

Hidden Trails

Ph. 1-888-9-TRAILS

*Equestrian Vacations
- on & with Hidden Trails*

About Hidden Trails



Hidden Trails is owned and operated by nature enthusiasts who love horses and adventure activities. We have been involved with riding and other outdoor vacations for over 20 years.

With our partners Voyage du Cheval (France), Pegasus (Germany) as well as Equitour (Switzerland and France) we have collected the best riding destinations all over the world in some hidden places we would like to share with you.

These rides are about galloping on endless beaches, forging rivers, cantering through forests, trotting along age-old trails, gazing at beautiful vistas and encountering foreign cultures. But most of all, these trips are about getting away from the cycle of too much work and never enough free time.

Escape from the rituals, which long ago froze our nights and days into little more than routine and away from the worries of our new tense times. It is so satisfying when we take the plunge of adventure - it's unfortunate that we invent so many reasons to put aside living our dreams of adventure. It is sometimes a tangled web that we weave through life. Some of the threads reveal a work-a-day world of commitments, duties and obligations. Other threads are of a quiet fabric of hope, responsibility and refreshment.

On our adventures you see the real country, its back country and meet the locals. The love for horses has no boundaries but possesses a common language we all speak and understand. The majority of the overseas rides are from inn to inn, some from castle to castle and a few are camping rides.

You will experience new countries and their customs and make new friends. The Hidden Trails trips are the best you can find.

They have been tested by our staff or associates and received our stamp of approval. If you are considering a special riding vacation anywhere in the world, call us first and let our experienced consultants match the perfect trip with your dream.

We will listen to you and give you objective advice to help you choose the best destination and adventure.

Your vacation is the most precious time of the year and we are committed to making it the most memorable time of your life. Wherever you go, have a great time and bring back some peace of mind.

Thank you for your continued support.

Hidden Trails

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from within the USA or Canada or

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Website: www.hiddentrails.com

Address:

659A Moberly Road, Vancouver BC Canada V5Z 4B3 or

4406 Tennyson Road, Wilmington, DE 19802 USA

Toll Free from the U.K.:

Ph: 0-808 189-0420

Fax: 0-808-280-1860

Toll Free Worldwide:

Skype: hiddentrails

Yoga & Riding on Faial Island - Portugal, Europe

Tour Code: IT-PGPAT4
8 days / 7 nights ~\$0.00
Dates: All year

Trip Rating : ●●●●●
Difficulty : ●●●●●
Lodging : 🏠

Tack: Trail saddle with saddle bag
Horses: Lusitano and Cruzado Portuguese horses
Pace: 3-5 hours in the saddle per riding day...
Walk, Trot, Canter,

Airport: Horta Airport



Introduction

Azores, Portugal

Discover the best spots for riding on Faial Island and enjoy Yoga sessions with an experienced instructor.

Ride with along spectacular cliffs with amazing views of the Atlantic Ocean and discover this beautiful island from the back of a horse.

This package also includes Yoga sessions in our Yoga Studio or at very special places like on the oceanfront.

Staying at a beautiful Ecolodge on this small island will give you a lot of energy and peace.

Accommodation



Accommodation

This is a stationary ride so all nights are spent at the same location.

Description

You can choose your preferred accommodation type for your stationary ride. There is free Wi-Fi access at this property, no matter the room option you choose.



Lodge

The lodge has been built with natural materials and was designed in order to be in harmony with its environment. Free wi-fi is available in all room types.

You can choose between 3 different rooming options:

- Panorama Apartments
- Lodge Rooms
- Tiny Houses

Panorama Apartments

Each of the 7 apartments have their own entrance with splendid view. They come equipped with one bedroom (double or twin), a spacious bathroom, a small kitchen, a living room and a private terrace.

Lodge Rooms

All 4 rooms feature a sea view, a double or twin beds and an ensuite bathroom with hairdryer.



Tiny Houses

The 3 tiny houses are located in the garden and offers beautiful ocean view. They have a Queen size bed, a small bathroom and a kitchenette.

Guests can use our spacious saltwater swimming pool, which is operated as a heated indoor pool in winter. All year-round guests can use the sauna and infrared heat cabin as well as the yoga room. Our yoga instructors offer yoga sessions for advanced and beginners for an additional charge.

Room Occupancy

Solo travelers might be able to share a room with another solo traveler of the same sex in order to waive their single supplement fee - please inquire at time of booking. This option is currently not available during the pandemic.



Meals

All meals are included in your trip from dinner on Day 1 to breakfast on your last day.

We provide our guests with sustainable organic vegetables and flowers, sourced as close as possible. We created also our own organic garden.

