



# Hidden Trails

Ph. 1-888-9-TRAILS

*Equestrian Vacations  
- on & with Hidden Trails*

## About Hidden Trails



Hidden Trails is owned and operated by nature enthusiasts who love horses and adventure activities. We have been involved with riding and other outdoor vacations for over 20 years.

With our partners Voyage du Cheval (France), Pegasus (Germany) as well as Equitour (Switzerland and France) we have collected the best riding destinations all over the world in some hidden places we would like to share with you.

These rides are about galloping on endless beaches, forging rivers, cantering through forests, trotting along age-old trails, gazing at beautiful vistas and encountering foreign cultures. But most of all, these trips are about getting away from the cycle of too much work and never enough free time.

Escape from the rituals, which long ago froze our nights and days into little more than routine and away from the worries of our new tense times. It is so satisfying when we take the plunge of adventure - it's unfortunate that we invent so many reasons to put aside living our dreams of adventure. It is sometimes a tangled web that we weave through life. Some of the threads reveal a work-a-day world of commitments, duties and obligations. Other threads are of a quiet fabric of hope, responsibility and refreshment.

On our adventures you see the real country, its back country and meet the locals. The love for horses has no boundaries but possesses a common language we all speak and understand. The majority of the overseas rides are from inn to inn, some from castle to castle and a few are camping rides.

You will experience new countries and their customs and make new friends. The Hidden Trails trips are the best you can find.

They have been tested by our staff or associates and received our stamp of approval. If you are considering a special riding vacation anywhere in the world, call us first and let our experienced consultants match the perfect trip with your dream.

We will listen to you and give you objective advice to help you choose the best destination and adventure.

Your vacation is the most precious time of the year and we are committed to making it the most memorable time of your life. Wherever you go, have a great time and bring back some peace of mind.

Thank you for your continued support.

### Hidden Trails

Phone: 604-323-1141

Fax: 604-323-1148

Toll Free: 1-888-9-TRAILS

from within the USA or Canada or

E-mail: [info@hiddentrails.com](mailto:info@hiddentrails.com)

Website: [www.hiddentrails.com](http://www.hiddentrails.com)

Address:

659A Moberly Road, Vancouver BC Canada V5Z 4B3 or

4406 Tennyson Road, Wilmington, DE 19802 USA

### Toll Free from the U.K.:

Ph: 0-808 189-0420

Fax: 0-808-280-1860

### Toll Free Worldwide:

Skype: hiddentrails

# Mediterranean Trail - Spain, Europe

Tour Code: IT-SPCA09  
7 days / 6 nights ~\$2,390.00  
Dates: Feb-May & Sep-Dec

Trip Rating : ●●●●●  
Difficulty : ●●●●●  
Lodging : ●●●

**Tack:** Trail saddles  
**Horses:** Andalusian, Andalusian Cross and Spani...  
**Pace:** Moderate with extended trots and nice ...  
Walk,Trot,Canter,

**Airport:** Barcelona, Girona



## Introduction

Catalonia, Spain  
Join this diverse riding trail through the north-eastern part of Spain, crossing green hilly landscapes and mountains to the beaches of the Mediterranean (we ride between 4 and 7 hours per day, and on 2 days we ride along the beach). You will sleep in comfortable rustic stone houses and family-run farms and hotels.

### Highlights of the trip

- Two beach days with speedy gallops
- Spectacular river crossings
- Long canters through rice fields
- Ride through sand dunes and pine forests
- Picnic on the highest point of the steep coast of Costa Brava
- Ride through charming ancient villages
- Swimming in the sea with view on the cliffs of the Medes Isles

## Accommodation

### Accommodations

This is a progressive ride, so nights will be spent in different locations.

### Description

You will experience a special feeling of Catalonia in our accommodations, which offer you a cozy ambience in carefully chosen country guest houses, pensions, and friendly family-run hotels. Far away from mass tourism you will be spoiled by attentive hosts with local specialties. The rooms, mostly with private bath (1-2 nights' accommodation may be with a shared shower and toilet), are charmingly furnished and you almost feel at home.

