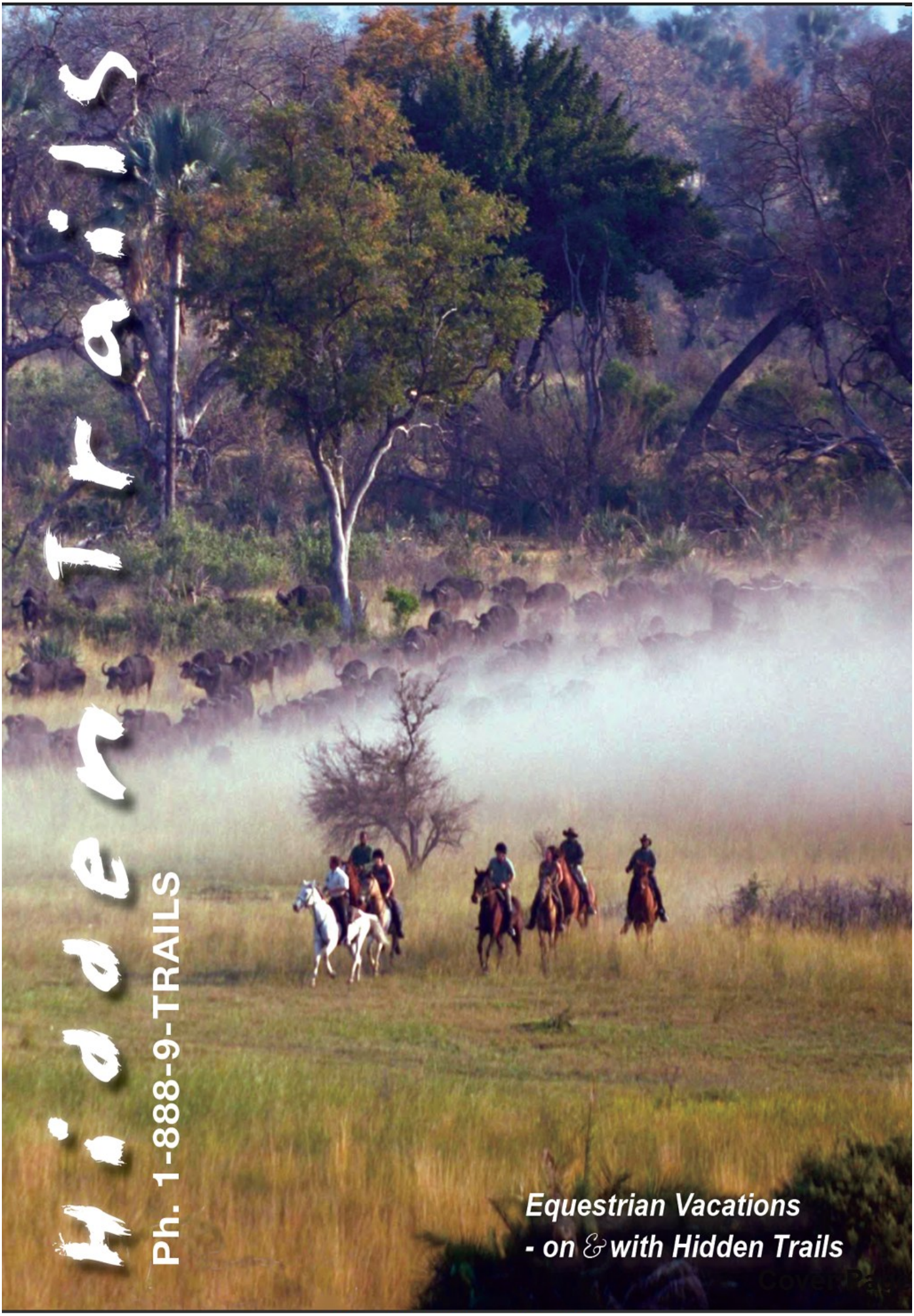

Hidden Trails
Ph. 1-888-9-TRAILS
Equestrian Vacations
- on & with Hidden Trails

About Hidden Trails



Hidden Trails is owned and operated by nature enthusiasts who love horses and adventure activities. We have been involved with riding and other outdoor vacations for over 20 years.
With our partners Voyage du Cheval (France), Pegasus (Germany) as well as Equitour (Switzerland and France) we have collected the best riding destinations all over the world in some hidden places we would like to share with you.

