

## **About Hidden Trails**



Hidden Trails is owned and operated by nature enthusiasts who love horses and adventure activities. We have been involved with riding and other outdoor vacations for over 20 years.

With our partners Voyage du Cheval (France), Pegasus (Germany) as well as Equitour (Switzerland and France) we have collected the best riding destinations all over the world in some hidden places we would like to share with you.

These rides are about galloping on endless beaches, forging rivers, cantering through forests, trotting along age-old trails, gazing at beautiful vistas and encountering foreign cultures. But most of all, these trips are about getting away from the cycle of too much work and never enough free time.

Escape from the rituals, which long ago froze our nights and days into little more than routine and away from the worries of our new tense times. It is so satisfying when we take the plunge of adventure - it's unfortunate that we invent so many reasons to put aside living our dreams of adventure. It is sometimes a tangled web that we weave through life. Some of the threads reveal a work-a-day world of commitments, duties and obligations. Other threads are of a quiet fabric of hope, responsibility and refreshment.

On our adventures you see the real country, its back country and meet the locals. The love for horses has no boundaries but possesses a common language we all speak and understand. The majority of the overseas rides are from inn to inn, some from castle to castle and a few are camping rides.

You will experience new countries and their customs and make new friends. The Hidden Trails trips are the best you can find.

They have been tested by our staff or associates and received our stamp of approval. If you are considering a special riding vacation anywhere in the world, call us first and let our experienced consultants match the perfect trip with your dream.

We will listen to you and give you objective advice to help you choose the best destination and adventure.

Your vacation is the most precious time of the year and we are committed to making it the most memorable time of your life. Wherever you go, have a great time and bring back some peace of mind.

Thank you for your continued support.

## **Hidden Trails**

Phone: 604-323-1141 Fax: 604-323-1148 Toll Free: 1-888-9-TRAILS from within the USA or Canada or

E-mail: <u>info@hiddentrails.com</u> Website: <u>www.hiddentrails.com</u>

#### Address

659A Moberly Road, Vancouver BC Canada V5Z 4B3 or 4406 Tennyson Road, Willmington, DE 19802 USA

## Toll Free from the U.K.:

Ph: 0-808 189-0420 Fax: 0-808-280-1860

#### Toll Free Worldwide:

Skype: hiddentrails

# **Dolomites Cycling Tour - Italy, Europe**

Tour Code: ZZ-BKITFA07 7 days / 6 nights ~\$0.00 Dates: May, June & September

Trip Rating:

Tack: -Horses: -Pace: -

#### Airport: Innsbruck





## Introduction

Northern Italy, Italy

The Dolomites are your constant companion during this biking trip at the foot of the legendary "Pale Mountains", on the list of UNESCO world heritage due to their "unique monumental beauty".

The start point of the progressive version of this tour is the Pustertal, demarcating the Dolomites towards the North. Then you continue along the Eisack and Etsch valleys, forming the west border, passing South Tyrol's capital Bolzano and reaching Trento. On the southern part of the Dolomites, you will cycle through the Valsugana valley to Feltre. The former Dolomites railway track will lead you into the direction of the Olympic town Cortina d'Ampezzo. Finally you will greet the famous Drei Zinnen (Three Peaks) from the Höhlensteintal before you head back to Hochpustertal.

This cycling four has been designed especially for e-bikers. Most of the route follows cycling paths, sometimes quiet side roads. Although you always have an eye on the Dolomites, you cycle comfortably at their feet along cycle paths and quiet side roads. For sporty cyclists this route can be done also with a trekking bike.

For the stationary version of this tour, you are based in Hochpustertal. The program gives you space for an individual organisation of the stages and guarantees fun for all cyclists. The bicycle tour leads you into side valleys of the Hochpustertal to Sesto and Casies and on the old Dolomites railway track from Cortina d'Ampezzo to Dobbiaco.

Ideal for families; it runs consistently on valley cycle paths without steep inclines. On most days there is the possibility to choose independently the desired length of route and to adapt according to this the transfer by minibus or train. In addition for convenience you can take a day of rest. There are more demanding routes for experienced bikers.

## Accomodation

#### Accommodations

During the point to point program, nights are spent in different locations. During the hotel based program, all nights are spent at the same location.

