lodging:

Tack: English
Horses: Mixture of local Thoroughbred and Warm...
Pace: Moderate with trots and canters. Rider...
Walk,Trot,Canter,Gallop,Jumps

Airport: Rome Fiumicino













Introduction

Lazio, Italy
Make a handsome 17th century castle and its "borgo" your home while befriending a reliable and beautiful horse. Enter Alta Tuscia, one of the less inhabited Italian regions waiting for you to explore its reaches. Your riding days will be spent in the territory surrounding Castle Cristina, a centuries old castle estate still owned by the ancient and noble Caterini family, whose new generation with a passion for horses has turned the premises into an enchanting resort with an equestrian flair.

Encased in between Southern Tuscany and Umbria, the land is rich with endless historical and archaeological sites with ancient pasts! This area, cradle of the ancient Etruscan civilization, was later named Ducato di Castro and during the Renaissance belonged to the pope's son, Pierluigi Farnese for over a century between '500 and '600.

View the many tombs, towns, palaces and castles scattered about the countryside while horseback riding along the "Brigands Path" an old track once used by the local outlaws trying to avoid the law, some two hundred years ago! With your faithful equine partner, you will cross beautiful vineyards and olive trees with breathtaking views of Lake Bolsena and ride through lovely chestnut woods and into the open, empty plains.

In Alta Tuscia there is an old passion and tradition for the horse and the local cowboys known as the "butteri" regard them as their closest friends. Hospitality is warm and simple, but truly authentic of a region still relying on agriculture as its main income. Whenever possible, every long excursion will stop halfway at one of the delicious resident restaurants or "trattoria" where tasty and bona fide local recipes are served! During your downtime at the castle, lounge in the 2 lovely swimming pools and sunbathe or play a lively game of tennis on the resident courts and even challenge your mate at ping-pong! Mini-soccer and billiards complete the activities available, and if you are lucky, you may even have the Count invite you to share a drink and a personal tour of the tower!

Accomodation

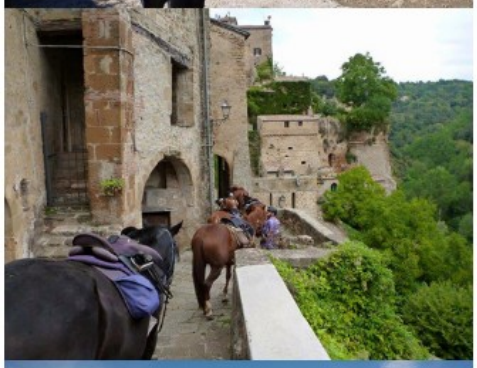


Accommodations
This is a stationary ride, so you will be staying in the same location during the trip.

Description
Just below the castle stands a handsome 18th Century farmhouse, the original centre of the estate's farming activities. The farmhouse has been skillfully converted with careful attention to conserving authenticity together with comfort and privacy, in a pleasant combination with communal living. The large farm now contains eight charming apartments and 14 double bedrooms (no twin rooms available) furnished with original pieces and all equipped with private bathroom and free Wi-Fi access.
The ground floor of the farm house opens onto the main terrace, which overlooks the swimming pool. On the ground floor there is a large "taverna" with brick vaulted ceilings. The space is divided into three main areas: dining room, billiard room, ping-pong room, plus a large kitchen available for all the guests and equipped for cooking courses.
We also have a washer and dryer that guests can use for a small fee.














The outdoor pool is open from June 1st to September 30th. There is a tennis court as well as Volleyball courts, mini football pitch, and Jacuzzi on site.

Room Occupancy
If we are unable to find another rider to share the room with you, a single supplement fee applied.
Single room accommodations are subject to availability.



