

Hidden Trails

Ph. 1-888-9-TRAILS

*Equestrian Vacations
- on & with Hidden Trails*

About Hidden Trails



Hidden Trails is owned and operated by nature enthusiasts who love horses and adventure activities. We have been involved with riding and other outdoor vacations for over 20 years.

With our partners Voyage du Cheval (France), Pegasus (Germany) as well as Equitour (Switzerland and France) we have collected the best riding destinations all over the world in some hidden places we would like to share with you.

These rides are about galloping on endless beaches, forging rivers, cantering through forests, trotting along age-old trails, gazing at beautiful vistas and encountering foreign cultures. But most of all, these trips are about getting away from the cycle of too much work and never enough free time.

Escape from the rituals, which long ago froze our nights and days into little more than routine and away from the worries of our new tense times. It is so satisfying when we take the plunge of adventure - it's unfortunate that we invent so many reasons to put aside living our dreams of adventure. It is sometimes a tangled web that we weave through life. Some of the threads reveal a work-a-day world of commitments, duties and obligations. Other threads are of a quiet fabric of hope, responsibility and refreshment.

On our adventures you see the real country, its back country and meet the locals. The love for horses has no boundaries but possesses a common language we all speak and understand. The majority of the overseas rides are from inn to inn, some from castle to castle and a few are camping rides.

You will experience new countries and their customs and make new friends. The Hidden Trails trips are the best you can find.

They have been tested by our staff or associates and received our stamp of approval. If you are considering a special riding vacation anywhere in the world, call us first and let our experienced consultants match the perfect trip with your dream.

We will listen to you and give you objective advice to help you choose the best destination and adventure.

Your vacation is the most precious time of the year and we are committed to making it the most memorable time of your life. Wherever you go, have a great time and bring back some peace of mind.

Thank you for your continued support.

Hidden Trails

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Skype: hiddentrails

Laguna Negra Estancias Ride - Uruguay, South America

Tour Code: IT-URRT01

9 days / 8 nights ~\$4,930.00

Dates: Mar-Apr & Nov

Trip Rating : ●●●●●

Difficulty : ●●●●●

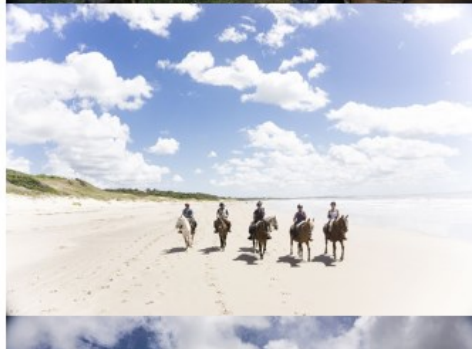
Lodging : ●●●

Tack: South American saddles w/ sheepskin (s...

Horses: Uruguayan Criollo and crosses of Urugu...

Pace: Lots of trots, canters and gallops (4 ...
Walk,Trot,Canter,Gallop,

Airport: Montevideo



Laguna Negra Estancias Ride



Introduction

Uruguay, Uruguay

On this ride you will discover the most diverse landscapes of a small country, taste its delicious local wines and excellent cuisine, and be rewarded with the hidden treasures found on paths less traveled!

For those who have a passion for nature, the beach, and being in close contact with the traditions of the countries they choose to visit, this horseback riding tour combines some of the oldest and best preserved haciendas with breath taking scenery, in one of the least known countries in South America - truly a hidden South American gem!

We ride from the traditional cattle breeding region of the country to the Coast of "Rocha" where we will cross the "Bañados del Este" Biosphere Reserve (UNESCO recognized), filled with an enormously diverse bird population - more than 400 species - and other wildlife like the endangered capybara, sea turtle, and the franca whale.

Enjoy the thrill of fast paced riding along the firm, sandy beaches of Uruguay and across the vast grasslands on well trained and responsive riding horses. Enjoy breaks for traditional barbecue lunches and picnics, then ride on each day, over sand dunes, through palm groves, beside inland lakes teeming with wild waterfowl and on to the old Portuguese fort or your beach side hotels to admire stunning sunsets. Dolphins feeding in the beautiful bays, black-necked swans gliding across the lagoons, chattering parrots flying over, capybaras wading in the reeds - these are all things you can expect to find on a typical week in this paradise.

