



# Hidden Trails

Ph. 1-888-9-TRAILS

*Equestrian Vacations  
- on & with Hidden Trails*

## About Hidden Trails



Hidden Trails is owned and operated by nature enthusiasts who love horses and adventure activities. We have been involved with riding and other outdoor vacations for over 20 years.

With our partners Voyage du Cheval (France), Pegasus (Germany) as well as Equitour (Switzerland and France) we have collected the best riding destinations all over the world in some hidden places we would like to share with you.

These rides are about galloping on endless beaches, forging rivers, cantering through forests, trotting along age-old trails, gazing at beautiful vistas and encountering foreign cultures. But most of all, these trips are about getting away from the cycle of too much work and never enough free time.

Escape from the rituals, which long ago froze our nights and days into little more than routine and away from the worries of our new tense times. It is so satisfying when we take the plunge of adventure - it's unfortunate that we invent so many reasons to put aside living our dreams of adventure. It is sometimes a tangled web that we weave through life. Some of the threads reveal a work-a-day world of commitments, duties and obligations. Other threads are of a quiet fabric of hope, responsibility and refreshment.

On our adventures you see the real country, its back country and meet the locals. The love for horses has no boundaries but possesses a common language we all speak and understand. The majority of the overseas rides are from inn to inn, some from castle to castle and a few are camping rides.

You will experience new countries and their customs and make new friends. The Hidden Trails trips are the best you can find.

They have been tested by our staff or associates and received our stamp of approval. If you are considering a special riding vacation anywhere in the world, call us first and let our experienced consultants match the perfect trip with your dream.

We will listen to you and give you objective advice to help you choose the best destination and adventure.

Your vacation is the most precious time of the year and we are committed to making it the most memorable time of your life. Wherever you go, have a great time and bring back some peace of mind.

Thank you for your continued support.

### Hidden Trails

Phone: 604-323-1141

Fax: 604-323-1148

Toll Free: 1-888-9-TRAILS

from within the USA or Canada or

E-mail: [info@hiddentrails.com](mailto:info@hiddentrails.com)

Website: [www.hiddentrails.com](http://www.hiddentrails.com)

Address:

659A Moberly Road, Vancouver BC Canada V5Z 4B3 or

4406 Tennyson Road, Wilmington, DE 19802 USA

### Toll Free from the U.K.:

Ph: 0-808 189-0420

Fax: 0-808-280-1860

### Toll Free Worldwide:

Skype: hiddentrails

# Ride and Swim in Catalonia - Spain, Europe

Tour Code: IT-SPCA04  
7 days / 6 nights ~\$2,190.00  
Dates: June to August

Trip Rating: ●●●●●  
Difficulty: ●●●●●  
Lodging: ●●●

**Tack:** Trail saddles  
**Horses:** Andalusian, Andalusian Cross and Spani...  
**Pace:** Moderate with extended trots and nice ...  
Walk, Trot, Canter,

**Airport:** Barcelona, Girona



## Introduction

Catalonia, Spain

A Special trail from the Pyrenees to the Mediterranean Sea with daily opportunities to swim in fresh water lakes, rivers and finally in the salt water sea. On one day we can even swim with our horses. We pass through deep stone oak and pine forests on secluded paths, where we find our first pool deep within the Mediterranean forest, where a waterfall splashes from high above. The atmosphere reminds us of Costa Rica. On long canters we pass through the valley of the river Fluvia up to the foot hills of the Pyrenees. Here we enter deep into a mixed forest providing shade. At the mountain stream Manol we again discover a huge pool - perfect for swimming! Deeper and deeper we ride into the nature reserve of Garrotxa and then descend to the most beautiful natural pool in the Pre-Pyrenees, with turquoise and crystal clear river water, where we swim and have a picnic! Following high paths with beautiful views of the Mediterranean, we come to a new vegetation zone - chestnut and cork oak forests cover the mountains here. In the middle of the Pyrenees we stay overnight in the pretty wooden houses of Can Roquet. We take a dip in the pool and while we are having our evening meal on the terrace, we have a fantastic panoramic view of the surrounding mountains. The next day our swim will be in a mountain lake and it's a dream comes true - we can go for a swim with the horses! The next day we quickly trot through a soft hilly landscape with its broad forests and meadows. The sweet-smelling pine forest and the soil with a tinge of red remind us of Arizona. In front of us, the plateau of the Alt Emporda opens. The next day we reach the Mediterranean. Our strong Andalusian horses manage the mountains easily and in the afternoon, we descend to the picturesque fisherman's bay. We have reached salt water and can have a swim in the sea! On the terrace of the hotel we conclude the wonderful trail with good wine and a delicious meal.