These rides are about galloping on endless beaches, forging rivers, cantering through forests, trotting along age-old trails, gazing at beautiful vistas and encountering foreign cultures. But most of all, these trips are about getting away from the cycle of too much work and never enough free time.

Escape from the rituals, which long ago froze our nights and days into little more than routine and away from the worries of our new tense times. It is so satisfying when we take the plunge of adventure - it's unfortunate that we invent so many reasons to put aside living our dreams of adventure. It is sometimes a tangled web that we weave through life. Some of the threads reveal a work-a-day world of commitments, duties and obligations. Other threads are of a quiet fabric of hope, responsibility and refreshment.

On our adventures you see the real country, its back country and meet the locals. The love for horses has no boundaries but possesses a common language we all speak and understand. The majority of the overseas rides are from inn to inn, some from castle to castle and a few are camping rides.
You will experience new countries and their customs and make new friends. The Hidden Trails trips are the best you can find.

They have been tested by our staff or associates and received our stamp of approval. If you are considering a special riding vacation anywhere in the world, call us first and let our experienced consultants match the perfect trip with your dream.
We will listen to you and give you objective advice to help you choose the best destination and adventure.

Your vacation is the most precious time of the year and we are committed to making it the most memorable time of your life. Wherever you go, have a great time and bring back some peace of mind.

Thank you for your continued support.

Hidden Trails
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E-mail: info@hiddentrails.com
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Ph: 0- 808 189-0420
Fax: 0-808-280-1860

Toll Free Worldwide:
Skype: hiddentrails

Natural Horsemanship Clinic in Guanacaste - Costa Rica, Central America

Tour Code: RCCR02
8 days / 7 nights ~$2,380.00
Dates: All year except October

Trip Rating :
Difficulty :
Lodging:

Tack: Western, English, McClellan
Horses: Spanish Criollos, Paso and Quarter mix
Pace: All paces according to riding level, 3...

Airport: Tamarindo Airport (TNO)









Introduction

Guanacaste, Costa Rica
Horseback riding can be a life-long adventure…but learning to ride should start with basics that includes not only love of horses, but respect and safety.

During this clinic, children, young riders, and adults will be taught basic equestrian skills including Centered Riding, horse management, and trail riding using Natural Horsemanship Techniques that can prepare them for any future disciplines.

Your instructor has been practicing Natural Horsemanship for over 20 years and trained scores of horses on the ranch using techniques that work. Learning from experience and some of the masters, he has evolved from a Guanacaste cowboy, farm vet, into an accomplished rider, trainer and teacher. He is recognized for his love of teaching both horses and their human partners.

The clinics are small and personalized according to the levels and goals of each rider and matched to the level of the horse. We will help you become a better, more confident rider and partner with your horse using Centered Riding Techniques.

From basic riding skills for young riders to more disciplined, advanced riding techniques for experienced riders, this clinic will improve your riding skills. All sessions are individually designed for participant's level.

Experience natural horsemanship training and riding: from ground work to centered riding with young horses and high stepping Spanish breeds. During your stay, you will also learn about imprinting foals and non violent training.

Accomodation

Accommodations
This is a stationary ride, so all nights are spent in the same location.

Description
At the ranch, there are 2 spacious private casitas that can sleep up to 4 people each. All casitas have air conditioning, fridge, microwave, coffee maker, DVD, High speed internet, WIFI, and open sky shower in private bathroom. All accommodations have access to splash pool, bar, and maid service. Cool off in the swimming pool after your ride or sip a cold drink while you watch the horses from the porch rockers. There is a safe in the main ranch house. Laundry is available for an additional fee.