Incredibly friendly locals and skilled gauchos may accompany us and talk of their unique lives and their traditions. Listen to fascinating stories of the ancient battles and shipwrecks, including one of Nelson's fleet... and all this in one of the safest South American countries, still remarkably untouched by tourism despite all it has to offer! While staying at the working ranches - estancias - you can ride with, and help the gauchos with their cattle work and drives. You will undoubtedly come to feel connected to the traditions of this unexplored country by the time your vacation is over.

Accommodation



Accommodations*

This is a progressive ride, so you will be staying in different locations during the trip.

Description

The accommodations provided in this program include the most interesting and charming seaside hotels and ranches available in the areas we visit, most of which include private bathrooms (except maybe at Posada Valizas - depending on group size, clients may have to share bathroom for 1 night). Some accommodations provide more comfort than others do but they are all special for some reason: either their location and landscape, character or authenticity. They are clean, comfortable and provide very good service. You will be able to get good night's sleep in the pleasant surroundings.

If you are sharing your room, please let us know in advance if you prefer twin or double beds.

There is access to laundry facilities during some nights of this trip for an extra fee.

Accommodation Itinerary - subject to changes based on availability

Night 1: Hotel Cottage in Montevideo

Night 2 & 3: Hotel Parque Oceánico in La Coronilla

Night 4: Chacras de Laguna Negra in Punta del Diablo

Night 5: Don Bosco in Palmares de Rocha

Night 6: Posada Valizas in Valizas

Night 7 & 8: Estancia Anastasio *

Hotel Cottage in Montevideo

This small hotel offers 64 modern bedrooms, all equipped with air conditioning, a smart TV, free Wi-Fi internet, a safe and ensuite facilities. Guests can relax in the garden or go for a swim in the outdoor pool.

Hotel Parque Oceánico in La Coronilla

This hotel is set amongst a beautiful park with elegant palm trees, just on the outskirts of La Coronilla, facing the Atlantic Ocean. The rooms are all air conditioned and heated, depending on the season. Each room is equipped



Atlantic Ocean. The rooms are all air-conditioned and heated, depending on the season. Each room is equipped with wireless internet access, a TV and a private bathroom. Guests are welcome to walk in the garden or go for a swim in the indoor or outdoor swimming pool.

Chacras De Laguna Negra

This beautiful country house offers 3 cozy bedrooms. There is also an additional cottage in case more rooms are needed.

In the evening, guests can relax on the patio or by the pool.

Don Bosco

Located on the shores of the black lagoon, this magical place offers 6 simple rooms with private bathrooms. There is also a small outdoor pool.

Posada Valizas in Valizas

This small coastal accommodation only has 6 guestrooms (2 of which with ensuite bathrooms) that are simply decorated and comfortable at the same time. There is a common area where guest are welcome to play board games or read a book. The property also has a lovely garden and an outdoor swimming pool. WiFi is available in all areas and is free of charge.

In case you request a single room, you will need to share a bathroom at this location.

Estancia Anastasio

This charming estancia offers 5 guestrooms overlooking the central garden and the swimming pool. Each room features air conditioning, private bathroom and free Wi-Fi access.

* Accommodations are subject to changes. (e.) we might use La Viuda de Jose Ignacio or a similar option in the last two nights.

Room Occupancy

If you attend as a single rider willing to share but we are unable to find another rider to share, the single supplement fee applies.

Please, note that there is a limit of 3 single rooms for each departure.



Meals

All meals are included on this trip, except for dinner in Montevideo on the first day.

After a full day riding, it is comforting to know that you can return to fully prepared meals that reflect the local cuisine. All meals are prepared with completely natural and fresh products of the region. Red meat, fish and wine are specially recommended.

All breakfasts and dinners are eaten at the accommodations where we spent the night.

Lunches are picnic-style and out on horseback.

Alcoholic drinks are not included in this trip and guests are not able to bring their own. It is possible to purchase alcoholic beverages directly at the restaurants.