### Highlights of the trip

- Trail riding in Catalonia from mountains to sea!
- Crystal clear mountain streams – a picnic each day next to water
- A unique experience: swimming with the horses
- Riding through silvery cork forests
- Fantastically long canters in the wide valley
- Swimming in salty and fresh air
- Breathtaking panoramic views of the Pyrenees and the Mediterranean Sea

## Accommodation



### Accommodations

This is a progressive ride, so nights will be spent in different locations.

### Description

You will experience a special feeling of Catalonia in our accommodations, which offer you a cozy ambience in carefully chosen country guest houses, pensions, and friendly family-run hotels. Far away from mass tourism you will be spoiled by attentive hosts with local specialties. The rooms, mostly with private bath (1-2 nights' accommodation may be with a shared shower and toilet), are charmingly furnished and you almost feel at home.

WiFi is available at some accommodations. Laundry is not available for this trip.

### Room Occupancy

Single rooms cannot always be guaranteed though booked. If a previously confirmed single room is not available, the guest is entitled to a refund of the price paid for those nights.

Those booked as 'willing to share' will not have to pay the single supplement fee only if we are able to find a rider of the same gender to share. If we have not found someone to share 60 days prior to the trip start, then the single supplement fee applies.



### Meals

Lunches and meals eaten at the restaurants are not included in the base price and an 80 euros fee needs to be paid locally at your first dinner. Please note we only accept Euros!



You will get to know the food culture of the region through the lovingly prepared dishes from fish, game, vegetables and fruits. This experience is refined by the fine wine from the growing areas of the Empordá - your taste buds will not be neglected on this journey!

During lunch breaks, you will be cared for with your saddle-bag picnics or a three-course meal prepared by our trail assistants in a beautiful setting surrounded by nature with great attention to detail. We would like to point out that due to the pandemic, three-course table picnics cannot be served at the moment.

Our guests will be provided with fresh packed lunches (sandwiches with good fillings, fruit, something to crunch and a sweet for dessert, juice and water, etc.) by the riding operator or the hotels (exception when restaurant stops are stated for midday for which there will be no changes). The lunch packs will be carried by each guest in their saddle bags and will then be eaten at the usual rest stops during the lunch break.

During dinner at the hotels or meals at restaurants (at restaurants normally choose from the offered menu), clients will have the chance to taste various Spanish delicacies.

Dinner on the arrival day is at approximately 9:00pm.  
Breakfast on the last day is at approximately 9:00am.

Dietary Restrictions

We can cater to all dietary restrictions such as vegan, gluten, and lactose-free food. Please inform us with your booking if you have special diet requirements!



**Riding**



**Riding Experience**

This trip is suitable for strong intermediate riders and above. Riders need to be safe on a well-trained horse at all paces - including a long rising trot and canter. Equestrian experience in open country is also appreciated. Participants should be fit enough to spend several hours in the saddle every day. On rare occasions, we have to lead our horses, so you need suitable footwear.

**Riding Terrain**

Along the rivers, you will ride through the Mediterranean Pre-Pyrenees to the Mediterranean Sea. The trail includes mountainous and flat terrain in the valleys and plains. On two of the days the horses have to be led by us. Comfortable walking shoes are very helpful for approximately 30-minute descents.