The restaurant team, led by our award-winning chef, offers a full continental breakfast buffet in the morning and wonderful picnics and light snacks at lunchtime.

Every evening, the team serves 3-course menus featuring freshly caught fish from the Atlantic, sustainable meat and the best organic vegetables.

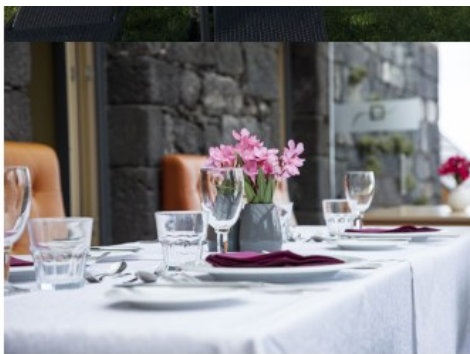
Dietary Restrictions

We can cater to most dietary restrictions with prior notice.



Riding





Yoga Experience

We practice an intuitive yoga style based on Hatha combined with a joyful Vinyasa fluidity, influenced by dance background and Yin simplicity. Our instructors can easily adapt to beginner or advanced yogi.

Riding Experience

You should be able to ride at all paces in open countryside. We expect support from our guests in feeding and tacking the horses as well as with cleaning the personal trail equipment.

Horses

We have about 20 horses are living as a herd in the meadows around the barn, all year round. Our horses are mostly Lusitano and Cruzado Portuguese horses averaging 7 years old.

Anja, our horse specialist and trainer (Horse Academy of Cologne, Germany) and Victor, Trail-Guide (German Trail-Rider-Academy) are training our horses carefully and permanently. In that way they are becoming cooperative, hard-working and relaxed companions.

Equipment

We use equipment approved by the German Trail-Rider Academy.

Our most important piece of equipment is the Trail-Saddle. We only use the First Class Trekker-Saddle from the Italian saddlery Prestige.

Seating, safety and correct fit are without comparison. All saddles are equipped with a Prestige saddle bag for personal stuff and tension belts for your coat.

Guide

All horse-trail guides are entertaining and passionate. They speak English and mostly a second or third language. Experienced in horsemanship and as well trained horseback riders, they have profound knowledge of the island nature, history, social life and small hidden secrets. Safety of the ride is top priority.



Itinerary

NOTE: All trails itineraries are general guidelines and in order to offer our guests the best-riding holiday experience we may change these. Depending on the number of trails running, the season, the weather and national holidays, we may make alterations to itineraries at short notice, which could affect the number of riding hours per day, the route we take to any given destination or the use of alternative accommodation. Trails can also be ridden in both directions. All changes are at the operator's discretion.

Sample Itinerary - subject to changes

Note that Whale watching is only available from April to October. Alternative activities will be offered from November to March.

Day 1: Arrival

Transfer from the airport to the lodge and first contact with the horses. Tonight, you will enjoy a welcome dinner.
Meals included: Dinner

Day 2: Ride & Yoga Session

Depending on the running course of the trail you might ride on the northern coast, crossing the island from east to west, visiting the Caldeira of Faial or riding close to the Volcano of Capelinhos.

The horses stay overnight at several paddocks around the island whereas you will be driven back to the lodge.

Your Yoga instructor will be waiting for you at the lodge. Enjoy a relaxing Yoga session in the studio of the Ecolodge.

Riding approx. 20 km (4-5 hours)

Meals included: Breakfast, Lunch & Dinner

Day 3: Ride & Yoga Session

Depending on the running course of the trail you might ride on the northern coast, crossing the island from east to west, visiting the Caldeira of Faial or riding close to the Volcano of Capelinhos.

Your Yoga instructor will be waiting for you at the lodge. Enjoy a relaxing Yoga session in the studio of the Ecolodge.

Riding approx. 20km (4-5 hours)

Meals included: Breakfast, Lunch & Dinner

Day 4: Whale Watching & Horta

This morning you will join a team of marine biologist on a whale watching tour. Learn about whales and joyful dolphins. A lunch is waiting for you once you are back on land.

The afternoon, you can visit the century-old harbor town.

Meals included: Breakfast, Lunch & Dinner

Day 5: Ride & Yoga Session

Depending on the running course of the trail you might ride on the northern coast, crossing the island from east to west, visiting the Caldeira of Faial or riding close to the Volcano of Capelinhos.

Your Yoga instructor will be waiting for you at the lodge. Enjoy a relaxing Yoga session in the studio of the Ecolodge.

Riding approx. 20km (4-5 hours)
Meals included: Breakfast, Lunch & Dinner

Day 6: Yoga & Relax

It is time to relax and appreciate the fantastic atmosphere around the Ecolodge. You will start with a morning meditation. Afterwards you find time to hike around the Ecolodge. Visit the amazing cliff coast or walk through mystical forests.