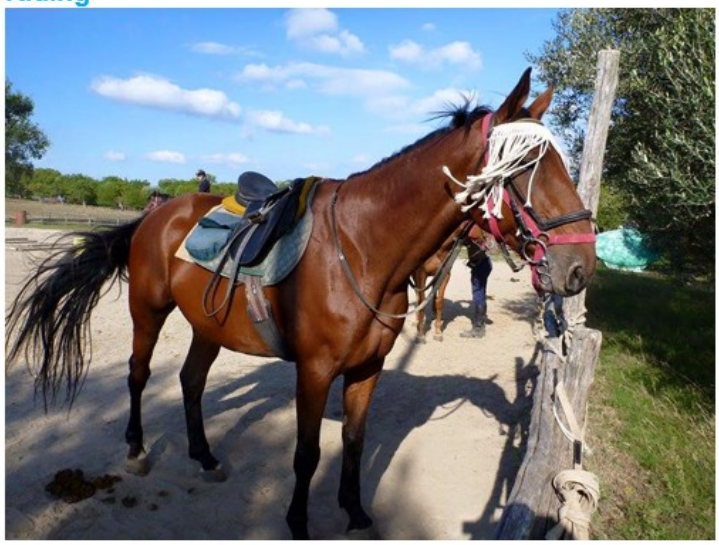
Meals
All meals are included for this trip.
We prepare local traditional food, like lasagna, handmade pasta with ragù, roll meats.
Dinners will be served either in local restaurants or at the castle estate.

Some wine is included with lunch and dinner.

Please note:
At our Equestrian Centre Refreshment Point, the following beverages are not included in the fixed menu price and will be charged separately at check-out:
- coffee, cappuccino, chamomile, tea
- extra water (beyond what is included in the menu)
- beer, extra wine, spritz, digestifs

Dietary Restrictions
We can cater to all dietary restrictions with prior notice.

Riding



Riding
This trail includes 5 riding days: 1 full day (4-5 hours) & 4 half days (2-3 hours). You can also add a 50-min private lesson to your package for 40€ pp.
This trip can suite all riding levels from beginners (lessons in the arena) to experts. Excursions in the countryside on medium / long distances require rider's ability to control the horse at the three gaits, including canter.
The overall pace of the ride us moderate with trots and canters.

Horses
Our horses have been selected for their attitude and breed. We have 20 horses at the moment that come from a wide range of breeds including: Italian Maremmano and Murgese, German, Dutch, French, Anglo Arab and cross breeds. They are our most important partners that we take a lot of pride in.
Most of the year, they live outside in the large paddocks with shelters. We also have a stables area with boxes and comfortable shelter when the weather is bad or the horses are ill and need to recover.

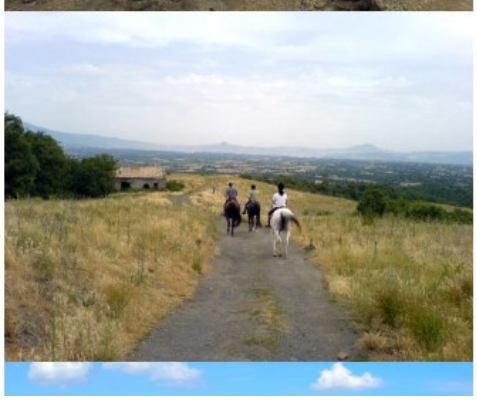












Around the castle, there are 100 hectares of green, sheltered fields where the horses are left free to graze. They definitely lead a good life.
We do our best to choose the best horse for our guest according to their level.

Riding Equipment
Helmets and body protectors of different sizes are available for our guests so that they can ride safely.
Some boots of different sizes are provided but if you have your own boots and helmets it is advisable to bring your own.
All guests MUST wear a helmet!

Facilities
Two large sand arenas are available for our guests to test their skills. The ground is made of volcanic sand, typical of the area. One arena is used mainly for the flat work and the other larger arena is used for show jumping. The flatwork arena is also lit with floodlights. At the opposite side of the castle we have created a 2.000 m cross-country course with beautiful wooden jumps and soft reliable ground.

Staff
Antonio is an ENGEA equestrian guide as well as the owner of the estate. He has several years of experience, riding, training and keeping horses in the countryside. He believes that the new methods of training such as Monty Roberts' and Pat Parelli have improved enormously the relation between humans and horses and our horses are benefiting from that. His knowledge of the trails of the area as well as his passion for horses and for this place will make your trip really special.
Kylie is our Kiwi guide and instructor. She has been riding all her life. After graduating university, she decided to combine her love of horses with her passion for travel and became a horse trekking guide in various countries including Australia, England, Greece, Chile, Egypt and Spain.

