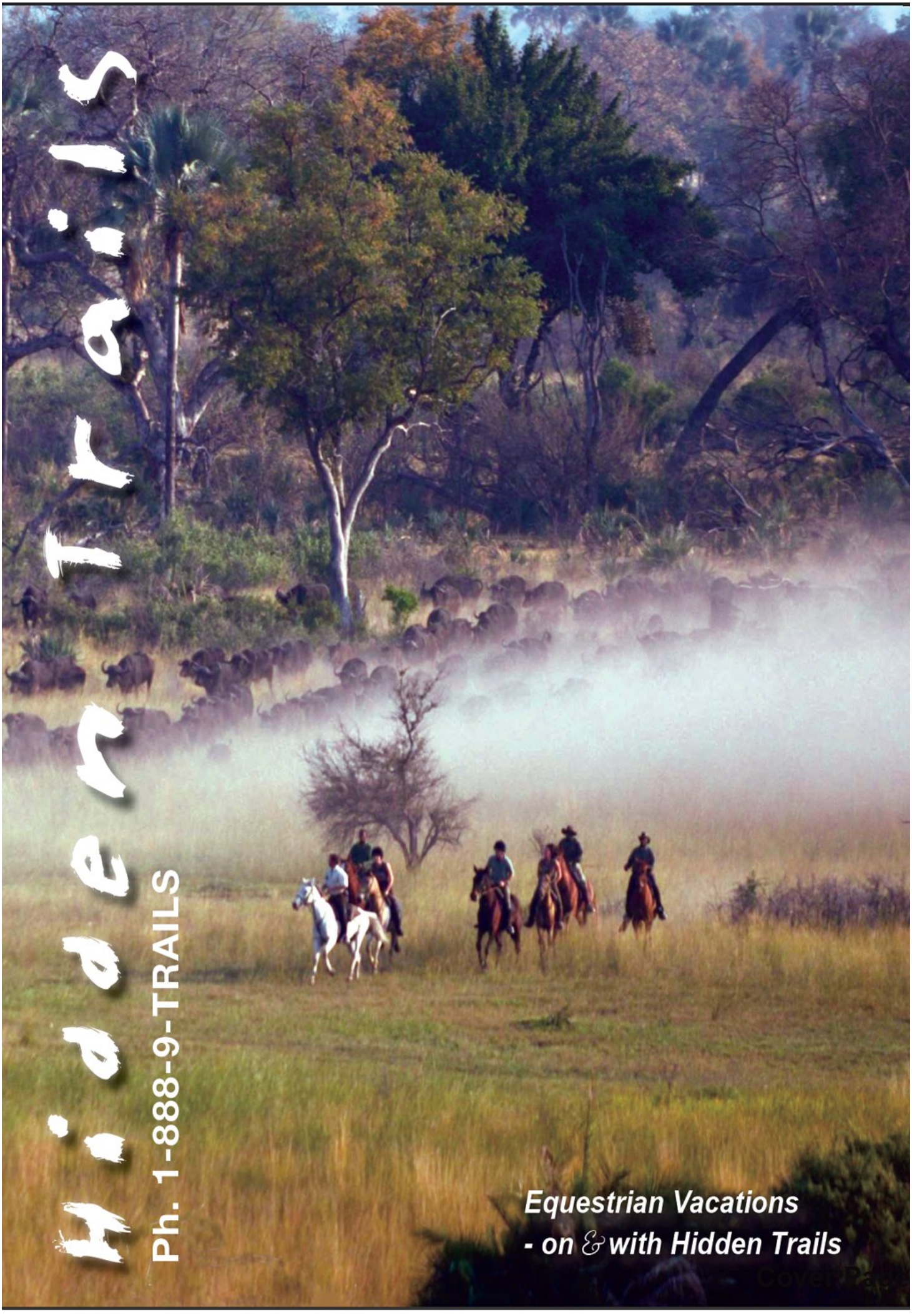

Hidden Trails
Ph. 1-888-9-TRAILS
Equestrian Vacations
- on & with Hidden Trails

About Hidden Trails



Hidden Trails is owned and operated by nature enthusiasts who love horses and adventure activities. We have been involved with riding and other outdoor vacations for over 20 years.
With our partners Voyage du Cheval (France), Pegasus (Germany) as well as Equitour (Switzerland and France) we have collected the best riding destinations all over the world in some hidden places we would like to share with you.

