

Hidden Trails

Ph. 1-888-9-TRAILS

*Equestrian Vacations
- on & with Hidden Trails*

About Hidden Trails

Hidden Trails is owned and operated by nature enthusiasts who love horses and adventure activities. We have been involved with riding and other outdoor vacations for over 20 years.

With our partners Voyage du Cheval (France), Pegasus (Germany) as well as Equitour (Switzerland and France) we have collected the best riding destinations all over the world in some hidden places we would like to share with you.

These rides are about galloping on endless beaches, forging rivers, cantering through forests, trotting along age-old trails, gazing at beautiful vistas and encountering foreign cultures. But most of all, these trips are about getting away from the cycle of too much work and never enough free time.

Escape from the rituals, which long ago froze our nights and days into little more than routine and away from the worries of our new tense times. It is so satisfying when we take the plunge of adventure - it's unfortunate that we invent so many reasons to put aside living our dreams of adventure. It is sometimes a tangled web that we weave through life. Some of the threads reveal a work-a-day world of commitments, duties and obligations. Other threads are of a quiet fabric of hope, responsibility and refreshment.

On our adventures you see the real country, its back country and meet the locals. The love for horses has no boundaries but possesses a common language we all speak and understand. The majority of the overseas rides are from inn to inn, some from castle to castle and a few are camping rides.

You will experience new countries and their customs and make new friends. The Hidden Trails trips are the best you can find.

They have been tested by our staff or associates and received our stamp of approval. If you are considering a special riding vacation anywhere in the world, call us first and let our experienced consultants match the perfect trip with your dream.

We will listen to you and give you objective advice to help you choose the best destination and adventure.

Your vacation is the most precious time of the year and we are committed to making it the most memorable time of your life. Wherever you go, have a great time and bring back some peace of mind.

Thank you for your continued support.

Hidden Trails

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Skype: hiddentrails



Valleys of Gredos - Spain, Europe

Tour Code: IT-SPGRE1-V
7 days / 6 nights ~\$2,390.00
Dates: December

Trip Rating : ●●●●●
Difficulty : ●●●●●
Lodging : ●●●

Tack: English with saddlebag
Horses: Pura Raza Española PRE (14), Pure Hisp...
Pace: Moderate with extended trots and contr...
Walk,Trot,Canter,

Airport: Madrid



Introduction

Central Spain, Spain
During this ride, you will explore four different river valleys: Tietar, Tormes, Alberche and Comeja.

Ride from the highest trails of the Gredos mountains, crossing pine forests and riding down to valleys and gorges with clear mountain waters. You will enjoy great views of the Sierra de Gredos during the entire week! The terrain does not allow for trotting or cantering in many areas so we enjoy a relaxed pace to take in all the beautiful sights.

Accommodation

Accommodations

This is a progressive ride, so nights are spent in different locations.

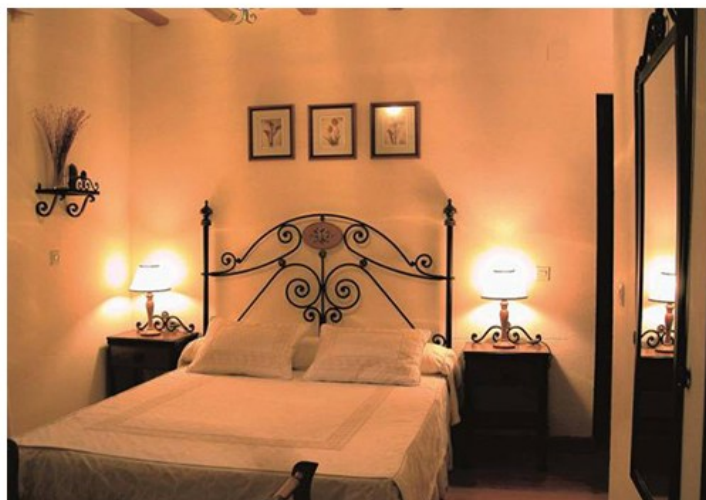
Description

Accommodations are in small hotels and rural inns with private bathroom (toiletries almost always included). Most overnights are at charming rural hotels where we enjoy the exquisite regional cuisine, known for its tendency to be gourmet. We will also experience modern hotels, built in the traditional European style, located in areas of outstanding beauty.

All accommodations provide free Wi-Fi access.

