



# Hidden Trails

Ph. 1-888-9-TRAILS

*Equestrian Vacations  
- on & with Hidden Trails*

## About Hidden Trails



Hidden Trails is owned and operated by nature enthusiasts who love horses and adventure activities. We have been involved with riding and other outdoor vacations for over 20 years.

With our partners Voyage du Cheval (France), Pegasus (Germany) as well as Equitour (Switzerland and France) we have collected the best riding destinations all over the world in some hidden places we would like to share with you.

These rides are about galloping on endless beaches, forging rivers, cantering through forests, trotting along age-old trails, gazing at beautiful vistas and encountering foreign cultures. But most of all, these trips are about getting away from the cycle of too much work and never enough free time.

Escape from the rituals, which long ago froze our nights and days into little more than routine and away from the worries of our new tense times. It is so satisfying when we take the plunge of adventure - it's unfortunate that we invent so many reasons to put aside living our dreams of adventure. It is sometimes a tangled web that we weave through life. Some of the threads reveal a work-a-day world of commitments, duties and obligations. Other threads are of a quiet fabric of hope, responsibility and refreshment.

On our adventures you see the real country, its back country and meet the locals. The love for horses has no boundaries but possesses a common language we all speak and understand. The majority of the overseas rides are from inn to inn, some from castle to castle and a few are camping rides.

You will experience new countries and their customs and make new friends. The Hidden Trails trips are the best you can find.

They have been tested by our staff or associates and received our stamp of approval. If you are considering a special riding vacation anywhere in the world, call us first and let our experienced consultants match the perfect trip with your dream.

We will listen to you and give you objective advice to help you choose the best destination and adventure.

Your vacation is the most precious time of the year and we are committed to making it the most memorable time of your life. Wherever you go, have a great time and bring back some peace of mind.

Thank you for your continued support.

### Hidden Trails

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Fax: 604-323-1148

Toll Free: 1-888-9-TRAILS

from within the USA or Canada or

E-mail: [info@hiddentrails.com](mailto:info@hiddentrails.com)

Website: [www.hiddentrails.com](http://www.hiddentrails.com)

Address:

659A Moberly Road, Vancouver BC Canada V5Z 4B3 or

4406 Tennyson Road, Wilmington, DE 19802 USA

### Toll Free from the U.K.:

Ph: 0-808 189-0420

Fax: 0-808-280-1860

### Toll Free Worldwide:

Skype: hiddentrails

# Waters of Gredos - Spain, Europe

Tour Code: IT-SPGRE1-W  
7 days / 6 nights ~\$2,350.00  
Dates: July & August

Trip Rating : ●●●●●  
Difficulty : ●●●●●  
Lodging : ●●●

**Tack:** English with saddlebag  
**Horses:** Pura Raza Española PRE (14), Pure Hisp...  
**Pace:** Moderate with extended trots and contr...  
Walk,Trot,Canter,

**Airport:** Madrid



## Introduction

Central Spain, Spain

This is a stationary ride with relaxing full day ride. Based in Navarredonda, you will explore the surrounding Gredos mountains, discovering a new area every day. Marvel at the changing landscapes and enjoy swimming in the crystalline waters of Gredos Mountains. If we are lucky, we might even spot Iberic goats, golden eagles or black vultures.

This adventure is perfect to escape the heat thanks to the altitude (Navarredonda is at 1,600 m), allowing for amazing riding conditions even in July and August.

## Accommodation



### Accommodations

This is a stationary ride.

### Description

You stay in a charming hotel with beautiful views over the Gredos Mountains. There are 21 rooms, all equipped with a TV, private bathroom and free Wi-Fi.

The hotel has a digital telescope and can arrange observation sessions on clear nights.



### Room Occupancy

If we are unable to find another rider to share the room with you, the single supplement fee applies.





### Meals

All meals are included on this trip.

The food is a highlight of this trip! Mamen will delight you with the tapas-breaks waiting for you with Serrano ham, Manchego cheese, olives, nuts, etc.