These rides are about galloping on endless beaches, forging rivers, cantering through forests, trotting along age-old trails, gazing at beautiful vistas and encountering foreign cultures. But most of all, these trips are about getting away from the cycle of too much work and never enough free time.

Escape from the rituals, which long ago froze our nights and days into little more than routine and away from the worries of our new tense times. It is so satisfying when we take the plunge of adventure - it's unfortunate that we invent so many reasons to put aside living our dreams of adventure. It is sometimes a tangled web that we weave through life. Some of the threads reveal a work-a-day world of commitments, duties and obligations. Other threads are of a quiet fabric of hope, responsibility and refreshment.

On our adventures you see the real country, its back country and meet the locals. The love for horses has no boundaries but possesses a common language we all speak and understand. The majority of the overseas rides are from inn to inn, some from castle to castle and a few are camping rides.
You will experience new countries and their customs and make new friends. The Hidden Trails trips are the best you can find.

They have been tested by our staff or associates and received our stamp of approval. If you are considering a special riding vacation anywhere in the world, call us first and let our experienced consultants match the perfect trip with your dream.
We will listen to you and give you objective advice to help you choose the best destination and adventure.

Your vacation is the most precious time of the year and we are committed to making it the most memorable time of your life. Wherever you go, have a great time and bring back some peace of mind.

Thank you for your continued support.

Hidden Trails
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Fax: 604-323-1148
Toll Free: 1-888-9-TRAILS
from within the USA or Canada or

E-mail: info@hiddentrails.com
Website: www.hiddentrails.com

Address:
659A Moberly Road, Vancouver BC Canada V5Z 4B3 or
4406 Tennyson Road, Willmington, DE 19802 USA

Toll Free from the U.K.:
Ph: 0- 808 189-0420
Fax: 0-808-280-1860

Toll Free Worldwide:
Skype: hiddentrails

Cycling in Southern Wales - Wales, Europe

Tour Code: ZZ-BKWA-H01
8 days / 7 nights ~$0.00
Dates: April to September

Trip Rating :
Difficulty :
Lodging:

Tack:
Horses:
Pace:

Airport:









Introduction

South Wales, Wales
This biking vacation in Wales follows the wonderful Pembrokeshire coastline, sections of which are a national park. The region of Pembrokeshire is in South West Wales. Not only is the scenery simply stunning but the region also has a number of historic attractions such as Pembroke castle. A castle was first built in the town of Pembroke in the 11th century. Carew Castle is also from the 11th century but was then rebuilt in stone in the 14th century. The most famous historic landmark on the route though is St David's Cathedral, a vast building making the small hamlet of St David's actually a city.

As you cycle through Wales Coastal National Park, it is possible along the breath-taking coastline, to see dolphins and porpoises. In the north part of the tour, Cardigan Bay is a permanent residence of these fabulous creatures. Here you can take boat trips to explore the sea life. The coastline is also a haven for great birdlife.
Inland the national park homes badgers and otters although they can be particularly hard to spot.

Not only will you cycle on some safe cycleways but also on minor country lanes as you take a circular route around the region.

Accomodation

Accommodation
This is a progressive trip so overnights will be spent at different locations along the way.

Description
You will stay in 3/4 star hotels, guests houses, country inns and bed and breakfast. Occasionally we have to book a nearby village in peak times which would mean a shorter day and a long days walk the next day.
Our handpicked accommodations are chosen for their accessibility to the route and warmth of welcome. We try and find accommodation which is interesting, and we are sure all our providers of accommodation will show an active interest in your tour progress.

We try and provide en-suite rooms where possible but on occasions, this may not be possible on some tours. If you insist on an en-suite room then please provide this request during the booking process.

Accommodation Itinerary for 8-day option - *subject to changes based on availability*
Night 1 & 2: Accommodation in Fishguard
Night 3 & 4: Accommodation in Saundersfoot
Night 5: Accommodation in Haverfordwest / Broad Haven
Night 6 & 7: Accommodation in Fishguard

Accommodation Itinerary for 6-day option - *subject to changes based on availability*
Night 1 & 2: Accommodation in Fishguard
Night 3 & 4: Accommodation in Saundersfoot
Night 5: Accommodation in Haverfordwest / Broad Haven

Meals
All Breakfasts are included in your package.