**Pace**

Over five days, you will spend between 5-7 hours in the saddle and on one day we ride for 4 hours. The riding pace is very mixed. Lively canters and interesting climbing with the horses gives this trail ride a sporty character for active riders. At lunchtime there is a delicious picnic and you have time to relax and have a siesta after eating.

**Horses**

Our horses have a good life! They are kept in a natural herd setting. Our horses are selected for their appropriate temperament and a lot of time is spent on training them, so our happy Spanish horses make absolutely reliable and sure-footed companions for you. Each of our "Spaniards" has a unique character, but they have one thing in common: they are high performance athletes. A choice of around 40 lovely and reliable Andalusian and Spanish horses is waiting for you to make your riding



A choice of around 40 lovely and reliable Andalusian and Spanish horses is waiting for you, to make your holiday a unique experience!

**Tack**

We ride on high quality trail saddles, specially made for long distance riding! In cooperation with the saddler 'Hidalgo' we have developed the perfect trail saddle that is very comfortable and safe for both horse and rider. Our saddle cloths are also self-produced and hand made with the best materials, such as medical "anti-pressure sore fleece" which offers ideal conditions for our horses' backs. During the trails, each rider is provided with a hand crafted saddlebag, which is also made to our specification based on our trail riding experience.

**Trail riding without transfers**

Travel with your horse. Staying in accommodation close to your horse is our philosophy, so on all trails the horses graze nearby. No annoying transfers along winding roads. After an exciting riding day, horses and riders can rest comfortably.

**Age Restriction**

Accompanied by an adult, teenagers from 12 years on can join our horse riding holidays. Anyone over 16 years of age can join our horse riding holidays without being accompanied by an adult. The youth should have good riding skills. Prior agreement must be obtained. Approval from the parent or legal guardian must be provided.

**Guides**

The trails are carefully developed. On remote paths and lanes our friendly trail guides show you a wonderful and unknown Catalonia. The trail leaders are experienced riders and hold a trail leader license. Guides and helpers know the horses, the area and the Catalan/Spanish culture.



**Itinerary**



**Sample Itinerary - subject to changes**

*Note: This itinerary is a general guideline and in order to offer our customers the best riding holiday experience we often makes changes. Depending on the season, the weather and national holidays, we may make alterations to itineraries at short-notice. Trails can be ridden in both directions. We endeavour to ensure that our high standards of quality are maintained and reflected in the alternatives we choose.*

**Day 1: Arrival**

Arrival in Barcelona or Girona and transfer to your first night accommodation, a beautiful country house. Depending on the season you may stay at an alternative guesthouse of a similar standard nearby. A delicious evening meal around 9:00pm and overnight stay with views of the surroundings. The unique light transforms the surroundings into a picturesque painting!

*Meals included: Dinner*

**Day 2: Catalan Jungle**

From the home of our horses, we ride along lonely paths through dense holm oak and pine forests. A soothing calm surrounds us - let the holiday begin! Deep in the forest, we discover tropical vegetation that resembles a jungle. The ambience is reminding us of Costa Rica. Near the floodplains of the Fluvià under shady trees we enjoy a lovingly arranged picnic lunch, and afterwards we let our mind relax with a siesta.

In the afternoon, we trot and canter back to the mill and, after our first day in the saddle, we refresh ourselves in the beautiful garden with a cool drink and listen to the murmur of the river.

*Meals included: Breakfast & Lunch*

**Day 3: Pyrenees Foothills**

Today we start early! With the first sunlight, along the Catalan foothills of the Pyrenees, we dive deep into a shady mixed forest

mixed forest.

In a lonely valley, a small mountain stream splashes peacefully. Bath time! A jump into the natural pool refreshes us and afterwards the rocks heated by the Mediterranean sun warm us up. Our Spanish horses climb steadily and with great confidence over a pass with a magnificent panoramic view of the Gulf of Roses.

