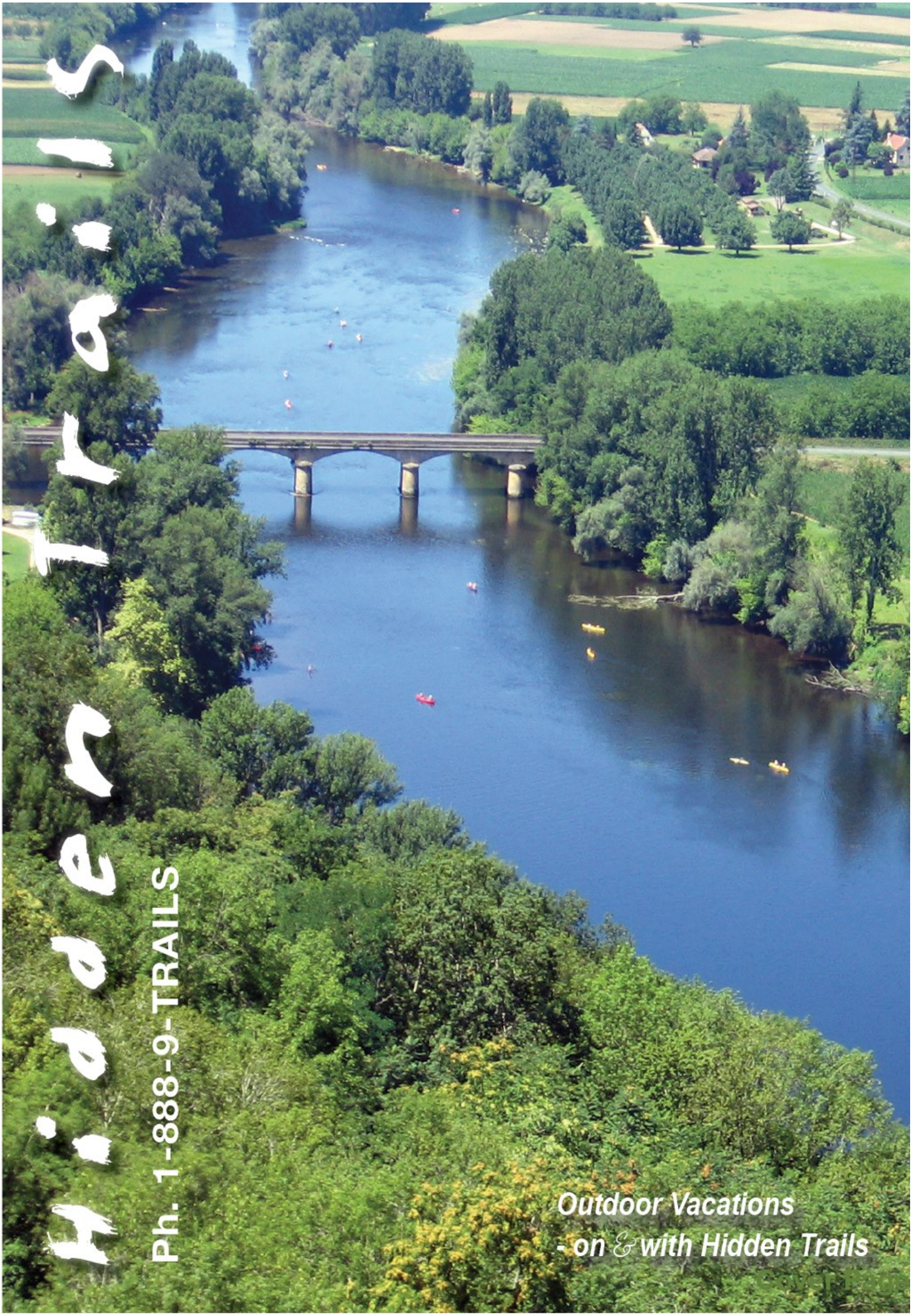
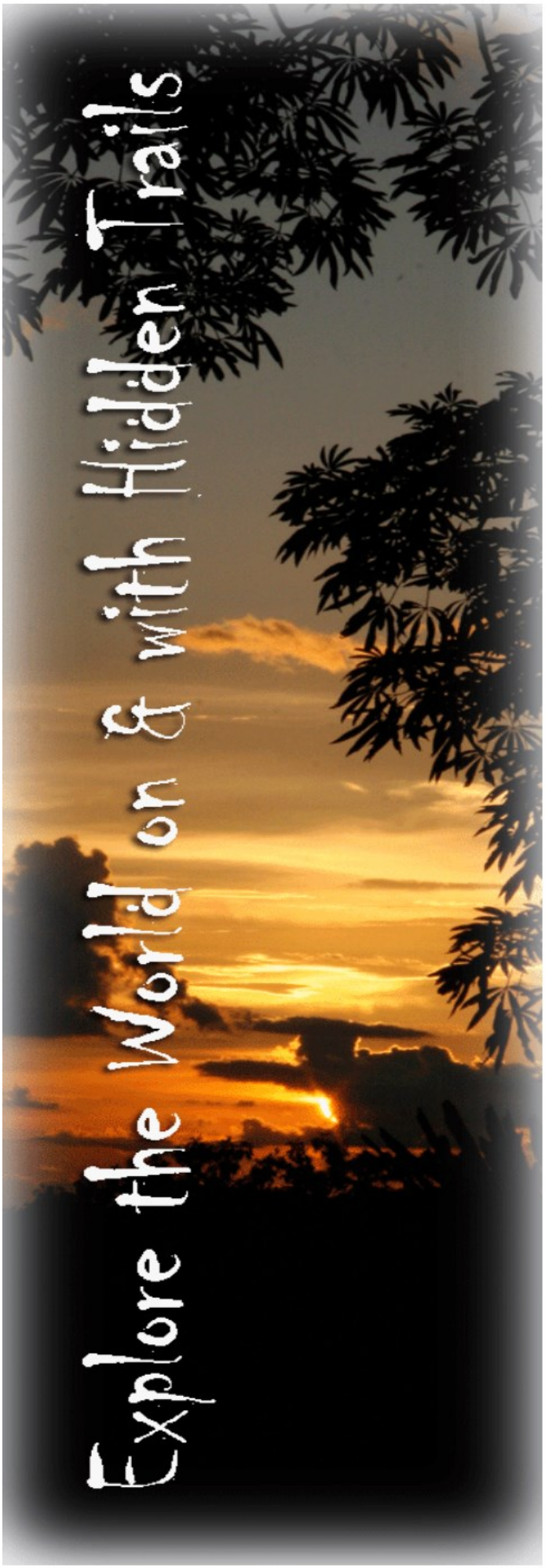

