

Hidden Trails

PH. 1-888-9-TRAILS

*Outdoor Vacations
- on & with Hidden Trails*

About Hidden Trails



Explore the World on & with Hidden Trails

Hidden Trails is owned and operated by nature enthusiasts who love the outdoors and adventure activities. We have been involved with outdoor vacations for over 20 years. We have collected the best outdoor vacation destinations all over the world in some hidden places we would like to share with you.

These vacations are about forging rivers, biking along canals and through forests, hiking along age-old trails, gazing at beautiful vistas and encountering foreign cultures. But most of all, these trips are about getting away from the cycle of too much work and never enough free time.

Escape from the rituals, which long ago froze our nights and days into little more than routine and away from the worries of our new tense times. It is so satisfying when we take the plunge of adventure - it's unfortunate that we invent so many reasons to put aside living our dreams of adventure. It is sometimes a tangled web that we weave through life. Some of the threads reveal a work-a-day world of commitments, duties and obligations. Other threads are of a quiet fabric of hope, responsibility and refreshment.

On our adventures you see the real country, its back country and meet the locals. The love for the outdoors has no boundaries but possesses a common language we all speak and understand.

You will experience new countries and their customs and make new friends.

These trips have been tested by our staff or associates and received our stamp of approval. If you are considering a special outdoor vacation anywhere in the world, call us first and let our experienced consultants match the perfect trip with your dream.

We will listen to you and give you objective advice to help you choose the best destination and adventure.

Your vacation is the most precious time of the year and we are committed to making it the most memorable time of your life. Wherever you go, have a great time and bring back some peace of mind.

Thank you for your continued support.

Ryan Schmidt
Hidden Trails

Hidden Trails

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from within the USA or Canada or

E-mail: info@hiddentrails.com

Website: www.hiddentrails.com/outdoor

Address:

659A Moberly Road, Vancouver BC Canada V5Z 4B3

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Toll Free from the U.K.:

Ph: 0- 808 189-0420

Fax: 0-808-280-1860

Toll Free Worldwide:

Skype: hiddentrails

Scottish Borders & Abbeys - Scotland, Europe

Tour Code: ZZ-BKSC-H03
7 days / 6 nights ~\$0.00
Dates: April to September

Trip Rating : ●●●●●
Difficulty : ●●●●●
Lodging : ●●●

[Track:](#)
[Horses:](#)
[Pace:](#)

[Airport:](#) Edinburgh



Introduction

East Coast, Scotland

This wonderful self-guided cycling holiday of the Scottish Borders takes you from the border town of Berwick upon Tweed upstream along the Tweed River staying in Kelso and Melrose. What makes the Scottish Borders so special for a cycle tour is its many little country roads and lanes and the regions low population.

The region of the Scottish Borders is a relatively flat region but full of historic buildings, including 4 famous ancient abbeys: Kelso, Jedburgh, Dryburgh and Melrose. Many historic houses (Sir Walter Scott's Abbotsford House, Paxton House, Manderston House...) are also worth a visit.

Take a cycle ride to Lindsfarne on Holy Island (tides permitting) along the ancient causeway which is covered at high tide. The island was the final stage of the route taken by St Cuthbert in the 6th century which then started the Celtic Christianity on the Island.

Accommodation

Accommodations

This is a progressive tour so you will sleep in different accommodations along the trail.

Description

You will stay in 3/4 star hotels, guests houses, country inns and bed and breakfast. Occasionally we have to book a nearby village in peak times which would mean a shorter day and a long days walk the next day. Our handpicked accommodations are chosen for their accessibility to the route and warmth of welcome. We try and find accommodation which is interesting, and we are sure all our providers of accommodation will show an active interest in your tour progress.

We try and provide en-suite rooms where possible but on occasions, this may not be possible on some tours. If you insist on an en-suite room then please provide this request during the booking process.

Accommodation Itinerary for Road bike option - subject to changes based on availability

Night 1 & 2: Accommodation in Berwick upon Tweed

Night 3 & 4: Accommodation in Kelso

Night 5 & 6: Accommodation in Melrose or Galashiels

Accommodation Itinerary for Standard option - subject to changes based on availability

Night 1 & 2: Accommodation in Berwick upon Tweed

Night 3 & 4: Accommodation in Kelso

Night 5 & 6: Accommodation in Melrose or Galashiels

Room Occupancy

All our prices are based on two persons sharing a twin/double room. However, single persons are most welcome but incur a supplement.

Meals

Your package includes all breakfasts. Lunches and dinners are not included and should be paid locally.

