

Ph. 1-888-9-TRAILS

*Outdoor Vacations
- on & with Hidden Trails*

About Hidden Trails



Explore the World on & with Hidden Trails

Hidden Trails is owned and operated by nature enthusiasts who love the outdoors and adventure activities. We have been involved with outdoor vacations for over 20 years. We have collected the best outdoor vacation destinations all over the world in some hidden places we would like to share with you.

These vacations are about forging rivers, biking along canals and through forests, hiking along age-old trails, gazing at beautiful vistas and encountering foreign cultures. But most of all, these trips are about getting away from the cycle of too much work and never enough free time.

Escape from the rituals, which long ago froze our nights and days into little more than routine and away from the worries of our new tense times. It is so satisfying when we take the plunge of adventure - it's unfortunate that we invent so many reasons to put aside living our dreams of adventure. It is sometimes a tangled web that we weave through life. Some of the threads reveal a work-a-day world of commitments, duties and obligations. Other threads are of a quiet fabric of hope, responsibility and refreshment.

On our adventures you see the real country, its back country and meet the locals. The love for the outdoors has no boundaries but possesses a common language we all speak and understand.

You will experience new countries and their customs and make new friends.

These trips have been tested by our staff or associates and received our stamp of approval. If you are considering a special outdoor vacation anywhere in the world, call us first and let our experienced consultants match the perfect trip with your dream. We will listen to you and give you objective advice to help you choose the best destination and adventure.

Your vacation is the most precious time of the year and we are committed to making it the most memorable time of your life. Wherever you go, have a great time and bring back some peace of mind.

Thank you for your continued support.

Ryan Schmidt
Hidden Trails

Hidden Trails

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from within the USA or Canada or

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Website: www.hiddentrails.com/outdoor

Address:

659A Moberly Road, Vancouver BC Canada V5Z 4B3

4406 Tennyson Road, Wilmington, DE USA 19802

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Ph: 0- 808 189-0420

Fax: 0-808-280-1860

Toll Free Worldwide:

Skype: hiddentrails

Ride & Cycle in Lazio - Italy, Europe

Tour Code: IT-ITSR05-C
8 days / 7 nights ~\$1,940.00
Dates: Apr to Nov

Trip Rating : ●●●●●
Difficulty : ●●●●●
Lodging : ●●●

Tack: English
Horses: Mixture of local Thoroughbred and Warm...
Pace: Beginners to expert (gallop, jump). Mo...
Walk, Trot, Canter, Gallop,

Airport: Rome Fiumicino

Ride & Cycle in Lazio



Introduction

Lazio, Italy
Enjoy a fantastic holiday riding or cycling between Lazio, Umbria and Tuscany.

You will be accommodated in a castle, in the center of one of the least inhabited areas in Italy. This is an ideal place for fantastic excursions in the unspoiled countryside made up of lakes, castles and Renaissance palaces. The region has no traffic and incredible sceneries to frame your ride.

Accommodation



Accommodations

This is a stationary ride, so you will be staying in the same location during the trip.

Description

Just below the castle stands a handsome 18th Century farmhouse, the original centre of the estate's farming activities. The farmhouse has been skillfully converted with careful attention to conserving authenticity together with comfort and privacy, in a pleasant combination with communal living. The large farm now contains eight charming apartments and 14 double bedrooms (no twin rooms available) furnished with original pieces and all equipped with private bathroom and free Wi-Fi access.

The ground floor of the farm house opens onto the main terrace, which overlooks the swimming pool. On the ground floor there is a large "taverna" with brick vaulted ceilings. The space is divided into three main areas: dining room, billiard room, ping-pong room, plus a large kitchen available for all the guests and equipped for cooking courses.

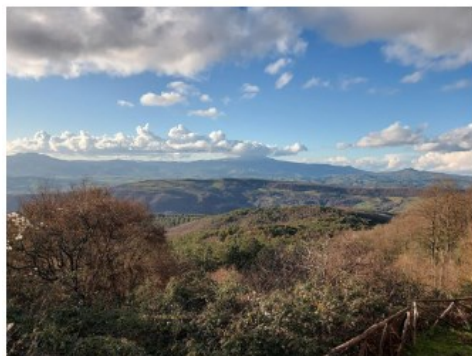
We also have a washer and dryer that guests can use for a small fee.



