

# Hidden Trails

Ph. 1-888-9-TRAILS

*Equestrian Vacations  
- on & with Hidden Trails*

## About Hidden Trails



Hidden Trails is owned and operated by nature enthusiasts who love horses and adventure activities. We have been involved with riding and other outdoor vacations for over 20 years.

With our partners Voyage du Cheval (France), Pegasus (Germany) as well as Equitour (Switzerland and France) we have collected the best riding destinations all over the world in some hidden places we would like to share with you.

These rides are about galloping on endless beaches, forging rivers, cantering through forests, trotting along age-old trails, gazing at beautiful vistas and encountering foreign cultures. But most of all, these trips are about getting away from the cycle of too much work and never enough free time.

Escape from the rituals, which long ago froze our nights and days into little more than routine and away from the worries of our new tense times. It is so satisfying when we take the plunge of adventure - it's unfortunate that we invent so many reasons to put aside living our dreams of adventure. It is sometimes a tangled web that we weave through life. Some of the threads reveal a work-a-day world of commitments, duties and obligations. Other threads are of a quiet fabric of hope, responsibility and refreshment.

On our adventures you see the real country, its back country and meet the locals. The love for horses has no boundaries but possesses a common language we all speak and understand. The majority of the overseas rides are from inn to inn, some from castle to castle and a few are camping rides.

You will experience new countries and their customs and make new friends. The Hidden Trails trips are the best you can find.

They have been tested by our staff or associates and received our stamp of approval. If you are considering a special riding vacation anywhere in the world, call us first and let our experienced consultants match the perfect trip with your dream.

We will listen to you and give you objective advice to help you choose the best destination and adventure.

Your vacation is the most precious time of the year and we are committed to making it the most memorable time of your life. Wherever you go, have a great time and bring back some peace of mind.

Thank you for your continued support.

### Hidden Trails

Phone: 604-323-1141

Fax: 604-323-1148

Toll Free: 1-888-9-TRAILS

from within the USA or Canada or

E-mail: [info@hiddentrails.com](mailto:info@hiddentrails.com)

Website: [www.hiddentrails.com](http://www.hiddentrails.com)

Address:

659A Moberly Road, Vancouver BC Canada V5Z 4B3 or

4406 Tennyson Road, Wilmington, DE 19802 USA

### Toll Free from the U.K.:

Ph: 0-808 189-0420

Fax: 0-808-280-1860

### Toll Free Worldwide:

Skype: hiddentrails

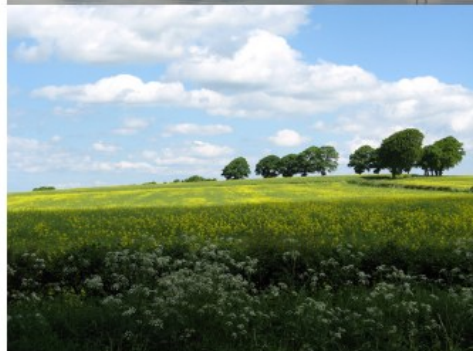
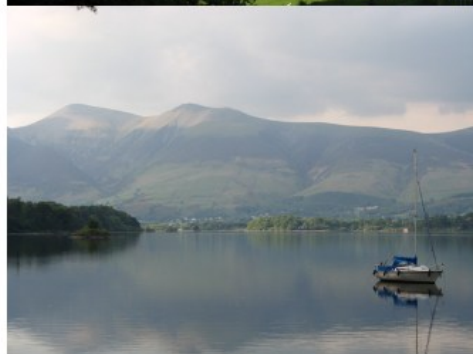
# Hadrian's Wall & English Lakes - England, Europe

Tour Code: ZZ-BKEN-H01  
8 days / 7 nights ~\$0.00  
Dates: April to September

Trip Rating : ●●●●●  
Difficulty : ●●●●●  
Lodging : ●●●

[Track:](#)  
[Horses:](#)  
[Pace:](#)

[Airport:](#) Newcastle Airport



## Hadrian's Wall & English Lakes



### Introduction

Northern England, England

This particular biking vacation in England is a fabulous circular cycle tour taking in the UK's most visited region, the English Lake District and one of the UK's historic landmarks Hadrian's Wall.