Dietary Restrictions

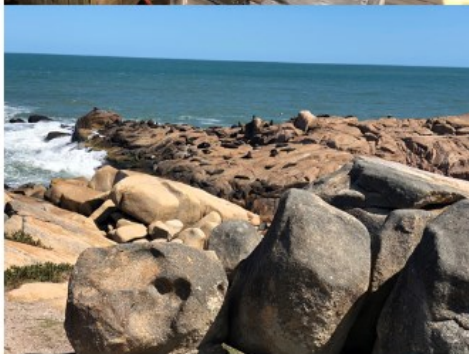
We can cater to all dietary restrictions with advanced notice.

Riding



Riding Experience

We can accommodate all levels (from someone who has been on a horse but who does not necessarily feel comfortable at all paces to advanced) of riding for this trip and adjust the itinerary as need-be. Groups can be



separated based on riding levels. We ride between 3-6 hours per day, which can also be adjusted.

Horses

During our rides we work very hard to maintain two sets of horses throughout the whole tour. Our intention is that riders can actually build a bond with their horse and enjoy not only the landscape and ride but also the company of their horse. Depending on the size of the group, one or more spare horses will accompany us in case a change is needed.

The horses are the local Uruguayan Criollo breed and criollo cross, ideally suited to the terrain.

Tack

We use local, 'western' type saddle with a sheepskin. Neck reining (western 'one-hand riding'). Help will be given in adjusting to this tack, which is very suitable for long days in the saddle.

Emergencies

In case of accident, our guides will always carry a mobile phone, which they will use to contact local assistance. All of the towns along our route count on a medical emergency service.

Weight Restrictions

If your weight is more than 95 kilos (~210lbs) there is a surcharge so we can take an extra horse - so the weight is not too demanding for one horse.

Emergency

In case of accident, our guides will always carry a mobile phone to contact local assistance. All of the towns along our route have nearby medical emergency service

Non-Riders

Non-riders are welcome on this trip. Non-riding activities include sight-seeing, hiking, fishing, surfing, biking, trekking, canoeing and bird watching.

Itinerary



Sample Itinerary - subject to changes

Day 1 (Saturday): Montevideo

Today is set aside to relax and explore the coastal city of Montevideo. We will stay at the residential neighbourhood of Carrasco from where we will enjoy an afternoon tour including lunch at the port market and a mate tasting.

Meals included: Lunch

Accommodation at Hotel Cottage

Day 2 (Sunday): Montevideo to La Coronilla

After breakfast, transfer to the Province of Rocha, arguably the most beautiful province in Uruguay with pristine beaches, emerald shores and a great network of lagoons. We will arrive to Hotel Parque Oceanico where we will enjoy a traditional Sunday asado. After lunch, we will drive to a local estancia to meet our horses and enjoy a wonderful ride along the estancia fields. We will return just on time for a well-deserved dinner.

Meals included: Breakfast, Lunch, Dinner

Accommodation at Hotel Parque Oceanico

Day 3 (Monday): The Pristine Beach of Barra del Chuy

After breakfast, we will be drive to our horses to begin our adventure! Today we will enjoy a 3-4 hour ride towards the coast! We will enjoy a picnic lunch at midday followed by a swim in the ocean or a pleasant "siesta" discovering that gauchos' saddles are so comfortable to ride as to sleep!

During the afternoon, a fast-paced ride along the wonderful, isolated ocean beach of 'Barra Chuy', awaits us! Visitors seldom reach this beach so we can enjoy a long, exhilarating canter with no signs of habitation as we ride across the pure white sands alongside the Atlantic Ocean. We arrive 22km (12 miles) further south to "La Coronilla" and stay at our beachside hotel. Tonight, we will enjoy cocktails to toast to our first long ride! Dinner will be served at the hotel.

Meals included: Breakfast, Lunch, Dinner

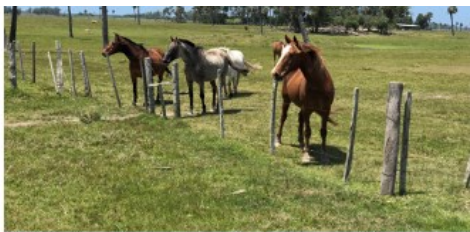
Accommodation at Hotel Parque Oceanico

Day 4 (Tuesday): Santa Teresa national park, dolphins & shipwrecks

After breakfast, we will ride south alternating beaches, sand dunes, pine forests and coastal hills where we might see dolphins feeding before getting to the immense Santa Teresa National Park.