Accommodation Itinerary - subject to changes based on availability

- Night 1: Hotel in Navarredonda de Gredos
- Night 2: Country House in Cuevas del Valle
- Night 3: Country Hotel in San Martin del Pimpollar
- Night 4: Country House in San Martin de la Vega
- Night 5: Hotel in Hoyos del Espino
- Night 6: Hotel in Navarredonda de Gredos



Hotel in Navarredonda de Gredos

This small hotel is surrounded by nature and provides great views of the mountains. The bedrooms all come with Wi-Fi access, a TV and private facilities. Guests are welcome to relax in the panoramic lounge or outdoor terrace.





Country House in Cuevas del Valle

This lovely rural accommodation benefits of great mountain views. The rooms are simply decorated and all include a TV, air conditioning and heating as well as a private bathroom and free Wi-Fi access.

Country Hotel in San Martin del Pimpollar

This small hotel offers comfortable bedrooms with great mountain views. Each room features a TV, Wi-Fi access, heating and private facilities. There is a lounge area where guests can relax in front of the fireplace.

Country House in San Martin de la Vega

This charming stone house accommodation offers 2 cozy bedrooms and a shared bathroom. There is a living room with a TV, free internet access and a washing machine. Guests are also welcome to use the small terrace.

Hotel in Hoyos del Espino

This family hotel has been welcoming visitors since 1978. It has 15 guestrooms; all fitted with a private bathroom and a TV. There are public areas where guest can read a book, enjoy the view, watch TV or simply surf the internet. There is also a small garden with colorful flowers and a terrace.

Room Occupancy

If we are unable to find another rider to share the room with you, the single supplement fee applies.

Meals

All meals are included on this trip.

The food is a highlight of this trip! Mamen will delight you with the tapas-breaks waiting for you with Serrano ham, Manchego cheese, olives, nuts, etc.

Lunches are taken on the trail; in the countryside (we bring tables and chairs) and always include a starter (salad, gazpacho, vegetables, etc), a main course (paella, iberian pork, fish, etc), fresh fruit, coffee and local wines. Lunchtime features delicious home cooked Spanish dishes such as Paella, Tortilla Española, Iberian pork bbq, salads, and soft cheese very typical from Extremadura "Torta del Casar". Lunch is often followed by a siesta in the countryside.

After the day riding, your dinner in the evening is around 9 pm and you can choose from different dishes and courses of local Spanish recipes. Your dinner is usually taken at the accommodation and include a choice between 3-5 starters (mix salad, soup, vegetables, pasta, etc), 3-5 main course (grilled beef, pork, stews, fish, omelet, etc), a dessert (flan, rice pudding, fruit, cake, etc), local wine, bread and coffee or tea.

The following drinks are included in the package: red and white wines, beer, refreshments, coffee or tea during the meals and aperitifs. Water bottle is provided every morning.

Dietary Restrictions

Special diets (vegetarian, gluten free, allergies, etc.) can be arranged with advance notice.

Riding

Riding Experience

This trip has been designed for intermediate to experienced riders. You should be comfortable at the walk, trot and canter, in group, in open spaces and your seat should be firm. On the rides, you will be riding for between four to seven hours a day so it is important to be as riding fit as possible.

Pace

The overall pace of riding is moderate with walk, trots and canters mostly every day, depending on the terrain. Usually, when the terrain allows for a safe canter, we canter. In the mountains, in many areas the terrain does not allow for trotting or cantering so we enjoy walking with breathtaking views around.

Tack

We use fine quality English saddles and silicon seat saver. All the tack is in excellent conditions, very comfortable for horses and riders. You have small saddlebags in front of the saddles for a water bottle, sunscreen, camera, mobile, etc.

Helmet

We recommend wearing a helmet, however you can ride without a helmet but your insurance must clearly state that you are covered to do that. You will also be asked to sign a disclaimer.

Support Vehicle

A support van follows the group during the whole week, meeting us in the morning, for tapas-breaks, lunches, at night and to move your luggage. This means you have access to your luggage at least 3 times a day.

Horses

We currently have 21 horses: 14 PRE, 4 Pure Hispano-Arab, 1 Anglo-Arab and 2 Crossed (hispano-bretón, hispano-lusitano).

Our horses are responsive, well behave, good natured and serene thanks to the natural horsemanship method used to train them.

Most of our horses were born and bred at home while others have been with us since they were foals.