Riding

Insurance
It is essential that you have adequate travel insurance that you have purchased to cover cancellations, accidents, and repatriation etc. You will need to provide details (insurer, policy number and medical emergency telephone number) of the insurance you have purchased.
It is your responsibility to ensure that the insurance cover you have purchased covers you for your particular activity. We will not accept liability for any costs, losses or expenses which you incur as a result in not getting the correct level of cover.

Itinerary

Sample Itinerary: 8-day option - *subject to changes*

Note: It is possible to book a shorter version of this tour (6 days 5 nights which is the same as the 8 days itinerary but without Day 6 and 7).

Bike (Cannondale Quick Hybrid Bikes or Lapierre/Raleigh eBikes) handover is usually on the evening of Day 1, at your first accommodation (or morning of Day 2).

Day 1: Arrival
Today arrive in the quaint port of Fishguard/Goodwick. From here you could catch the Ferry to Ireland! The bay is simply stunning with nice coastal walks joining these two small towns together. Goodwick is in the lower part of the town near the ferry port and Fishguard is slightly higher overlooking the bay.
Meals included: none
Overnight in Fishguard

Day 2: Fishguard-Fishguard loop ride
Today you have a fabulous coastal ride heading west visiting first a tiny ancient chapel in Llanwnda. This chapel serves around 1000 inhabitants. After a short visit, you cycle heading towards the lighthouse at Stumble Head. This is a popular location to view sea life, dolphins, porpoises and various whale species. There are viewing galleries and nice coastal walks here. On a nice day, it is a pretty place to have a picnic. After your look across the

sea, you head back inland, with occasional views of the rugged Pembrokeshire coastline. Soon you shall reach Melin Tregwynt Mill a working Mill that has been making cloth for over 100 years! Soon you will be back in Fishguard for a relaxing walk around the town.
Distance: 22.5 miles / 36 km
Meals included: Breakfast
Overnight in Fishguard

Day 3: Fishguard to Saundersfoot
Today you cycle in the wild area of the Preseli Hills famous for its Ponies and Bluestones. These Blue rocks are where the stones used to build Stonehenge came from but you can only wonder how centuries ago these huge rocks were transported from Wales to South England! Along this route, you will see many Neolithic and Bronze Age standing stones used to build Stonehenge. You will soon turn south and follow the rolling hills towards the south coast and to the beautiful fishing village of Saundersfoot. Take a walk on the wonderful sandy beach before enjoying the evening in one of the many local restaurants.
Distance: 32 miles / 52 km
Meals included: Breakfast
Overnight in Saundersfoot

Day 4: Mills and Mining Trail
Today you cycle inland through Canaston Woods which is steeped in Mining history. This whole area was a major part of Pembrokeshire's coalfields from the 17th Century. Soon you reach Blackpool Mill which is one of Britain's best examples of a corn grist mill. Visit and see the milling machinery. Now you follow the river estuary upstream, look out for the birdlife on the river banks. Soon you will reach Carew Castle a medieval castle although was greatly extended in the 15th century by Sir Rhys Thomas. In the 16th century in was finally converted from medieval castle to an Elizabethan manor by Sir John Perrot. After your visit, you cycle back to Saundersfoot for another relaxing night by the sea.
Distance: 40 miles / 64 km
Meals included: Breakfast
Overnight in Saundersfoot

Day 5: Saundersfoot to Haverfordwest / Broad Haven
Today you cycle west along the south coast of Wales along the Celtic trail. You cycle through Tenby where you can see the ruined Tenby castle on a rocky outcrop dating from the 11th century overlooking the sea. You continue along the Celtic trail until you arrive in the Pembroke, visit the castle which is sitting proudly on a river. This castle has been here since the 11th century and is the largest privately owned castle in Wales. After a good break and maybe some lunch you continue cycling north to Haverfordwest. Haverfordwest is the principal town of this sparsely populated region. For an optional ride, you can head towards the coast and Brides Bay. Relax on one of the lovely sandy beaches. You are now right in the coastal National Park.
Distance: 26-31 miles / 42-40 km
Meals included: Breakfast
Overnight in Haverfordwest or Broad Haven

