



# Hidden Trails

Ph. 1-888-9-TRAILS

*Equestrian Vacations  
- on & with Hidden Trails*

## About Hidden Trails



Hidden Trails is owned and operated by nature enthusiasts who love horses and adventure activities. We have been involved with riding and other outdoor vacations for over 20 years.

With our partners Voyage du Cheval (France), Pegasus (Germany) as well as Equitour (Switzerland and France) we have collected the best riding destinations all over the world in some hidden places we would like to share with you.

These rides are about galloping on endless beaches, forging rivers, cantering through forests, trotting along age-old trails, gazing at beautiful vistas and encountering foreign cultures. But most of all, these trips are about getting away from the cycle of too much work and never enough free time.

Escape from the rituals, which long ago froze our nights and days into little more than routine and away from the worries of our new tense times. It is so satisfying when we take the plunge of adventure - it's unfortunate that we invent so many reasons to put aside living our dreams of adventure. It is sometimes a tangled web that we weave through life. Some of the threads reveal a work-a-day world of commitments, duties and obligations. Other threads are of a quiet fabric of hope, responsibility and refreshment.

On our adventures you see the real country, its back country and meet the locals. The love for horses has no boundaries but possesses a common language we all speak and understand. The majority of the overseas rides are from inn to inn, some from castle to castle and a few are camping rides.

You will experience new countries and their customs and make new friends. The Hidden Trails trips are the best you can find.

They have been tested by our staff or associates and received our stamp of approval. If you are considering a special riding vacation anywhere in the world, call us first and let our experienced consultants match the perfect trip with your dream.

We will listen to you and give you objective advice to help you choose the best destination and adventure.

Your vacation is the most precious time of the year and we are committed to making it the most memorable time of your life. Wherever you go, have a great time and bring back some peace of mind.

Thank you for your continued support.

### Hidden Trails

Phone: 604-323-1141

Fax: 604-323-1148

Toll Free: 1-888-9-TRAILS

from within the USA or Canada or

E-mail: [info@hiddentrails.com](mailto:info@hiddentrails.com)

Website: [www.hiddentrails.com](http://www.hiddentrails.com)

Address:

659A Moberly Road, Vancouver BC Canada V5Z 4B3 or

4406 Tennyson Road, Wilmington, DE 19802 USA

### Toll Free from the U.K.:

Ph: 0-808 189-0420

Fax: 0-808-280-1860

### Toll Free Worldwide:

Skype: hiddentrails

# Catalonia Mountain To Sea Trail - Spain, Europe

Tour Code: IT-SPCHT01  
8 days / 7 nights ~\$2,610.00  
Dates: March-May, Oct-Nov.

Trip Rating : ●●●●●  
Difficulty : ●●●●●  
Lodging : ●●●

**Tack:** English with saddlebags  
**Horses:** Spanish, Hispano-Arabians, Arabians, A...  
**Pace:** 180 km in 6 riding days, 4 to 6 hours ...  
Walk, Trot, Canter, Gallop,

**Airport:** Barcelona



## Introduction

Catalonia, Spain Riding through old villages, passing Romanesque churches. From the foothills of the Pyrenees to the undulating plains of the Empordà region, fringed by the long curve of the Bay of Roses... eight kilometers of beach! You will experience the canter of our life along the white-water of the waves. As every hour passes, so does another beautiful village, castle, and church, including Castelló d'Empúries- a lively town with a majestic cathedral. Ride amidst the beautiful natural surroundings of the Alt Empordà. Discover small medieval villages such as Besalú, Crespià and Bàscara. Cross hills and fields of wheat, poppies and sunflowers. Discover forests full of wild herbs. Canter in coastal meadows and walk along small winding creeks. The Alt Empordà is full of culture, history and natural diversity.

## Accommodation

### Accommodations

This is a progressive ride so you will be staying in different locations throughout the tour.

- Can Grau [www.masiacangrau.com](http://www.masiacangrau.com)
- Hotel El Molí de l'Escala [www.molidelescala.com](http://www.molidelescala.com) or Hotel RioMar [www.hotelriomar.com](http://www.hotelriomar.com)
- Hotel El Racó de Castelló [www.hostalrecodecastello.com](http://www.hostalrecodecastello.com)
- Can Massot [www.canmassot.com](http://www.canmassot.com)
- Hotel La Palma [www.masialapalma.com](http://www.masialapalma.com)

## Riding

To participate in this trip you must be a reasonably competent rider. You should be well balanced, comfortable and secure in the saddle and able to control a well-schooled horse outside at all paces. Riders are expected to be able to cope with a variety of different going and different types of terrain. All the rides are aimed at reasonably capable riders, who are also fairly fit and riding regularly, and participants are expected to ride regularly in the months before they go to ensure they can cope with the hours in the saddle. There are also places on the rides where you will need to dismount and lead your horse for a short way – if the ground gets rough or steep, and for a short time to warm the horses up and cool them down each day. Riders are expected to groom and tack up their own horse each day in preparation for rides. You'll change accommodation every day, consult the routes description for locations.