Hidden Trails
Ph. 1-888-9-TRAILS
Outdoor Vacations
- on & with Hidden Trails

About Hidden Trails



Hidden Trails is owned and operated by nature enthusiasts who love the outdoors and adventure activities. We have been involved with outdoor vacations for over 20 years. We have collected the best outdoor vacation destinations all over the world in some hidden places we would like to share with you.

These vacations are about forging rivers, biking along canals and through forests, hiking along age-old trails, gazing at beautiful vistas and encountering foreign cultures. But most of all, these trips are about getting away from the cycle of too much work and never enough free time.

Escape from the rituals, which long ago froze our nights and days into little more than routine and away from the worries of our new tense times. It is so satisfying when we take the plunge of adventure - it's unfortunate that we invent so many reasons to put aside living our dreams of adventure. It is sometimes a tangled web that we weave through life. Some of the threads reveal a work-a-day world of commitments, duties and obligations. Other threads are of a quiet fabric of hope, responsibility and refreshment.

On our adventures you see the real country, its back country and meet the locals. The love for the outdoors has no boundaries but possesses a common language we all speak and understand.
You will experience new countries and their customs and make new friends.

These trips have been tested by our staff or associates and received our stamp of approval. If you are considering a special outdoor vacation anywhere in the world, call us first and let our experienced consultants match the perfect trip with your dream.
We will listen to you and give you objective advice to help you choose the best destination and adventure.

Your vacation is the most precious time of the year and we are committed to making it the most memorable time of your life. Wherever you go, have a great time and bring back some peace of mind.

