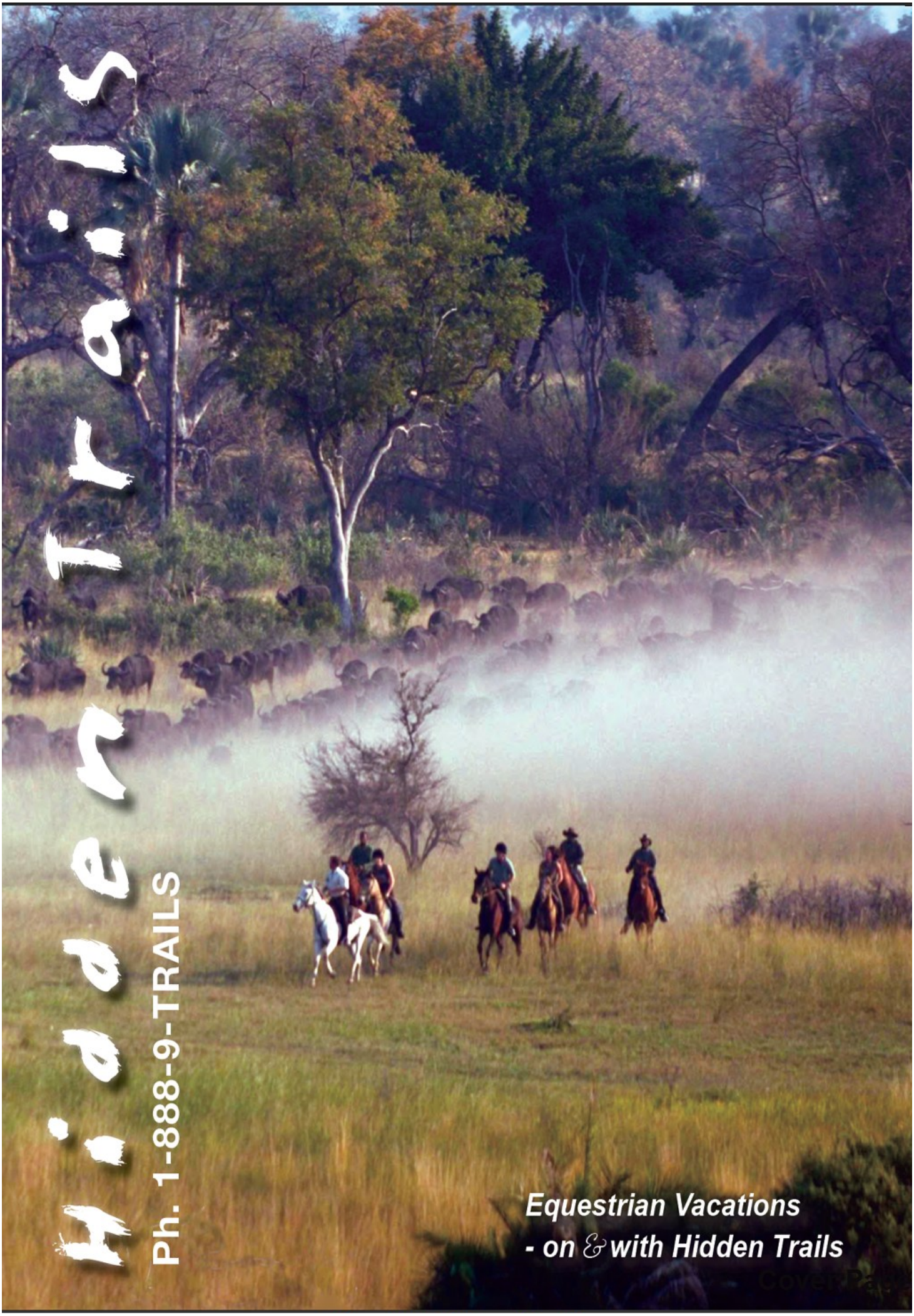
Hidden Trails
Ph. 1-888-9-TRAILS
Equestrian Vacations
- on & with Hidden Trails

About Hidden Trails

Hidden Trails is owned and operated by nature enthusiasts who love horses and adventure activities. We have been involved with riding and other outdoor vacations for over 20 years.
With our partners Voyage du Cheval (France), Pegasus (Germany) as well as Equitour (Switzerland and France) we have collected the best riding destinations all over the world in some hidden places we would like to share with you.

These rides are about galloping on endless beaches, forging rivers, cantering through forests, trotting along age-old trails, gazing at beautiful vistas and encountering foreign cultures. But most of all, these trips are about getting away from the cycle of too much work and never enough free time.

Escape from the rituals, which long ago froze our nights and days into little more than routine and away from the worries of our new tense times. It is so satisfying when we take the plunge of adventure - it's unfortunate that we invent so many reasons to put aside living our dreams of adventure. It is sometimes a tangled web that we weave through life. Some of the threads reveal a work-a-day world of commitments, duties and obligations. Other threads are of a quiet fabric of hope, responsibility and refreshment.

On our adventures you see the real country, its back country and meet the locals. The love for horses has no boundaries but possesses a common language we all speak and understand. The majority of the overseas rides are from inn to inn, some from castle to castle and a few are camping rides.
You will experience new countries and their customs and make new friends. The Hidden Trails trips are the best you can find.