## Itinerary

### Day 1: Welcome to Masai Can Grau

Arrival at Can Grau, a country house dedicated to rural tourism, located a few kilometers from the wild Medes Islands Nature Reserve. In the heart of nature, hidden from passers-by, with 30 years of experience in equestrian tourism. From here you will discover the Empordà region and its varied nature, which offers many possibilities for horseback riding.

Enjoy your time close to nature, the beach, and cities like Figueres and Girona. The ideal place for a horseback riding holiday, and an original way to discover the region. After enjoying a comforting dinner, we will go over the program of the week and taste one of the delicious local wines. We will talk about the characteristics of our Andalusian and Arabian crossbred horses, a combination of the best of each breed. We will have the opportunity for a one-to-one conversation designed to find every rider their perfect horse.

### Day 2: The Journey Begins

After saddling up the horses we are ready to embark on our adventure. The horses are fresh and ready. We enjoy a series of long canters through the Alt Empordà pine forests. After every hour we pass another beautiful village, castle, church, arches, tunnels, old wooden doors with wrought iron knockers, the beauty of the stonework of the past. As the afternoon draws on one can sense the proximity to the coast. At last, we arrive at the Mediterranean: the beautiful gulf of Rosas stretches before us and our hotel for the night is close to the beach.

### Day 3: Vamos A La Playa!

We trot our horses for a kilometer down to the beach. The long curve of the bay of Roses stretches before us, kilometers of golden sand. We revel in some exhilarating canters on the beach. We then head inland again along the Fluvià river, past a bird sanctuary where we can spot flocks of migrating birds. The terrain is flat with many rice plantations and peach, pear, and apple orchards. The pace today is lively and at lunchtime we will enjoy an amazing picnic. During the afternoon, you can explore Castelló d'Empúries and do some shopping. It is a lively cathedral town where one can enjoy some excellent tapas and cold drinks on one of the nice terraces. Possibility to visit the famous Dali-museum in Figueres.

### Day 4: Boadella Lake

After an excellent breakfast, we saddle up again to continue our journey to the mountains. Today the ride is spectacular, once more a lively pace as we trot and canter out across the planes, and through fields, meadows, and Mediterranean woodland, rife with the scents of wild herbs and flowers. In the afternoon we ride alongside cork trees, olive groves and vineyards. Past the lake of Boadella, we will find our accommodation for tonight, a lovely farmhouse where we will enjoy excellent homemade cuisine made with local products.

### Day 5: Empordà Wilderness

Today after saddling up the horses, we head for the most intact area on the trail, in terms of flora and wildlife: the wilderness of the Alt Garrotxa. During the morning we ride over rolling hills and through pine and oak forests. As we continue past the charming village of Terrades we are very likely to come across herds of sheep or wild boar. At dusk we arrive at our destination, Sant Martí Saserres, famous for its church, where we leave our horses to graze and rest. Today we are accompanied by car to the Hotel Masia La Palma in Espinavessa. It is a country house dedicated to rural tourism that retains its original charm and in which Tonia and Andres are the perfect hosts.

### Day 6: Catalan Architecture and Besalú

We follow the north bank of the Fluvià river, enjoying the spectacular scenery with many different bird species. We



cover a long distance in record time through sunflower fields, open meadows and forest. We stop in Besalú where we have a delicious picnic lunch by the river. Besalú, a mediaeval walled village and the ancient capital, is a jewel of Romanesque architecture set between two rivers. The squares, stone cut pillars and cool shady arched passageways are a wonder to behold. Not to mention the stained glass of its churches. We'll have some time to wander around and absorb the unique atmosphere of this ancient mediaeval village with its characteristic bridge. We will sleep the night at the Hotel Masia La Palma, where we stayed the previous night. The house dates back to the seventeenth century and has been carefully restored. The swimming pool and the living room are all at our disposal and there is the possibility to enjoy a private Spa or a massage. In the restaurant they serve a traditional cuisine based on the finest local ingredients and some old family recipes.

**Day 7: Homeward Bound**

In the morning we leave from Vilert and head straight for the forest and hills around the village of Ollers, also known for its prominent church. There are some majestic farm houses in the area, built by the nobility in the XVIIth century. With amazing views of the Pyrenees behind us, we enter the historical village of Galliners with some fine examples of Catalan architecture. We travel through forests full of aromatic herbs and wild flowers and stop for a lovely picnic surrounded by rosemary bushes. After lunch we continue our journey into the Alt Empordà region and after some good canters we ease the pace until arriving at our final destination. Sit back, relax in the gardens or have a swim in the swimming pool, and let us finish the day with a comforting home cooked meal for dinner!

**Day 8: Adios Amigos**

Breakfast and departure. We look forward to seeing you again soon.

**NOTE:** The itinerary is subject to change in case of incidents due to climate change (high temperatures, birds' migration, fire, dryness, etc.). Particularly with the beach ride: it is not possible to canter when there is too much wind.

**Other Info**

**Meeting:** Barcelona

**Airport:** Barcelona

**Transfer:** Barcelona

Transfer is from Barcelona Airport. Pick up at 6pm on arrival day - meeting point Terminal 2B (near the big horse sculpture in the main hall) Drop off at 12pm on departure day at Terminal 1. Transfer from Girona Airport or train station is also possible. Pick-up at 7:30pm, drop-off at 10:30am.