Thank you for your continued support.
Ryan Schmidt
Hidden Trails

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Toll Free: 1-888-9-TRAILS
from within the USA or Canada or
E-mail: info@hiddentrails.com
Website: www.hiddentrails.com/outdoor

Address:
659A Moberly Road, Vancouver BC Canada V5Z 4B3
4406 Tennyson Road,Willmington, DE USA 19802

Toll Free from the U.K.:
Ph: 0- 808 189-0420
Fax: 0-808-280-1860

Toll Free Worldwide:
Skype: hiddentrails

Camino - French Route F1 - Spain, Europe

Tour Code: ZZ-HK-ESCAM01
5 days / 4 nights ~$590.00
Dates: Available all Year

Trip Rating :
Difficulty :
Lodging:

Tack: --
Horses: --
Pace: 6-8 hours per day, 69km total

Airport: Biarritz

Introduction

Galicia, Spain
The Camino Frances, or the French Way, is the most traditional of all the pilgrims' ways to Santiago de Compostela and is the best known internationally.

This specific route is the starting point of the Camino Frances. It begins in France at St-Jean-Pied-de-Port and finishes in Pamplona, the town famous for its Running of the Bulls festival in San Fermin, described by Ernest Hemingway in his novel The Sun Also Rises. At first, it follows the Route de Napoleon over the Roncesvalles Pass (1500m) in the Basque country, and then crosses into more gentle terrain in the great region of Navarra.

This walk can be physically demanding and requires a reasonable level of fitness as you will be crossing over the Pyrenees. However, it's a highly rewarding walk and includes numerous cultural highlights, as well as breath-taking sceneries second to none. Pamplona is also the home of some of the best tapas and pintxos in Spain.

Additionally, as the beginning of the French Way is in Saint-Jean-Pied-de-Port, the atmosphere is very special, full of enthusiasm, spirituality and joy from pilgrims from all around the world!

Accomodation

Accommodations
Our accommodation is selected based on a number of criteria, including location, comfort, services, price and character.
Please note, in case of non-availability of the below mentioned Hotels on the requested dates, similar ones will be used.

Accommodation Itinerary - *subject to changes based on availability*
Night 1: Hotel in Saint Jean Pied de Port
Night 2: Guesthouse in Ronmcesvalles
Night 3: Hotel in Zubiri
Night 4: Hotel in Pamplona

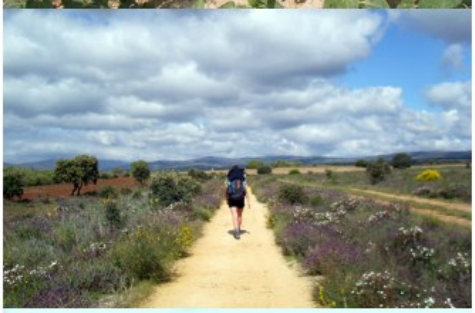
Saint-Jean-Pied-de-Port - Hotel Ramuntcho
Located in the old town of Saint-Jean-Pied-de-Port, Hôtel Ramuntcho offers guestrooms with free Wi-Fi.
In the same hands for generations – and with a suitably old-fashioned feel – it is located in a typical Béarn half-timbered house, with plain, peach-colored rooms, some of which look over the street, and others of which have views over the Pyrenean foothills. The simply decorated guest rooms are equipped with a TV and private bathroom with a bathtub or shower. It's part of the Logis de France chain.

Roncesvalles - Casa De Beneficiados
This restored 18th-century building offers a bar, free Wi-Fi zone and modern apartments with well-equipped kitchenettes. Each Casa de los Beneficiados apartment is decorated in light colors, with original beamed ceilings. All have a living-dining room with a TV and a bathroom with a hairdryer and toiletries.
The property includes a communal laundry room, and luggage storage.

Zubiri - Hosteria De Zubiri
Individually decorated, each room has a different atmosphere. They are equipped with a full bathroom and Internet connection.

Pamplona - Europa Hotel
Located 100 m from Pamplona Bullring, this hotel overlooks the famous bull running of the San Fermin Festival. Each room at the family-run Europa Hotel has a flat-screen TV, mini-bar and tea and coffee making facilities. Rooms are heated and feature a private bathroom with a hairdryer and toiletries kit.
Hotel Europa offers free WiFi.