#### Description

All accommodations offer private bedrooms with ensuite facilities.

During the point to point program you sleep in 3-star hotels.

During the hotel based program, you are accommodated in a superior 3-star hotel or a 4-star hotel.

#### Local tax

Some cities charge a tourist tax. These taxes are not included in the sale price of the tour and must be paid directly by you at check-in or check-out at the hotels.

This fee varies depending on the hotel category, the season and the number of days of stay. It is usually between 1 and  $5 \in \text{per person per night}$ .

#### Meals

During the point to point program, all breakfasts are included.

During the hotel based program, all breakfasts and dinners are included.

Meals included in the program are eaten at the accommodations.

## Riding

Progressive Tour: approx. 400km total Hotel Based Tour: approx. 200km total

#### Rental bikes

21-gears women's or men's bicycle TOP bike (unisex model - male model on request) E-bike (unisex bike, 500 W battery, range up to 100 km)

## **Itinerary**

Sample Itinerary: Progressive option - subject to changes

Day 1 (Sunday): Arrival in Hochpustertal (Niederdorf/Villabassa or Toblach/Dobbiaco)

Individual arrival at the hotel in Hochpustertal. Free, unguarded public car park near the hotel.

Meals included: none

Overnight in Niederdorf/Villabassa or Toblach/Dobbiaco

#### Day 2 (Monday): Hochpustertal - Rio di Pusteria

On the first section of the day, the Pustertal Cycle Path gives you the direction. The river Rienz leads you to the Michael-Pacher town of Bruneck, which invites you for a first rest and a stroll. Back in the saddle, you roll through the ruins of the Mühlbacher Klause towards your destination for today's stage, Rio di Pusteria.

Biking approx. 55 km Meals included: Breakfast Overnight in Rio di Pusteria

### Day 3 (Tuesday): Rio di Pusteria - Bolzano

Today, shortly before Brixen, you cycle past the monastery complex of Neustift or the Franzensfeste fortress, both of which invite you to visit. In Bressanone, it is worth taking a walk through the well-kept old town with its arcades and cathedral. From afar you are greeted by the Säben monastery, which stands high above Klausen and you cycle along the Eisack river to Waidbruck, where the view of the Trostburg castle opens up to you. Here the valley

narrows and leads you into the Bolzano basin and your destination for the day, the provincial capital of Bolzano, the city where two cultures meet.

There are numerous possibilities for spending the afternoon: a leisurely stroll under the arcades of Bolzano or on the meadows of the valley, a visit to "Ōtzi", the "oldest Tyrolean" in the archaeological museum, simply enjoying a cappuccino in one of the numerous cafés on Waltherplatz.

Biking approx. 55 km Meals included: Breakfast Overnight in Bolzano

#### Day 4 (Wednesday): Bolzano - Trento

Today you follow the Etsch river and leave South Tyrol at the Salurner Klause, the border between Germanspeaking South Tyrol and Italian-speaking Trentino. Fruit trees and grapevines line your path to the former former bishop's town of Trento, which will delight you with its inviting old town and Buonconsiglio Castle.

Biking approx. 65 km Meals included: Breakfast Overnight in Trento

#### Day 5 (Thursday): Trento - Feltre

You cycle past Lake Caldonazzo, which also invites you to stay for a while. The first section to Caldonazzo is relatively steep and can also be shortened by train. The trail continues through the impressive Valsugana valley to Feltre, a small town on the former "Via Claudia Augusta", an important Roman road from Aquileia to Augsburg. Biking approx. 70 km if taking the train / otherwise, 90 km

Meals included: Breakfast

Overnight in Feltre

#### Day 6 (Friday): Feltre - Pieve di Cadore

Through leafy forest avenues you reach Belluno, the small capital of the province of the same name. Today's route is lined with picturesque little villages that invite you to stop for a while. In the north, your gaze falls back to the mighty southern Dolomites, your companions on your first stages. You continue your way north past Longarone. This village was rebuilt in a very short time after it was flooded by a tidal wave in 1963 following a rock fall at the former Vajont dam. The newly built cycle path leads from Longarone to Pieve di Cadore, today's destination.