They live in freedom as a herd, eating, drinking, sleeping and traveling together in the most natural way possible.

They live in a huge pine forest (500 ha) in the Gredos Mountains or in the rich pastures in the Dehesas of Extremadura. They keep fit as they can walk around 20 km every day. They live with other groups of animals including other horses, donkeys, cows and also wild animals such as wolves, roe deer, deer, wild boar, foxes.

Staff

Emilio and Mamen (both born in Gredos Mountains) will be personally escorting you on these trips. Emilio will happily guide you across the trails, while Mamen will be preparing delicious meals and pic-nics.

Emilio has been working in equestrian tourism for over 30 years and he dedicated his whole life to his horses. He speaks English and Spanish.

Age Restrictions

There is no upper age limit, as long as you are riding fit and healthy. The minimum riding age is 10 years old (competent riders only), accompanied by an adult.

Travel Insurance

It is mandatory to take a travel insurance for this trip! If you come from Europe, you should bring the European Health card, this gives you access to Spanish health care.



Itinerary



Sample Itinerary - subject to changes

The following is a sample itinerary but please note that changes are possible due to weather and other circumstances.

The van support is always close to the group with the luggage, so it's not necessary to carry things on the horse. The group meets the van at tapas time, lunch time, or in any other moment if necessary (for shoeing a horse, take rain coats, etc).

Day 1 (Sunday): Arrival to Navarredonda de Gredos

Meet at Madrid airport for 3:00 pm and transfer to Navarredonda (2 hours' drive) with a stop en route in Avila (short visit). Enjoy your welcome dinner at the hotel with us in Navarredonda de Gredos.

Meals included: Dinner

Overnight at a Hotel in Navarredonda de Gredos

Day 2 (Monday): Navarredonda de Gredos to Cuevas del Valle (Tietar river valley)

Distribution of horses at the stables. We cross the mountains through Puerto del Arenal following the very old path, which was used like a commercial way from north to south of the Gredos Mountains. Beautiful views of the Tietar river valley. Night in very nice rural inn "El rinconcito de Gredos" in Cuevas del Valle.

Riding 6 hours.

Meals included: Breakfast, Lunch & Dinner

Overnight at "El rinconcito de Gredos" in Cuevas del Valle

Day 3 (Tuesday): Cuevas del Valle to San Martín del Pimpollar (Alberche river valley)

We ride through the Roman Road (II century B.C.) to join the Cañada Real - very important medieval paths for Merino sheep Transhumance. We will get Puerto del Pico, with magnificent views of the Tietar River Valley. After a tapas-break we continue riding along the Alberche River Valley. Beautiful lunch beside the river. Tonight, we will arrive in San Martín del Pimpollar.

Riding 5 hours.

Meals included: Breakfast, Lunch & Dinner

Overnight at casa rural "Las cuatro calles" in San Martín del Pimpollar

Day 4 (Wednesday): San Martín del Pimpollar to San Martín de la Vega (Corneja river valley)

Following the Alberche River Valley, we will ride through wild nature in the north side of the mountains. Beautiful landscape, especially in Spring when the broom is blooming. Lunch in the countryside with magnificent views of the highest peaks of the Sierra de Gredos. We stop for dinner and overnight at rural inn in San Martín de la Vega.

Riding 6.5 hours

Meals included: Breakfast, Lunch & Dinner

Overnight at a Hotel in San Martín de la Vega

Day 5 (Thursday): San Martín de la Vega to Navacepeda de Tormes (Tormes river valley)

We are still in the mountains, with pine trees, broom, stonewalls... The region we explore today is the summer pastures for Avilan cows. We will get very close to the source of the Alberche River. We stop for lunch beside a lagoon. In the afternoon, we ride to Navacepeda through open landscapes with the most beautiful views of Gredos Mountains. Dinner at a restaurant.

Riding 6 hours.

Meals included: Breakfast, Lunch & Dinner

Overnight at Capra Hispanica in Hoyos del Espino

Day 6 (Friday): Navacepeda de Tormes to Navarredonda de Gredos (Tormes river valley)

Easy and beautiful day. Today's ride follows the Tormes River Valley. Lunch at fisherman's hut beside the Tormes River - wonderful spot for swimming. Short afternoon ride with a few fast good canters to finish the ride.

Riding 5 hours

Meals included: Breakfast, Lunch & Dinner

Overnight at a Hotel in Navarredonda de Gredos

Day 7 (Saturday): Departure

Breakfast at hotel. Departure around 10 am to be at 12 pm in Madrid airport.