**Tack:** English with saddlebags

**Horses:** Spanish, Hispano-Arabians, Arabians, Anglo-Arabians

**Pace:** 180 km in 6 riding days, 4 to 6 hours of riding each day

Walk | Trot | Canter | Gallop |

**Level:** 🐾🐾🐾🐾🐾 (3.5 to 4 out of 5) Good Intermediate

**Age:** Min 14/16

**Weight:** 90kg/200lbs

**Riders:** Min 4 riders

Max 11 riders



## Rates and Dates 2026 - IT-SPCHT01

Rates include: Accommodations, All meals, 6 riding days

### Packages and Options

Season	Description	EUR	~US\$
A 2026	8 day trip	€2175	\$2610

The US Dollar Rate is based on a EUR Exchange Rate of 1.2 and subject to currency fluctuation

### Transfer Option

#### Description

2026Small group supplement (3 pax only), per person	€350	\$420
2026Tourist tax (mandatory, paid in cash only)	€7	\$10
2026Non-rider rate (half-board only), dbl, pp	€1525	\$1830
2026Single supplement (mandatory if requested or nobody to share)	€280	\$335
2026Round trip group transfer from Barcelona airport (pick-up at 6:00 PM, drop-off at 12:00 PM), pp, paid in cash only	€140	\$170

#### Tour Dates

Season	Tour Dates		
A 2026	03/22/2026 - 03/29/2026	8d / 7n	8 day trip
A 2026	04/05/2026 - 04/12/2026	8d / 7n	8 day trip
A 2026	04/19/2026 - 04/26/2026	8d / 7n	8 day trip
A 2026	05/03/2026 - 05/10/2026	8d / 7n	8 day trip
A 2026	05/17/2026 - 05/24/2026	8d / 7n	8 day trip
A 2026	10/11/2026 - 10/18/2026	8d / 7n	8 day trip
A 2026	10/25/2026 - 11/01/2026	8d / 7n	8 day trip

Min/Max: 4/11

Rates do not include:Transfers, tourist tax, extra drinks/snacks/activities not in the itinerary

# Reservation Form

**Tour :** \_\_\_\_\_ **Code #:** \_\_\_\_\_ **from:** \_\_\_\_\_ **to :** \_\_\_\_\_

The Travelers (Last Name, First Name)	Male Female	Single room / or tent	Birth Date MM/DD/YY	Height	Weight	Special diets												
						Special diets	Beginner	Novice	Intermediate	Strong Intern.	Advanced	ride English	ride Western	mostly arena	mostly hacking			
1.	<input type="checkbox"/>	<input type="checkbox"/>				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.	<input type="checkbox"/>	<input type="checkbox"/>				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.	<input type="checkbox"/>	<input type="checkbox"/>				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.	<input type="checkbox"/>	<input type="checkbox"/>				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Special Diets: \_\_\_\_\_

Your fitness level: Excellent  Moderate  Poor  How long have you been riding? \_\_\_\_\_

How often do you ride? \_\_\_\_\_ Have you been on other riding tours? No  Yes  last trip when? \_\_\_\_\_

If Hidden Trails offers a transfer from the local airport/station: I would like the transfer to be included: YES  NO

In an emergency, name and phone number of contact: \_\_\_\_\_

Attention: Please, if there is more than one participant, all have to sign the reservation form - make copies if needed

With my signature I confirm my reservation of the listed program(s) under the Hidden Trails Booking Conditions. I'm aware, and I made all participants aware of the risk involved with these outdoor adventure activities. All participants have read and agree with the Hidden Trails Booking Conditions and the Hidden Trails Recreational Activity Release and Indemnity Agreement in this brochure or as listed on the Internet.

I (we) will sign and forward the Recreational Activity Release and Indemnity Agreement at least 10 weeks before trip starting date.

Last Name and First Name (The Traveler) \_\_\_\_\_

Street \_\_\_\_\_ e-mail \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Postal/Zip Code \_\_\_\_\_

Phone (wk) \_\_\_\_\_ (hm) \_\_\_\_\_ Cell \_\_\_\_\_ Fax \_\_\_\_\_

Date \_\_\_\_\_ Signature (mandatory) 1. \_\_\_\_\_

Please, charge a 25% deposit (minimum \$ 350 per person) now and full payment 10 weeks before the travel date to my credit card.

For payments by VISA  or Mastercard  (no debit cards)

Cardholder: \_\_\_\_\_

Card # \_\_\_\_\_ 3 digit Security # \_\_\_\_\_

Exp. Date: \_\_\_\_\_ Signature \_\_\_\_\_

Billing Address for Credit Card (if different than mailing address):  
\_\_\_\_\_

I have enclosed a check for the deposit

Additional Signatures:

2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

**Travel Cancellation Insurance** Credit Card required

Sign me (us) up  initial \_\_\_\_\_

No, we will provide our own  initial \_\_\_\_\_

## Hidden Trails

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Canada V5Z 4B2

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Office hours:  
Mo-Fr 8:30 am to 6 pm  
Pacific Standard Time