Casita Mandrina
A comfortable casita with a queen and double bed, kitchenette, indoor star shower, cable TV with DVDs.

Casa Roble
A new 1-bedroom furnished house with a queen bed, single bed, and LR single bed, dining area, and full kitchen bar.

Room Occupancy
There is no single supplement fee in 2021.
Staring from 2022, a single supplement fee will be charged.













Meals
All meals are included in the package.
If adding on the Beach Extension dinner is not included on Day 9, lunch and dinner not included on day 10.
For the 4 night Monteverde Extension dinner not included on day 9 and 10, lunch and dinner not included on day 11.

Selection from a breakfast menu daily, including fresh fruit, fresh juices, cereal, eggs, meats, pancakes, fresh baked breads. Breakfast is provided on the garden porch or poolside.
Most lunches are at typical restaurants on the rides.
Dinners at the ranch and at local restaurants.

Wine, beer and liquor are extra. Guests are free to bring their own.

Dietary Restrictions
We can cater to most dietary restrictions if given prior notice.

Riding



Pace
The pace is adjusted to rider level and experience. Walk/trot on most of the trails, with cantering in safe and open areas, beaches, and country roads. Walk, trot and cantering in the arena. We spend 3-5 hours in the saddle per day.

Horses
We are proud of our horses, trained with natural horsemanship and known for their comfortable ride and noble character. You will love riding our well-trained horses, a mix of the noble Spanish horses, known for their easy ride and great temperament. Many of our horses were born and trained on the ranch using Natural Horsemanship techniques, Imprinting and other non-violent methods.
Most recently the finca began a "Paint and Paso" breeding program with a goal of breeding Criollo horses with "color and comfort" using their handsome paint stallion and Criollo mares.
We will match rider to horse to give the best riding experience available in the area.

Itinerary



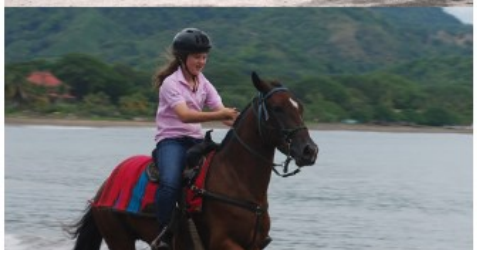
Sample Itinerary - *subject to changes*

Please note that sequence of day activities may change depending on arrival day. Beach ride times depend on low tides. Day 1 itinerary depends on arrival times, if late arrival the itinerary will be adjusted. The itinerary below can be modified to fit a 5-7 day stay.
All sessions are individually designed for participant's level. All include demonstrations and hands on work with









our horses.

Day 1: Arrival
You will be transferred from the Airport to the finca, located just minutes from the beautiful Pacific beaches of Guanacaste. This afternoon, you will have a Ranch Orientation and a Natural Horsemanship Demonstration.
Meals included: Dinner
Overnight at the Ranch

Day 2: First Lesson & Trail Ride to Tempate and Cartagena
After a full ranch breakfast, you will have your first private Natural Horsemanship Training Session: Introduction to Natural Horsemanship. You will learn to connect with your horse and become a "funny looking lead horse with two legs".
In the afternoon, you will leave for the small cattle town of Tempate and travel the Old Spanish Trail through large haciendas. Look for monkeys, tropical birds and dry tropical vegetation on this back country trail. We will stop for cold drinks in Tempate then ride on to Cartagena for dinner at a typical cantina. You and the horses will be trucked back to the ranch.
Meals included: Breakfast, Lunch & Dinner
Overnight at the Ranch

Day 3: Second Lesson & Hacienda Roble Ride
You start the day with your second session of the Natural Horsemanship clinic. Learn about imprinting foals and using the round pen, as well as hands on working on groundwork with your horse. Explore technics used by popular clinicians.
In the afternoon, go the beautiful Hacienda Roble for the Sabanaro Cowboy Ride on the large cattle ranch and pick up your ranch horse to explore the working ranch and the wetlands. The horses are well-trained ranch horses. Lunch of your choice at a typical restaurant. For the adventurous include an exciting canopy zipline tour (extra cost). Dinner at the ranch or beach.
Meals included: Breakfast, Lunch & Dinner
Overnight at the Ranch