As you leave the city of Carlisle, you cycle south into the Cumbrian countryside and into the Lake District. Here, you stay two nights in Keswick, beside Derwent Water one of Cumbria's great lakes. You can add some extra nights to cycle further, relax or even take in one of the many hiking opportunities in the area.

Then, cycle east across the Pennine hills to Newcastle, stopping in Alston the UK's highest market town. The next two days you shall follow the path of Hadrian's Wall back to Carlisle. Along the route, you shall pass various former Roman forts constructed along the wall to house the many soldiers keeping guard.

### Accommodation

#### Accommodations

This is a progressive tour so you will sleep in different accommodations along the trail.

#### Description

You will stay in 3/4 star hotels, guests houses, country inns and bed and breakfast. Occasionally we have to book a nearby village in peak times which would mean a shorter day and a long days walk the next day.

Our handpicked accommodations are chosen for their accessibility to the route and warmth of welcome. We try and find accommodation which is interesting, and we are sure all our providers of accommodation will show an active interest in your tour progress.

We try and provide en-suite rooms where possible but on occasions, this may not be possible on some tours. If you insist on an en-suite room then please provide this request during the booking process.

#### Accommodation Itinerary - subject to changes based on availability

Night 1: Carlisle  
Night 2 & 3: Keswick  
Night 4: Alston  
Night 5: Hexham  
Night 6: Haltwhistle

#### Accommodation Itinerary for Road Bike option - subject to changes based on availability

Night 1: Carlisle  
Night 2 & 3: Keswick  
Night 4: Alston  
Night 5: Hexham  
Night 6: Haltwhistle  
Night 7: Carlisle

#### Room Occupancy

All our prices are based on two persons sharing a twin/double room. However, single persons are most welcome but incur a supplement.

#### Meals

Your package includes all breakfasts. Lunches and dinners are not included and should be paid locally.

We try and provide en-suite rooms where possible but on occasions, this may not be possible on some tours. If you insist on an en-suite room then please provide this request during the booking process.

#### Special diets

### Riding

#### Insurance

It is essential that you have adequate travel insurance that you have purchased to cover cancellations, accidents, and repatriation etc. You will need to provide details (insurer, policy number and medical emergency telephone number) of the insurance you have purchased.

It is your responsibility to ensure that the insurance cover you have purchased covers you for your particular activity. We will not accept liability for any costs, losses or expenses which you incur as a result in not getting the correct level of cover.

#### Bike

Different kinds of bikes are available on this tour (e-bike, road bike...).

Bikes come with a small bag, map carrier (1 per 2 bikes), inner tube, lock, tools, bottle carrier.

We must be notified in advance if guests wish to fix own pedals or saddles to our bikes.

### Itinerary

#### Sample Itinerary - subject to changes

Bike handover is usually on the morning of Day 2, at your first accommodation (around 8:30-9:00 am).

#### Day 1: Arrival

Please, make your own way to your accommodation in Carlisle. Carlisle is on the border with Scotland, near the Hadrian's Wall and to the north of the Lake District.

*meals included: none*  
*Overnight in Carlisle*

#### **Day 2: Carlisle to Keswick**

Today, you leave Carlisle and head south into the Northern sections of the English Lake District. Cycling away from Carlisle alongside the River Caldew and onto open farmlands through lovely country lanes.

Soon, you reach the Caldbeck Fells of the Northern lakes which you circle on the lower slopes before descending into Keswick which is situated on one of the great lakes, Derwent Water.

*Distance: 48 km / 30 miles*

*Meals included: Breakfast*

*Overnight in Keswick*

#### **Day 3: Keswick Loop**

Now it is time to explore the beautiful English Lake District or you can decide to maybe take a rest day and relax in this beautiful Cumbrian town. Your ride today will take you alongside Derwent Water through Rosthwaite and Borrowdale before climbing over Honister at 300m. You descend down to Buttermere and Cummock Water before climbing over to Keswick.

*Distance: 43 km / 27 miles*

*Meals included: Breakfast*

*Overnight in Keswick*

#### **Day 4: Keswick to Alston**

A long day today as you cycle through the North Pennine Hills along the Sea to Sea cycle route. After Huddlesceugh you climb over the Pennines to Alston passing Hartside. Usually there is a prevailing west wind which will blow you along your journey through the Pennines. Your destination Alston is the UK's highest market town.