Biking approx. 75 km Meals included: Breakfast Overnight in Pieve di Cadore

#### Day 7 (Saturday): Pieve di Cadore - Hochpustertal

Pure nature, that is the motto for today. The most important and largest stopover of the railway was the famous winter sports and Olympic town of Cortina d'Ampezzo, where you will also cycle past today - surrounded by some of the most famous Dolomite peaks. Continue along the route of the Dolomite railway to the provincial border of the province of Belluno and finally return to South Tyrol. Enjoy the panoramic view of the rock formation of the \_Three Peaks\*.

Biking approx. 65 km Meals included: Breakfast Overnight in Niederdorf/Villabassa or Toblach/Dobbiaco

#### Day 8 (Sunday): Departure

Individual departure or possibility to extend your stay. Meals included: Breakfast

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Sample Itinerary: Hotel based option - subject to changes

## Day 1: Arrival in Hochpustertal (Niederdorf/Villabassa or Toblach/Dobbiaco)

Individual arrival at the hotel in Hochpustertal. Free, unguarded public car park near the hotel.

Meals included: Dinner

Overnight in Niederdorf/Villabassa or Toblach/Dobbiaco

#### Day 2: Along the Pustertal cycle path and the river Rienz

Starting from the highest point the cycle path is wriggling along the river Rienz through the villages of the valley to Bruneck/Brunico. Visit the castle with its Messner Mountain Museum or the open-air museum of Dietenheim. Ambitious cyclists have the possibility to continue the cycling path to the valley Tauferer Ahrntal and to visit castle Taufers.

Return transfer from Bruneck/Brunico to your hotel in the afternoon.

Biking approx. 25-30 km to Bruneck (approx. 55-60km if going to Sand)

Meals included: Breakfast & Dinner

Overnight in Niederdorf/Villabassa or Toblach/Dobbiaco

#### Day 3: Sextner Valley

The cycle path will bring you into he valley Fischleintal. From above some famous peaks of the Dolomites are greeting while you stroll through the Sextner valley. Out of the valley you cycle to San Candido (famous Romanic dome). After a refreshment at the source of the river Drava you return to the hotel.

Biking approx. 40 km

Meals included: Breakfast & Dinner

Overnight in Niederdorf/Villabassa or Toblach/Dobbiaco

## Day 4: Drava cycle path

You arrive to San Candido, before you overstep the nearby Italian-Austrian border right after Prato Drava. Then, you cycle to Lienz, which is located on the confluence of Isel and Drava. Worth seeing are the historic centre and the castle Schloss Bruck. Return transfer to your hotel in the afternoon.

Biking approx. 50-55 km

Meals included: Breakfast & Dinner

Overnight in Niederdorf/Villabassa or Toblach/Dobbiaco

#### Day 5: Along the Dolomites railway track

Transfer to Cortina d'Ampezzo. On the unique road, with - especially for cyclists - illuminated tunnels of the erst-while track, the path leads you from Cortina d'Ampezzo to Cimabanche, the highest point of the tour. Following the cycle path you pass lake Dürrensee, don't forget to look over your shoulder and enjoy the view of the massif of Cristallo. Shortly afterwards you will see the world famous Drei Zinnen (Three Peaks). Passing by lake Toblachersee you reach your hotel. Ambitious bikers can cycle both ways instead of taking the shuttle in the morning (approx. 60-70 km).

Biking approx. 30-35 km

Meals included: Breakfast & Dinner

Overnight in Niederdorf/Villabassa or Toblach/Dobbiaco

#### Day 6: Gsiesertal Valley

This valley is characterised by traditional farms and a big calmness and tranquillity. In Monguelfo there is the possibility to visit the castle or you have a break in Villabassa for searching refreshment in the Kneipp facility.

Meals included: Breakfast & Dinner
Overnight in Niederdorf/Villabassa or Toblach/Dobbiaco

Day 7: Departure

Indivdiual departure or possibility to extend your stay. Meals included: Breakfast

## Other Info

Meeting: Niederdorf/Villabassa or Toblach/Dobbiaco

Airport: Innsbruck

Train station: Niederdorf/Villabassa or Toblach/Dobbiaco

Distance: 130-135 km

Because this is a self-guided trip, participants are expected to arrive independently to their hotel in Niederdorf/Villabassa or Toblach/Dobbiaco. Check with us about one month before

departure to get the information about your accommodations.