Day 6: Haverfordwest / Broad Haven to Fishguard
First, you cycle back to the coastal national park and onto St David's which is Wales smallest spiritual capital (St David is Wales Saint) and its cathedral. The Cathedral is rather grand and really amazing since the town is so small. This is a long day but if you have time you can take a fast boat excursion to Ramsy Island the RSPB bird sanctuary. If you do not have the time it is well worth a return visit after your tour before you head home. After your visit maybe cycle onto St David's head to see the stunning views before heading north to Fishguard.
Distance: 38-43 miles / 61-69 km
Meals included: Breakfast
Overnight in Fishguard

Day 7: Fishguard Loop
This stretch of coastline is truly stunning, little commercialized means fewer people apart from real nature lovers. You will cycle up the stunning Cym Gwaun valley right into the Welsh hills before looping back to the west coast of Pembrokeshire. You can take a detour to Cardigan a superb town and the head of a beautiful river. A few chances to relax on a nice sandy beach before heading back over the hills to Fishguard.
Distance: 35 miles / 56 km
Meals included: Breakfast
Overnight in Fishguard

Day 8: Departure
Make your own transfer arrangements.
Meals included: Breakfast

Other Info

Meeting: Fishguard
Tack:
Horses:
Pace:
Level: (3 to 3 out of 5) Moderate

Rates and Dates 2026 - ZZ-BKWA-H01

Rates include: Accommodations, All breakfasts, Luggage transfers & Navigation by Smart Phone App (Access code for App emailed around 3 weeks before departure)

Packages and Options

Season	Description	EUR	~US$
A 2026	8 day trip (please inquire)	€0	$0
B 2026	5 day trip (please inquire)	€0	$0

The US Dollar Rate is based on a EUR Exchange Rate of 1.2 and subject to currency fluctuation

Transfer Option

Description

2026	Make your own transfer arrangements
2026	Bike rental, pp (please inquire)
2026	E-Bike rental, pp (please inquire)

Tour Dates

Season	Tour Dates

Rates do not include:Transfers before and after the tour, Lunches, Dinners & Travel insurance (mandatory)

Reservation Form

Tour : _____ **Code #:** _____ **from:** _____ **to :** _____

The Travelers (Last Name, First Name)	Male Female	Single room / or tent	Birth Date MM/DD/YY	Height	Weight	Special diets	Beginner	Novice	Intermediate	Strong Interm.	Advanced	ride English	ride Western	mostly arena	mostly hacking
1.		☐				☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
2.		☐				☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
3.		☐				☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
4.		☐				☐	☐	☐	☐	☐	☐	☐	☐	☐	☐

Special Diets: _____

Your fitness level: Excellent ☐ Moderate ☐ Poor ☐ How long have you been riding? _____

How often do you ride? _____ Have you been on other riding tours? No ☐ Yes ☐ last trip when? _____

If Hidden Trails offers a transfer from the local airport/station: I would like the transfer to be included: YES ◯ NO ◯

In an emergency, name and phone number of contact: _____

Attention: Please, if there is more than one participant, all have to sign the reservation form - make copies if needed

With my signature I confirm my reservation of the listed program(s) under the Hidden Trails Booking Conditions. I'm aware, and I made all participants aware of the risk involved with these outdoor adventure activities. All participants have read and agree with the Hidden Trails *Booking Conditions* and the Hidden Trails *Recreational Activity Release and Indemnity Agreement* in this brochure or as listed on the Internet.
I (we) will sign and forward the *Recreational Activity Release and* Indemnity Agreement at least 10 weeks before trip starting date.

Last Name and First Name (The Traveler) _____

Street _____ ***e-mail*** _____

City _____ ***State*** _____ ***Postal/Zip Code*** _____

Phone (wk) _____ ***(hm)*** _____ ***Cell*** _____ ***Fax*** _____

Date _____ ***Signature (mandatory)*** 1. _____

Please, charge a 25% deposit (minimum $ 350 per person) now and full payment 10 weeks before the travel date to my credit card.

