

Hidden Trails

Ph. 1-888-9-TRAILS

Outdoor Vacations
- on & with Hidden Trails

About Hidden Trails



Explore the World on & with Hidden Trails

Hidden Trails is owned and operated by nature enthusiasts who love the outdoors and adventure activities. We have been involved with outdoor vacations for over 20 years. We have collected the best outdoor vacation destinations all over the world in some hidden places we would like to share with you.

These vacations are about forging rivers, biking along canals and through forests, hiking along age-old trails, gazing at beautiful vistas and encountering foreign cultures. But most of all, these trips are about getting away from the cycle of too much work and never enough free time.

Escape from the rituals, which long ago froze our nights and days into little more than routine and away from the worries of our new tense times. It is so satisfying when we take the plunge of adventure - it's unfortunate that we invent so many reasons to put aside living our dreams of adventure. It is sometimes a tangled web that we weave through life. Some of the threads reveal a work-a-day world of commitments, duties and obligations. Other threads are of a quiet fabric of hope, responsibility and refreshment.

On our adventures you see the real country, its back country and meet the locals. The love for the outdoors has no boundaries but possesses a common language we all speak and understand.

You will experience new countries and their customs and make new friends.

These trips have been tested by our staff or associates and received our stamp of approval. If you are considering a special outdoor vacation anywhere in the world, call us first and let our experienced consultants match the perfect trip with your dream. We will listen to you and give you objective advice to help you choose the best destination and adventure.

Your vacation is the most precious time of the year and we are committed to making it the most memorable time of your life. Wherever you go, have a great time and bring back some peace of mind.

Thank you for your continued support.
Ryan Schmidt
Hidden Trails

Hidden Trails

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Skype: hiddentrails

Hike from Grasse to Vence - France, Europe

Tour Code: ZZ-FR-Hike30
6 days / 5 nights ~\$800.00
Dates: March to November (except July & August)

Trip Rating : ●●●●●
Difficulty : ●●●●●
Lodging : ★★

[Tack:](#)
[Horses:](#)
[Pace:](#)

[Airport:](#) Nice



Introduction

Provence, France

Experience the charm of the villages hidden in the back country of the French Riviera.

From the world's perfume capital, Grasse, your hikes lead you through rolling hills covered with olive groves, rosemary & thym, sun kissed plateaus, chestnut forests and canyons to some of the most beautiful perched villages: Gourdon, St Paul de Vence & Tourrettes sur Loup.

Immerse in the natural landscape, enjoy the wide sweeping views from the snow-covered peaks of the Alps to the deep blue Mediterranean Sea.

This 6-day tour is rich in fascinating historic and architectural treasures but also blessed with stunning landscapes, Mediterranean climate and mouthwatering food.

HIGHLIGHTS

- Discover the hidden gems in the backcountry of the French Riviera
- Explore some of the most beautiful perched villages of the Pays de Grasse
- Charming Provencal landscapes

Accommodation

Accommodations

This is a progressive trip, so you will be staying in different establishments along the way.

Description

We favour small local establishments, often family-run hotels or B&Bs, that employ local people. Selected by our track finders, our accommodations are chosen based on the friendliness of the owners, the quality of the service, the charm of the establishment and, quite often, the quirkiness (of both accommodation and owners!) that makes where you sleep an integral part of your adventure.

Accommodation Itinerary - subject to changes based on availability

Night 1: Hotel in Grasse

Night 2 & 3: Auberge in Pont du Loup

Night 4 & 5: Auberge in Vence

Hotel in Grasse

This 4-star hotel offers 62 modern bedrooms, each equipped with an ensuite bathroom, an electric kettle, air conditioning, a TV and free Wi-Fi internet.

Guests can relax by the pool or go exercise in the gym.

Auberge in Pont du Loup

This family-owned hotel welcomes guests since 1991. The recently refurbished rooms feature a comfortable bed, a flat-screen TV, a phone, free Wi-Fi access and a fully equipped private bathroom.

Auberge in Vence

This old relay station has been renovated in order to provide comfortable accommodation to guests. You will stay in one of the 6 bedrooms. The rooms all have private facilities and charming wood furniture.

Meals

All breakfasts are included in your package.

Breakfasts will be provided by the accommodations.

Lunches and dinners need to be paid extra locally.

Riding

Hiking Difficulty: Moderate

You will walk on different types of terrain, from 8 to 18km, average +300m/-650m. A good level of fitness is required. You should not mind scrambling a little bit to get to some stages of the itinerary, walking uphill is not an issue for you and you can walk over different types of terrains.