*Distance: 72 km / 45 miles*

*Meals included: Breakfast*

*Overnight in Alston*

#### **Day 5: Alston to Hexham**

Today you will cycle back into the west side of Newcastle where you will stay overnight in Hexham. You will cycle through some lovely north Pennine villages before the long descent to Hexham. This area is pretty remote with wonderful landscapes.

*Distance: 57 km / 35 miles*

*Meals included: Breakfast*

*Overnight in Hexham*

#### **Day 6: Hexham to Haltwhistle**

Leaving Hexham, you join the route in Corbridge. In Corbridge you can visit the Roman Fort before continuing. You then continue west along the Hadrian's cycleway where the terrain now becomes more undulating. There's a slight detour to visit the Roman fort of Housesteads, then passing the reconstructed Vindolanda fort before arriving at the National Park Visitor Centre, situated next to the most spectacular remains of Hadrian's Wall.

*Distance: 48 km / 30 miles*

*Meals included: Breakfast*

*Overnight in Haltwhistle*

#### **Day 7: Departure**

Some hilly sections today as you descend across the northern end of the Pennines following the course of Hadrian's Wall past Gisland where you can visit the Birdoswald Roman Fort, then onto the Vale of Eden into Carlisle.

*Distance: 46 km / 29 miles*

*Meals included: Breakfast*

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#### **Sample Itinerary: Road Bike option - subject to changes**

##### **Day 1: Arrival**

Please, make your own way to your accommodation in Carlisle. Carlisle is on the border with Scotland, near the Hadrian's Wall and to the north of the Lake District.

*Meals included: none*

*Overnight in Carlisle*

##### **Day 2: Carlisle to Keswick**

Today you leave Carlisle and head west along the east section of Hadrian's Wall and along the coast towards Whitehaven. Just south of Sillouth you start to cycle inland towards the northern Lakes. Through the market town of Cockermouth and over Whinlatter Pass to Keswick.

*Distance: 88 km / 55 miles*

*Meals included: Breakfast*

*Overnight in Keswick*

##### **Day 3: Keswick Loop**

Today, you can choose between two loop options: Derwent loop (option 1) or Thirlmere (option 2).

For the first option, your ride will take you alongside Derwent Water through Rosthwaite and Borrowdale before climbing over Honister Pass at 300m. You descend down to Buttermere and Cummock Water before heading north to Cockermouth. Now you follow the River Derwent and cycle above Bassenthwaite Lake and onto Keswick. If you choose the second option, cycle east out of Keswick before cycling south down John's Beck to Thirlmere. Cycling around Thirlmere you shall continue south via Grasmere, Elterwater and Skelwith Bridge to Ambleside. Here you can take a well-deserved break before the final push over Kirkstone Pass before dropping down to Ullswater and back to Keswick.

*Distance: 62 km / 39 miles (Option 1) // 78 km / 49 miles (Option 2)*

*Meals included: Breakfast*

*Overnight in Keswick*

##### **Day 4: Keswick to Alston**

You cycle through the North Pennine Hills along the Sea to Sea cycle route. After Huddlesceugh you climb over the Pennines to Alston passing Hartside. Usually there is a prevailing west wind which will blow you along your journey through the Pennines. Your destination Alston is the UK's highest market town.

*Distance: 72 km / 45 miles*

*Meals included: Breakfast*

*Overnight in Alston*

##### **Day 5: Alston to Hexham**

Today you will cycle back into the west side of Newcastle where you will stay overnight in Hexham. You will cycle through some lovely north Pennine villages before the long descent to Hexham. This area is pretty remote with wonderful landscapes.

*Distance: 89 km / 56 miles*

*Meals included: Breakfast*

*Overnight in Hexham*

Overnight in Hexham

#### Day 6: Hexham to Haltwhistle

Today you cycle in a north direction towards the Kielder forest. Cycling along quiet country lanes you make your way to Bellingham. This is an ideal place for a lunch break. This area is well known in the 13th to 17th century as the Border Reivers. Now you cycle south down-stream along the North Tyne river towards Hadrian's Wall. Now we shall head east along the Hadrian's wall cycle way towards the town of Haltwhistle. Along the way you can stop and explore the Vindolanda Roman Fort.

