

Hidden Trails

Ph. 1-888-9-TRAILS

*Equestrian Vacations
- on & with Hidden Trails*

About Hidden Trails



Hidden Trails is owned and operated by nature enthusiasts who love horses and adventure activities. We have been involved with riding and other outdoor vacations for over 20 years.

With our partners Voyage du Cheval (France), Pegasus (Germany) as well as Equitour (Switzerland and France) we have collected the best riding destinations all over the world in some hidden places we would like to share with you.

These rides are about galloping on endless beaches, forging rivers, cantering through forests, trotting along age-old trails, gazing at beautiful vistas and encountering foreign cultures. But most of all, these trips are about getting away from the cycle of too much work and never enough free time.

Escape from the rituals, which long ago froze our nights and days into little more than routine and away from the worries of our new tense times. It is so satisfying when we take the plunge of adventure - it's unfortunate that we invent so many reasons to put aside living our dreams of adventure. It is sometimes a tangled web that we weave through life. Some of the threads reveal a work-a-day world of commitments, duties and obligations. Other threads are of a quiet fabric of hope, responsibility and refreshment.

On our adventures you see the real country, its back country and meet the locals. The love for horses has no boundaries but possesses a common language we all speak and understand. The majority of the overseas rides are from inn to inn, some from castle to castle and a few are camping rides.

You will experience new countries and their customs and make new friends. The Hidden Trails trips are the best you can find.

They have been tested by our staff or associates and received our stamp of approval. If you are considering a special riding vacation anywhere in the world, call us first and let our experienced consultants match the perfect trip with your dream.

We will listen to you and give you objective advice to help you choose the best destination and adventure.

Your vacation is the most precious time of the year and we are committed to making it the most memorable time of your life. Wherever you go, have a great time and bring back some peace of mind.

Thank you for your continued support.

Hidden Trails

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Skype: hiddentrails

Castles of Gredos - Spain, Europe

Tour Code: IT-SPGRE1-G
7 days / 6 nights ~\$2,390.00
Dates: May to November

Trip Rating: ●●●●●
Difficulty: ●●●●●
Lodging: ●●●●●

Tack: English with saddlebag
Horses: Pura Raza Española PRE (14), Pure Hisp...
Pace: Moderate with extended trots and contr...
Walk, Trot, Canter,

Airport: Madrid



Introduction

Central Spain, Spain
Starting in Navarredonda de Gredos, you will follow the Tormes river valley, crossing different landscape everyday as well as beautiful medieval villages full of history.

During this ride, you will also stay one night in Barco de Avila, the hometown of your host. Here, your guide spent his childhood riding with his brother, moving his grandfather's cows.

The terrain we ride on is different every day and the scenery never gets boring. This is a great ride year round!

Accommodation



Accommodations

This is a progressive ride, so nights are spent in different locations.

Description

Accommodations are in small hotels and rural inns with private bathroom (toiletries almost always included). Most overnights are at charming rural hotels where we enjoy the exquisite regional cuisine, known for its tendency to be gourmet. We will also experience modern hotels, built in the traditional European style, located in areas of outstanding beauty.

All accommodations provide free Wi-Fi access.

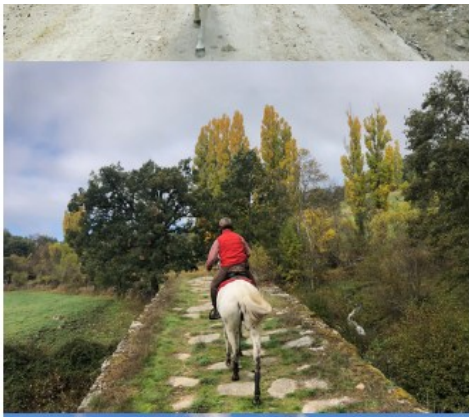
Accommodation Itinerary - subject to changes based on availability

- Night 1: Hotel in Navarredonda de Gredos
- Night 2: Hotel in Hoyos del Espino
- Night 3: Hotel in El Barco de Avila
- Night 4: Rural Hotel in Hoyorredondo
- Night 5: Rural Hotel in Navacepedilla
- Night 6: Hotel in Navarredonda de Gredos

Hotel in Navarredonda de Gredos

This small hotel is surrounded by nature and provides great views of the mountains. The bedrooms all come with Wi-Fi access, a TV and private facilities. Guests are welcome to relax in the panoramic lounge or outdoor terrace.





Hotel in Hoyos del Espino

This charming hotel offers beautiful views over the Gredos Mountains. It has 21 rooms, all equipped with a TV, private bathroom and free Wi-Fi. The hotel has a digital telescope and can arrange observation sessions on clear nights.