Meals
Breakfasts and 2 dinners are included. Breakfast are eaten at the hotels and evening meals in the restaurant's hotel or a restaurant nearby. It is usually a set menu.



Special diets and dietary restrictions:
We can only request dietary requirements to our suppliers for the following diets:
– Diabetic - Suitable for reduced sugar, hyperglycemic, hypoglycemic and carbohydrate controlled meal requests.
– Gluten Intolerant/Celiac also known as low gliadin, non-tropical sprue, Celiac disease, low wheat, wheat free, gluten restricted diet. A Gluten Intolerant Meal eliminates all foods prepared with wheat, rye, barley and oats.
– Vegetarian (No meat – no fish). Nuts may be used as a protein substitute.

Itinerary

Sample Itinerary: St-Jean-Pied-de-Port to Pamplona (step 1/8) - *subject to changes*

The Camino is clearly marked with the "Scallop Shell" showing you the way. The walking can be physically demanding and will require a reasonable level of fitness. However, it's a highly rewarding venture that includes numerous cultural highlights along the way!

Day 1: Arrival in Saint-Jean-Pied-de-Port
You'll be booked into a hotel in the heart of the small town. The rooms are en-suite.
Meals included: none
Overnight in Saint-Jean-Pied-de-Port

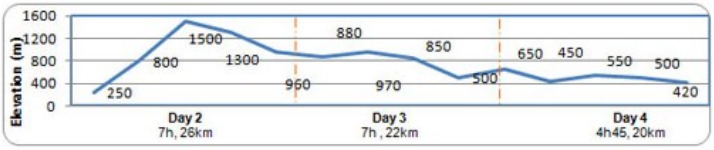
Day 2: Saint-Jean-Pied-de-Port To Roncesvalles
This first day is considered the most difficult as the Camino crosses the Pyrenees. The 'Camino Napoleon' kicks off with a steep climb, on through orchards and past country houses and then, later, through Alpine-style meadows, before weaving its way alongside leafy beech woods towards the Spanish border and the descent into Roncesvalles. The Valcarlos Camino mainly follows the road which runs through the valley alongside the River Nive or River Valcarlos. Don't miss the Collegiate Church in Roncesvalles.
Walking: 25km / approx. 8 hours (ascent: 1250 m / descent: 540 m)
Meals included: Breakfast
Overnight in Roncesvalles

NOTE: If you would like to walk at a more relaxed pace, we can arrange an alternative route (though not as rewarding) that splits this walking day into two stages (12km and 14km), staying overnight in the village of Valcarlos. Here you will be staying in a two-star hotel. This is route through Valcarols is no the usual Camino itinerary and the walk is not as rewarding as it follows the main road.

Day 3: Roncesvalles to Zubiri
The Camino crosses two beautiful mountain passes and continues on through beech and oak woods and meadows before coming to Espinal, where the panoramic views of the countryside, with the Pyrenees in the background, are a sight to behold. The River Arga runs alongside this part of the Camino and continues its course all the way to Larrasoana.
Walking: 22km / approx. 7 hours (ascent: 90 m / descent: 550 m)
Meals included: Breakfast
Overnight in Zubiri

Day 4: Zubiri to Pamplona
The Camino runs along the River Arga, at the foot of a group of hills covered in beech, oak and Scots pine. As we approach Pamplona, the landscape shows more signs of civilisation, with its reforested conifers and farmlands.
Walking: 21km / approx. 6 hours (ascent/descent: 250 m)
Meals included: Breakfast
Overnight in Pamplona

Day 5: Pamplona, end of the walking holiday
After breakfast, we bid you farewell.
Meals included: Breakfast



IMPORTANT: The Napoleon Route over the Pyrenees (Day 2) is closed for Pilgrims from the 1st November until the 31st March. Pilgrims need to use the alternative route via Valcarlos if they are travelling within these dates. Travelling on the Napoleon Route at this time is forbidden and all pilgrims going over the Pyrenees and having to be rescued before that time will be fined €5,000.