We try and provide en-suite rooms where possible but on occasions, this may not be possible on some tours. If you insist on an en-suite room then please provide this request during the booking process.

Special diets

Riding

Insurance

It is essential that you have adequate travel insurance that you have purchased to cover cancellations, accidents, and repatriation etc. You will need to provide details (insurer, policy number and medical emergency telephone number) of the insurance you have purchased.

It is your responsibility to ensure that the insurance cover you have purchased covers you for your particular activity. We will not accept liability for any costs, losses or expenses which you incur as a result in not getting the correct level of cover.

Bike

If you choose to rent a bike with us, we usually use Scott Speedster 20Disc (road bikes), Scott Hybrid (Sub Cross 40) or E-bikes (Sub Tour eRide) on this tour.

Bikes come with a small bag, map or smart phone carrier (1 per 2 bikes), inner tube, lock, tools, bottle carrier.

We must be notified in advance if guests wish to fix own pedals or saddles to our bikes.

Itinerary

Sample Itinerary: Road bike option - subject to changes

Bike handover is usually on the morning of Day 2, at your first accommodation (between 8:30 and 9:00 am).

Day 1: Arrival

Please, make your own way to your accommodation in Berwick upon Tweed, the border town on the coast and on the River Tweed.

Meals included: none



Overnight in Berwick upon Tweed

Day 2: Holy Island and Bamburgh Castle Loop

Today's ride takes you down the coast southwards to Holy Island. Tide permitting, you can cycle across the causeway to Lindisfarne. This route was taken by St Cuthbert in the 6th century.

After your visit you ride further south to Bamburgh Castle. Now you cycle inland and northwards back to Berwick.

Distance: 91 km / 57 miles

Meals included: Breakfast

Overnight in Berwick upon Tweed

Day 3: Berwick upon Tweed to Kelso

This morning, cycle north to the pretty seaside village of Eyemouth. Enjoy a coffee before heading inland on the edge of hills towards Kelso. Now you follow country lanes westwards to Kelso passing Duns where you can visit the Jim Clark Museum. Jim Clark was a famous rally driver and once per year there is a weekend Rally which takes place in the area.

You can visit Kelso Abbey or take a short ride outside Kelso and visit Floors castle.

Distance: 81 km / 50 miles

Meals included: Breakfast

Overnight in Kelso

Day 4: Loop ride via Jedburgh

Today you follow the route to Jedburgh to visit its ancient Abbey and Museums. You first head west before climbing to Kirk Yetholm. Here, you will climb over the Cheviot Hills towards Jedburgh to just over 300m.

After your visit to Jedburgh and maybe a spot of lunch in a nice cafe or pub you head east again back to Kelso. If you did not have time yesterday you can visit Floors Castle.

Distance: 74 km / 46 miles

Meals included: Breakfast

Overnight in Kelso

Day 5: Kelso to Melrose/Galashiels

If you missed a visit to Floors Castle you can make a visit today before setting off. You shall cycle north towards lauder where you can take a visit to Thirlestane Castle. Then, you climb up over to Stow before heading southwards again to the River Tweed Valley and to Melrose. You pass Abbotsford House just before Melrose, this is the home of Sir Walter Scott the famous Scottish writer.

Distance: 64 km / 40 miles

Meals included: Breakfast

Overnight in Melrose or Galashiels

Day 6: Melrose/Galashiels Loop

Today you experience the wonderful remote border hills, long and gentle climbs. First you cycle upstream of the Tweed to Innerleithen where you can visit Traquair House or take a coffee stop. Then, you start the 2 gentle climb southwards crossing the Yarrow Valley, each around 5km long. Now you are in the Ettrick Valley where you cycle downstream towards Selkirk and onto Melrose.

Distance: 87 km / 53 miles

Meals included: Breakfast

Overnight in Melrose or Galashiels

Day 7: Departure

Make your own transfer arrangements.

Meals included: Breakfast

Sample Itinerary: Standard option - subject to changes

Bike handover is usually on the morning of Day 2, at your first accommodation (between 8:30 and 9:00 am).

Day 1: Arrival

Please, make your own way to your accommodation in Berwick upon Tweed, the border town on the coast and on the River Tweed.

Meals included: none

Overnight in Berwick upon Tweed

Day 2: Holy Island and Bamburgh Castle Loop

Today's ride takes you down the coast southwards to Holy Island. Tide permitting, you can cycle across the causeway to Lindisfarne. This route was taken by St Cuthbert in the 6th century.

After your visit you ride further south to Bamburgh Castle. Now you cycle inland and northwards back to Berwick.