Lunches are taken on the trail; in the countryside (we bring tables and chairs) and always include a starter (salad, gazpacho, vegetables, etc), a main course (paella, iberian pork, fish, etc), fresh fruit, coffee and local wines. Lunchtime features delicious home cooked Spanish dishes such as Paella, Tortilla Española, Iberian pork bbq, salads, and soft cheese very typical from Extremadura "Torta del Casar". Lunch is often followed by a siesta in the countryside.

After the day riding, your dinner in the evening is around 9 pm and you can choose from different dishes and courses of local Spanish recipes. Your dinner is usually taken at the accommodation and include a choice between 3-5 starters (mix salad, soup, vegetables, pasta, etc), 3-5 main course (grilled beef, pork, stews, fish, omelet, etc), a dessert (flan, rice pudding, fruit, cake, etc), local wine, bread and coffee or tea.

The following drinks are included in the package: red and white wines, beer, refreshments, coffee or tea during the meals and aperitifs. Water bottle is provided every morning.

### Dietary Restrictions

Special diets (vegetarian, gluten free, allergies, etc.) can be arranged with advance notice.



### Riding



### Riding Experience

This trip has been designed for intermediate to experienced riders. You should be comfortable at the walk, trot and canter, in group, in open spaces and your seat should be firm. On the rides, you will be riding for between four to seven hours a day so it is important to be as riding fit as possible.

### Pace

The overall pace of riding is moderate with walk, trots and canters mostly every day, depending on the terrain. Usually, when the terrain allows for a safe canter, we canter. In the mountains, in many areas the terrain does not allow for trotting or cantering so we enjoy walking with breathtaking views around.



allow for loading of catering so we enjoy walking with breathtaking views around.

#### Tack

We use fine quality English saddles and silicon seat saver. All the tack is in excellent conditions, very comfortable for horses and riders. You have small saddlebags in front of the saddles for a water bottle, sunscreen, camera, mobile, etc.

#### Helmet

We recommend wearing a helmet, however you can ride without a helmet but your insurance must clearly state that you are covered to do that. You will also be asked to sign a disclaimer.

#### Support Vehicle

A support van follows the group during the whole week, meeting us in the morning, for tapas-breaks, lunches, at night and to move your luggage. This means you have access to your luggage at least 3 times a day.

#### Horses

We currently have 21 horses: 14 PRE, 4 Pure Hispano-Arab, 1 Anglo-Arab and 2 Crossed (hispano-bretón, hispano-lusitano).

Our horses are responsive, well behave, good natured and serene thanks to the natural horsemanship method used to train them.

Most of our horses were born and bred at home while others have been with us since they were foals.

They live in freedom as a herd, eating, drinking, sleeping and traveling together in the most natural way possible.

They live in a huge pine forest (500 ha) in the Gredos Mountains or in the rich pastures in the Dehesas of Extremadura. They keep fit as they can walk around 20 km every day. They live with other groups of animals including other horses, donkeys, cows and also wild animals such as wolves, roe deer, deer, wild boar, foxes.

#### Staff

Emilio and Mamen (both born in Gredos Mountains) will be personally escorting you on these trips. Emilio will happily guide you across the trails, while Mamen will be preparing delicious meals and pic-nics.

Emilio has been working in equestrian tourism for over 30 years and he dedicated his whole life to his horses. He speaks English and Spanish.

#### Age Restrictions

There is no upper age limit, as long as you are riding fit and healthy. The minimum riding age is 10 years old (competent riders only), accompanied by an adult.

#### Travel Insurance

It is mandatory to take a travel insurance for this trip! If you come from Europe, you should bring the European Health card, this gives you access to Spanish health care.

### Itinerary



#### Sample Itinerary - subject to changes

The following is a sample itinerary but please note that changes are possible due to weather and other circumstances.

The van support is always close to the group with the luggage, so it's not necessary to carry things on the horse. The group meets the van at tapas time, lunch time, or in any other moment if necessary (for shoeing a horse, take raincoats, etc).