Other Info

Meeting: Saint Jean Pied de Port
Airport: Biarritz
Train station: Saint Jean Pied de Port
Distance: 2 hrs
Because this is a self-guided trip, participants are expected to arrive independently to their accommodation in Saint-Jean-Pied-de-Port.

Tack: --
Horses: --
Pace: 6-8 hours per day, 69km total
Level: (2 to 3 out of 5) Moderate
Riders: Min 1 riders Max 16 riders

Rates and Dates 2024 - ZZ-HK-ESCAM01

Rates include: Accommodations in standard hotel (2-3*), All breakfasts, Luggage transfer, Detailed walking notes and map, Pilgrim passport & 24/7 customer service

Packages and Options

Season	Description	EUR	~US$
A 2024	5 day hike	€535	$590

The US Dollar Rate is based on a EUR Exchange Rate of 1.1 and subject to currency fluctuation

Transfer Option

Description

2024	Single supplement	€235	$260
2024	Upgrade to 4* accommodation, dbl, pp - please inquire		
2024	Upgrade to 4* accommodation, single - please inquire		
2024	Upgrade to 5* accommodation, dbl, pp - please inquire		
2024	Upgrade to 5* accommodation, single - please inquire		
2024	Extra night, dbl, pp ~ Please inquire		

Tour Dates

Season	Tour Dates		
A 2024	01/01/2024 - 12/31/2024	5d / 4n	5 day hike

Min/Max: 1/16

Rates do not include:Lunches and Dinners, Drinks & Airport transfers

Hidden Trails Outdoor Reservation Form

Tour : _____ ***Code #:*** _____ ***from:*** _____ ***to :*** _____

The Travelers (Last Name, First Name)	Male Female	Single room/ or tent	Birth Date MM/DD/YY	Height	Weight*	Special diets**	Allergies	Medical Con.	Fitness Level: Excellent	Good	Moderate	Poor	need to rent equipm.
1.		☐	__/__/__			☐	☐	☐	☐	☐	☐	☐	☐
2.		☐	__/__/__			☐	☐	☐	☐	☐	☐	☐	☐
3.		☐	__/__/__			☐	☐	☐	☐	☐	☐	☐	☐
4.		☐	/ /			☐	☐	☐	☐	☐	☐	☐	☐

* If more than 200 lbs we need to reconfirm with our partners first ** Details on dietary needs on separate sheet, please.

Special Diets: _____

How often do you exercise? _____ Describe your experience: _____

Have you been on other riding tours? No ☐ Yes ☐ last trip when? _____ Trip: _____

If Hidden Trails offers a transfer from the local airport/station: I would like the transfer to be included: YES ☐ NO ☐

In an emergency, name and phone number of contact: _____

Attention: Please, if there is more than one participant, all have to sign the reservation form - make copies if needed

With my signature I confirm my reservation of the listed program(s) under the Hidden Trails Booking Conditions. I'm aware, and I made all participants aware of the risk involved with these outdoor adventure activities. All participants have read and agree with the Hidden Trails *Booking Conditions* and the Hidden Trails *Recreational Activity Release and Indemnity Agreement* in this brochure or as listed on the Internet.
I (we) will sign and forward the *Recreational Activity Release and* Indemnity Agreement at least 8 weeks before trip starting date.

Last Name and First Name (The Traveler) _____

Street _____ ***e-mail*** _____

City _____ ***State*** _____ ***Postal/Zip Code*** _____

Phone (wk) _____ ***(hm)*** _____ ***Fax*** _____

Date _____ ***Signature (mandatory)*** 1. _____

Please, charge a 25% deposit (minimum $ 350 per person) now and full payment 10 weeks before starting date to my credit card.