Tack: --Horses: --Pace: --

Level: (2 to 3 out of 5) Easy to Moderate

Age: Min 14

Riders: Min 2 riders Max 10 riders

## Rates and Dates 2024 - ZZ-BKITFA07

Rates include: Progressive: Accommodations, All breakfasts, Tour information package (maps, route descriptions...), Luggage transfers, Video briefing & Phone hotline service.

Hotel Based: Accommodations, All breakfasts and dinners, Tour information package (maps, route descriptions...), Video briefing, Transfer according to program (before and after daily tour) & Phone hotline service.

**Packages and Options** 

Season	Description	EUR	~US\$
A 2024	8 day self-guided tour (progressive) - High	€895	\$985
	Single supplement	€230	\$255
B 2024	8 day self-guided tour (progressive) - Low	€820	\$900
	Single supplement	€230	\$255
C 2024	7 day self-guided tour (hotel based) - High	€1080	\$1190
	Single supplement	€230	\$255
D 2024	7 day self-guided tour (hotel based) - Low	€950	\$1045
	Single supplement	€230	\$255

The US Dollar Rate is based on a EUR Exchange Rate of 1.1 and subject to currency fluctuation

Rates Note:In 2023, high season is from June 17 to September 10

## **Transfer Option**

#### Description

2024	Bike rental, pp (for entire week)	€100	\$110
2024	Bike TOP rental, pp (for entire week)	€170	\$190
2024	Ebike rental, pp (for entire week)	€250	\$275
2024	Extra nights - please inquire		

#### **Tour Dates**

-	ur Dates			
	eason	Tour Dates		
	2024	05/05/2024 - 05/12/2024	8d/7n	8 day self-guided tour (progressive) - Low
	2024	05/08/2024 - 05/15/2024	8d/7n	8 day self-guided tour (progressive) - Low
	2024	05/12/2024 - 05/19/2024	8d/7n	8 day self-guided tour (progressive) - Low
В	2024	05/15/2024 - 05/22/2024	8d/7n	8 day self-guided tour (progressive) - Low
A	2024	05/19/2024 - 05/26/2024	8d/7n	8 day self-guided tour (progressive) - High
A	2024	05/22/2024 - 05/29/2024	8d/7n	8 day self-guided tour (progressive) - High
A	2024	05/26/2024 - 06/02/2024	8d/7n	8 day self-guided tour (progressive) - High
	2024	05/29/2024 - 06/05/2024	8d/7n	8 day self-guided tour (progressive) - High
Α	2024	06/02/2024 - 06/09/2024	8d/7n	8 day self-guided tour (progressive) - High
A	2024	06/05/2024 - 06/12/2024	8d/7n	8 day self-guided tour (progressive) - High
	2024	06/09/2024 - 06/16/2024	8d/7n	8 day self-guided tour (progressive) - High
	2024	06/12/2024 - 06/19/2024	8d/7n	8 day self-guided tour (progressive) - High
A	2024	06/16/2024 - 06/23/2024	8d/7n	8 day self-guided tour (progressive) - High
A	2024	06/19/2024 - 06/26/2024	8d/7n	8 day self-guided tour (progressive) - High
A	2024	06/23/2024 - 06/30/2024	8d/7n	8 day self-guided tour (progressive) - High
	2024	06/26/2024 - 07/03/2024	8d/7n	8 day self-guided tour (progressive) - High
	2024	06/30/2024 - 07/07/2024	8d/7n	8 day self-guided tour (progressive) - High
A	2024	07/03/2024 - 07/10/2024	8d/7n	8 day self-guided tour (progressive) - High
A	2024	07/07/2024 - 07/14/2024	8d/7n	8 day self-guided tour (progressive) - High
A	2024	07/10/2024 - 07/17/2024	8d/7n	8 day self-guided tour (progressive) - High
A	2024	07/14/2024 - 07/21/2024	8d/7n	8 day self-guided tour (progressive) - High
	2024	07/17/2024 - 07/24/2024	8d/7n	8 day self-guided tour (progressive) - High
A	2024	07/21/2024 - 07/28/2024	8d/7n	8 day self-guided tour (progressive) - High
A	2024	07/24/2024 - 07/31/2024	8d/7n	8 day self-guided tour (progressive) - High
	2024	07/28/2024 - 08/04/2024	8d/7n	8 day self-guided tour (progressive) - High
	2024	07/31/2024 - 08/07/2024	8d/7n	8 day self-guided tour (progressive) - High
A	2024	08/04/2024 - 08/11/2024	8d/7n	8 day self-guided tour (progressive) - High
Α	2024	08/07/2024 - 08/14/2024	8d/7n	8 day self-guided tour (progressive) - High
A	2024	08/21/2024 - 08/28/2024	8d/7n	8 day self-guided tour (progressive) - High
	2024	08/25/2024 - 09/01/2024	8d/7n	8 day self-guided tour (progressive) - High
	2024	08/28/2024 - 09/04/2024	8d/7n	8 day self-guided tour (progressive) - High
Α	2024	09/01/2024 - 09/08/2024	8d/7n	8 day self-guided tour (progressive) - High
Α	2024	09/04/2024 - 09/11/2024	8d/7n	8 day self-guided tour (progressive) - High
A	2024	09/08/2024 - 09/15/2024	8d/7n	8 day self-guided tour (progressive) - High
	2024	09/11/2024 - 09/18/2024	8d/7n	8 day self-guided tour (progressive) - Low
	2024	09/15/2024 - 09/22/2024	8d/7n	8 day self-guided tour (progressive) - Low
	2024	09/18/2024 - 09/25/2024	8d/7n	8 day self-guided tour (progressive) - Low
	2024	09/22/2024 - 09/29/2024	8d/7n	8 day self-guided tour (progressive) - Low
100	2024	09/25/2024 - 10/02/2024	8d/7n	8 day self-guided tour (progressive) - Low
В	2024	09/29/2024 - 10/06/2024	8d/7n	8 day self-guided tour (progressive) - Low