Insurance
Insurance covering horse riding accidents is mandatory. You have to tell the booking office in advance if you are uninsured. If you have no insurance, please consider that we need at least a 48 hours' notice for activating one for you.

Non-Riding Activities
The estate has many other activities to offer to non-riding guests such as cooking classes, cycling, tennis, swimming and massages. There are also a number of attractions that are located in close proximity to the estate. Please, inquire for more information.



Itinerary



Please note that riding programs could be subject to changes or cancellation according to weather conditions or horses health problems.

It is possible to adapt this program for beginner or less experienced riders. This program includes 6 lessons or easy trail rides.

Sample Itinerary - *subject to changes*

Your program includes 5 riding days (1 full day and 4 half-days) and 1 day with no riding activities. Half-Day trails can be replaced by a 1-hour lesson.
Please, note that there will be no full day rides in July and August due to high temperatures. During these months, the program will include 6 half day trails.

Day 1 (Saturday): Arrival
Afternoon check in, welcome drink & briefing with guide/instructor about riding and accommodation details and choice of the horses for the days ahead, enjoy your first dinner.



Meals included: Dinner
Overnight at the Castle

Day 2 (Sunday): Panoramic Ride
We go on a half-day ride towards the hills framing the west plateau on which the castle is located. A fantastic spot for a breathtaking view of the area; from the beautiful crater of Lake Bolsena to the hills surrounding lake Mezzano.
Riding approx. 18 km
Meals included: Breakfast, Lunch & Dinner
Overnight at the Castle

Day 3 (Monday): Mezzano Lake Ride
Today, we ride through farmland on the Brigands Path into the wooded hills which surround Onano. On our way, we glimpse stone pine trees atop an ancient Etruscan site, before arriving on the flat plain of the Mezzano crater. We stop at the Fra Viaco farm restaurant for lunch and you can take a refreshing swim in the crystal clear waters of the lake.
After a delicious meal, we ascend through ancient chestnut woods to arrive back at the castle.
Riding approx. 32 km
Meals included: Breakfast, Lunch & Dinner
Overnight at the Castle

Day 4 (Tuesday): Sightseeing (no riding)
This day is free for you to explore the region. There are many interesting archaeological and historical sites. A few suggestions include the village fortresses of Pitigliano, Sorano and Sovano. It is also definitely worth visiting the marvellous Italian gothic church of Orvieto - Civita di Bagnoregio, known as the 'Dying Town'.
Alternatively you can choose to relax at the castle and take advantage of the swimming pool, tennis court, indoor and outdoor games.
Meals included: Breakfast, Lunch & Dinner
Overnight at the Castle

Day 5 (Wednesday): Lake Bolsena Ride
We will be heading out along the Brigands Trail towards the picturesque Lake Bolsena. This is a fantastic spot with breathtaking views of the area stretching from the beautiful crater of Lake Bolsena on one side, to the hills surrounding Lake Mezzano on the other side. On a clear day you can see the sea 40 km away, shimmering like a mirror.
As you head back along this ancient 'outlaws highway' you will pass through mature oak woodlands dotted with original farm dwellings built in the traditional tufo rock.
Meals included: Breakfast, Lunch & Dinner
Overnight at the Castle

Day 6 (Thursday): Onano Ride
Once again, this morning, we take the Brigands path, heading north through the hills towards Onano. This fortified village with a medieval castle was the stronghold of the Monaldeschi family, who ruled this area during the Middle Ages.
After passing by the Madonna delle grazie church, we will follow the track north through enchanting countryside, in order to get back to the castle.
Riding approx. 20 km
Meals included: Breakfast, Lunch & Dinner
Overnight at the Castle

Day 7 (Friday): Crater Ride
Following an old Etruscan trail, we will ride up through thick woods to the top of the crater surrounding lake Bolsena. Here, we will enjoy remarkable scenery including vineyards, Etruscan tombs, the prominent volcanic lake and the panorama dominated by the famous Farnese palace in Gradoli; a gift made by the Pope in 1500!
We will return to the castle riding through the vineyards, vegetable gardens and enchanting woods. In particular, we will enjoy a canter across a tunnel made by oak trees above an old shepherds path
Riding approx. 16 km
Meals included: Breakfast, Lunch & Dinner
Overnight at the Castle