They have been tested by our staff or associates and received our stamp of approval. If you are considering a special riding vacation anywhere in the world, call us first and let our experienced consultants match the perfect trip with your dream.
We will listen to you and give you objective advice to help you choose the best destination and adventure.

Your vacation is the most precious time of the year and we are committed to making it the most memorable time of your life. Wherever you go, have a great time and bring back some peace of mind.

Thank you for your continued support.

Hidden Trails
Phone: 604-323-1141
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from within the USA or Canada or

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4406 Tennyson Road, Willmington, DE 19802 USA

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Fax: 0-808-280-1860

Toll Free Worldwide:
Skype: hiddentrails

Mountain Treks in Norway - Norway, Europe

Tour Code: IT-NOGNT
8 days / 7 nights ~$1,935.00
Dates: July-August

Trip Rating :
Difficulty :
Lodging: BASIC

Tack: Swedish army saddles
Horses: Icelandic
Pace: Moderate with walk, trot, tolt and som...
Walk,Trot,Canter,

Airport: Trondheim-Vaernes

Introduction

Norway, Norway
Come experience what Norway has to offer - breathtaking scenery, rustic lifestyle, friendly people, and great sense of adventure!

The Norwegian landscape is quite varied, beautiful and dramatic! High mountains, deep valleys, idyllic villages, peaceful forests and the most amazing scenic coastline dotted with its thousands of islands, islets and narrow, jagged fjords. Going horseback over the rugged and pristine countryside, you are bound to find yourself simply fascinated by the stunning and distinctive regions of Norway as we cover 95 miles of equestrian trail that will please both the novice and experienced rider, and the world traveler alike. Our first and last nights of the trip itinerary are at a good local hotel with each a clean private room, en-suite bath and kitchenette. However, out on the trail we commune with nature; we find great peace in the outdoors and residing in our rustic huts amid the green wilderness and fresh air. Living basic does not mean we will be uncomfortable, however: the little huts are nicely heated for your warmth and some will have quaint saunas for you to relax and rejuvenate the mind, body and soul! A co-operative group tour, everyone must take part in the day to day chores in order for this back country experience to truly be the horseback riding trek with the best memories and friends - four and two legged! So bring along enthusiasm, flexibility and team spirit for the adventure tour of a lifetime!

We offer a number of different route itineraries, but essentially they are all quite similar...
- Helags Mountain into Sweden
- Uncle Zebs Gourmet Ride
- Storvallen Ride into Sweden
- Ramsjo Special
- Wilderness Tenting tour

Accomodation

Accommodations
This is a progressive ride so nights will be spent in different accommodations.

Description
The first and last night of the trip, you will be staying in a hotel with your own private room and shower.
During the rest of the ride, you will stay in rustic huts with shared showers and toilets. All the huts are heated with mattresses, comforters and pillows.

We are offering you Norway as it is. Breathtaking, rough, friendly, and adventurous. This is a group tour where everyone takes part in the day-to-day chores. Bring along some flexibility, enthusiasm and team spirit.

Tenting Tour Accommodations **(not available in 2024)**
On this trip, all nights are spent camping. We provide you with a tent and equipment. You can request a double or single tent. You will need to bring your own sleeping bag and sleeping mat. You will be camping in the wilderness and there will be no facilities. It is possible to bathe in rivers most of the time.

Uncle Zebs Tour Accommodations ***(not available in 2024)*** *- subject to changes based on availability*
Night 1: Hotel in Stugudalen
Night 2: Nedalshytta
Night 3: Storerikvollen
Night 4: Schultz cottage
Night 5: Ramsjø hytta
Night 6: Storerikvollen
Night 7: Hotel in Stugudalen

Storvallen Tour Accommodations *- subject to changes based on availability*
Night 1: Hotel in Stugudalen
Night 2: Nedalshytta
Night 3: Storerikvollen
Night 4: Storvallen
Night 5: Bjørneggen

Night 6: Storerikvollen
Night 7: Hotel in Stugudalen

Helag Mountain tour Accommodations - *subject to changes based on availability*
Night 1: Hotel in Stugudalen
Night 2: Nedalshytta
Night 3: Storerikvollen
Night 4: Sylstation
Night 5: Helags mountain station
Night 6: Nedalshytta
Night 7: Hotel in Stugudalen

Ramsjø Special Tour Accommodations - *subject to changes based on availability*
Night 1: Hotel in Stugudalen
Night 2: Nedalshytta
Night 3: Storerikvollen
Night 4: Bjørneggen
Night 5: Ramsjøhytta
Night 6: Storerikvollen
Night 7: Hotel in Stugudalen

Bluhammer Tour Accommodations ***(not available in 2024)*** - *subject to changes based on availability*
Night 1: Hotel in Stugudalen
Night 2: Nedalshytta
Night 3: Blåhammarer lodge
Night 4: Storvallen
Night 5: Bjørneggen
Night 6: Storerikvollen
Night 7: Hotel in Stugudalen

Hotel in Stugudalen
This is a family-run hotel, surrounded by a beautiful mountain landscape. The rooms are modern and all come equipped with private facilities, free Wi-Fi access and heating.

Nedalshytta
This hut is nestled in birchwood forest, just beneath the beautiful Mt. Sylan. From there, you have a stunning view on the surrounding area. The hut has electricity and offers shared bathroom facilities.