The outdoor pool is open from June 1st to September 30th. There is a tennis court as well as Volleyball courts, mini football pitch, and Jacuzzi on site.

Room Occupancy

If we are unable to find another rider to share the room with you, a single supplement fee applied. Single room accommodations are subject to availability.





Meals

All meals are included for this trip.
We prepare local traditional food, like lasagna, handmade pasta with ragù, roll meats.
Dinners will be served either in local restaurants or at the castle estate.

Some wine is included with lunch and dinner.

Dietary Restrictions

We can cater to all dietary restrictions with prior notice.

Riding



Riding

This trip can suite all riding levels from low intermediate to experts. Excursions in the countryside on medium / long distances require rider's ability to control the horse at the three gaits, including canter.
The overall pace of the ride is moderate with trots and canters.

Horses

Our horses have been selected for their attitude and breed. We have 20 horses at the moment that come from a wide range of breeds including: Italian Maremmano and Murgese, German, Dutch, French, Anglo Arab and cross breeds. They are our most important partners that we take a lot of pride in.

Most of the year, they live outside in the large paddocks with shelters. We also have a stables area with boxes and comfortable shelter when the weather is bad or the horses are ill and need to recover.

Around the castle, there are 100 hectares of green, sheltered fields where the horses are left free to graze. They definitely lead a good life.

We do our best to choose the best horse for our guest according to their level.

Riding Equipment

Helmets and body protectors of different sizes are available for our guests so that they can ride safely.

Some boots of different sizes are provided but if you have your own boots and helmets it is advisable to bring your own.

All guests MUST wear a helmet!

Facilities

Two large sand arenas are available for our guests to test their skills. The ground is made of volcanic sand, typical of the area. One arena is used mainly for the flat work and the other larger arena is used for show jumping. The flatwork arena is also lit with floodlights. At the opposite side of the castle we have created a 2.000 m cross-country course with beautiful wooden jumps and soft reliable ground.

Staff

Antonio is an ENGEA equestrian guide as well as the owner of the estate. He has several years of experience, riding, training and keeping horses in the countryside. He believes that the new methods of training such as Monty Roberts' and Pat Parelli have improved enormously the relation between humans and horses and our horses are benefiting from that. His knowledge of the trails of the area as well as his passion for horses and for this place will make your trip really special.

Kylie is our Kiwi guide and instructor. She has been riding all her life. After graduating university, she decided to combine her love of horses with her passion for travel and became a horse trekking guide in various countries including Australia, England, Greece, Chile, Egypt and Spain.

Insurance

Insurance covering horse riding accidents is mandatory. You have to tell the booking office in advance if you are



uninsured. If you have no insurance, please consider that we need at least a 48 hours' notice for activating one for you.

Itinerary



Sample Itinerary - subject to changes

Please, note that the routes and distances can be changed if required by prior arrangement (depending on ability).

Some routes can be done on a road bike and some on a mountain bike. We can also provide Road, Mountain or Electric Bikes and itineraries if required.

Please, note that there will be no full day rides in July and August due to high temperatures. During these months, the program will include 5 half day trails.

Day 1 (Saturday): Arrival

After a check-in and welcome drink, you'll meet our guides for an introduction and program briefing. You will also enjoy a guided tour of the Castle.

Meals included: Dinner

Overnight at the Castle

Day 2 (Sunday): Introduction

Cycling: Today, you will cycle to Torre Alfina (about 50 km). Zig-zagging through the countryside we will reach the town of Bolsena where we'll have a coffee in the main square. Following an undulating route, we then reach Torre Alfina

Castle where we will stop for a gelato before returning back to the castle.

Riding: You start with a half-day ride (about 18 km). We ride towards the hills framing the western plateau on which the castle is located. This is a fantastic spot for a breathtaking view of the area; from the beautiful crater of Lake Bolsena to the hills surrounding Lake Mezzano.

Meals included: Breakfast, Lunch & Dinner

Overnight at the Castle

Day 3 (Monday): Mezzano Lake

Cycling: You can choose between 2 routes of approx. 30-50 km. After climbing the wooded hills of the Selva di Onano we head towards Tuscany following a scenic gravel road to approach the lake from the North West side. All around us is fantastic unspoiled countryside.