Day 8 (Saturday): Departure
Departure after breakfast, say your good byes! Transfer to Orvieto train station or Rome Airport (transfers at extra cost) or depart by rental car!
Checkout is usually between 10am-12pm, although a late checkout can be arranged subject to availability.
Meals included: Breakfast



Extra Activities Nearby (added fee)

Boat Rental at Lake Bolsena (max 5 people per boat)
Lake Bolsena is a volcanic caldera lake supplied entirely from the aquifer, rainfall and runoff. A Caldera is a cauldron-like hollow formed following the evacuation of a magma chamber as opposed to a Crater which forms following an eruption around a volcanic vent. Roman records indicate activity of the Vulsini volcano occurred as recently as 104 BC but it has been dormant since then. The two islands in the southern part of the lake were formed by underwater eruptions following the collapse that created the caldera.

Wine Tour (20€ pp + transfer service - approx. 70€ per car)
The vineyards are located precisely on the slopes of the spur of tufaceous rock on which Sovana is perched, immersed in a breath-taking natural and archaeological panorama. The property was acquired by the Antinori family in 1995 and extends over 193 hectares (some 480 acres) on a gently sloping terrain of volcanic origin with a tufaceous sub-soil. It is situated at approximately 200 meters (660 feet) above sea level. The Fattoria Aldobrandesca wine premiered in summer 1998: Aleatico 1997. In 2004 premiered Vie Cave: the fruit of lands of widely varying features and careful zonal and oenological research.

Spa Visit (inquire for rate)
The medieval village of Sorano is famous for its ancient springs. Recent hydro-geological research has confirmed the existence of an important flow of thermal water, enhancing the value of the ancient springs located above the church of Santa Maria dell 'Aquila. This natural treasure is now used to feed a large thermal pool, with a special area reserved for children and including two waterfalls. This allows guests to benefit from a natural hydro-massage all year round. The water, rich in calcium, magnesium and bicarbonate, emerges from the springs at a temperature of 37.5°C. Today, guests can enjoy the benefits of this thermal water in the unique surroundings of the Sorano Thermal Springs Residence.



Onsite Non-Riding Activities (included)
- Swimming pool open from 9 am to 8 pm from June 1st to September 30th
- Game room with pool table, table tennis and table football

Onsite Non-Riding Activities (for added fee -- please inquire)
- Tennis court
- E-bikes rental
- Massages are available upon request and according to our availability (extra cost - please inquire), any day from 9 am to 7 pm
- Yoga - min 5 pax required
- Cooking lesson (available on Monday, Tuesday, Wednesday, or Friday)

Other Info

Meeting: Grotte di Castro
Airport: Rome Fiumicino
Train station: Orivieto train station
Transfer: Orvieto- best to rent a car or take taxi from Orvieto
Distance: Rome 145 km/ 25 km from Orvieto
Best to rent a car!
Transfers available from Fiumincino or Ciampino airports in Rome, or Orvieto train station between 10:00am to 6:00pm for an extra fee. Check-in to your room after 2:00pm, no later than 7:30pm.

Tack:	English	
Horses:	Mixture of local Thoroughbred and Warmblood crosses, with ponies available for childrer or small adults.	
Pace:	Moderate with trots and canters. Riders must be capable of posting trot and 2 point sea while cantering.	
Walk | Trot | Canter | Gallop | Jumps |		
Level:	(1 to 4 out of 5)	Beginners to Expert
Age:	Min 14	Max 70
Weight:	200 lbs / 90 kg	
Riders:	Min 1 riders	Max 6 riders
	Riding helmets are mandatory for this ride.	