WiFi is available at some accommodations. Laundry is not available for this trip.

### Accommodation Itinerary - subject to changes based on availability

- Night 1 & 6: Country House in Terradelles
- Night 2: Old Mill near Romanya D'Emporda
- Night 3: Mas Joncar near Sant Marti d'Ogassa
- Night 4:
- Night 5:
- Night 6:

### Country House in Terradelles

### Old Mill near Romanya d'Emporda

This lovely stonewall country house used to be a water mill (built in the 17th century) and is surrounded by nature. The main house has 3 rooms with private baths and there is an annex with 2 extra rooms and 1 bathroom. Guests can choose to relax in the reading room or TV room or they can enjoy the beautiful garden. There is free Wi-Fi access at this property.

### Mas Joncar near Sant Marti d'Ogassa

### Room Occupancy

Single rooms cannot always be guaranteed though booked. If a previously confirmed single room is not available, the guest is entitled to a refund of the price paid for those nights.

Those booked as 'willing to share' will not have to pay the single supplement fee only if we are able to find a rider of the same gender to share. If we have not found someone to share 60 days prior to the trip start, then the single supplement fee applies.

### Meals

Lunches and meals eaten at the restaurant are not included in the base price and a fee needs to be paid locally at your first dinner. Please note we only accept Euros!

You will get to know the food culture of the region through the lovingly prepared dishes from fish, game, vegetables and fruits. This experience is refined by the fine wine from the growing areas of the Empordà - your taste buds will not be neglected on this journey!

During lunch breaks, you will be cared for with your saddle-bag picnics or a three-course meal prepared by our trail assistants in a beautiful setting surrounded by nature with great attention to detail.

Our guests will be provided with fresh packed lunches (sandwiches with good fillings, fruit, something to crunch and a sweet for dessert, juice and water, etc.) by the riding operator or the hotels (exception when restaurant stops are stated for midday for which there will be no changes). The lunch packs will be carried by each guest in their saddle bags and will then be eaten at the usual rest stops during the lunch break.

During dinner at the hotels or meals at restaurants (at restaurants normally choose from the offered menu), clients will have the chance to taste various Spanish delicacies.

Dinner on the arrival day is at approximately 9:00pm.  
Breakfast on the last day is at approximately 9:00am.



#### Dietary Restrictions

We can cater to all dietary restrictions such as vegan, gluten, and lactose-free food. Please inform us with your booking if you have special diet requirements!

## Riding

#### **Riding Experience**

This trip is suitable for intermediate riders who are safe on a well-trained horse at all paces - including a long rising trot and canter. Equestrian experience in open country is a plus. Fitness and experience make several hours in the saddle possible.

#### **Riding Terrain**

Ride through forests and meadows and along paved paths through stone villages with spectacular river crossings. Canters along a sandy beach and panoramic views along the Wild Coast are hard to beat.

#### **Pace**

This trail is ridden at all gaits, so it is recommended that you know how to connect with your four-legged partner. It is also perfect for experienced riders who usually just train in the arena and would be interested to experience trail rides. Our sure-footed horses provide the necessary security in this varied terrain. Every day you will spend 4-7 hours in the saddle.

#### **Horses**

Our horses have a good life! They are kept in a natural herd setting.

Our horses are selected for their appropriate temperament and a lot of time is spent on training them, so our happy Spanish horses make absolutely reliable and sure-footed companions for you. Each of our "Spaniards" has a unique character, but they have one thing in common: they are high performance athletes.

A choice of around 40 lovely and reliable Andalusian and Spanish horses is waiting for you, to make your riding holiday a unique experience!

#### **Tack**

We ride on high quality trail saddles, specially made for long distance riding! In cooperation with the saddler 'Hidalgo' we have developed the perfect trail saddle that is very comfortable and safe for both horse and rider.