Storerikvollen
The cabin was built around 1897, and is known for its unique architecture and characteristic surroundings. The walls are of heavy timbers, and the cabin has large and imposing fireplaces. The cabin has 65 beds in 4-bedded rooms, and additional large rooms can be used to accommodate more visitors. Showers and washrooms are shared.

Schultz cottage
Schulzhytta is centrally located in the westernmost part of Sylan, right in the heart of Roltdalen and Skarvan National Park. This is the last major natural area in Sør-Trøndelag without power development and causeways. The cottage is located above hamlet of Stormoen, overlooking the valley and towards Fongenmassivet. This cabin has 30 beds and shared facilities.

Ramsjø hytta
Ramsjøhytta has 24 beds, which are distributed into 6 different rooms. This mountain hut was completed in 1967.

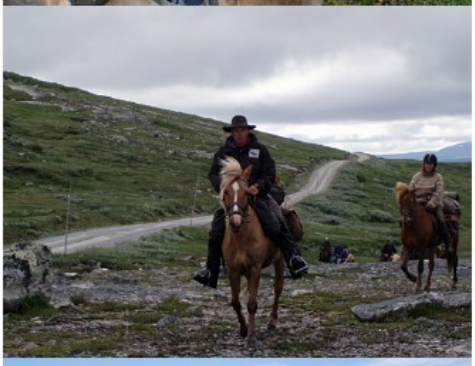
Blåhammaer lodge
This mountain lodge is quite small with about 50 beds separated in twin rooms, 4-bed rooms and 6-bed rooms. It has shared toilet and shower facilities and also offers a sauna. There is Wi-Fi access available.

Bjørneggen
This red mountain hut features a typical Scandinavian architecture with a green roof. It has 26 beds spread over four bedrooms. This hut features shared facilities.

Sylstation
This mountain hut has over a hundred beds, spread over 32 bedrooms (there is often 3, 4 or 5 beds in one room). There is hot and cold water available and bathrooms as well as toilets are shared. There is also a sauna and free Wi-Fi access.

Helags mountain station
This hut is located at the foot of Sweden's highest peak. The first hut was built in 1897 and now the mountain station comprises 3 huts that can accommodate up to 100 people in 4, 5 or 9 bedded rooms. Facilities are shared and there is a sauna where everyone can relax their sore muscles. There is Wi-Fi access available.

Room Occupancy
If we are unable to find another rider to share the room with you, the single supplement fee does apply (for nights at the hotel only).



Meals
All meals are provided during the riding tour. Breakfasts and dinner are taken at the accommodation and lunches are eaten on the trail.
You will eat typical homemade Norwegian food (meatballs, Lapskaus, Fried local fish, different soups…). Local specialties include Sodd or meat stew made with Moose/Elk.

No alcoholic drinks is included with this tour. However, it is usually possible to purchase alcohol at the mountain huts.

Dietary Restrictions
We can cater to most dietary restrictions with advance notice.

Riding

Horses
Our partner and outfitter has been conducting riding tours throughout the region around the Sweden/Norway border since 1971, and he imports his horses directly from Iceland. The herd of 35 horses has been selected because of their strength and reliability required in such mountainous terrain.
Often called the horse of the Gods, the Icelandic horse came with the first Nordics whom settled on Iceland around the 7th century. For over 1000 years, these horses have lived isolated on Iceland, while they are growing in popularity as riding horse imports around the world. Incredibly smooth and comfortable to ride, the horses have unique primal gaits called the "tølt" and "flying pass". "Tølt" is a fast four paced movement and when the horse "tølts" it lowers its back and raises its head and neck. The rider sits almost still in the saddle, and the horse flows beneath with barely a bump to its rider!

Staff
Ole has been guiding mountain tours for over 20 years. He is familiar with each valley, field and stream and he knows every farmer in the area. He has accumulated a wealth of knowledge about the landscape we are riding in. Furthermore, he knows a great number of stories about the mountains and about people who have traveled them in the past. He leads week trips as well as some 3 days tours and tent tours.

Oddmund has imported about 700 Iceland horses to Norway of which most have been tamed personally by him

Oddmund has imported about 700 Iceland horses to Norway of which most have been tamed personally by him. Even though Oddmund is so-called retired, he is still fully engaged and involved in the center. He lives at Stuguvollmoen where the horses stay during the summer.

Eilert has worked since 2011 as a tour leader. He graduated hoof smith from Vången highschool in Sweden and can count many years of experience when it comes to horses in the mountains. His extensive guiding experience and knowledge makes him very valuable.

Itinerary

The riding tours we offer through the beautiful mountains and valleys of Norway, alternate itineraries from week to week. The general flow of the trips is similar - just different valleys and mountains to traverse. First and last night are usually in hotel accommodations and the other five nights are in rustic yet cozy mountain huts along the way. Nothing fancy, but a good place to get out of the weather and get some rest. On most days you will be packing your belongings in your saddle bags - so pack lightly!

Sample Itinerary: Uncle Zebs Tour (not available in 2024) - *subject to changes*

Stir your spirit of adventure with this incredible ride deep into the mountains of Norway. Ford crystal clear rivers, admire sparkling waterfalls in this remote and glorious landscape. The tough but sweet tempered Icelandic horses and superbly competent guides make for an inspiring and exhilarating riding experience. We recommend that you be in good physical condition as this is a long and challenging trip.