Day 4: Third Lesson & Cantina Ride
This morning, it is time for your Natural Horsemanship Session III in the pasture. Today, you will learn how to catch your horse and focus on horse communication. This is followed by in the ring practice of Centered Riding Techniques. Then, mount your horses for The Taste of Guanacaste ride through beautiful ranch country and small villages to one of our most popular family cantina stops, Chilito's, in the small town of El Llano. Sample their famous fried chicken and chip and a real taste of Guanacaste culture. In the afternoon, ride back to the ranch.
Meals included: Breakfast, Lunch & Dinner
Overnight at the Ranch

Day 5: Morning Ride & Fourth Lesson
Today, take an early morning breakfast ride along the old Spanish oxcart trails, passing through beautiful wooded countryside, ranches and small typical villages. Along the way you may see Howler Monkeys, colorful tropical birds or other wildlife, while getting a glimpse of the traditional sabanero, cowboy culture, of the Guanacaste people. When you arrive at the the Rancho, tie up your horse for a typical Costa Rican breakfast cooked the traditional way over lena (firewood). In the afternoon you will have your fourth Session of the Natural Horsemanship Clinic. Dinner at the ranch.
Meals included: Breakfast, Lunch & Dinner
Overnight at the Ranch

Day 6: Rest Day
After breakfast, enjoy a free day (no riding). You have the option of being taken to Tamarindo Beach (local activities available: shopping, swimming, surfing, catamaran sailing, snorkeling tour... at extra cost) or choose one of the many optional tours offered in the area including Canopy/Zip line, Monkey Park, or all day tours to Blue River Resort or Arenal Volcano (extra cost).
Meals included: Breakfast, Lunch & Dinner
Overnight at the Ranch

Day 7: Beach Day
We will drive you to the beach in Puerto Viejo, where you will meet your horses. Saddle up and ride the beautiful white sand beaches of Puerto Viejo, Conchal and Brasilito. Then, will unsaddle you horses for your Last Natural Horsemanship Session and photos on the beach. The horses will be trucked back to the ranch and you will have picnic lunch/dinner at the beach (times depend on tides).
Meals included: Breakfast, Lunch & Dinner
Overnight at the Ranch

Day 8: Departure
After breakfast take your last photos before you are transferred to the airport, or next destination.
Meals included: Breakfast



Beach Riding Extension

Day 9: Guanacaste Village Ride









Today, take an early morning breakfast ride along the old Spanish oxcart trails, passing through beautiful wooded countryside, ranches and small typical villages. Along the way you may see Howler Monkeys, colorful tropical birds, or other wildlife, while getting a glimpse of the traditional sabanero (cowboy culture) of the Guanacaste people. When you arrive at the village of Portegolpe, tie up your horse for a typical breakfast cooked over lena (firewood) at the home of a local family. After, ride around town to see life in a small Guanacaste village. Free afternoon at the ranch and sunset dinner on the beach.
Meals included: Breakfast & Lunch
Overnight at the Ranch

Day 10: Sightseeing (no riding)
After breakfast enjoy a free day. You have the option of being taken to Tamarindo Beach and go shopping, swimming, or surfing. Later on, enjoy a sunset and a dinner on your own in Tamarindo. We will pick you up by arrangement. If you would like, you can opt for one of the many other tours offered in the area including Canopy/Zip line, Monkey Park, Coco Beach, or all day tours to Arenal Volcano or Granada Nicaragua.
Meals included: Breakfast
Overnight at the Ranch

Day 11: Ride to la Garita
After breakfast, meet your horses in the small village of La Garita and ride on secluded back country roads through dry tropical forest to the beach. Stop at Puerto Viejo for a cold drink, then ride along the beautiful Pacific beaches of Pt. Viejo, Conchal, and Brasilito. Tie up your horses for a lunch at the beach, at Don Brasilitos, with an option to swim before you are taken back to the ranch. In the afternoon, you can choose between two options: take a private lesson or work with your own horse using Natural Horsemanship Training in the ring. A sunset ride or dinner rides arranged depending on the tides.
Meals included: Breakfast, Lunch & Dinner
Overnight at the Ranch