#### Day 1 (Sunday): Arrival

Meet at Madrid airport for 3:00 pm and transfer to Hoyos del Espino (2 hours' drive). Stop in Avila for a short visit. Enjoy your welcome dinner at the hotel with us.

Meals included: Dinner

Overnight at a Hotel in Hoyos del Espino

#### Day 2 (Monday): Ride to San Martín Del Pimpollar

Easy day ride to the mountains, across summer pastures. We stop for lunch by the river near San Martín del Pimpollar with an excellent pic-nic cooked on the spot. In the afternoon, we ride through pine forests, with a possibility of good canters and trots.

Riding 5 hours

Meals included: Breakfast, Lunch & Dinner

Overnight at a Hotel in Hoyos del Espino

#### Day 3 (Tuesday): Ride to Laguna Cañada Del Gallo

Riding in the morning to Cañada del Gallo lagoon with some great views of the peaks of Gredos. We have some great canters in open landscape. Later on, we ride down to the Tormes river valley for another luxury pic-nic with an excellent paella cooked on the spot (opportunity for swimming). After a relaxing lunch break, we head back to the stables with some good canters.

Meals included: Breakfast, Lunch & Dinner

Overnight at a Hotel in Hoyos del Espino

#### Day 4 (Wednesday): Ride to Barbellido

Today we will ride in the direction of the highest mountains with stunning views on the way. We ride up to Puente de las Juntas and down to Barbellido gorge, where we stop for an excellent lunch with Avilan beef bbq at a fisherman's hut. It is a good spot for swimming in crystalline waters of Barbellido gorge.

After a relaxing lunch stop, in the afternoon ood canters along the pinewoods.

*Riding 6 hours*  
*Meals included: Breakfast, Lunch & Dinner*  
*Overnight at a Hotel in Hoyos del Espino*

**Day 5 (Thursday): Ride to Pozo De Las Paredes**

Following the Tormes River through Navacepeda historic town, we ride into the mountains to Navalperal for a tapas-break, continuing to Pozo de las Paredes, a 14th century bridge over the Barbellido gorge. Lunch at the beautiful place perfect for swimming. In the afternoon riding along the Tormes river coming back to the stables. Dinner and night at our hotel.

*Riding 6 hours*  
*Meals included: Breakfast, Lunch & Dinner*  
*Overnight at a Hotel in Hoyos del Espino*

**Day 6 (Friday): Last Ride**

Fast morning ride with lunch stop and swimming at an excellent spot. In the afternoon great riding with canters through the pine forest. Night and farewell dinner.

*Riding 5 hours*  
*Meals included: Breakfast, Lunch & Dinner*  
*Overnight at a Hotel in Navarredonda de Gredos*

**Day 7 (Saturday): Departure**

Breakfast at hotel, departure at 10am to be in Madrid airport around noon.

*Meals included: Breakfast*

**Non-Riders**

Non-riding companions are welcome to join this trip. They can travel in the support car and join in meals, dinners and others activities, or if they wish, they can rent a car and move on their own, joining the group for dinner.

**Other Info**

**Meeting:** Hoyos del Espino

**Airport:** Madrid

**Train station:** Avila

**Transfer:** Madrid airport

Pick-up/ drop-off is available from Adolfo Suárez Madrid Barajas Airport in Madrid (MAD)

Pick-up is set for 3:00pm on Day 1. Please, plan your arrival flight for no later than 2:00pm.

You will depart after breakfast on the last day and arrive at the airport around 12:30pm. Please do not book your departing flights leaving before 3:00pm!