Day 1 (Sunday): Arrival
Arrival at Trondheim Airport, where you will be met by a member of our friendly, English speaking staff. First pickup is at 1:00pm. The second is at 5:00pm. Transfer to the charming village of Stugudal. You will have a glimpse of the picturesque countryside of Norway along the way. Upon arrival at the inn at Stugudal, there will be a quick briefing about what to expect during your exciting week of riding. Then meet the horses for a short assessment ride. Enjoy a welcome dinner in the warm hospitality of the congenial staff and excellent cuisine of the inn at Stugudal.
Meals included: Dinner
Overnight at Hotel in Stugudalen

Day 2 (Monday): Ride to Nedalshytta
After a hearty Norwegian breakfast, we ride out to the charming mountain cottage at Nedalel. Break for a picnic lunch in a tranquil meadow by the side of a brook. We will build a campfire, make coffee and tea, and enjoy getting acquainted with the horses and each other. We end our day with a traditional Norwegian dinner.
Meals included: Breakfast, Lunch & Dinner
Overnight at Nedalshytta

Day 3 (Tuesday): Nedalshytta to Storerikvollen
Ride alongside the Sylene mountain ridge with its breathtaking views of a landscape that has changed little over centuries. The steep ascent makes for a welcome break for lunch for people and horses. Saddle up for a lively afternoon ride over excellent riding terrain to the grand cottage at Storerikvollen, situated on the shores of the Essand Lake. After a long tolt along the sandy shores of the lake, make your way back to the hospitality and comfort of the cottage for a delicious home-cooked dinner.
Meals included: Breakfast, Lunch & Dinner
Overnight at Storerikvollen

Day 4 (Wednesday): Storerikvollen to Schultz cottage
Today we continue deep into the wilderness, crossing many small streams in our ascent. We will pass the highest point of the tour at 1000 meters above sea level on our way to the Schultz cottage where we spend the night. If we are lucky, we may see some of the reindeer and grouse that are native to the Norwegian tundra.
Meals included: Breakfast, Lunch & Dinner
Overnight at Schultz cottage

Day 5 (Thursday): Schultz cottage to Ramsjø hytta
From Schultz, we descend gently through unspoiled wilderness, then down several challenging rocky hillsides. Break for a picnic lunch. This afternoon's ride takes us through the soft beauty of hills and valleys to the Ramsjo cottage, beautifully situated on the shores of Lake Ramsjo, commanding panoramic views of the Fongen mountains.
Meals included: Breakfast, Lunch & Dinner
Overnight at Ramsjø hytta

Day 6 (Friday): Ramsjø hytta to Storerikvollen
Trek from back to Storerikvollen, with superb views to be had all day. Delight your senses in the colossal scale of the Norwegian landscape, and finish up your day with a refreshing dip in Essand Lake.
Meals included: Breakfast, Lunch & Dinner
Overnight at Storerikvollen

Day 7 (Saturday): Ride back to Stugudalen
A bittersweet day, still surrounded by the exquisite mountains and forests, but heading back to civilization! We finish up the ride returning to the attractive hotel at Stugudal for a festive farewell dinner, reminiscing about our

fabulous trip in the mountains.
Meals included: Breakfast, Lunch & Dinner
Overnight at Hotel in Stugudalen

Day 8 (Sunday): Departure
Depart after breakfast with a transfer to Trondheim Airport.
Meals included: Breakfast

Sample Itinerary: Storvallen Tour - *subject to changes*

The hand of man has rested lightly on the wilderness of Norway's hills and mountains. Renew your spirit in the tranquility of the ancient byways through forests of birch and pine, ascending challenging slopes to the glorious views from the mountaintops. Life quickly takes on the quieter and more gracious rhythm of a bygone era. The Icelandic horse is ideally suited to this traditional mode of travel. Strong and sure-footed, Icelandics were bred especially to carry people for long distances over difficult terrain. Their patient, sweet disposition adds immeasurably to this inspiring and exhilarating ride.

Day 1 (Sunday): Arrival
Arrival at Trondheim Airport, where you will be met by a member of our friendly, English speaking staff. First pickup is at 1:00. The second is at 5:00pm. Transfer to the charming village of Stugudal. You will have a glimpse of the picturesque countryside of Norway along the way. Upon arrival at the inn at Stugudal, there will be a quick briefing about what to expect during your exciting week of riding. Then meet the horses for a short assessment ride. Enjoy a welcome dinner in the warm hospitality of the congenial staff and excellent cuisine of the inn at Stugudal.
Meals included: Dinner
Overnight at Hotel in Stugudalen

Day 2 (Monday): Ride to Nedalshytta
Start the day with a stunning ride over soft forest roads into the hills to the mountain cottage of Nedalel, overlooking a lovely scenic lake. Lunch will be spent around a campfire, chatting and exchanging horse stories. This evening we will be able to enjoy a refreshing swim in the lake, while the horses graze nearby.
Meals included: Breakfast, Lunch & Dinner
Overnight at Nedalshytta

Day 3 (Tuesday): Nedalshytta to Storerikvollen
Ride deep into unspoiled wilderness over fairly rugged terrain to the Storerikvollen Chalet, situated on the shores of the Essand Lake, with magnificent views of the Sylane mountains all around. Stop for lunch near one of the region's many rushing rivers. Evening will find us settling the horses, enjoying the exhilaration of a long and rewarding day of riding.
Meals included: Breakfast, Lunch & Dinner
Overnight at Storerikvollen