Hotel in El Barco de Ávila

This beautiful hotel built out of noble materials offers modern and comfortable accommodations featuring private bathrooms with hair dryer and toiletries, heating/air-conditioning, a TV, free Wi-Fi access and hardwood floors. The property benefits from a beautiful view over the city and surrounding mountains as well as a lovely garden and terrace.



Rural Hotel in Hoyorredondo

This charming rural accommodation is surrounded by beautiful nature and has been built in the traditional architectural style of the area. It has 6 guestrooms with a rustic decor, private facilities and a TV. There is a lovely garden and terrace where guests can relax. There is also a living room with a big fireplace that guests are welcome to use. Wi-Fi is available in public areas.



Rural Hotel in Navacepedilla

This charming rural complex has 17 accommodations with beautiful views over the surrounding mountains. The rooms feature natural materials with stone walls and beam ceilings. Each one of them has been fitted with a TV, free Wi-Fi access, a lounge area with fireplace, air conditioning and a modern bathroom. Guests are also welcome to relax in the beautiful garden.

Room Occupancy

If we are unable to find another rider to share the room with you, the single supplement fee applies.



Meals

All meals are included on this trip.

The food is a highlight of this trip! Mamen will delight you with the tapas-breaks waiting for you with Serrano ham, Manchego cheese, olives, nuts, etc.

Lunches are taken on the trail; in the countryside (we bring tables and chairs) and always include a starter (salad, gazpacho, vegetables, etc), a main course (paella, iberian pork, fish, etc), fresh fruit, coffee and local wines. Lunchtime features delicious home cooked Spanish dishes such as Paella, Tortilla Española, Iberian pork bbq, salads, and soft cheese very typical from Extremadura "Torta del Casar". Lunch is often followed by a siesta in the countryside.

After the day riding, your dinner in the evening is around 9 pm and you can choose from different dishes and courses of local Spanish recipes. Your dinner is usually taken at the accommodation and include a choice between 3-5 starters (mix salad, soup, vegetables, pasta, etc), 3-5 main course (grilled beef, pork, stews, fish, omelet, etc), a dessert (flan, rice pudding, fruit, cake, etc), local wine, bread and coffee or tea.

The following drinks are included in the package: red and white wines, beer, refreshments, coffee or tea during the meals and aperitifs. Water bottle is provided every morning.

Dietary Restrictions

Special diets (vegetarian, gluten free, allergies, etc.) can be arranged with advance notice.



Riding

Riding Experience

This trip has been designed for intermediate to experienced riders. You should be comfortable at the walk, trot and canter, in group, in open spaces and your seat should be firm. On the rides, you will be riding for between four to seven hours a day so it is important to be as riding fit as possible.

Pace

The overall pace of riding is moderate with walk, trots and canters mostly every day, depending on the terrain. Usually, when the terrain allows for a safe canter, we canter. In the mountains, in many areas the terrain does not allow for trotting or cantering so we enjoy walking with breathtaking views around.

Tack

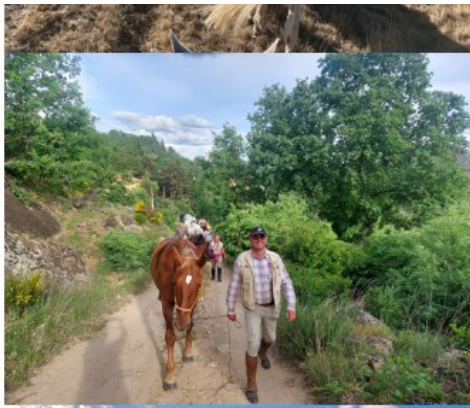
We use fine quality English saddles and silicon seat saver. All the tack is in excellent conditions, very comfortable for horses and riders. You have small saddlebags in front of the saddles for a water bottle, sunscreen, camera, mobile, etc.

Helmet

We recommend wearing a helmet, however you can ride without a helmet but your insurance must clearly state that you are covered to do that. You will also be asked to sign a disclaimer.

Support Vehicle

A support van follows the group during the whole week, meeting us in the morning, for tapas-breaks, lunches, at night and to move your luggage. This means you have access to your luggage at least 3 times a day.



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Horses

We currently have 21 horses: 14 PRE, 4 Pure Hispano-Arab, 1 Anglo-Arab and 2 Crossed (hispano-bretón, hispano-lusitano).

Our horses are responsive, well behave, good natured and serene thanks to the natural horsemanship method used to train them.

Most of our horses were born and bred at home while others have been with us since they were foals.

They live in freedom as a herd, eating, drinking, sleeping and traveling together in the most natural way possible. They live in a huge pine forest (500 ha) in the Gredos Mountains or in the rich pastures in the Dehesas of Extremadura. They keep fit as they can walk around 20 km every day. They live with other groups of animals including other horses, donkeys, cows and also wild animals such as wolves, roe deer, deer, wild boar, foxes.