Our saddle cloths are also self-produced and hand made with the best materials, such as medical "anti-pressure sore fleece" which offers ideal conditions for our horses' backs.

During the trails, each rider is provided with a hand crafted saddlebag, which is also made to our specification based on our trail riding experience.

#### **Trail riding without transfers**

Travel with your horse. Staying in accommodation close to your horse is our philosophy, so on all trails the horses graze nearby. No annoying transfers along winding roads. After an exciting riding day, horses and riders can rest comfortably.

#### **Age Restriction**

Accompanied by an adult, teenagers from 12 years on can join our horse riding holidays. Anyone over 16 years of age can join our horse riding holidays without being accompanied by an adult. The youth should have good riding skills. Prior agreement must be obtained. Approval from the parent or legal guardian must be provided.

#### **Guides**

The trails are carefully developed. On remote paths and lanes our friendly trail guides show you a wonderful and unknown Catalonia. The trail leaders are experienced riders and hold a trail leader license. Guides and helpers know the horses, the area and the Catalan/Spanish culture.

## Itinerary

#### **Sample Itinerary - subject to changes**

*Note: This itinerary is a general guideline and in order to offer our customers the best riding holiday experience we often makes changes. Depending on the season, the weather and national holidays, we may make alterations to itineraries at short-notice. Trails can be ridden in both directions. We endeavour to ensure that our high standards of quality are maintained and reflected in the alternatives we choose.*

#### **Day 1: Arrival**

Arrival in Barcelona or Girona and transfer to your first night accommodation, a typical Catalan rustic stone house dating back to the 16th century. From here you overlook green meadows and forests. The unique light transforms the surroundings into a picturesque painting.

Please, note that dinner is served at about 9pm tonight.

*Meals included: Dinner*

*Overnight at Country House in Terradelles*

#### **Day 2: Catalan Jungle**

We ride through thick oak and pine forests and leave the village towards the mountains. In a hidden valley, we cross a small stream. Some sun rays pierce the deep green of a tropical-looking jungle. Bamboo trees border the path, and high up creepers and vines grow around the trees. We are in Spain, but the atmosphere reminds us of Costa Rica.

The River Fluvia winds through a hilly terrain. We ride through the lovely river valleys and discover a nice place for our first picnic. In the afternoon, we continue on our way trotting and cantering, until we arrive at a beautiful old mill near to the river, our accommodation for the night.

*Meals included: Breakfast, Lunch & Dinner*

*Overnight at Old Mill near Romanya D'Emporda*

#### **Day 3: Wild Costa Brava**

The River Fluvia winds its way through the country to the sea. On a small lake, a friendly Catalan named Dani welcomes us with a glass of cava, the Catalan champagne, and a mid day table prepared with love.

After lunch, we follow the river Fluvia. We cross the river and ride through a wild river landscape. At its estuary, we have a spectacular view of the Gulf of Roses. We are at the Mediterranean Sea in Spain!

A palm grove leads us to the cosy country house "Mas Joncar". With a drink on the terrace we let the day end. If you want to, you can have a refreshing bath in the "natural stone pool" before dinner.

*Meals included: Breakfast, Lunch & Dinner*

*Overnight at Mas Joncar near Sant Marti d'Ogassa*

#### **Day 4: Beach Ride**

With the sunrise, we see a kilometer-long sandy beach. The water splashes, the sand flies, we canter along the surf. The horses play with the waves and we try to stay dry. The canter along the beach is an unforgettable

sun. The horses play with the waves and we try to stay dry. The canter along the beach is an unforgettable experience!

The path gently follows through the continental sand dunes and the Mediterranean pine forest up to the rugged mountain massif Montgri. On top of the cliff, we are rewarded with a fantastic view of the endless sea. Seabirds glide over the coast in the wind. In the scent of lavender, rosemary, and thyme we strengthen ourselves with a delicious saddle bag picnic.