Rates and Dates 2026 - IT-ITSR05

Rates include: Accommodations, All meals, Welcome drink and guided tour of the castle & 5 riding days (1 full day + 4 half days)
Helmets and body protectors of different sizes as well as some boots of different sizes can be provided

Packages and Options

Season	Description	EUR	~US$
A 2026	8 day trip (High)	€1995	$2395
	Single supplement	€440	$530
B 2026	8 day trip (Low)	€1865	$2240
	Single supplement	€305	$365

The US Dollar Rate is based on a EUR Exchange Rate of 1.2 and subject to currency fluctuation

Transfer Option

Description

2026	Transfer from/to Fiumicino airport (taxi), return, per car (max 2 pax)	€420	$505
2026	Transfer from/to Orvieto train station (taxi), return, per car (max 2 pax)	€180	$215
2026	10% off for groups of 6 pax or more		
2026	E-bike rental (half-day), pp	€30	$35
2026	Guided cycling excursion with bike, pp (min 2 pax)	€90	$110
2026	Wine tasting, pp	€30	$35
2026	Bolsena Lake boat rental	€150	$180
2026	Non-rider discount, dbl, pp		
2026	Discount for Beginner Option (6 lessons or easy treks), dbl, pp - please inquire		

Tour Dates

Season		Tour Dates		
A	2026	04/01/2026 - 04/06/2026	8d / 7n	8 day trip (High)
B	2026	04/07/2026 - 04/30/2026	8d / 7n	8 day trip (Low)
A	2026	05/01/2026 - 05/03/2026	8d / 7n	8 day trip (High)
B	2026	05/04/2026 - 06/14/2026	8d / 7n	8 day trip (Low)
A	2026	06/15/2026 - 09/14/2026	8d / 7n	8 day trip (High)
B	2026	09/15/2026 - 11/07/2026	8d / 7n	8 day trip (Low)

Min/Max: 1/6
Usually from Saturday to Saturday but we are flexible when possible.

Rates do not include:Insurance (mandatory), Gratuities & Transfers

Reservation Form

Tour : _____ **Code #:** _____ **from:** _____ **to :** _____

The Travelers (Last Name, First Name)	Male Female	Single room / or tent	Birth Date MM/DD/YY	Height	Weight	Special diets	Beginner	Novice	Intermediate	Strong Interm.	Advanced	ride English	ride Western	mostly arena	mostly hacking
1.		☐				☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
2.		☐				☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
3.		☐				☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
4.		☐				☐	☐	☐	☐	☐	☐	☐	☐	☐	☐

Special Diets: _____

Your fitness level: Excellent ☐ Moderate ☐ Poor ☐ How long have you been riding? _____

How often do you ride? _____ Have you been on other riding tours? No ☐ Yes ☐ last trip when? _____

If Hidden Trails offers a transfer from the local airport/station: I would like the transfer to be included: YES ◯ NO ◯

In an emergency, name and phone number of contact: _____

Attention: Please, if there is more than one participant, all have to sign the reservation form - make copies if needed

With my signature I confirm my reservation of the listed program(s) under the Hidden Trails Booking Conditions. I'm aware, and I made all participants aware of the risk involved with these outdoor adventure activities. All participants have read and agree with the Hidden Trails *Booking Conditions* and the Hidden Trails *Recreational Activity Release and Indemnity Agreement* in this brochure or as listed on the Internet.
I (we) will sign and forward the *Recreational Activity Release and* Indemnity Agreement at least 10 weeks before trip starting date.

Last Name and First Name (The Traveler) _____

Street _____ ***e-mail*** _____

City _____ ***State*** _____ ***Postal/Zip Code*** _____

Phone (wk) _____ ***(hm)*** _____ ***Cell*** _____ ***Fax*** _____

Date _____ ***Signature (mandatory)*** 1. _____

Please, charge a 25% deposit (minimum $ 350 per person) now and full payment 10 weeks before the travel date to my credit card.