Staff

Emilio and Mamen (both born in Gredos Mountains) will be personally escorting you on these trips. Emilio will happily guide you across the trails, while Mamen will be preparing delicious meals and pic-nics.

Emilio has been working in equestrian tourism for over 30 years and he dedicated his whole life to his horses. He speaks English and Spanish.

Age Restrictions

There is no upper age limit, as long as you are riding fit and healthy. The minimum riding age is 10 years old (competent riders only), accompanied by an adult.

Travel Insurance

It is mandatory to take a travel insurance for this trip! If you come from Europe, you should bring the European Health card, this gives you access to Spanish health care.

Itinerary



Sample Itinerary - subject to changes

The following is a sample itinerary but please note that changes are possible due to weather and other circumstances.

The van support is always close to the group with the luggage, so it's not necessary to carry things on the horse. The group meets the van at tapas time, lunch time, or in any other moment if necessary (for shoeing a horse, take rain coats, etc).

Day 1 (Sunday): Arrival to Navarredonda de Gredos

Meet at Madrid airport for 3:00 pm and transfer to Navarredonda (2 hours' drive). Stop in Avila for a short visit. Enjoy a welcome dinner.

Meals included: Dinner

Overnight at a Hotel in Navarredonda de Gredos

Day 2 (Monday): Navarredonda de Gredos to Navacepeda de Tormes

After the distribution of horses, we ride through the Tormes valley and pine forest. We cross some open fields with great views of the Gredos Mountains. We have lunch at fisherman's hut with an excellent paella, cooked on the spot, beside the river Tormes (possible swimming in summer). Short afternoon ride to Navacepeda.

Riding 4 hours.

Meals included: Breakfast, Lunch & Dinner

Overnight at a Hotel in Hoyos del Espino

Day 3 (Tuesday): Navacepeda de Tormes to El Barco de Avila

The longest day and the most beautiful views of Gredos Mountains await us! We ride down the valley riding through small and remote shepherd villages. We stop for lunch at Aliseda de Tormes, beside the Tormes River and its medieval bridge. In the afternoon, we will ride across an open valley with a different landscape and good trots and canters to El Barco de Avila. We will cross the Tormes River on a beautiful roman bridge to get to the village. Night and dinner at a 4* hotel.

Riding 6.5 hours.

Meals included: Breakfast, Lunch & Dinner

Overnight at a Hotel in El Barco de Avila

Day 4 (Wednesday): El Barco de Avila to Hoyorredondo

We ride to Salamanca province, a beautiful flat and dry area, with incredible granite formations. It is a very rural region, where you will see fields with stonewalls and farmers riding donkeys. Later on, we ride through holm oaks woods and pastures. We will cross Puente del Congosto, another medieval village with a 15th century bridge and Castle. Picnic near the river, a very beautiful spot for swimming in summer. In the afternoon, we will have some fast and good canters to Hoyorredondo. Overnight and dinner at a very beautiful rural Inn, La Trocha de Hoyorredondo, where it is possible to see the horses resting from your bedroom's window. A magical place.

Riding 6 hours.

Meals included: Breakfast, Lunch & Dinner

Overnight at La Trocha de Hoyorredondo in Hoyorredondo

Day 5 (Thursday): Hoyorredondo to Navacepedilla de Corneja

Good trots and canters in the morning by the flat Corneja River Valley to Bonilla de la Sierra - very important medieval town, with a beautiful church. We take our lunch break in a private garden with swimming pool and taste a bbq with Avilan beefsteak. In the afternoon, we will start climbing to the top of the mountains.

Riding 6 hours.

Meals included: Breakfast, Lunch & Dinner

Overnight at Hotel in Navacepedilla de Corneja

Day 6 (Friday): Navacepedilla de Corneja to Navarredonda de Gredos

This is a magnificent day! We ride in the mountains through 3 different valleys. In the morning, we will ride up to the highest place of the ride: Puerto de Chía (1,800 m), with a magnificent view of the Corneja river valley in the back and the Alberche river valley in the front. Lunch break is at San Martín de la Vega with the views of the Gredos Mountains. After lunch, we will cross the Alberche River and continue to Tormes River valley to get to the stables.

Meals included: Breakfast, Lunch & Dinner

Overnight at Hotel in Navarredonda de Gredos

Day 7 (Saturday): Departure

Breakfast at the hotel, departure at 10am to be in Madrid airport around noon.

Meals included: Breakfast

8-day option: Same itinerary with extra day riding with good trots and canters along the lovely Tormes river valley.

Day 7 (Saturday): Navarredonda de Gredos

You go on a circular fast-paced ride along the lovely Tormes river valley.

Meals included: Breakfast, Lunch & Dinner

Overnight at Hotel in Navarredonda de Gredos

Day 8 (Sunday): Departure

Breakfast at hotel, departure at around 10 am. To be at Madrid airport at 12 pm.