Day 4 (Wednesday): Storerikvollen to Storvallen
This day's ride has us follow the historic trail ridden by the Swedish King Karl 13th's fabled Karolinere soldiers in the eighteenth century, crossing the mountain border from Norway into Sweden. This evening we will leave the horses at pasture while we enjoy the comfort of the charming inn at Storvallen. While at the inn, we will have the opportunity to swim in an outdoor swimming pool before joining our hosts for a delicious welcome dinner.
Meals included: Breakfast, Lunch & Dinner
Overnight at Hotel in Storvallen

Day 5 (Thursday): Storvallen to Bjorneggen
Trek back into Norway, crossing the border in the morning, stopping for a lunch packed in Sweden and eaten in Norway! We end our day at the delightfully cozy mountain cottage at Bjorneggen, gathering in the evening for a home-cooked traditional Norwegian dinner.
Meals included: Breakfast, Lunch & Dinner
Overnight at Bjorneggen

Day 6 (Friday): Bjorneggen to Storerikvollen
Returning through dense forests of native birch and pine, we will cross pristine mountaintops to the Storerikvollen Chalet for a second night.
Meals included: Breakfast, Lunch & Dinner
Overnight at Storerikvollen

Day 7 (Saturday): Ride back to Stugudalen
The final day of the ride will descend over undulating highlands back into civilization. After lunch, tack up for the last ride back to Stugudal, where we will spend a bittersweet evening reminiscing about our fabulous trip in the mountains!
Meals included: Breakfast, Lunch & Dinner
Overnight at Hotel in Stugudalen

Day 8 (Sunday): Departure
Depart after breakfast with a transfer out.
Meals included: Breakfast

Sample Itinerary: Helag Mountain Tour - *subject to changes*

Ride deep into unspoiled wilderness over fairly rugged terrain to the Storerikvollen Chalet, situated on the shores of the Essand Lake, with magnificent views of the Sylane mountains all around. Ride across the border into Sweden. Traveling in much the same fashion as early Scandinavians, we cross rolling forested hills towards Sylstation in Sweden.

Day 1 (Sunday): Arrival
Arrival at Trondheim Airport, where you will be met by a member of our friendly, English speaking staff. First pickup is at 1:00 pm. The second is at 5:00pm. Transfer to the charming village of Stugudal. You will have a glimpse of the picturesque countryside of Norway along the way. Upon arrival at the inn at Stugudal, there will be a quick briefing about what to expect during your exciting week of riding. Then meet the horses for a short assessment ride. Enjoy a welcome dinner in the warm hospitality of the congenial staff and excellent cuisine of the inn at Stugudal.
Meals included: Dinner
Overnight at Hotel in Stugudalen

Day 2 (Monday): Ride to Nedalshytta
After a hearty Norwegian breakfast, we ride out through dense birch forest over excellent riding terrain into the unspoiled wilderness of hills and mountains. This is a great opportunity to get to know your horse. Stopping by a rushing river, we will build a campfire to make tea and coffee and swap horse stories over a picnic lunch. The afternoon ride takes us to the charming cottage at Nedalel for a traditional home-cooked dinner.
Meals included: Breakfast, Lunch & Dinner
Overnight at Hotel in Nedalshytta

Day 3 (Tuesday): Nedalshytta to Storerikvollen
Ride deep into unspoiled wilderness over fairly rugged terrain to the Storerikvollen Chalet, situated on the shores of the Essand Lake, with magnificent views of the Sylane mountains all around. Stop for a picnic lunch near one of the region's many rushing rivers.. Evening will find us settling the horses, enjoying the exhilaration of a long and rewarding day of riding.
Meals included: Breakfast, Lunch & Dinner
Overnight at Hotel in Storerikvollen

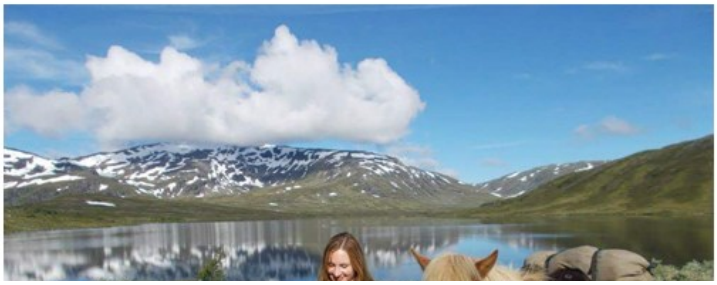
Day 4 (Wednesday): Storerikvollen to Sylstation
Today's ride takes us across the border into Sweden. Traveling in much the same fashion as early Scandinavians, we cross rolling forested hills towards Sylstation in Sweden. Break for a picnic lunch, then dinner at Sylstation.
Meals included: Breakfast, Lunch & Dinner
Overnight at Hotel in Sylstation

Day 5 (Thursday): Sylstation to Helags mountain station
Continuing on into Sweden, we will reach the foot of the Helags Mountain by nightfall. From here you will be able to see one of Scandinavia's southernmost glaciers. The Helags Mountain at 1796 meters is the county of Jamtland's highest mountain. Dinner and overnight at the Helags mountain cottage, nestled in the folds of the foothills.
Meals included: Breakfast, Lunch & Dinner
Overnight at Helags mountain station