We spend the night in an impressive former monastery where a guesthouse was built more than 300 years ago.

*Meals included: Breakfast, Lunch & Dinner*

#### **Day 4: Swimming with the horses \***

Time to go for a swim in the lake! We wander through the beautiful Mediterranean mountain landscape. The cork oak forests spread a silvery shimmering light. Soon we have reached the swimming place and a dream comes true. We swim with the horses!

After a picnic and a siesta, we ride to a historic building.

From there, the view over the lake is magnificent.

*Meals included: Breakfast, Lunch & Dinner*

#### **Day 5: Muga River**

Early in the morning, we ride down to the "ice stream" La Muga, and we make a bathing stop at the river. The extremely cold water is a welcome refreshment with the high temperatures.

We follow the cool stream at a lively pace and take a lunch break in a restaurant, where we enjoy some tasty delicacies.

After the culinary strengthening, we continue along the course of the river. Then we encounter an ancient cultural landscape consisting of olive trees and vineyards. The light is impressive in this fascinating scenery.

In a winery village we spend the night in a former farmhouse. The tasteful furnishings and the lovely patio provide a beautiful ambience.

*Meals included: Breakfast, Lunch & Dinner*

#### **Day 6: Riding to the sea**

Our Andalusians brilliantly master the coastal mountains of Rodas. Here, the Pyrenees submerge into the sea. In a picturesque bay of the Wild Coast, we reach the beach, bathe in fresh sea water and taste the salt on our skin!

After the break on the sea, we arrive at our hotel. The view of the turquoise-blue shimmering Mediterranean Sea is magnificent.

We enjoy our last evening with good wine, a delicious fish dish, and let this wonderful trail come to an end.

*Meals included: Breakfast & Dinner*

#### **Day 7: Hasta la vista**

Breakfast at 9:00am, then transfer to the airports

*Meals included: Breakfast*

\*: The opportunity to swim with the horses depends on the current weather conditions. In cases of drought or restrictions on swimming in natural waters, we cannot guarantee this experience

### **Other Info**

**Meeting:** Crespità

**Airport:** Barcelona, Girona

**Transfer:** Barcelona airport at 5:30 pm, Girona airport at 6:30 pm

Pick-up / drop-off is available from Barcelona El Prat Airport (BCN) or Girona Costa Brava Airport (GRO) for an extra fee.

On Day 1, pick-up from Barcelona El Prat Airport (BCN) at for 5:30pm or from Girona Costa Brava Airport (GRO) at 6:30pm.

On last day, return flights from Barcelona Airport are OK after 2:30 PM and return flights from Girona Airport are OK after 1:00 PM!

**Tack:** Trail saddles

**Horses:** Andalusian, Andalusian Cross and Spanish

**Pace:** Moderate with extended trots and nice canters. 5-7 hours in the saddle per day.

Walk | Trot | Canter |

**Level:** 🐾🐾🐾🐾🐾 (3.5 to 4 out of 5) Strong Intermediate

**Age:** Min 12

**Weight:** 200 lbs / 90 kg

**Riders:** Min 4 riders

Max 8 riders

Riding helmets are mandatory for this ride.

## Rates and Dates 2026 - IT-SPCA04

**Rates include:** Accommodations, Most meals, 5 riding days, Tax on tourist establishments, Luggage transportation & Local transfers during trip  
Some helmets can be borrowed

## Packages and Options

Season	Description	EUR	~US\$
A 2026	7 day trip	€1990	\$2190

The US Dollar Rate is based on a EUR Exchange Rate of 1.1 and subject to currency fluctuation

**Rates Note:** Single rooms cannot always be guaranteed. If a previously confirmed single room is not available, the guest is entitled to a refund of the price paid for those nights surcharge.

Transfers only payable in cash.