We stop at the Fra Viaco farm restaurant and meet with the other group for lunch. You can take a refreshing swim in the crystal clear waters of the lake.

After a delicious meal, we are ready for the steep uphill climb before a well-deserved final descent to the castle.

Riding: We ride about 30 km through farmland on the Brigands Path. In the wooded hills that surround Onano, we glimpse stone pine trees atop an ancient Etruscan site and arrive on the flat plain of the Mezzano crater.

We stop at the Fra Viaco farm restaurant and meet with the other group for lunch. You can take a refreshing swim in the crystal clear waters of the lake.

After a delicious meal, we ascend through ancient chestnut woods to arrive back at the castle.

Meals included: Breakfast, Lunch & Dinner

Overnight at the Castle

Day 4 (Tuesday): Relax

The local area is full of interesting archaeological and historical sites. A few suggestions include the village fortresses of Pitigliano, Sorano and Sovano. It is definitely worth visiting the marvelous Italian gothic church of Orvieto and the Civita di Bagnoregio, known as the 'Dying Town'.

Alternatively you can choose to relax at the castle and take advantage of the swimming pool, tennis court, indoor and outdoor games. You can also opt to have a massage or take a cooking class (extra fees).

Meals included: Breakfast, Lunch & Dinner

Overnight at the Castle

Day 5 (Wednesday): Bolsena Lake

Cycling: Embark on a 50 km Mountain Bike Ride. Descending into the crater, we will admire the hilltop town of Grotte di Castro. Once beside the lake, we follow its northern shore heading towards Capodimonte.

We meet with the other group at a lakeside restaurant for lunch and a swim.

On the return journey we climb out of the crater, crossing the village of Gradoli.

Riding: Ride 36 km following an old trail down the crater. Breath-taking views will accompany us. Here and there, scattered around the countryside, archaeological sites with Etruscan tombs will remind us how old this beautiful land is.

We meet with the other group at a lakeside restaurant for lunch and a swim.

On the return journey, we see the magnificent Farnese renaissance palace in Gradoli. Once at the top of the crater, an old track through the woods will take us back to the castle.

Meals included: Breakfast, Lunch & Dinner

Overnight at the Castle

Day 6 (Thursday): Half-Day of Activities

Cycling: Today, you cycle to Pitigliano & Sorano (approx. 60 km). After crossing Onano, the road will gently undulate before descending deeply into the gorge of the river Lente. The dramatic view of the fortress in Sorano is worth a photo stop. Then, onwards towards Pitigliano, which was once an Etruscan village and then a medieval fortress owned by the noble Orsini family. We will stop to visit the historical center and the Jewish ghetto. The return route will steadily but gently climb until the final descent to the castle.

Riding: Ride to Onano (approx 20 km). Taking the Brigands path, we head north through the hills towards Onano.

Riding: Ride to Oratio (approx 20 km). Taking the Brigandus path, we head north through the hills towards Oratio, a fortified village with a medieval castle which was the stronghold of the Monaldeschi family, who ruled this area during the Middle Ages. At the Madonna delle grazie church we will follow the track north through enchanting countryside back to the castle.

Meals included: Breakfast, Lunch & Dinner

Overnight at the Castle

Day 7 (Friday): Half-Day of Activities

Cycling: Road Bike ride to Monte Amiata (about 107 km - a less challenging ride is available). Mount Amiata is the big irresistible challenge for local cyclists. The first part is an easy mostly downhill route, following the old Roman road along the river Paglia. However, we soon start climbing for 27 km up along the mountain, crossing Piancastagnaio and Abbadia S. Salvatore. The road winds up through the old mines, then through the chestnut woods for a time that seems never ending. Finally, we reach the top at 1734 m. A well-deserved stop to refuel and take some photos and then down the steep roads of the southern side of the mountain. The air is cool and thin and you can feel the difference. Watch out on the last 20 km where there are ups and downs on the hills not to be underrated.

Riding: Go on a half day ride (about 16km) following an old Etruscan trail. We will ride up through thick woods to the top of the crater surrounding lake Bolsena. Here, we will enjoy remarkable scenery including vineyards, Etruscan tombs, the prominent volcanic lake and the panorama dominated by the famous Farnese palace in Gradoli; a gift made by the Pope in 1500 for his nephew for his wedding - what a present!