There are no technical difficulties, but we highly recommend good hiking boots & walking poles. There are a few loop hikes so you can also relax on some days to recover and just relax and explore the villages.

Gear

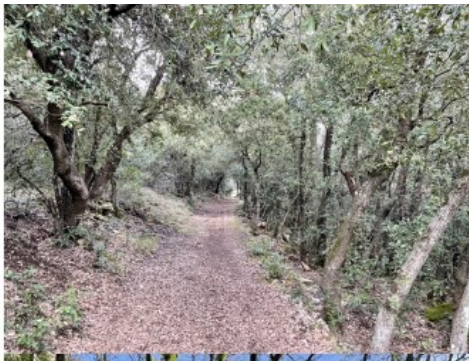
We recommend using walking poles. Our itineraries are more often than not way marked and on well defined paths, tracks, and sometimes back country roads. The trails can be rocky; good boots with ankle support & walking poles are highly recommended. You will be in a zones where water is scarce; you will have to bring enough water with you each day.

Itinerary

Sample Itinerary - subject to changes

Day 1: Arrival

Make your own way to Grasse. From Nice airport, you can catch the 650 bus to Grasse (1h ride) or from Nice center a 1h10 train to Grasse. We can also organize a private taxi transfer (price upon request). The hotel is about 2-3 km from the train station.



situated a 15-20 mins walk from the train station.

Grasse is well known for its perfume industry. You can visit the International perfume museum and the cathedral which houses works of art by some of the great masters of painting including Rubens.

Meals included: none

Overnight in Grasse

Day 2: Grasse to Pont du Loup

From Grasse, you make your way up onto the heights and soon follow pretty paths through the woodlands before enjoying a gentle walk on a wide path with stunning views. The steep climb towards the village of Bar sur Loup is rewarded with breathtaking panoramic views. You descend to Bar sur Loup, where you can stop for lunch or a picnic before continuing along a forested track to Pont du Loup, your base for the next two nights.

Hiking about 18 km / +760m/-930m - Possible to shorten the walk with a transfer (not included) 12km +443m/-850m

Meals included: Breakfast

Overnight in Pont du Loup

Day 3: Gourdon Hike

From the village, follow the well known Sentier du Paradis up to Gourdon labelled "one of the most beautiful villages in France". It's a steep climb but all worth it. Enjoy a hearty meal and admire the magnificent views from the edge of the village all the way to the Mediterranean sea and the famous Gorges du Loup where the river cuts through the deep gorges.

If you are up for more walking you can add a short loop taking you above the village. Then return down to the village on the same path.

Hiking about 4 km / +550m/-30m - Possible add extra loop and double the walking distance

Meals included: Breakfast

Overnight in Pont du Loup

Day 4: Courmes to Vence

After breakfast a 15 mins transfer takes you into the heart of the Gorges du Loup, to the tiny hamlet of Courmes. From here, you climb up above the gorges on a steep and winding path with breathtaking views. You reach the beautiful Plateau St Barnabé, and the hamlet of the same name with just a scattering of houses before beginning the descent to Vence, the sea glistening in front of you as you descend.

You arrive in the bustling historic centre of Vence where you'll spend the next few nights.

Hiking about 14 km / +395m/-690m - Possible add extra loop and double the walking distance

Meals included: Breakfast

Overnight in Vence

Day 5: Hike around Vence (several options)

Today you have many options, either relax and take a break from hiking or choose one of the following hikes below.

1. Easy Hike to Saint Paul de Vence (4,5km +95m/-236m and bus back to Vence - bus ticket not included)

Starting in the historic centre of Vence, you head out of the town and enjoy a gentle stroll through the Sine woods. From here you alternate between forested path and paved road on a fairly flat terrain. The view of St Paul de Vence as you get closer is stunning and you can admire a series of small chapels as you approach.

2. Easy to Moderate Hike to Tourettes sur Loup (8km +320m/-280m and bus back to Vence - bus ticket not included)

Tourettes is a picturesque medieval village backed by a range of hills, the path between Saint-Paul de Vence and Tourettes-sur-Loup goes through the woods. What you must see in Tourettes-sur-Loup: the city all and its museum, Bastide aux violettes, Church of Saint Grégoire and artists' workshops.

3. Challenging Loop Hike to Baous (12KM +/-712M)

A challenging hike for experienced hikers but all worth the effort as the views are outstanding spreading from the snow covered peaks of the Alps to the Mediterranean. A Baou is a tall, steep hill with a flat top.