Day 12: Departure
After breakfast, if time permits ride in the ring or take your last photos and say goodbye before you transfer to Liberia or Tamarindo Airport . Optional stop at a gift shop or market is available depending on return flight times.
Meals included: Breakfast



Monteverde Extension

Day 9: Transfer to Montverde
After breakfast, your private driver will transfer you to your hotel in Monteverde (to be determined). Stop for lunch on route or add white water rafting with lunch.
Meals included: Breakfast & Dinner
Overnight at Hotel in Montverde

Day 10: Cowboy Tour
Breakfast at the hotel. Enjoy riding the all day Cowboy tour (6 hours in the saddle - If you wish we can arrange a shorter ride)! The rest of the day is free for optional tours or visit the Quaker Community or Santa Elana.
Meals included: Breakfast & Lunch with Cowboy Tour
Overnight at Hotel in Montverde

Day 11: Guided hike in the Monteverde Clouded Forest Preserve
Breakfast at the hotel. Look for resplendent quetzal, other tropical birds, and unique flora and fauna while walking a variety of trails. A wildlife guide and transportation is included. Visit to the hummingbird area at the visitors center. Afternoon free for riding or natural history tours. Option for a Night Rainforest Walk.
Meals included: Breakfast
Overnight at Hotel in Montverde

Day 12: Departure
After breakfast, private transfer to Liberia or San Jose for your flight home.
Meals included: Breakfast

Non-Riding Activities
Located minutes away from the most popular Pacific Beaches, there is ample time to take advantage of beach activities, canopy tours, fishing, river floats, and more. On the ranch, watch the Howler Monkeys feeding in the trees, and colorful tropical birds and flowers in our gardens while you enjoy a cup of Costa Rican coffee.

We can book the following activities for you at an extra cost (inquire for rates):
Canopy/Zip line tours – Add horseback riding or ATV for a real adventure.
Private Natural Horsemanship or Centered Riding Lessons
Palo Verde National Park river tour – See a variety of monkeys, tropical birds, crocks, and other wildlife from a covered motorized launch.
Catamaran Sailing and Snorkeling and Kayaking
Surfing Lessons and Board Rental Tamarindo
Sport Fishing – on and off shore, half or full day
Snorkeling and Scuba Diving – Choose from a variety of tours and times, transportation arranged – card needed

for Scuba, refresher course available.
Buena Vista Combo Tour – Full Day tour to hot springs with horseback riding, zip line, sauna and water slide
Arena I Volcano all day tour – Hot springs, national park tour and other options
White Water Rafting – Class 2 & 3, or 3 & 4 – seasonal
Lunch and Shopping Day in Tamarindo or Liberia – by arrangement
Private Driver to take you on an all day adventure to your choice of beaches, natural areas and national parks. We'll design a day for you. Spend an evening at a local fiesta to watch bull riding and a taste of Guanacaste Culture.
Overnight Tours available.

Other Info

Meeting: Ranch
Airport: Tamarindo Airport (TNO)
Train station: --
Transfer: Tamarindo airport, Liberia airport, or hotels
Distance: 15km
Transfers are available from Liberia International Airport (LIR), Tamarindo Airport (TNO), or hotels at anytime on any day of the week.