## Transfer Option

### Description

2026	Transfer from/to Barcelona airport, return (5:30 PM, last day drop off around 12:30 PM)	€150	\$165
2026	Transfer from/to Girona, return (6:30 PM, last day drop off around 11:00 AM)	€120	\$130
2026	Bringing your own car	€60	\$65
2026	Single supplement (on request)	€240	\$265
2026	Restaurants fee, pp (mandatory)	€150	\$165

### Tour Dates

Season	Tour Dates		
A 2026	06/01/2026 - 06/07/2026	7d / 6n	7 day trip
A 2026	06/08/2026 - 06/14/2026	7d / 6n	7 day trip
A 2026	07/05/2026 - 07/11/2026	7d / 6n	7 day trip
A 2026	07/12/2026 - 07/18/2026	7d / 6n	7 day trip
A 2026	07/19/2026 - 07/25/2026	7d / 6n	7 day trip
A 2026	08/02/2026 - 08/08/2026	7d / 6n	7 day trip
A 2026	08/09/2026 - 08/15/2026	7d / 6n	7 day trip
A 2026	09/05/2026 - 09/11/2026	7d / 6n	7 day trip

Min/Max: 4/8

Rates do not include: Airport transfers (payable by cash locally), Entrance fees to Museums and Monuments, Drinks and snacks, Meals at restaurant (board fee €150, payable by cash at first dinner - mandatory) & Gratuities

# Reservation Form

**Tour :** \_\_\_\_\_ **Code #:** \_\_\_\_\_ **from:** \_\_\_\_\_ **to :** \_\_\_\_\_

The Travelers (Last Name, First Name)	Male Female	Single room / or tent	Birth Date MM/DD/YY	Height	Weight	Special diets									
						Special diets	Beginner	Novice	Intermediate	Strong Intern.	Advanced	ride English	ride Western	mostly arena	mostly hacking
1. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
2. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
3. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
4. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			

Special Diets: \_\_\_\_\_

Your fitness level: Excellent  Moderate  Poor  How long have you been riding? \_\_\_\_\_

How often do you ride? \_\_\_\_\_ Have you been on other riding tours? No  Yes  last trip when? \_\_\_\_\_

If Hidden Trails offers a transfer from the local airport/station: I would like the transfer to be included: YES  NO

In an emergency, name and phone number of contact: \_\_\_\_\_

Attention: Please, if there is more than one participant, all have to sign the reservation form - make copies if needed

With my signature I confirm my reservation of the listed program(s) under the Hidden Trails Booking Conditions. I'm aware, and I made all participants aware of the risk involved with these outdoor adventure activities. All participants have read and agree with the Hidden Trails Booking Conditions and the Hidden Trails Recreational Activity Release and Indemnity Agreement in this brochure or as listed on the Internet.

I (we) will sign and forward the Recreational Activity Release and Indemnity Agreement at least 10 weeks before trip starting date.

Last Name and First Name (The Traveler) \_\_\_\_\_

Street \_\_\_\_\_ e-mail \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Postal/Zip Code \_\_\_\_\_

Phone (wk) \_\_\_\_\_ (hm) \_\_\_\_\_ Cell \_\_\_\_\_ Fax \_\_\_\_\_

Date \_\_\_\_\_ Signature (mandatory) 1. \_\_\_\_\_

Please, charge a 25% deposit (minimum \$ 350 per person) now and full payment 10 weeks before the travel date to my credit card.

For payments by VISA  or Mastercard  (no debit cards)

Cardholder: \_\_\_\_\_

Card # \_\_\_\_\_ 3 digit Security # \_\_\_\_\_

Exp.Date: \_\_\_\_\_ Signature \_\_\_\_\_

Billing Address for Credit Card (if different than mailing address):  
\_\_\_\_\_

I have enclosed a check for the deposit

Additional Signatures:

2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

**Travel Cancellation Insurance** Credit Card required

Sign me (us) up  initial \_\_\_\_\_

No, we will provide our own  initial \_\_\_\_\_

## Hidden Trails

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