Meals included: Breakfast

Non-Riders

Non-riding companions are welcome to join this trip. They can travel in the support car and join in meals, dinners and others activities, or if they wish, they can rent a car and move on their own, joining the group for dinner.

Other Info

Meeting: Navarredonda de Gredos

Airport: Madrid

Train station: Avila

Transfer: Madrid airport

Pick-up/ drop-off is available from Adolfo Suárez Madrid Barajas Airport in Madrid (MAD)

Pick-up is set for 3:00pm on Day 1. Please, plan your arrival flight for no later than 2:00pm.

You will depart after breakfast on the last day and arrive at the airport around 12:30pm. Please do not book your departing flights leaving before 3:00pm!

Tack: English with saddlebag

Horses: Pura Raza Española PRE (14), Pure Hispano-Arab (4), Anglo-arab (1), 2 Crossecc (hispano-bretón, hispano-lusitano)

Pace: Moderate with extended trots and controlled canters. (approx. 150-180 km total)

Walk | Trot | Canter |

Level: 🐾🐾🐾🐾 (3 to 3 out of 5) Intermediate

Age: Min 10

Weight: 200 lbs / 90 kg

Riders: Min 4 riders

Max 10 riders

Rates and Dates 2026 - IT-SPGRE1-G

Rates include: Accommodations, All meals with wine for dinner and lunch, 5 Riding days, Luggage transport & Excursions described in itinerary

Packages and Options

Season	Description	EUR	~US\$
A 2026	7 day trip	€1990	\$2390

The US Dollar Rate is based on a EUR Exchange Rate of 1.2 and subject to currency fluctuation

Rates Note: The price for non rider is the same than always, 20% less than normal price.

Transfer Option

Description

2026	Transfer from/to Madrid Airport included at set times		
2026	Small group supplement (2-3 pax only), pp - please inquire		
2026	Non-rider- 20% discount		
2026	Single supplement	€295	\$355

Tour Dates

Season	Tour Dates		
A 2026	05/24/2026 - 05/30/2026	7d / 6n	7 day trip
A 2026	05/31/2026 - 06/06/2026	7d / 6n	7 day trip
A 2026	09/13/2026 - 09/19/2026	7d / 6n	7 day trip
A 2026	09/27/2026 - 10/03/2026	7d / 6n	7 day trip
A 2026	10/04/2026 - 10/10/2026	7d / 6n	7 day trip
A 2026	10/18/2026 - 10/24/2026	7d / 6n	7 day trip

Min/Max: 4/10

Rates do not include: Alcoholic and canned drinks other than wine, Travel insurance (mandatory), Transfer from/to Madrid Airport & Gratuities

Reservation Form

Tour : _____ **Code #:** _____ **from:** _____ **to :** _____

The Travelers (Last Name, First Name)	Male Female	Single room / or tent	Birth Date MM/DD/YY	Height	Weight	Special diets												
						Special diets	Beginner	Novice	Intermediate	Strong Intern.	Advanced	ride English	ride Western	mostly arena	mostly hacking			
1.	<input type="checkbox"/>	<input type="checkbox"/>				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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Special Diets: _____

Your fitness level: Excellent Moderate Poor How long have you been riding? _____

How often do you ride? _____ Have you been on other riding tours? No Yes last trip when? _____

If Hidden Trails offers a transfer from the local airport/station: I would like the transfer to be included: YES NO

In an emergency, name and phone number of contact: _____

Attention: Please, if there is more than one participant, all have to sign the reservation form - make copies if needed

With my signature I confirm my reservation of the listed program(s) under the Hidden Trails Booking Conditions. I'm aware, and I made all participants aware of the risk involved with these outdoor adventure activities. All participants have read and agree with the Hidden Trails Booking Conditions and the Hidden Trails Recreational Activity Release and Indemnity Agreement in this brochure or as listed on the Internet.

I (we) will sign and forward the Recreational Activity Release and Indemnity Agreement at least 10 weeks before trip starting date.

Last Name and First Name (The Traveler) _____

Street _____ e-mail _____

City _____ State _____ Postal/Zip Code _____

Phone (wk) _____ (hm) _____ Cell _____ Fax _____

Date _____ Signature (mandatory) 1. _____

Please, charge a 25% deposit (minimum \$ 350 per person) now and full payment 10 weeks before the travel date to my credit card.

For payments by VISA or Mastercard (no debit cards)

Cardholder: _____

Card # _____ 3 digit Security # _____

Exp.Date: _____ Signature _____

Billing Address for Credit Card (if different than mailing address):

I have enclosed a check for the deposit

Additional Signatures:

2. _____
3. _____
4. _____

Travel Cancellation Insurance Credit Card required

Sign me (us) up initial _____

No, we will provide our own initial _____

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