Later we descend into the plain of the River Ter. With long canters through the river dykes we reach again the Mediterranean Sea. We can enjoy the sunset at the beach or in the swimming pool of the hotel.

*Meals included: Breakfast, Lunch & Dinner*

*Overnight near Sant Pere Pescador*

#### **Day 5: Catalan Coast**

Right after breakfast, we are back at the beach! In front of us we see the protected islands of "Medes". A canter through the soft sand of the bay brings us into the rice fields of the wide plain, up to the pine trees near the coast. We pass the pearls of the Catalan coast: Pals, Palau-Sator and Peretallada. Old city walls surround the nested rustic stone houses. On the patterned paving stones of the narrow streets, we can still see the grooves and bursts of the horse-drawn carts of the past days. In this medieval atmosphere, Dolores and Luis await us at their comfortable accommodation. In the evening, the householders offer a delicious barbecue with meat and vegetables from the garden.

*Meals included: Breakfast, Lunch & Dinner*

*Overnight near Palafrugell*

#### **Day 6: Last Ride**

The terrain is flat, the ground soft and sandy. At a fast pace, our well-trained horses trot and canter to the river "El Ter". Fruit plantations alternate with grain fields and deep green poplar forests which give us the necessary shade. On a romantic hillside, next to a small church, we see a red-and-white tablecloth shining. We look forward to another, delicious picnic from Dani.

After a siesta, we ride through a softly curved hillside landscape back to our horse farm.

*Meals included: Breakfast, Lunch & Dinner*

*Overnight at Country House in Terradelles*

#### **Day 7: Hasta la vista**

Breakfast at 9:00am, then transfer to the airport of Girona or Barcelona.

*Meals included: Breakfast*

## **Other Info**

**Meeting:** Terradelles

**Airport:** Barcelona, Girona

**Transfer:** Barcelona airport at 5:30 pm, Girona airport at 6:30 pm

Pick-up / drop-off is available from Barcelona El Prat Airport (BCN) or Girona Costa Brava Airport (GRO) for an extra fee.

On Day 1, pick-up from Barcelona El Prat Airport (BCN) at for 5:30pm or from Girona Costa Brava Airport (GRO) at 6:30pm.

On last day, return flights from Barcelona Airport are OK after 2:30 PM and return flights from Girona Airport are OK after 1:00 PM!

**Tack:** Trail saddles

**Horses:** Andalusian, Andalusian Cross and Spanish

**Pace:** Moderate with extended trots and nice canters. 4-7 hours in the saddle per day.

Walk | Trot | Canter |

**Level:** 🐾🐾🐾🐾🐾 (3.5 to 4 out of 5) Strong Intermediate

**Age:** Min 12

**Weight:** 200 lbs / 90 kg

**Riders:** Min 4 riders Max 8 riders

Riding helmets are mandatory for this ride.

## Rates and Dates 2026 - IT-SPCA09

Rates include: Accommodations, Most meals, 5 riding days, Tax on tourist establishments, Luggage transportation & Local transfers during trip  
Some helmets can be borrowed

## Packages and Options

Season	Description	EUR	~US\$
A 2026	7 day trip	€1990	\$2390

The US Dollar Rate is based on a EUR Exchange Rate of 1.2 and subject to currency fluctuation

### Rates Note:

Transfers only payable in cash.

## Transfer Option

### Description

2026	Transfer from/to Barcelona airport, return (5:30 PM, last day drop off around 12:30 PM)	€120	\$145
2026	Transfer from/to Girona, return (6:30 PM, last day drop off around 11:00 AM)	€90	\$110
2026	Single supplement (on request)	€240	\$290
2026	Restaurants fee, pp (mandatory)	€150	\$180