Distance: 91 km / 57 miles

Meals included: Breakfast

Overnight in Berwick upon Tweed

Day 3: Berwick upon Tweed to Kelso

You follow the Tweed upstream towards Kelso. Your route today allows you to visit potentially two stately homes: Paxton House and Manderston House. Both visits are very interesting.

Then, you follow the country lanes westwards to Kelso. You can visit Kelso Abbey or take a short ride outside Kelso and visit Floors castle.

Distance: 81 km / 50 miles

Meals included: Breakfast

Overnight in Kelso

Day 4: Loop ride via Jedburgh

Today you follow the route to Jedburgh to visit its ancient Abbey and Museums. You will have a few small climbs to negotiate as you are on the edge of the Cheviot Hills. After you visit to Jedburgh and maybe a spot of lunch in a nice cafe or pub you head east again back to Kelso. If you did not have time yesterday you can visit Floors Castle.

Distance: 74 km / 46 miles

Meals included: Breakfast

Overnight in Kelso

Day 5: Kelso to Melrose/Galashiels

Today's ride is a little shorter. Head upstream of the River Tweed to Melrose passing the Dryburgh Abbey. On arrival visit the ancient abbey and look around the quaint streets of the town.

Distance: 24-31 km / 15-19 miles

Meals included: Breakfast

Overnight in Melrose or Galashiels

Day 6: Melrose/Galashiels Loop

Today is a beautiful circular ride taking on Clovenfords and Stow. You will have a few climbs to negotiate but none are that strenuous. You shall notice now that the countryside is more rolling.

Just outside Melrose you can visit Abbotsford House, this is the home of Sir Walter Scott the famous Scottish writer.

Distance: 47 km / 29 miles
Meals included: Breakfast
Overnight in Melrose or Galashiels

Day 7: Departure
Make your own transfer arrangements.
Meals included: Breakfast

Other Info

Meeting: Berwick upon Tweed
Airport: Edinburgh

Tack:

Horses:

Pace:

Level: 🐾🐾🐾🐾🐾 (3 out of 5) Moderate

Riders: Min 1 riders

Rates and Dates 2026 - ZZ-BKSC-H03

Rates include: Accommodations, All breakfasts, Luggage transfers & Navigation by Smart Phone App (Access code for App emailed around 3 weeks before departure)

Packages and Options

Season	Description
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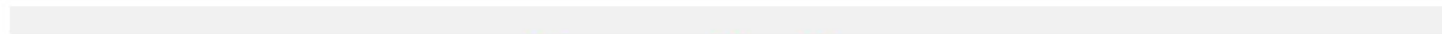
Transfer Option

Description

Tour Dates

Season	Tour Dates
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Rates do not include: Transfers before and after the tour, Lunches, Dinners & Travel insurance (mandatory)



Reservation Form

Hidden Trails Outdoor Reservation Form

Tour : _____ **Code #:** _____ **from:** _____ **to :** _____

The Travelers (Last Name, First Name)	Male Female	Single room/ or tent	Birth Date <small>MM/DD/YY</small>	Height	Weight*	<small>Special Diets**</small>	<small>Allergies</small>	<small>Medical Con.</small>	<small>Excellent</small>	<small>Good</small>	<small>Moderate</small>	<small>Poor</small>	<small>Fitness Level</small>	<small>need to rent equipm.</small>
1.		<input type="checkbox"/>	___/___/___			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.		<input type="checkbox"/>	___/___/___			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.		<input type="checkbox"/>	___/___/___			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.		<input type="checkbox"/>	___/___/___			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

* If more than 200 lbs we need to reconfirm with our partners first ** Details on dietary needs on separate sheet, please.

Special Diets: _____

How often do you exercise? _____ Describe your experience: _____

Have you been on other riding tours? No Yes last trip when? _____ Trip: _____

If Hidden Trails offers a transfer from the local airport/station: I would like the transfer to be included: YES NO

In an emergency, name and phone number of contact: _____

Attention: Please, if there is more than one participant, all have to sign the reservation form - make copies if needed

With my signature I confirm my reservation of the listed program(s) under the Hidden Trails Booking Conditions. I'm aware, and I made all participants aware of the risk involved with these outdoor adventure activities. All participants have read and agree with the Hidden Trails *Booking Conditions* and the Hidden Trails *Recreational Activity Release and Indemnity Agreement* in this brochure or as listed on the Internet.

I (we) will sign and forward the *Recreational Activity Release and Indemnity Agreement* at least 8 weeks before trip starting date.