After a healthy lunch, you spend time at the saltwater pool or enjoy a nice place in the garden to relax. Before dinner you will experience another Yoga Session with your instructor.

Meals included: Breakfast, Lunch & Dinner

Day 7: Ride & Yoga Session

Depending on the running course of the trail you might ride on the northern coast, crossing the island from east to west, visiting the Caldeira of Faial or riding close to the Volcano of Capelinhos.

Your Yoga instructor will be waiting for you at the lodge. Enjoy a relaxing Yoga session in the studio of the Ecolodge.

Riding approx. 20 km (4-5 hours)

Meals included: Breakfast, Lunch & Dinner

Day 8: Departure

Departure after breakfast (around 8:30am) and transfer to the airport.

Meals included: Breakfast

Non-Riders

Non-riders are welcome to join this trip (inquire for rates).

Other Info

Meeting: Cedros

Airport: Horta Airport

Transfer: Horta Airport

Distance: 20 km

Pick-up/ drop-off for this trip is from Horta airport (HOR). On the first day, we pick you up according to your arrival time. On the last day, we drop you off around 8:30am.

Tack: Trail saddle with saddle bag

Horses: Lusitano and Cruzado Portuguese horses

Pace: 3-5 hours in the saddle per riding day
Approx 20% canter, 10% trot and 70% walk

Walk | Trot | Canter |

Level: 🐾🐾🐾🐾🐾 (3 out of 5) Intermediate

Age: Min 16 Max 99

Weight: 210 lbs / 95 kg

Riders: Min 1 riders Max 9 riders Max Capacity 28
(per riding group)

Rates and Dates 2026 - IT-PGPAT4

Rates include: Accommodation, All meals, 4 Yoga sessions with English speaking instructor, 4 riding days with English speaking guide & Transfers
Some helmets available to lend.

Packages and Options

Season	Description
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Transfer Option

Description

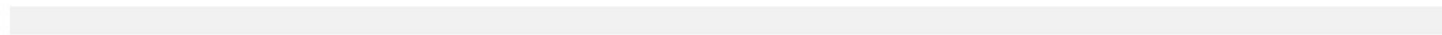
Tour Dates

Season	Tour Dates
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Custom dates are possible from April to October (Mid & High season).

Sold Out Dates (as of Feb 24 2024): June 8-9, July 6-7 & 23-25, Aug 7-9, Sep 4-6 & 18-20

Rates do not include:Drinks & Gratuities



Reservation Form

Tour : _____ **Code #:** _____ **from:** _____ **to :** _____

The Travelers (Last Name, First Name)	Male Female	Single room / or tent	Birth Date MM/DD/YY	Height	Weight	Special diets											
						Special diets	Beginner	Novice	Intermediate	Strong Intern.	Advanced	ride English	ride Western	mostly arena	mostly hacking		
1. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
2. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
3. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
4. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					

Special Diets: _____

Your fitness level: Excellent Moderate Poor How long have you been riding? _____

How often do you ride? _____ Have you been on other riding tours? No Yes last trip when? _____

If Hidden Trails offers a transfer from the local airport/station: I would like the transfer to be included: YES NO

In an emergency, name and phone number of contact: _____

Attention: Please, if there is more than one participant, all have to sign the reservation form - make copies if needed

With my signature I confirm my reservation of the listed program(s) under the Hidden Trails Booking Conditions. I'm aware, and I made all participants aware of the risk involved with these outdoor adventure activities. All participants have read and agree with the Hidden Trails Booking Conditions and the Hidden Trails Recreational Activity Release and Indemnity Agreement in this brochure or as listed on the Internet.

I (we) will sign and forward the Recreational Activity Release and Indemnity Agreement at least 10 weeks before trip starting date.

Last Name and First Name (The Traveler) _____

Street _____ e-mail _____

City _____ State _____ Postal/Zip Code _____

Phone (wk) _____ (hm) _____ Cell _____ Fax _____

Date _____ Signature (mandatory) 1. _____

Please, charge a 25% deposit (minimum \$ 350 per person) now and full payment 10 weeks before the travel date to my credit card.

For payments by VISA or Mastercard (no debit cards)

Cardholder: _____

Card # _____ 3 digit Security # _____

Exp. Date: _____ Signature _____

Billing Address for Credit Card (if different than mailing address):

I have enclosed a check for the deposit

Additional Signatures:

2. _____
3. _____
4. _____

Travel Cancellation Insurance Credit Card required

Sign me (us) up initial _____

No, we will provide our own initial _____

Hidden Trails

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Pacific Standard Time