### Tour Dates

Season	Tour Dates		
A 2026	03/29/2026 - 04/04/2026	7d / 6n	7 day trip
A 2026	04/12/2026 - 04/18/2026	7d / 6n	7 day trip
A 2026	04/25/2026 - 05/01/2026	7d / 6n	7 day trip
A 2026	09/19/2026 - 09/25/2026	7d / 6n	7 day trip
A 2026	10/04/2026 - 10/10/2026	7d / 6n	7 day trip
A 2026	10/12/2026 - 10/18/2026	7d / 6n	7 day trip
A 2026	10/26/2026 - 11/01/2026	7d / 6n	7 day trip
A 2026	11/02/2026 - 11/08/2026	7d / 6n	7 day trip
A 2026	11/08/2026 - 11/14/2026	7d / 6n	7 day trip
A 2026	11/29/2026 - 12/05/2026	7d / 6n	7 day trip
A 2026	12/28/2026 - 01/03/2027	7d / 6n	7 day trip

Min/Max: 4/8

Rates do not include: Airport transfers (payable by cash locally), Entrance fees to Museums and Monuments, Drinks and snacks, Meals at restaurant (board fee €150, payable by cash at first dinner - mandatory) & Gratuities

# Reservation Form

**Tour :** \_\_\_\_\_ **Code #:** \_\_\_\_\_ **from:** \_\_\_\_\_ **to :** \_\_\_\_\_

The Travelers (Last Name, First Name)	Male Female	Single room / or tent	Birth Date MM/DD/YY	Height	Weight	Special diets											
						Special diets	Beginner	Novice	Intermediate	Strong Intern.	Advanced	ride English	ride Western	mostly arena	mostly hacking		
1.	<input type="checkbox"/>	<input type="checkbox"/>				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
2.	<input type="checkbox"/>	<input type="checkbox"/>				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
3.	<input type="checkbox"/>	<input type="checkbox"/>				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
4.	<input type="checkbox"/>	<input type="checkbox"/>				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					

Special Diets: \_\_\_\_\_

Your fitness level: Excellent  Moderate  Poor  How long have you been riding? \_\_\_\_\_

How often do you ride? \_\_\_\_\_ Have you been on other riding tours? No  Yes  last trip when? \_\_\_\_\_

If Hidden Trails offers a transfer from the local airport/station: I would like the transfer to be included: YES  NO

In an emergency, name and phone number of contact: \_\_\_\_\_

Attention: Please, if there is more than one participant, all have to sign the reservation form - make copies if needed

With my signature I confirm my reservation of the listed program(s) under the Hidden Trails Booking Conditions. I'm aware, and I made all participants aware of the risk involved with these outdoor adventure activities. All participants have read and agree with the Hidden Trails Booking Conditions and the Hidden Trails Recreational Activity Release and Indemnity Agreement in this brochure or as listed on the Internet.

I (we) will sign and forward the Recreational Activity Release and Indemnity Agreement at least 10 weeks before trip starting date.

Last Name and First Name (The Traveler) \_\_\_\_\_

Street \_\_\_\_\_ e-mail \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Postal/Zip Code \_\_\_\_\_

Phone (wk) \_\_\_\_\_ (hm) \_\_\_\_\_ Cell \_\_\_\_\_ Fax \_\_\_\_\_

Date \_\_\_\_\_ Signature (mandatory) 1. \_\_\_\_\_

Please, charge a 25% deposit (minimum \$ 350 per person) now and full payment 10 weeks before the travel date to my credit card.

For payments by VISA  or Mastercard  (no debit cards)

Cardholder: \_\_\_\_\_

Card # \_\_\_\_\_ 3 digit Security # \_\_\_\_\_

Exp.Date: \_\_\_\_\_ Signature \_\_\_\_\_

Billing Address for Credit Card (if different than mailing address):  
\_\_\_\_\_

I have enclosed a check for the deposit

Additional Signatures:

2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

**Travel Cancellation Insurance** Credit Card required

Sign me (us) up  initial \_\_\_\_\_

No, we will provide our own  initial \_\_\_\_\_

## Hidden Trails

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Pacific Standard Time