Last Name and First Name (The Traveler) _____

Street _____ **e-mail** _____

City _____ **State** _____ **Postal/Zip Code** _____

Phone (wk) _____ **(hm)** _____ **Fax** _____

Date _____ **Signature (mandatory)** ^{1.}

Please, charge a 25% deposit (minimum \$ 350 per person) now and full payment 10 weeks before starting date to my credit card.

For payments by **VISA** or **Mastercard** (no debit cards)

Cardholder: _____

Card # _____ -3 digit Security # _____

Exp.Date: _____ Signature:

Billing Address for Credit Card (if different than mailing address):

I have enclosed a check for the deposit

Additional Signatures:

2. _____

3. _____

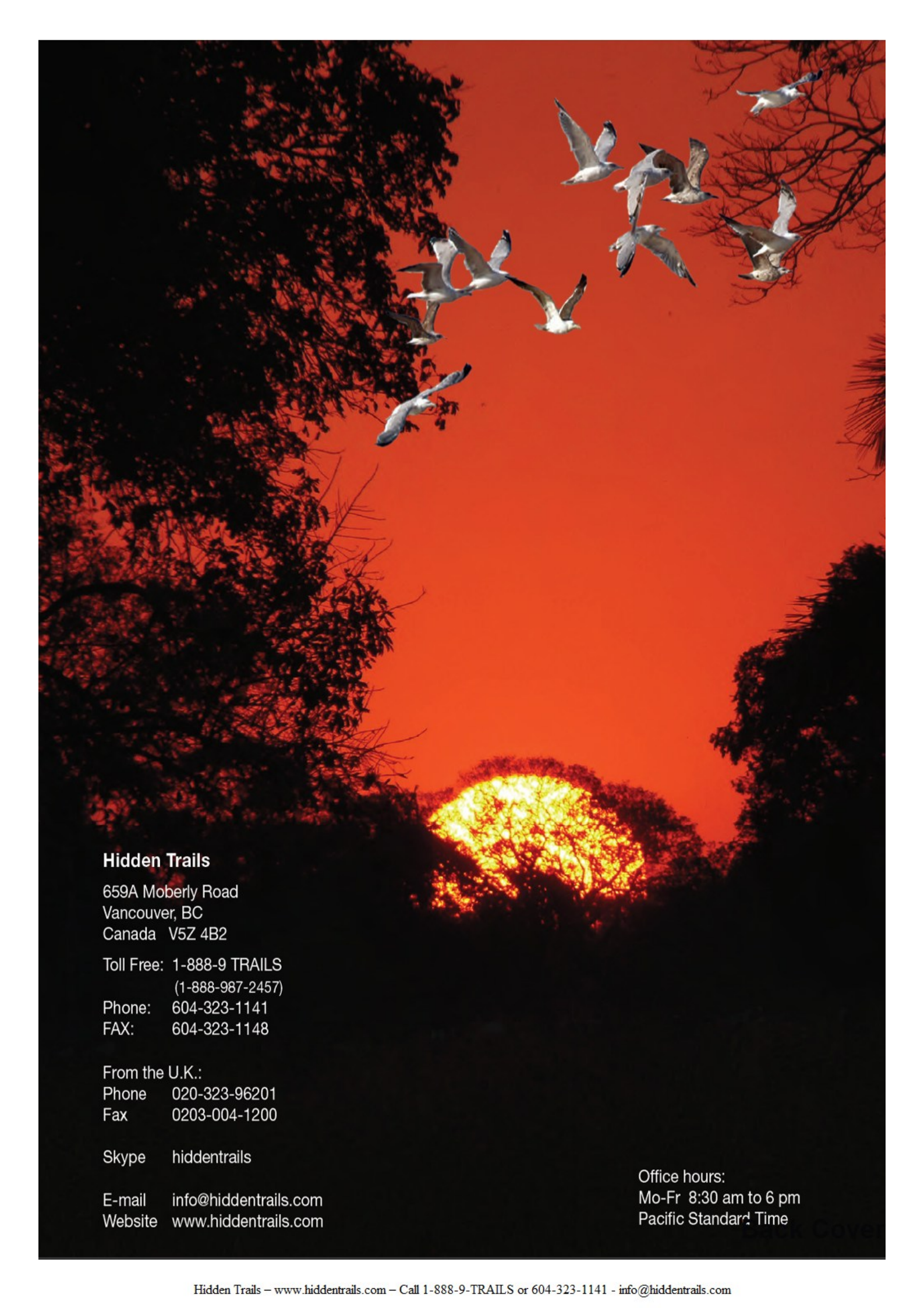
4. _____

Travel Cancellation Insurance Credit Card required

Sign me (us) up initial _____

No, we will provide our own initial _____

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