We will return to the castle riding through the vineyards, vegetable gardens and enchanting woods. In particular, we will enjoy a canter across a tunnel made by oak trees above an old shepherds path.

Meals included: Breakfast, Lunch & Dinner

Overnight at the Castle

Day 8 (Saturday): Departure

Having had many amazing experiences and exhilarating adventures, you will prepare for your onward journey taking with you many happy memories.

Checkout is usually between 10am-12pm, although a late checkout can be arranged subject to availability.

Meals included: Breakfast



Other Info

Meeting: Grotte di Castro

Airport: Rome Fiumicino

Train station: Orvieto train station

Transfer: Orvieto- best to rent a car or take taxi from Orvieto

Distance: Rome 145 km/ 25 km from Orvieto

Best to rent a car!

Transfers available from Fiumicino or Ciampino airports in Rome, or Orvieto train station between 10:00am to 6:00pm for an extra fee. Check-in to your room after 2:00pm.

Tack: English

Horses: Mixture of local Thoroughbred and Warmblood crosses, with ponies available for childrer or small adults.

Pace: Beginners to expert (gallop, jump). Moderate with trots and canters. Riders must be capable of posting trot and 2 point seat while cantering.

Walk | Trot | Canter | Gallop |

Level: 🐾🐾🐾🐾 (2.5 to 4 out of 5) Low Intermediate to Advanced

Age: Min 14 Max 70

Weight: 200 lbs / 90 kg

Riders: Min 1 riders Max 6 riders

Riding helmets are mandatory for this ride.

Rates and Dates 2024 - IT-ITSR05-C

Rates include: Accommodations, All meals, Welcome drink and guided tour of the castle & 5 days of activities (riding or cycling - bike rentals included)
Helmets and body protectors of different sizes as well as some boots of different sizes can be provided

Packages and Options

Season	Description	EUR	~US\$
A 2024	8 day trip (High)	€1765	\$1940
	Discount for twin rooms, pp	(€50)	(\$55)
	Single supplement	€140	\$155
B 2024	8 day trip (Low)	€1660	\$1825
	Discount for twin rooms, pp	(€50)	(\$55)
	Single supplement	€140	\$155

The US Dollar Rate is based on a EUR Exchange Rate of 1.1 and subject to currency fluctuation

Transfer Option

Description

2024	Transfer from/to Fiumicino airport (taxi), return, per car (max 2 pax)	€330	\$365
2024	Transfer from/to Orvieto train station (taxi), return, per car (max 2 pax)	€150	\$165
2024	Wine tasting, pp	€30	\$35
2024	Bolsena Lake boat rental	€150	\$165
2024	Possible room upgrade - please inquire		