The centerpiece of the park is a fort started in 1762 by the Portuguese to defend the edge of their territories then completed by the Spaniards who took it by assault just a year later. This was just the start of a succession of conquering, losing and reconquering the fort; it was not until 1825 that the newly forming 'Uruguay' finally captured and held the fort. The fort located within 3000 hectares of forest containing over 2 million trees, most from other parts of the world. After a picnic lunch we will ride along the forest trails and down to the beach next to a shipwreck buried in the sand, one of many along this treacherous coast; indeed, Cabo Polonio (where we ride later) is named after a Spanish galleon that went down just off the point. Luckily 'Beagle' with Charles Darwin aboard did not succumb to this fate and Darwin spent quite some time in Uruguay collecting species and most likely starting to formulate his theories of evolution. Our afternoon ride to the small town of Punta del Diablo will take about 2 hours. On arrival, we will stay at a typical, local countryside home. Dinner and accommodation.

Meals included: Breakfast, Lunch, Dinner



Meals included: Breakfast, Lunch, Dinner
Accommodation at Chacras De Laguna Negra

Day 5 (Wednesday): Punta Del Diablo to Don Bosco

After breakfast, short drive to our horses (6 minutes). Today we will ride across amazing untouched landscape of Palm groves including various ecosystems that offer the opportunity to experience the diverse flora and fauna of the area.

After a picnic lunch on the way, we arrive to the shores of the Laguna Negra by sunset just on time to go up the Cerro de la Virgen for an incredible view! This region is home to one of the largest freshwater wildlife reserves in the country. In the evening, we will enjoy a traditional asado dinner with the gauchos. Accommodation at Don Bosco where the premises are simple, but the landscape is amazing.

Meals included: Breakfast, Picnic Lunch, Dinner
Accommodation at Don Bosco

Day 6 (Thursday): Don Bosco to Valizas

After breakfast, our ride continues across the palm forests towards the coast. We will stop on the way for lunch. During the afternoon, we will continue our ride along the beach towards the small town of Valizas where we will stay at a typical "Rancho Valicero" built as a summer home and turned into a small local bed & breakfast. Single rooms are very limited in this accommodation so depending on the size of the group, guests may have to share bathrooms. Accommodation in alternate hotels may be available on request. We will enjoy dinner at a local restaurant.

Meals included: Breakfast, Lunch, Dinner
Accommodation at Posada Valizas

Day 7 (Friday): Cabo Polonio

After breakfast, the day begins with a morning walk to the Valizas stream where we will cross on a boat to meet our horses on the other side of the shore.

UNESCO has declared this area a Biosphere Natural Reserve. We will ride to Cabo Polonio, the charming fishing village that people can only arrive by horse, walking or on SUV trucks. The fascinating part of the area is the huge area of shifting sand dunes. As we ride, it is possible to imagine that we are right in the middle of the Sahara. We are literally riding into the desert! On arrival, we will enjoy lunch at La Perla Seaside restaurant and visit the lighthouse and the sea lions reserve that make up one of the largest populations of seals in the world; very occasionally, we can spot a migrating whale. Riders will be able to swim in one of the most beautiful beaches of the country. We will then begin our ride towards the entrance of the village to meet our van that will drive us to our next destination close to Jose Ignacio! We will enjoy dinner and accommodation at Estancia Anastasio

Meals included: Breakfast, Lunch, Dinner
Accommodation at Estancia Anastasio (or La Viuda de Jose Ignacio or a similar)

Day 8 (Saturday): Countryside, Lagoon and Beach

After breakfast, enjoy a morning ride across the estancia fields helping the gauchos to herd the cattle, vaccinate or do the daily chores of the day.

We will finish our morning with a kayak tour of the Anastasio stream and a typical picnic lunch of local "chivitos". During the afternoon, we will ride to the beach and enjoy amazing landscape of the ocean combined with the lagoon. Tonight we will enjoy dinner under the stars!