Day 6 (Friday): Helags mountain station to Nedalshytta
Returning to Norway, we follow the ancient byways first used by pilgrims in the twelfth century on their way to the holy city of Trondheim and the Cathedral of Nidaros.
Meals included: Breakfast, Lunch & Dinner
Overnight at Nedalshytta

Day 7 (Saturday): Ride back to Stugudalen
A bittersweet day, still surrounded by the exquisite mountains and forests, but heading back to civilization! We finish up the ride returning to the comfortable accommodations of the hotel at Stugudal for a festive farewell dinner, reminiscing about our fabulous trip in the mountains.
Meals included: Breakfast, Lunch & Dinner
Overnight at Stugudalen

Day 8 (Sunday): Departure
Depart after breakfast with a transfer out.
Meals included: Breakfast



Sample Itinerary: Ramsjø Special Tour - *subject to changes*

Riding along the high ridges of the Sylane mountains, we will trek from Storerikvollen, venturing deep into remote valleys and dramatic mountaintops to the delightful cottage at Ramsjo.

Day 1 (Sunday): Arrival
Arrival at Trondheim Airport, where you will be met by a member of our friendly, English speaking staff. First pickup is at 1:00 pm. The second is at 5:00pm. Transfer to the charming village of Stugudal. You will have a glimpse of the picturesque countryside of Norway along the way. Upon arrival at the inn at Stugudal, there will be a quick briefing about what to expect during your exciting week of riding. Then meet the horses for a short assessment ride. Enjoy a welcome dinner in the warm hospitality of the congenial staff and excellent cuisine of the inn at Stugudal.
Meals included: Dinner
Overnight at Stugudalen

Day 2 (Monday): Ride to Nedalshytta
After a hearty Norwegian breakfast, we ride out through dense birch forest over excellent riding terrain into the unspoiled wilderness of hills and mountains. This is a great opportunity to get to know your horse. Stopping by a rushing river, we will build a campfire to make tea and coffee and swap horse stories over a picnic lunch. The afternoon ride takes us to the charming cottage at Nedalel for a traditional home-cooked dinner.
Meals included: Breakfast, Lunch & Dinner
Overnight at Nedalshytta

Day 3 (Tuesday): Nedalshytta to Storerikvollen
Ride out over rugged terrain to the Storerikvollen Chalet, beautifully situated on the shores of Essand Lake. Superb views of the Sylane mountains are to be had all around. Lonesome trails lead us to the tranquil valley where we will stop for a picnic lunch. Lush grazing for the horses and a bit of quiet refreshment for the people and we're ready to saddle up for an exciting afternoon riding up to Storerikvollen Chalet.
Meals included: Breakfast, Lunch & Dinner
Overnight at Storerikvollen

Day 4 (Wednesday): Storerikvollen to Bjorneggen
Riding along the high ridges of the Sylane mountains, we will trek from Storerikvollen, venturing deep into remote valleys and dramatic mountaintops to the cozy cottage nestled in the folds of the hills at Bjorneggen. A welcome dinner and overnight at Bjorneggen after this long and rewarding day.
Meals included: Breakfast, Lunch & Dinner
Overnight at Bjorneggen

Day 5 (Thursday): Bjorneggen to Ramsjøhytta
Trek from Bjorneggen through woodland paths and the soft beauty of the highlands to the delightful cottage at Ramsjo. Break for a picnic lunch in the quiet stillness of a peaceful valley. Ramsjo cottage commands stunning views of the Fongen Mountains and Lake Ramsjo, where you can enjoy an invigorating swim.
Meals included: Breakfast, Lunch & Dinner
Overnight at Ramsjøhytta

Day 6 (Friday): Ramsjøhytta to Storerikvollen
A morning departure over rolling forested hills into the glorious Fongen Mountains, where man has not tampered with nature much. Ford swift running rivers where weather permitting you can go for a lunchtime swim. Picnic lunch and we're off into reindeer territory as we return to Storerikvollen. With luck, you will see some of the reindeer and grouse native to the Norwegian tundra.
Meals included: Breakfast, Lunch & Dinner
Overnight at Storerikvollen

Day 7 (Saturday): Ride back to Stugudalen
Saddle up for our final ride, retracing our steps back to Stugudal. We finish up this long and challenging ride with a festive farewell dinner at the inn at Stugudal, going over the map and reminiscing about our fabulous trip in the mountains!
Meals included: Breakfast, Lunch & Dinner
Overnight at Stugudalen

Day 8 (Sunday): Departure
Depart after breakfast with a transfer out.
Meals included: Breakfast

Sample Itinerary: **Bluhammer Tour (not available in 2024)** - *subject to changes*

Day 1 (Sunday): Arrival
Arrival at Trondheim Airport, where you will be met by a member of our friendly, English speaking staff. First pickup is at 1:00 pm. The second is at 5:00pm. Transfer to the charming village of Stugudal. You will have a glimpse of the picturesque countryside of Norway along the way. Upon arrival at the inn at Stugudal, there will be a quick briefing about what to expect during your exciting week of riding. Then meet the horses for a short assessment ride. Enjoy a welcome dinner in the warm hospitality of the congenial staff and excellent cuisine of the inn at Stugudal.
Meals included: Dinner
Overnight at Stugudalen