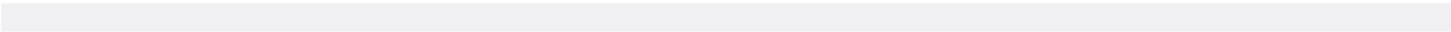
Tour Dates

Season	Tour Dates		
B 2024	03/16/2024 - 03/23/2024	8d / 7n	8 day trip (Low)
B 2024	03/23/2024 - 03/30/2024	8d / 7n	8 day trip (Low)
A 2024	03/30/2024 - 04/06/2024	8d / 7n	8 day trip (High)
A 2024	04/06/2024 - 04/13/2024	8d / 7n	8 day trip (High)
B 2024	04/13/2024 - 04/20/2024	8d / 7n	8 day trip (Low)
B 2024	04/20/2024 - 04/27/2024	8d / 7n	8 day trip (Low)
B 2024	04/27/2024 - 05/04/2024	8d / 7n	8 day trip (Low)
B 2024	05/04/2024 - 05/11/2024	8d / 7n	8 day trip (Low)
B 2024	05/11/2024 - 05/18/2024	8d / 7n	8 day trip (Low)
B 2024	05/18/2024 - 05/25/2024	8d / 7n	8 day trip (Low)
B 2024	05/25/2024 - 06/01/2024	8d / 7n	8 day trip (Low)
B 2024	06/01/2024 - 06/08/2024	8d / 7n	8 day trip (Low)
B 2024	06/08/2024 - 06/15/2024	8d / 7n	8 day trip (Low)
A 2024	06/15/2024 - 06/22/2024	8d / 7n	8 day trip (High)
A 2024	06/22/2024 - 06/29/2024	8d / 7n	8 day trip (High)
A 2024	06/29/2024 - 07/06/2024	8d / 7n	8 day trip (High)
A 2024	07/06/2024 - 07/13/2024	8d / 7n	8 day trip (High)
A 2024	07/13/2024 - 07/20/2024	8d / 7n	8 day trip (High)
A 2024	07/20/2024 - 07/27/2024	8d / 7n	8 day trip (High)
A 2024	07/27/2024 - 08/03/2024	8d / 7n	8 day trip (High)
A 2024	08/03/2024 - 08/10/2024	8d / 7n	8 day trip (High)
A 2024	08/10/2024 - 08/17/2024	8d / 7n	8 day trip (High)
A 2024	08/17/2024 - 08/24/2024	8d / 7n	8 day trip (High)
A 2024	08/24/2024 - 08/31/2024	8d / 7n	8 day trip (High)
A 2024	08/31/2024 - 09/07/2024	8d / 7n	8 day trip (High)
A 2024	09/07/2024 - 09/14/2024	8d / 7n	8 day trip (High)
A 2024	09/14/2024 - 09/21/2024	8d / 7n	8 day trip (High)
B 2024	09/21/2024 - 09/28/2024	8d / 7n	8 day trip (Low)
B 2024	09/28/2024 - 10/05/2024	8d / 7n	8 day trip (Low)
B 2024	10/05/2024 - 10/12/2024	8d / 7n	8 day trip (Low)
B 2024	10/12/2024 - 10/19/2024	8d / 7n	8 day trip (Low)
B 2024	10/19/2024 - 10/26/2024	8d / 7n	8 day trip (Low)
B 2024	10/26/2024 - 11/02/2024	8d / 7n	8 day trip (Low)
B 2024	11/02/2024 - 11/09/2024	8d / 7n	8 day trip (Low)
B 2024	11/09/2024 - 11/16/2024	8d / 7n	8 day trip (Low)

Min/Max: 1/6

Usually from Saturday to Saturday but we are flexible when possible.

Rates do not include:Insurance (mandatory), Gratuities & Transfers



Reservation Form

Hidden Trails Outdoor Reservation Form

Tour : _____ **Code #:** _____ **from:** _____ **to :** _____

The Travelers (Last Name, First Name)	Male Female	Single room/ or tent	Birth Date MM/DD/YY	Height	Weight*	Special diets**	Allergies	Medical Con.	Excellent	Good	Moderate	Poor	Fitness Level	Need to rent equipment
1.		<input type="checkbox"/>	_/_/_			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.		<input type="checkbox"/>	_/_/_			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.		<input type="checkbox"/>	_/_/_			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.		<input type="checkbox"/>	_/_/_			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

* If more than 200 lbs we need to reconfirm with our partners first

** Details on dietary needs on separate sheet, please.

Special Diets: _____

How often do you exercise? _____ Describe your experience: _____

Have you been on other riding tours? No ☐ Yes ☐ last trip when? _____ Trip: _____

If Hidden Trails offers a transfer from the local airport/station: I would like the transfer to be included: YES ☐ NO ☐

In an emergency, name and phone number of contact: _____

Attention: Please, if there is more than one participant, all have to sign the reservation form - make copies if needed

With my signature I confirm my reservation of the listed program(s) under the Hidden Trails Booking Conditions. I'm aware, and I made all participants aware of the risk involved with these outdoor adventure activities. All participants have read and agree with the Hidden Trails *Booking Conditions* and the Hidden Trails *Recreational Activity Release and Indemnity Agreement* in this brochure or as listed on the Internet.

I (we) will sign and forward the *Recreational Activity Release and Indemnity Agreement* at least 8 weeks before trip starting date.

Last Name and First Name (The Traveler) _____

Street _____ **e-mail** _____

City _____ **State** _____ **Postal/Zip Code** _____

Phone (wk) _____ **(hm)** _____ **Fax** _____

Date _____

Signature (mandatory) 1. _____

Please, charge a 25% deposit (minimum \$ 350 per person) now and full payment 10 weeks before starting date to my credit card.