Tack:	Western, English, McClellan
Horses:	Spanish Criollos, Paso and Quarter mix
Pace:	All paces according to riding level, 3-5 hrs per day
Level:	(2.5 to 3.5 out of 5) Low intermediate+
Age:	Min 10
Weight:	210 lbs
Riders:	Min 1 riders Max 4 riders

Rates and Dates 2026 - RCCR02

Rates include: Accommodations, All meals & riding activities
Riding helmets from size 6 1/2 to 7 3/8 available to borrow

Packages and Options

Season	Description	~US$
A 2026	8 day trip	$2380
	Single supplement	$315
B 2026	7 day trip	$2040
	Single supplement	$315
C 2026	6 day trip	$1700
	Single supplement	$250

Rates Note: Please, note that transfer rates are subject to change depending on gas prices

Transfer Option

Description

2026	Beach Extension (1-3 nights) - please inquire for updated prices	
2026	Monteverde Extension - please inquire for updated prices	
2026	Transfer from/to Tamarindo Airport at no extra cost	
2026	Transfer from/to Liberia Int'l Airport, per car (3 to 4 pax), one way	$75
2026	Transfer from/to Liberia Int'l Airport, per car (1 to 2 pax), one way	$65
2026	Discount for non-riders - please inquire	
2026	Discount for Children under 14 - please inquire	
2026	Transfer from San Jose, per car, one way	$250

Tour Dates

Season		Tour Dates		
B	2026	01/05/2026 - 09/30/2026	7d / 6n	7 day trip
C	2026	01/05/2026 - 09/30/2026	6d / 5n	6 day trip
A	2026	01/05/2026 - 09/30/2026	8d / 7n	8 day trip
A	2026	11/01/2026 - 12/17/2026	8d / 7n	8 day trip
B	2026	11/01/2026 - 12/17/2026	7d / 6n	7 day trip
C	2026	11/01/2026 - 12/17/2026	6d / 5n	6 day trip

Min/Max: 1/4
Your arrival and departure can be any day of the week!
Closed between December 18th to January 4th

Rates do not include:Gratuities & Alcoholic beverages and soft drinks

Reservation Form

Tour : _____ **Code #:** _____ **from:** _____ **to :** _____

The Travelers (Last Name, First Name)	Male Female	Single room / or tent	Birth Date MM/DD/YY	Height	Weight	Special diets	Beginner	Novice	Intermediate	Strong Interm.	Advanced	ride English	ride Western	mostly arena	mostly hacking
1.		☐				☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
2.		☐				☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
3.		☐				☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
4.		☐				☐	☐	☐	☐	☐	☐	☐	☐	☐	☐

Special Diets: _____

Your fitness level: Excellent ☐ Moderate ☐ Poor ☐ How long have you been riding? _____

How often do you ride? _____ Have you been on other riding tours? No ☐ Yes ☐ last trip when? _____

If Hidden Trails offers a transfer from the local airport/station: I would like the transfer to be included: YES ◯ NO ◯

In an emergency, name and phone number of contact: _____

Attention: Please, if there is more than one participant, all have to sign the reservation form - make copies if needed

With my signature I confirm my reservation of the listed program(s) under the Hidden Trails Booking Conditions. I'm aware, and I made all participants aware of the risk involved with these outdoor adventure activities. All participants have read and agree with the Hidden Trails *Booking Conditions* and the Hidden Trails *Recreational Activity Release and Indemnity Agreement* in this brochure or as listed on the Internet.
I (we) will sign and forward the *Recreational Activity Release and* Indemnity Agreement at least 10 weeks before trip starting date.

Last Name and First Name (The Traveler) _____

Street _____ ***e-mail*** _____

City _____ ***State*** _____ ***Postal/Zip Code*** _____

Phone (wk) _____ ***(hm)*** _____ ***Cell*** _____ ***Fax*** _____

Date _____ ***Signature (mandatory)*** 1. _____

Please, charge a 25% deposit (minimum $ 350 per person) now and full payment 10 weeks before the travel date to my credit card.