Day 2 (Monday): Ride to Nedalshytta
After a hearty Norwegian breakfast, we ride out through dense birch forest over excellent riding terrain into the unspoiled wilderness of hills and mountains. This is a great opportunity to get to know your horse. Stopping by a rushing river, we will build a campfire to make tea and coffee and swap horse stories over a picnic lunch. The afternoon ride takes us to the charming cottage at Nedalel for a traditional home-cooked dinner.
Meals included: Breakfast, Lunch & Dinner
Overnight at Nedalshytta

Day 3 (Tuesday): Nedalshytta to Blåhammer
Today will be a long and spectacular day. We ride along the base of the Sylanmassif all the way to the "Blåhammer lodge" in Sweden that are famous for its delicious food. Here it's possible to enjoy a steaming sauna and a good meal with nice views.
Meals included: Breakfast, Lunch & Dinner
Overnight at Blåhammer

Day 4 (Wednesday): Blåhammer to Storvallen
Wednesday we ride along beautiful paths to Storvallen. From here, we visit the border village Storlien, and enjoy a gourmet dinner at restaurant Flamman.
Meals included: Breakfast, Lunch & Dinner
Overnight at Storvallen

Day 5 (Thursday): Storvallen to Bjørneggen
On Thursday we ride back over the border to Norway and passes the mountains "Stor- and Lillkluken" and spend the night at Bjørneggen turistlodge where we prepare the dinner ourselves.
Meals included: Breakfast, Lunch & Dinner
Overnight at Bjørneggen

Day 6 (Friday): Bjørneggen to Storerikvollen
The next day we ride true the "Hårrådalen" until Storerikvollen, that is an old pasturearea and the highlight of the region along the lake Essand.
Meals included: Breakfast, Lunch & Dinner
Overnight at Storerikvollen

Day 7 (Saturday): Ride back to Stugudalen
On Saturday we ride back towards the starting point and ending the day with a delightful dinner at Vaektarstua Hotel.
Meals included: Breakfast, Lunch & Dinner
Overnight at Stugudalen

Day 8 (Sunday): Departure
After the breakfast on Sunday, it's time to go home
Meals included: Breakfast

Tent Tour (not available in 2024)
There is no Day to Day Itinerary for this tour. It depends on the weather and wind where we will go.

Note: The above sample itineraries are subject to changes at the tour operator's discretion.

Other Info

Meeting: Stugudal
Airport: Trondheim-Vaernes
Transfer: Trondheim-Vaernes
Distance: 80 miles
Pick from the Trondheim-Vaernes airport is at 1pm. Drop off on the last day is between 11am and noon.

Tack: Swedish army saddles
Horses: Icelandic
Pace: Moderate with walk, trot, tolt and some canter, approx 100 miles, 5-6 hours daily
Walk | Trot | Canter |
Level: (3 to 3 out of 5) Intermediate
Age: Min 14 Max 70
Weight: 209 lbs
Riders: Min 5 riders Max 15 riders

Rates and Dates 2026 - IT-NOGNT

Rates include: Accommodations, All meals & 6 riding days

Packages and Options

Season	Description	NOK	~US$
A 2026	8 day trip - Ramsjø special	kr17600	$1935
B 2026	8 day trip - Storvallen tour	kr17600	$1935
C 2026	8 day trip - Helags Tour	kr17600	$1935
D 2026	8 day trip - Zeb Tour	kr17600	$1935

The US Dollar Rate is based on a NOK Exchange Rate of 0.11 and subject to currency fluctuation

Transfer Option

Description

2026	Transfer from/to Trondheim-Vaernes return per person	kr1700	$185
2026	Single supplement (for overnights at the Hotel only)	kr1400	$155

Tour Dates

Season	Tour Dates		
D 2026	08/02/2026 - 08/09/2026	8d / 7n	8 day trip - Zeb Tour
A 2026	08/23/2026 - 08/30/2026	8d / 7n	8 day trip - Ramsjø special

Min/Max: 5/15

Rates do not include:Alcoholic drinks, Transfers from/to Trondheim & Gratuities

Reservation Form

Tour : _____ **Code #:** _____ **from:** _____ **to :** _____

The Travelers (Last Name, First Name)	Male Female	Single room / or tent	Birth Date MM/DD/YY	Height	Weight	Special diets	Beginner	Novice	Intermediate	Strong Interm.	Advanced	ride English	ride Western	mostly arena	mostly hacking
1.		☐				☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
2.		☐				☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
3.		☐				☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
4.		☐				☐	☐	☐	☐	☐	☐	☐	☐	☐	☐

Special Diets: _____

Your fitness level: Excellent ☐ Moderate ☐ Poor ☐ How long have you been riding? _____

How often do you ride? _____ Have you been on other riding tours? No ☐ Yes ☐ last trip when? _____

If Hidden Trails offers a transfer from the local airport/station: I would like the transfer to be included: YES ◯ NO ◯

In an emergency, name and phone number of contact: _____

Attention: Please, if there is more than one participant, all have to sign the reservation form - make copies if needed

With my signature I confirm my reservation of the listed program(s) under the Hidden Trails Booking Conditions. I'm aware, and I made all participants aware of the risk involved with these outdoor adventure activities. All participants have read and agree with the Hidden Trails *Booking Conditions* and the Hidden Trails *Recreational Activity Release and Indemnity Agreement* in this brochure or as listed on the Internet.
I (we) will sign and forward the *Recreational Activity Release and* Indemnity Agreement at least 10 weeks before trip starting date.