For payments by VISA ☐ ***or Mastercard*** ☐ (no debit cards)

Cardholder: ----------

Card # ----------3 digit Security # ----------

Exp.Date: ---------- Signature: ----------

Billing Address for Credit Card (if different than maling address):

I have enclosed a check for the deposit ☐

Additional Signatures:

2. _____

3. _____

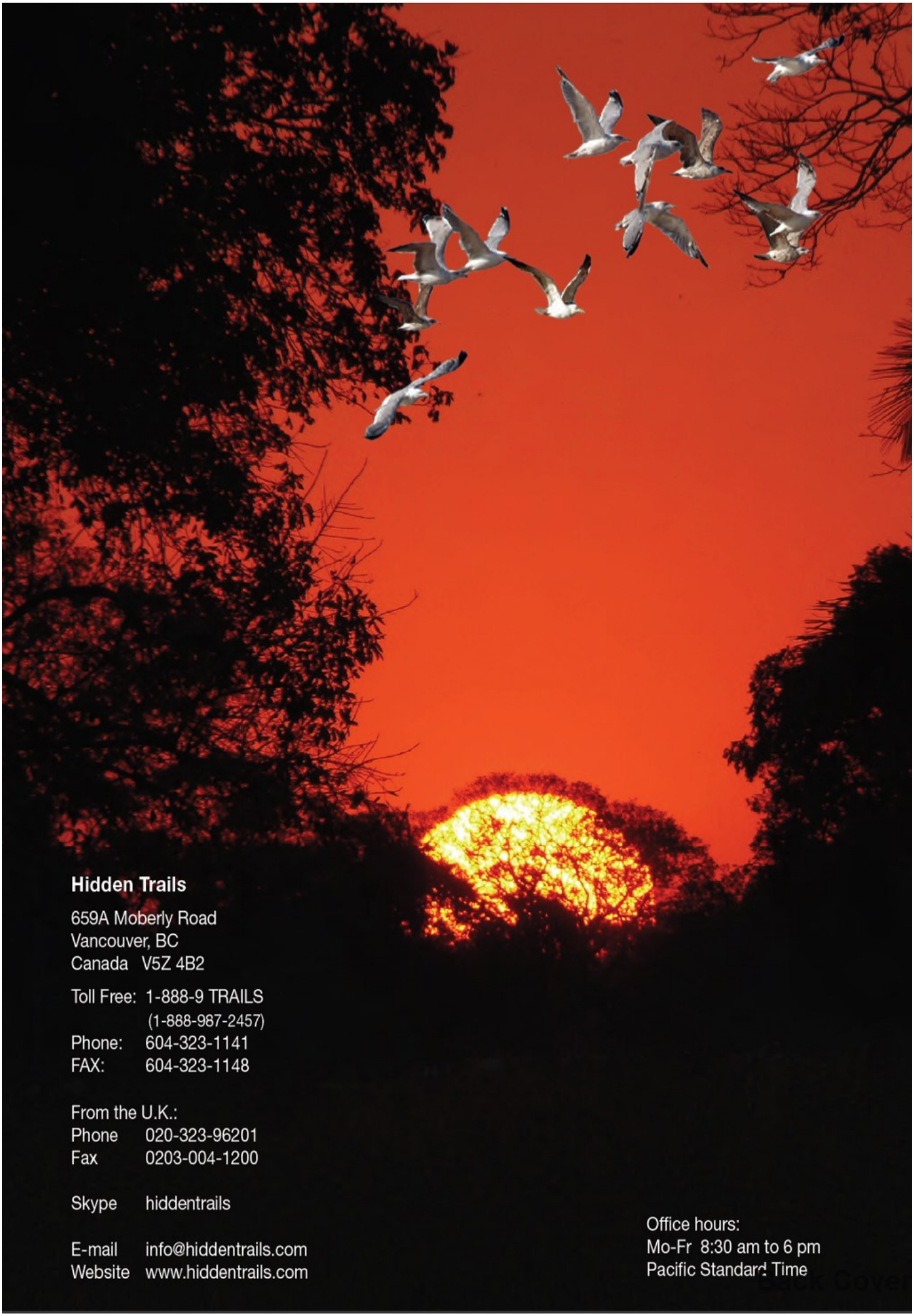
4. _____

Travel Cancellation Insurance Credit Card required

Sign me (us) up ☐ initial _____

No, we will provide our own ☐ initial _____

Hidden Trails Ltd. 659A Moberly Rd. Vancouver, BC V5Z 4B3 FAX: 604-323-1148 Phone: 604-323-1141



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Pacific Standard Time