## Min/Max: 2/10

Custom dates possible for groups of 5+ pax

In 2024, the stationary option is available daily from May 25 to September 21 (no departures between Augut 3-24)

Rates do not include: Progressive: Drinks, Lunches and dinners, Rental bikes & Travel insurance.

Hotel Based: Drinks, Lunches, Rental bikes & Travel insurance.

Tourist tax (if requested) has to be paid on the spot.

# **Reservation Form**

Tour:	Code #:	from: to :						
The Travelers (Last Name, First Name)	Male Female Single room / or tent Birth Date MM/DD/YY	eight Weight South to the state of the state						
1.								
2.								
3.								
4.								
Special Diets:								
Your fitness level: Excellent Moderate How long have you been riding?								
How often do you ride?	Have you been on other r	iding tours? No Yes last trip when?						
If Hidden Trails offers a transfer from the local airport/station: I would like the transfer to be included: YES () NO ()								
In an emergency, name and phone number of contact:								
Attention: Please, if there is more than one p	participant, all have to sign	the reservation form - make copies if needed						
With my signature I confirm my reservation of the listed program(s) under the Hidden Trails Booking Conditions. I'm aware, and I made all participants aware of the risk involved with these outdoor adventure activities. All participants have read and agree with the Hidden Trails Booking Conditions and the Hidden Trails Recreational Activity Release and Indemnity Agreement in this brochure or as listed on the Internet.  I (we) will sign and forward the Recreational Activity Release and Indemnity Agreement at least 10 weeks before trip starting date.  Last Name and First Name (The Traveler)								
Stree <u>t</u>	_e-	mai <u>l</u>						
City	State	Postal/Zip Code						
Phone (wk) (hm)	Cell	Fax						
		-						
Date	Signature (mandatory)							
Please, charge a 25% deposit (minimum \$ 350 per person) now and full payment 10 weeks before the travel date to my credit card.  Additional Signatures:								
For payments by VISA () or Mastercard () (no debit cards)								
Cardholder:		3.						
Card #3 di	igit Security #	4.						
Exp.Date: Signature								
Billing Address for Credit Card (if different than maling address):  Travel Cancellation Insurance Sign me (us) up initial								
I have enclosed a check for the deposit ( ) No, we will provide our own ( )								

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