Last Name and First Name (The Traveler) _____

Street _____ ***e-mail*** _____

City _____ ***State*** _____ ***Postal/Zip Code*** _____

Phone (wk) _____ ***(hm)*** _____ ***Cell*** _____ ***Fax*** _____

Date _____ ***Signature (mandatory)*** 1. _____

Please, charge a 25% deposit (minimum $ 350 per person) now and full payment 10 weeks before the travel date to my credit card.

For payments by VISA ◯ ***or Mastercard*** ◯ (no debit cards)

Cardholder: _____

Card # _____ 3 digit Security # _____

Exp.Date: _____ Signature _____

Billing Address for Credit Card (if different than maling address):

_____

I have enclosed a check for the deposit ◯

Additional Signatures:

2. _____

3. _____

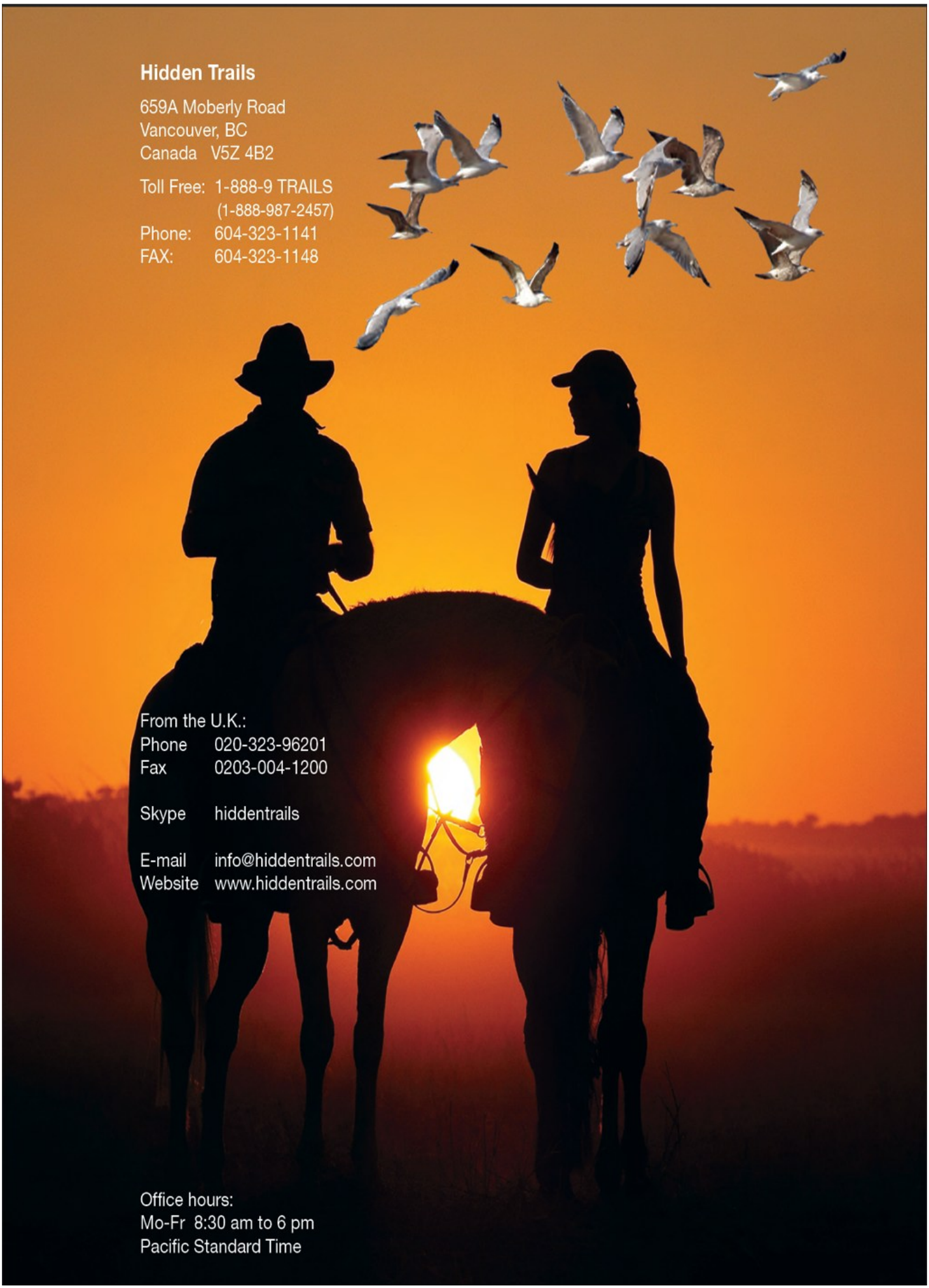
4. _____

Travel Cancellation Insurance Credit Card required

Sign me (us) up ◯ initial _____

No, we will provide our own ◯ initial _____

Hidden Trails Ltd. 659A Moberly Road Vancouver, BC V5Z 4B3 FAX: 604-323-1148 Phone: 604-323-1141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