For payments by VISA ◯ ***or Mastercard*** ◯ (no debit cards)

Cardholder: _____

Card # _____ 3 digit Security # _____

Exp.Date: _____ Signature _____

Billing Address for Credit Card (if different than maling address):

_____

I have enclosed a check for the deposit ◯

Additional Signatures:

2. _____

3. _____

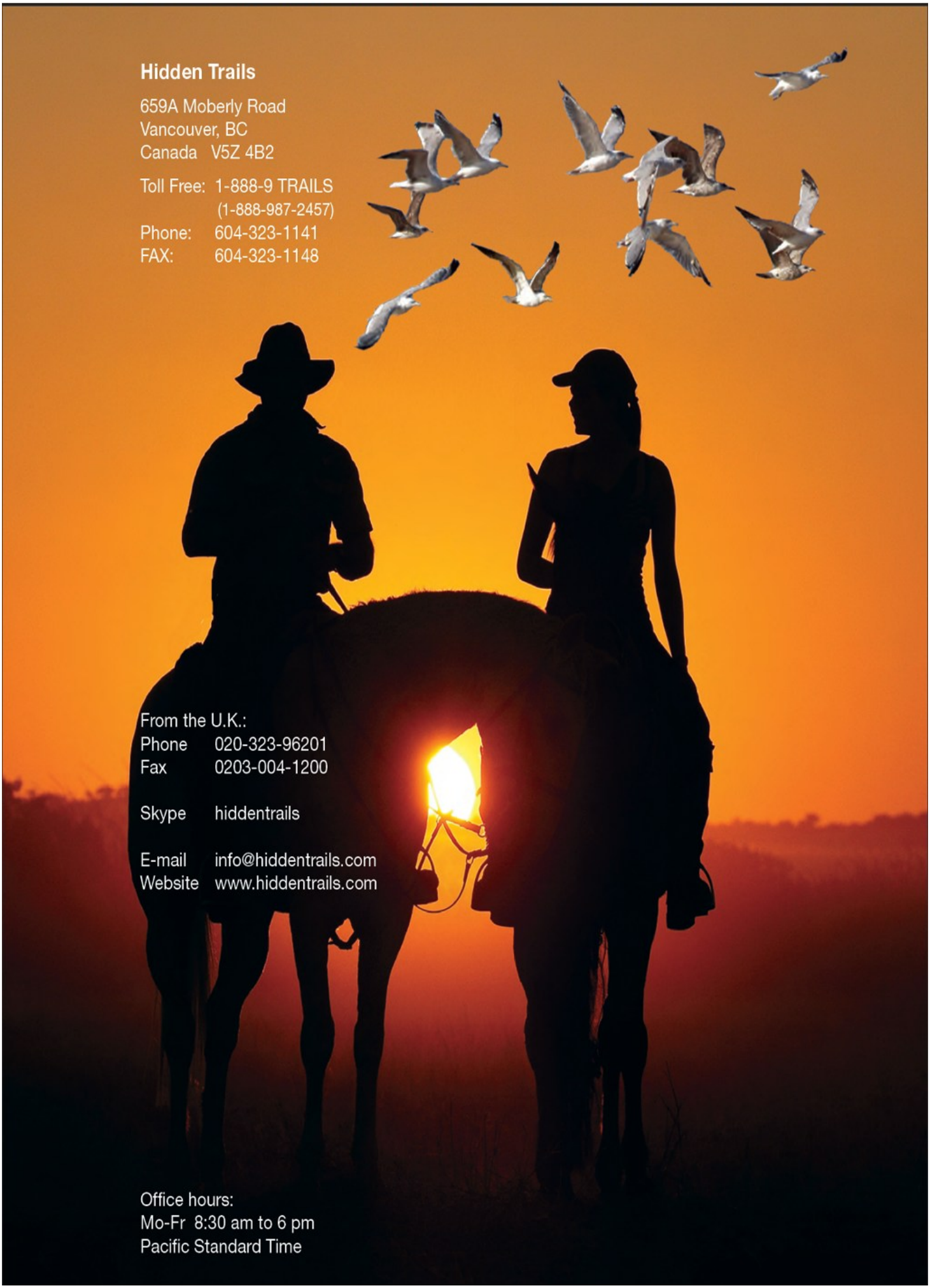
4. _____

Travel Cancellation Insurance Credit Card required

Sign me (us) up ◯ initial _____

No, we will provide our own ◯ initial _____

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Website www.hiddentrails.com
Office hours:
Mo-Fr 8:30 am to 6 pm
Pacific Standard Time