For payments by **VISA** ☐ or **Mastercard** ☐ (no debit cards)

Cardholder: _____

Card # _____

-----3 digit Security # -----

Exp.Date: _____

Signature: _____

Billing Address for Credit Card (if different than mailing address): _____

I have enclosed a check for the deposit ☐

Additional Signatures:

2. _____

3. _____

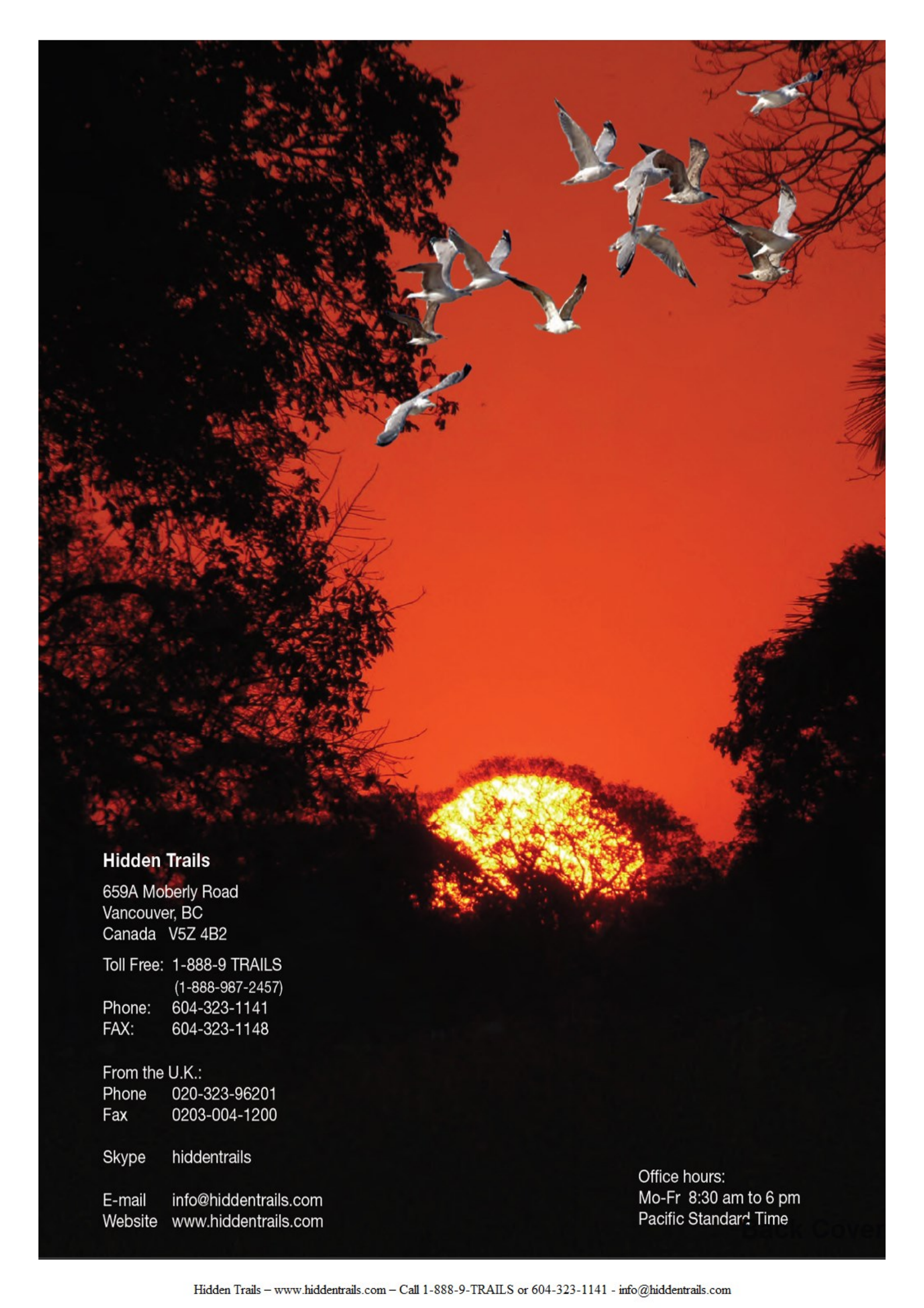
4. _____

Travel Cancellation Insurance Credit Card required

Sign me (us) up ☐ initial _____

No, we will provide our own ☐ initial _____

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