Meals included: Breakfast, Lunch, Dinner
Accommodation at Estancia Anastasio (or La Viuda de Jose Ignacio or a similar)

Day 9 (Sunday): Jose Ignacio to Montevideo

After breakfast, we will ride to the town of Jose Ignacio where we will enjoy lunch before heading back to Montevideo. Afternoon visit to Punta Del Este and surrounding area where we will say goodbye to Uruguay with a visit to the incredible Casapueblo! Transfer back to Montevideo arriving by 6:30pm.

Meals included: Breakfast & Lunch



SUGGESTED EXTENSIONS:

Extension 1: Haras Las Tordillas (3 days and 3 nights)

A lovely extension tour to the rolling hills of Pueblo Eden region, where guests will be able to ride for an extra three more days surrounded by a completely different landscape. Located in the region of Pueblo Eden, the cozy "Haras Las Tordillas" offers an amazing experience for horse lovers. Guests will discover wonderful trails to ride around the hills and countryside, crossing streams that lead to hidden cascades and amazing local wineries. This extension tour can be the perfect option to ride some extra days and enjoy beautiful Arabian horses.

Extension 2: Vineyards and Horses (3 days and 3 nights)

An unforgettable extension tour to one of the prettiest areas in Uruguay: The province of Maldonado where the famous and renowned Punta del Este and Jose Ignacio are located. We will be staying at a Luxury Wine Lodge in the area of La Barra from where we will enjoy great rides along the vineyards, to local interesting places related to art and gastronomy and to the Beach. You will be able to visit the winery, enjoy a wine tasting combined with a lovely "farm to table" lunch overlooking the vineyards and visit art studios and exhibitions from local artists. This small extension tour is a perfect blend of horse riding, Uruguayan culture, wines and art.





Non-Riders

Non riding activities can be arranged including sight-seeing, hiking, fishing, surfing, biking, canoeing & bird watching.

Other Info

Meeting: Montevideo airport, bus terminal, ferry terminal or local hotel.

Airport: Montevideo

Train station: Not Available

Transfer: Montevideo airport

Transfers are available at any time from Carrasco International Airport (MVD) on the first and last day of your trip. Please note that the last day includes riding during the morning and a quick lunch. Arrival in Montevideo is around 6:00 PM. This means riders should not book departure flights earlier than 7:30 PM.

Tack: South American saddles w/ sheepskin (similar to Western). Western neck reining is used.

Horses: Uruguayan Criollo and crosses of Uruguayan Criollo.

Pace: Lots of trots, canters and gallops (4 - 6 hours in saddle per day).

Walk | Trot | Canter | Gallop |

Level: 🐾🐾🐾🐾🐾 (3 to 3 out of 5) Intermediate

Weight: 210 lbs / 95 kg

Riders: Min 4 riders

Max 8 riders

Tour Outline



An estancia is a colonial farm, an equivalent of Ecuador's haciendas and we start the ride at the most important of these - the first estancia founded in Uruguay in 1854.

Passing through the wine region of Uruguay just north of Montevideo (this tiny country produces some excellent wines) we arrive at the estancia, now a National Historical Monument. Guests can enjoy the elegant period house with its chapel, towers and terraces before riding through the pastures and woodlands for a traditional 'asado' (barbecue) at a charming neighboring estancia.

We then continue the ride in the beautiful coastal province of 'Rocha'. Passing through the curiously named province of '33', we arrive at a hotel built in the same style as the nearby 17th century fort, right on the border with Brazil.

We ride along the beaches, over the shifting sand dunes, through palm groves and shady woodlands and on along the shores of the wetlands between the estancias and beachside hotels.

The wetlands, some of the largest expanses of inland water to be found in South America, are fascinating and, combined with the riding along the beaches and across the 'prairies', create a unique experience.

The variety of birds - hummingbirds, flamingos, kingfishers, flycatchers, rheas (similar to ostriches) - that we see in these habitats is incredible. The pace will be quite fast (lots of canters) - the grassy pastures and firm beaches allow this on our wonderful criollo horses.