**Tack:** English with saddlebag

**Horses:** Pura Raza Española PRE (14), Pure Hispano-Arab (4), Anglo-arab (1), 2 Crosseet (hispano-bretón, hispano-lusitano)

**Pace:** Moderate with extended trots and controlled canters. (approx. 150 km total)

Walk | Trot | Canter |

**Level:** 🐾🐾🐾🐾🐾 (3 to 3 out of 5) Intermediate

**Age:** Min 10

**Weight:** 200 lbs / 90 kg

**Riders:** Min 4 riders

Max 10 riders

## Rates and Dates 2026 - IT-SPGRE1-W

Rates include: Accommodations, All meals with wine for dinner and lunch, 5 Riding days, Luggage transport & Excursions described in itinerary

### Packages and Options

Season	Description	EUR	~US\$
A 2026	7 day trip	€1960	\$2350

The US Dollar Rate is based on a EUR Exchange Rate of 1.2 and subject to currency fluctuation

Rates Note: The price for non rider is the same than always, 20% less than normal price.

### Transfer Option

#### Description

2026	Transfer from/to Madrid Airport included at set times		
2026	Small group supplement (2-3 pax only), pp - please inquire		
2026	Single supplement	€295	\$355
2026	Non-rider- 20% discount		

#### Tour Dates

Season	Tour Dates		
A 2026	07/12/2026 - 07/18/2026	7d / 6n	7 day trip
A 2026	07/19/2026 - 07/25/2026	7d / 6n	7 day trip
A 2026	08/09/2026 - 08/15/2026	7d / 6n	7 day trip
A 2026	08/16/2026 - 08/22/2026	7d / 6n	7 day trip

Min/Max: 4/10

Rates do not include: Alcoholic and canned drinks other than wine, Travel insurance (mandatory), Transfer from/to Madrid Airport & Gratuities

# Reservation Form

**Tour :** \_\_\_\_\_ **Code #:** \_\_\_\_\_ **from:** \_\_\_\_\_ **to :** \_\_\_\_\_

The Travelers (Last Name, First Name)	Male Female	Single room / or tent	Birth Date MM/DD/YY	Height	Weight	Special diets									
						Special diets	Beginner	Novice	Intermediate	Strong Intern.	Advanced	ride English	ride Western	mostly arena	mostly hacking
1. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
2. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
3. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
4. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			

Special Diets: \_\_\_\_\_

Your fitness level: Excellent  Moderate  Poor  How long have you been riding? \_\_\_\_\_

How often do you ride? \_\_\_\_\_ Have you been on other riding tours? No  Yes  last trip when? \_\_\_\_\_

If Hidden Trails offers a transfer from the local airport/station: I would like the transfer to be included: YES  NO

In an emergency, name and phone number of contact: \_\_\_\_\_

Attention: Please, if there is more than one participant, all have to sign the reservation form - make copies if needed

With my signature I confirm my reservation of the listed program(s) under the Hidden Trails Booking Conditions. I'm aware, and I made all participants aware of the risk involved with these outdoor adventure activities. All participants have read and agree with the Hidden Trails Booking Conditions and the Hidden Trails Recreational Activity Release and Indemnity Agreement in this brochure or as listed on the Internet.

I (we) will sign and forward the Recreational Activity Release and Indemnity Agreement at least 10 weeks before trip starting date.

Last Name and First Name (The Traveler) \_\_\_\_\_

Street \_\_\_\_\_ e-mail \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Postal/Zip Code \_\_\_\_\_

Phone (wk) \_\_\_\_\_ (hm) \_\_\_\_\_ Cell \_\_\_\_\_ Fax \_\_\_\_\_

Date \_\_\_\_\_ Signature (mandatory) 1. \_\_\_\_\_

Please, charge a 25% deposit (minimum \$ 350 per person) now and full payment 10 weeks before the travel date to my credit card.

For payments by VISA  or Mastercard  (no debit cards)

Cardholder: \_\_\_\_\_

Card # \_\_\_\_\_ 3 digit Security # \_\_\_\_\_

Exp.Date: \_\_\_\_\_ Signature \_\_\_\_\_

Billing Address for Credit Card (if different than mailing address):  
\_\_\_\_\_

I have enclosed a check for the deposit

Additional Signatures:

2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

**Travel Cancellation Insurance** Credit Card required

Sign me (us) up  initial \_\_\_\_\_

No, we will provide our own  initial \_\_\_\_\_

## Hidden Trails

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