For payments by VISA ◯ ***or Mastercard*** ◯ (no debit cards)

Cardholder: _____

Card # _____ 3 digit Security # _____

Exp.Date: _____ Signature _____

Billing Address for Credit Card (if different than maling address):

_____

I have enclosed a check for the deposit ◯

Additional Signatures:

2. _____

3. _____

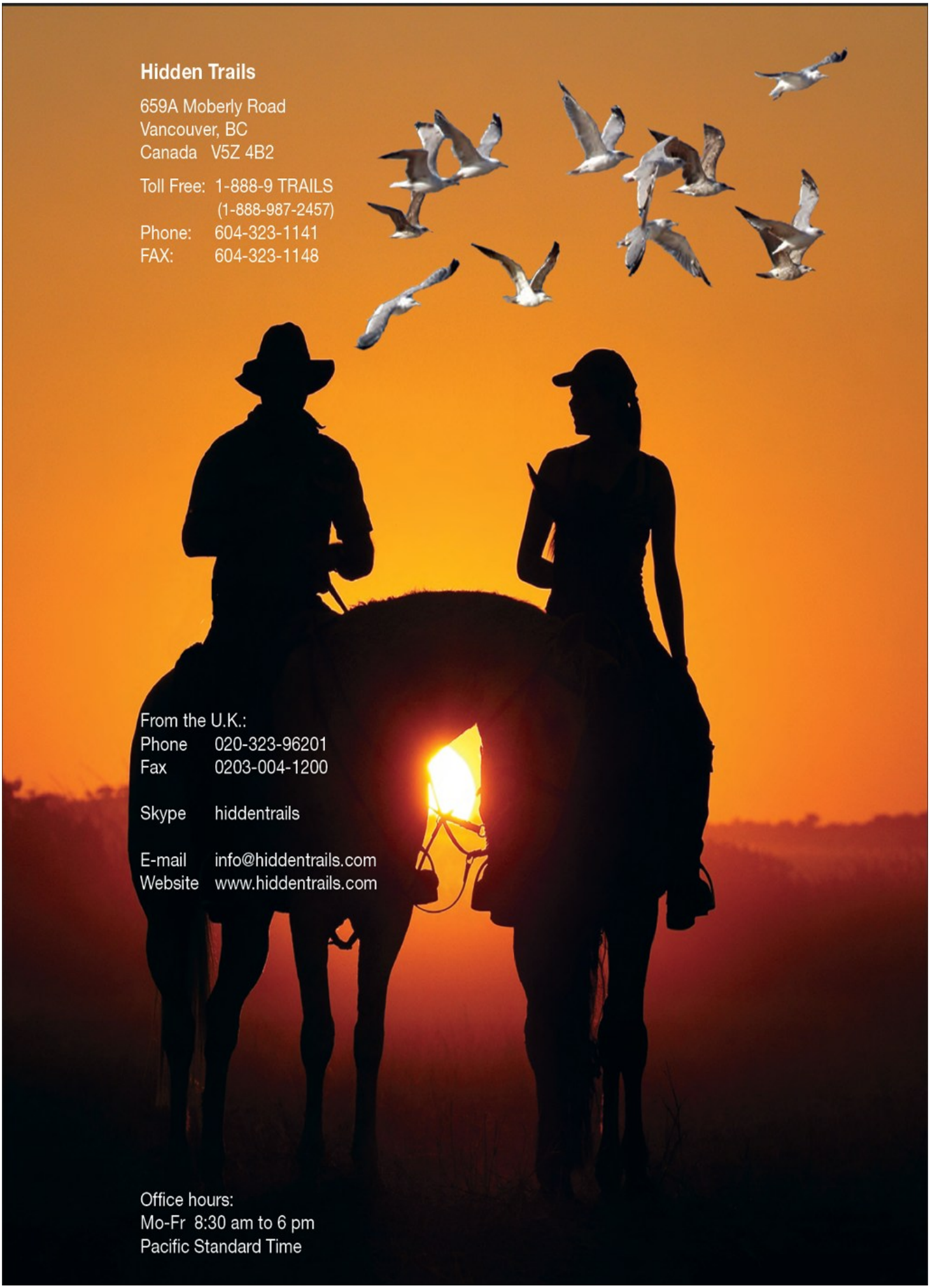
4. _____

Travel Cancellation Insurance Credit Card required

Sign me (us) up ◯ initial _____

No, we will provide our own ◯ initial _____

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Fax 0203-004-1200
Skype hiddentrails
E-mail info@hiddentrails.com
Website www.hiddentrails.com
Office hours:
Mo-Fr 8:30 am to 6 pm
Pacific Standard Time