*Distance: 98 km / 61 miles*

*Meals included: Breakfast*

*Overnight in Haltwhistle*

#### Day 7: Haltwhistle to Carlisle

Leaving Haltwhistle, you cycle to the Scottish border and into Scotland by the town of Newcastleton. Now, climb out of Newcastleton on a remote road eastwards to Langholm. Langholm was the birth place of one of Scotland's best known modern day poets, Hugh MacDiarmid. Leaving Langholm you cycle towards Gretna Green, its Blacksmith shop is famous for runaway weddings of the English and has been holding weddings since 1754. Young English lovers used to come over the border as the minimum age for marriage was lower in Scotland compared to England and Wales. Then, you cycle back to Carlisle

*Distance: 110 km / 69 miles*

*Meals included: Breakfast*

#### Day 8: Departure

Make your own arrangements.

*Meals included: Breakfast*

### Other Info

**Airport:** Newcastle Airport

**Tack:**

**Horses:**

**Pace:**

**Level:** 🐾🐾🐾🐾🐾 (3 out of 5) Moderate

**Riders:** Min 2 riders

## Rates and Dates 2026 - ZZ-BKEN-H01

Rates include: Accommodations, All breakfasts, Luggage transfers & Navigation by Smart Phone App (Access code for App emailed around 3 weeks before departure)

## Packages and Options

Season	Description
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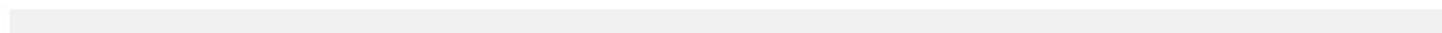
## Transfer Option

Description

Tour Dates

Season	Tour Dates
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Rates do not include: Transfers before and after the tour, Lunches, Dinners & Travel insurance (mandatory)



# Reservation Form

**Tour :** \_\_\_\_\_ **Code #:** \_\_\_\_\_ **from:** \_\_\_\_\_ **to :** \_\_\_\_\_

The Travelers (Last Name, First Name)	Male Female	Single room / or tent	Birth Date MM/DD/YY	Height	Weight	Special diets									
						Special diets	Beginner	Novice	Intermediate	Strong Intern.	Advanced	ride English	ride Western	mostly arena	mostly hacking
1. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
2. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
3. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
4. _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			

Special Diets: \_\_\_\_\_

Your fitness level: Excellent  Moderate  Poor  How long have you been riding? \_\_\_\_\_

How often do you ride? \_\_\_\_\_ Have you been on other riding tours? No  Yes  last trip when? \_\_\_\_\_

If Hidden Trails offers a transfer from the local airport/station: I would like the transfer to be included: YES  NO

In an emergency, name and phone number of contact: \_\_\_\_\_

Attention: Please, if there is more than one participant, all have to sign the reservation form - make copies if needed

With my signature I confirm my reservation of the listed program(s) under the Hidden Trails Booking Conditions. I'm aware, and I made all participants aware of the risk involved with these outdoor adventure activities. All participants have read and agree with the [Hidden Trails Booking Conditions](#) and the [Hidden Trails Recreational Activity Release and Indemnity Agreement](#) in this brochure or as listed on the Internet.

I (we) will sign and forward the [Recreational Activity Release and Indemnity Agreement](#) at least 10 weeks before trip starting date.

Last Name and First Name (The Traveler) \_\_\_\_\_

Street \_\_\_\_\_ e-mail \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Postal/Zip Code \_\_\_\_\_

Phone (wk) \_\_\_\_\_ (hm) \_\_\_\_\_ Cell \_\_\_\_\_ Fax \_\_\_\_\_

Date \_\_\_\_\_ Signature (mandatory) 1. \_\_\_\_\_

Please, charge a 25% deposit (minimum \$ 350 per person) now and full payment 10 weeks before the travel date to my credit card.

For payments by VISA  or Mastercard  (no debit cards)

Cardholder: \_\_\_\_\_

Card # \_\_\_\_\_ 3 digit Security # \_\_\_\_\_

Exp.Date: \_\_\_\_\_ Signature \_\_\_\_\_

Billing Address for Credit Card (if different than mailing address):  
\_\_\_\_\_

I have enclosed a check for the deposit

Additional Signatures:

2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

**Travel Cancellation Insurance** Credit Card required

Sign me (us) up  initial \_\_\_\_\_

No, we will provide our own  initial \_\_\_\_\_

## Hidden Trails

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