For payments by VISA ◯ ***or Mastercard*** ◯ (no debit cards)

Cardholder: _____

Card # _____ 3 digit Security # _____

Exp.Date: _____ Signature _____

Billing Address for Credit Card (if different than maling address): _____

I have enclosed a check for the deposit ◯

Additional Signatures:

2. _____

3. _____

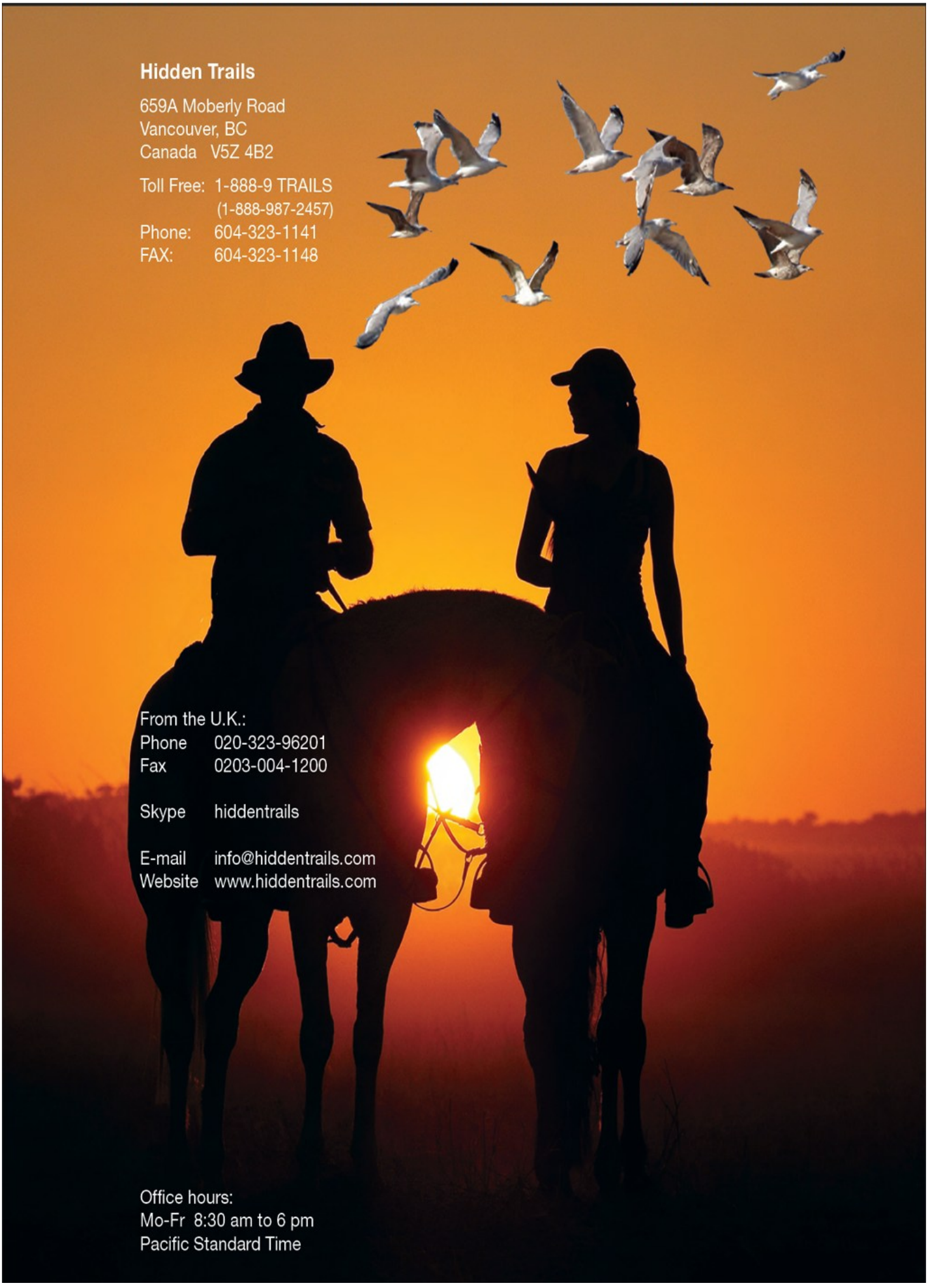
4. _____

Travel Cancellation Insurance Credit Card required

Sign me (us) up ◯ initial _____

No, we will provide our own ◯ initial _____

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