Meals included: Breakfast

Overnight in Vence

Day 6: End of trip

End of the program after breakfast. You can catch bur #9 to Cagnes sur mer (30 mins ride) and from there either head to Nice, Antibes or Cannes and discover the Lérins islands, just a 15 minutes boat ride away from Cannes.

Other Info

Meeting: Grasse

Airport: Nice

Train station: Grasse

Transfers are not available for this trip. You need to make your own way to Grasse on Day 1.

Tack:

Horses:

Pace:

Level: 🐎🐎🐎🐎🐎 (3 out of 5) Moderate

Riders: Min 2 riders Max 6 riders

Rates and Dates 2024 - ZZ-FR-Hike30

Rates include: Accommodations, All breakfasts, Local transfers described in the itinerary, Emergency phone number & Road Book

Packages and Options

Season	Description	EUR	~US\$
A 2024	6 day Self guided walking tour (High)	€725	\$800
	Group discount (4-6 pax), pp	(€60)	(\$65)
	Single supplement	€425	\$470
	Solo hiker supplement	€675	\$740
B 2024	6 day Self guided walking tour (Mid)	€700	\$770
	Group discount (4-6 pax), pp	(€60)	(\$65)
	Single supplement	€400	\$440
	Solo hiker supplement	€640	\$705
C 2024	6 day Self guided walking tour (Low)	€675	\$740
	Group discount (4-6 pax), pp	(€60)	(\$65)
	Single supplement	€375	\$410
	Solo hiker supplement	€640	\$705

The US Dollar Rate is based on a EUR Exchange Rate of 1.1 and subject to currency fluctuation

Transfer Option

Description

2024	Make you own way to Grasse on Day 1
2024	Possible to upgrade accommodations in Vence - inquire for rates

Tour Dates

Season	Tour Dates		
C 2024	03/01/2024 - 03/31/2024	6d / 5n	6 day Self guided walking tour (Low)
B 2024	04/01/2024 - 04/30/2024	6d / 5n	6 day Self guided walking tour (Mid)
A 2024	05/01/2024 - 06/25/2024	6d / 5n	6 day Self guided walking tour (High)
B 2024	09/01/2024 - 11/05/2024	6d / 5n	6 day Self guided walking tour (Mid)

Min/Max: 2/6

Rates do not include:All lunches and dinners, Drinks, Transfers not mentionned in the itinerary & Entrance fees



Reservation Form

Hidden Trails Outdoor Reservation Form

Tour : _____ **Code #:** _____ **from:** _____ **to :** _____

The Travelers (Last Name, First Name)	Male Female	Single room/ or tent	Birth Date MM/DD/YY	Height	Weight*	Special diets**	Allergies	Medical Con.	Excellent	Good	Moderate	Poor	Fitness Level	Need to rent equipment
1.		<input type="checkbox"/>	___/___/___			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
2.		<input type="checkbox"/>	___/___/___			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
3.		<input type="checkbox"/>	___/___/___			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
4.		<input type="checkbox"/>	___/___/___			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		

* If more than 200 lbs we need to reconfirm with our partners first

** Details on dietary needs on separate sheet, please.

Special Diets: _____

How often do you exercise? _____ Describe your experience: _____

Have you been on other riding tours? No ☐ Yes ☐ last trip when? _____ Trip: _____

If Hidden Trails offers a transfer from the local airport/station: I would like the transfer to be included: YES ☐ NO ☐

In an emergency, name and phone number of contact: _____

Attention: Please, if there is more than one participant, all have to sign the reservation form - make copies if needed

With my signature I confirm my reservation of the listed program(s) under the Hidden Trails Booking Conditions. I'm aware, and I made all participants aware of the risk involved with these outdoor adventure activities. All participants have read and agree with the Hidden Trails *Booking Conditions* and the Hidden Trails *Recreational Activity Release and Indemnity Agreement* in this brochure or as listed on the Internet.

I (we) will sign and forward the *Recreational Activity Release and Indemnity Agreement* at least 8 weeks before trip starting date.

Last Name and First Name (The Traveler) _____

Street _____ **e-mail** _____

City _____ **State** _____ **Postal/Zip Code** _____

Phone (wk) _____ **(hm)** _____ **Fax** _____

Date _____

Signature (mandatory) 1. _____

Please, charge a 25% deposit (minimum \$ 350 per person) now and full payment 10 weeks before starting date to my credit card.