Meals included: Breakfast

Non-Riders

Non-riding companions are welcome to join this trip. They can travel in the support car and join in meals, dinners and others activities, or if they wish, they can rent a car and move on their own, joining the group for dinner.

Other Info

Meeting: Navarredonda de Gredos

Airport: Madrid

Train station: Avila



Transfer: Madrid airport

Pick-up/ drop-off is available from Adolfo Suárez Madrid Barajas Airport in Madrid (MAD)
Pick-up is set for 3:00pm on Day 1. Please, plan your arrival flight for no later than 2:00pm.
You will depart after breakfast on the last day and arrive at the airport around 12:30pm. Please do not book your departing flights leaving before 3:00pm!

Tack: English with saddlebag

Horses: Pura Raza Española PRE (14), Pure Hispano-Arab (4), Anglo-arab (1), 2 Crosses (hispano-bretón, hispano-lusitano)

Pace: Moderate with extended trots and controlled canters. (approx. 150 km total)

Walk | Trot | Canter |

Level: 🐾🐾🐾🐾 (3 to 3 out of 5) Intermediate

Age: Min 10

Weight: 200 lbs / 90 kg

Riders: Min 4 riders

Max 10 riders

Rates and Dates 2026 - IT-SPGRE1-V

Rates include: Accommodations, All meals with wine for dinner and lunch, 5 Riding days, Luggage transport & Excursions described in itinerary

Packages and Options

Season	Description	EUR	~US\$
A 2026	8 day trip	€1990	\$2390

The US Dollar Rate is based on a EUR Exchange Rate of 1.2 and subject to currency fluctuation

Rates Note: The price for non rider is the same than always, 20% less than normal price.

Transfer Option

Description

2026	Transfer from/to Madrid Airport included at set times		
2026	Single supplement	€295	\$355
2026	Small group supplement (2-3 pax only), pp - please inquire		
2026	Non-rider- 20% discount		

Tour Dates

Season	Tour Dates		
A 2026	12/13/2026 - 12/19/2026	7d / 6n	8 day trip

Min/Max: 4/10

Rates do not include: Alcoholic and canned drinks other than wine, Travel insurance (mandatory), Transfer from/to Madrid Airport & Gratuities

Reservation Form

Tour : _____ **Code #:** _____ **from:** _____ **to :** _____

The Travelers (Last Name, First Name)	Male Female	Single room / or tent	Birth Date MM/DD/YY	Height	Weight	Special diets												
						Special diets	Beginner	Novice	Intermediate	Strong Intern.	Advanced	ride English	ride Western	mostly arena	mostly hacking			
1. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Special Diets: _____

Your fitness level: Excellent Moderate Poor How long have you been riding? _____

How often do you ride? _____ Have you been on other riding tours? No Yes last trip when? _____

If Hidden Trails offers a transfer from the local airport/station: I would like the transfer to be included: YES NO

In an emergency, name and phone number of contact: _____

Attention: Please, if there is more than one participant, all have to sign the reservation form - make copies if needed

With my signature I confirm my reservation of the listed program(s) under the Hidden Trails Booking Conditions. I'm aware, and I made all participants aware of the risk involved with these outdoor adventure activities. All participants have read and agree with the Hidden Trails Booking Conditions and the Hidden Trails Recreational Activity Release and Indemnity Agreement in this brochure or as listed on the Internet.

I (we) will sign and forward the Recreational Activity Release and Indemnity Agreement at least 10 weeks before trip starting date.

Last Name and First Name (The Traveler) _____

Street _____ e-mail _____

City _____ State _____ Postal/Zip Code _____

Phone (wk) _____ (hm) _____ Cell _____ Fax _____

Date _____ Signature (mandatory) 1. _____

Please, charge a 25% deposit (minimum \$ 350 per person) now and full payment 10 weeks before the travel date to my credit card.

For payments by VISA or Mastercard (no debit cards)

Cardholder: _____

Card # _____ 3 digit Security # _____

Exp.Date: _____ Signature _____

Billing Address for Credit Card (if different than mailing address):

I have enclosed a check for the deposit

Additional Signatures:

2. _____
3. _____
4. _____

Travel Cancellation Insurance Credit Card required

Sign me (us) up initial _____

No, we will provide our own initial _____

Hidden Trails

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