The forts that we visit remind us of the turbulent years between the discovery of this area by the first European in 1516 and independence in 1828. Uruguay was only settled in the 18th century but since then fine estancias and, more recently, an exclusive beach resort 'Punta del Este' have been built.



From the other side of the wide 'Rio de la Plata' estuary, the Buenos Aires elite come to sun themselves at 'Punta del Este'. We end the ride at this beach resort and guests can opt for an extension in one of the hotels here prior to flying to Buenos Aires to get to know "Evita's city" and the mesmerizing tango dance.

Rates and Dates 2024 - IT-URRT01

Rates include: Accommodations, Most meals with mineral water, 8 riding days & Transfers as indicated in the itinerary description.

Packages and Options

Season	Description	~US\$
A 2024	9 day trip Nights at estancias and inns	\$4930

Rates Note:Optional extensions: Haras Las Tordillas, Vineyards and Horses.

Transfer Option

Description

2024	Transfer from Carrasco International Airport (included)	
2024	Single supplement (limit of 3 single rooms per ride)	\$840
2024	Small group supplement (2-3 pax only), pp	\$1630
2024	Supplement for extra horse (riders 95+ kg)	\$440
2024	Extensions - please inquire	

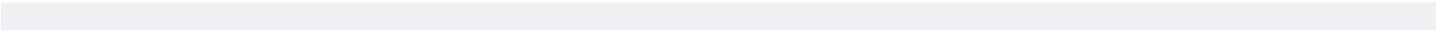
Tour Dates

Season	Tour Dates		
A 2024	03/16/2024 - 03/24/2024	9d / 8n	9 day trip Nights at estancias and inns
A 2024	04/06/2024 - 04/14/2024	9d / 8n	9 day trip Nights at estancias and inns

Min/Max: 4/8

Additional dates are available for groups of 4+ riders from October to December and February to April

Rates do not include:Dinner in Montevideo on Day 1, Departure taxes, Beverages (soft and alcoholic drinks), Gratuities & Medical Insurance (mandatory)



Reservation Form

Tour : _____ Code #: _____ from: _____ to : _____

The Travelers (Last Name, First Name)	Male Female	Single room / or tent	Birth Date MM/DD/YY	Height	Weight	Special diets													
						Special diets	Beginner	NoVICE	Intermediate	Strong Intern.	Advanced	ride English	ride Western	mostly arena	mostly hacking				
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Special Diets: _____

Your fitness level: Excellent ☐ Moderate ☐ Poor ☐ How long have you been riding? _____

How often do you ride? _____ Have you been on other riding tours? No ☐ Yes ☐ last trip when? _____

If Hidden Trails offers a transfer from the local airport/station: I would like the transfer to be included: YES ☐ NO ☐

In an emergency, name and phone number of contact: _____

Attention: Please, if there is more than one participant, all have to sign the reservation form - make copies if needed

With my signature I confirm my reservation of the listed program(s) under the Hidden Trails Booking Conditions. I'm aware, and I made all participants aware of the risk involved with these outdoor adventure activities. All participants have read and agree with the Hidden Trails Booking Conditions and the Hidden Trails Recreational Activity Release and Indemnity Agreement in this brochure or as listed on the Internet.

I (we) will sign and forward the Recreational Activity Release and Indemnity Agreement at least 10 weeks before trip starting date.

Last Name and First Name (The Traveler) _____

Street _____ e-mail _____

City _____ State _____ Postal/Zip Code _____

Phone (wk) _____ (hm) _____ Cell _____ Fax _____

Date _____ Signature (mandatory) 1. _____

Please, charge a 25% deposit (minimum \$ 350 per person) now and full payment 10 weeks before the travel date to my credit card.

For payments by VISA ☐ or Mastercard ☐ (no debit cards)

Cardholder: _____

Card # _____ 3 digit Security # _____

Exp.Date: _____ Signature _____

Billing Address for Credit Card (if different than mailing address):

I have enclosed a check for the deposit ☐

Additional Signatures:

2. _____
3. _____
4. _____

Travel Cancellation Insurance Credit Card required

Sign me (us) up ☐ initial _____

No, we will provide our own ☐ initial _____

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