For payments by **VISA** ☐ or **Mastercard** ☐ (no debit cards)

Cardholder: _____

Card # _____

-----3 digit Security # -----

Exp.Date: _____

Signature: _____

Billing Address for Credit Card (if different than mailing address): _____

I have enclosed a check for the deposit ☐

Additional Signatures:

2. _____

3. _____

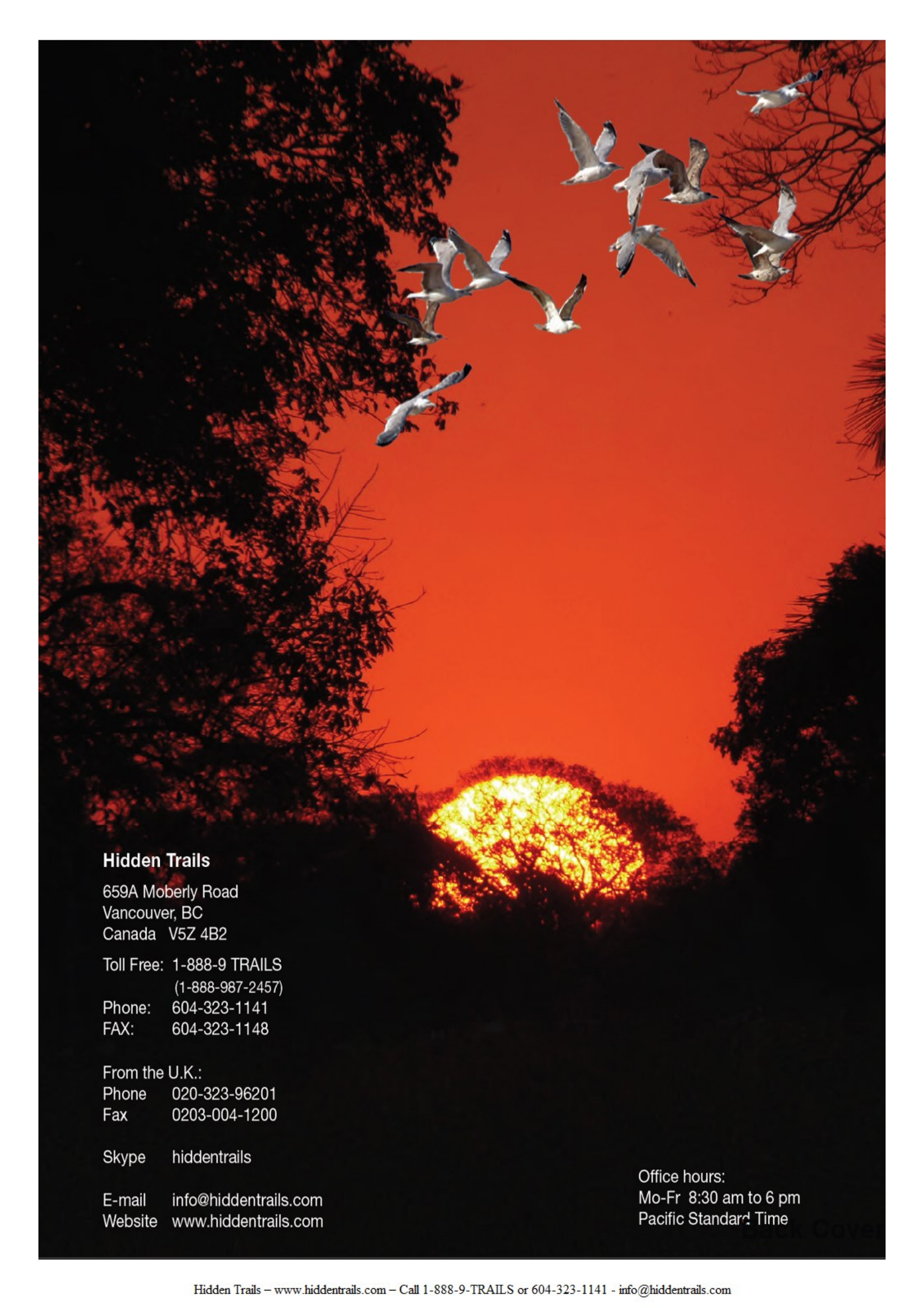
4. _____

Travel Cancellation Insurance Credit Card required

Sign me (us) up ☐ initial _____

No, we will provide our own ☐ initial _____

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