

Hidden Trails

Ph. 1-888-9-TRAILS

Outdoor Vacations
- on & with Hidden Trails

About Hidden Trails



Explore the World on & with Hidden Trails

Hidden Trails is owned and operated by nature enthusiasts who love the outdoors and adventure activities. We have been involved with outdoor vacations for over 20 years. We have collected the best outdoor vacation destinations all over the world in some hidden places we would like to share with you.

These vacations are about forging rivers, biking along canals and through forests, hiking along age-old trails, gazing at beautiful vistas and encountering foreign cultures. But most of all, these trips are about getting away from the cycle of too much work and never enough free time.

Escape from the rituals, which long ago froze our nights and days into little more than routine and away from the worries of our new tense times. It is so satisfying when we take the plunge of adventure - it's unfortunate that we invent so many reasons to put aside living our dreams of adventure. It is sometimes a tangled web that we weave through life. Some of the threads reveal a work-a-day world of commitments, duties and obligations. Other threads are of a quiet fabric of hope, responsibility and refreshment.

On our adventures you see the real country, its back country and meet the locals. The love for the outdoors has no boundaries but possesses a common language we all speak and understand.

You will experience new countries and their customs and make new friends.

These trips have been tested by our staff or associates and received our stamp of approval. If you are considering a special outdoor vacation anywhere in the world, call us first and let our experienced consultants match the perfect trip with your dream. We will listen to you and give you objective advice to help you choose the best destination and adventure.

Your vacation is the most precious time of the year and we are committed to making it the most memorable time of your life. Wherever you go, have a great time and bring back some peace of mind.

Thank you for your continued support.

Ryan Schmidt
Hidden Trails

Hidden Trails

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from within the USA or Canada or

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Website: www.hiddentrails.com/outdoor

Address:

659A Moberly Road, Vancouver BC Canada V5Z 4B3

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Ph: 0- 808 189-0420

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Toll Free Worldwide:

Skype: hiddentrails

Istria Hiking Tour - Italy, Europe

Tour Code: ZZ-HKITFA09
8 days / 7 nights ~\$935.00
Dates: Apr-Jun & Sep-Nov

Trip Rating : ●●●●●
Difficulty : ●●●●●
Lodging : ●●●

Tack: --
Horses: --
Pace: --

Airport: Trieste Airport



Introduction

Northern Italy, Italy

The starting point of this hiking tour is in Trieste, the former Habsburger seaport seated at the foothills of the Karst. After a few kilometres, you leave Italy and hike to Slovenia and Istria. This sunny peninsula in the Mediterranean Sea is characterised by little picturesque fisher villages, small towns on the Karst hills, vineyards and valleys. Let yourself be surprised by the charms of a landscape rich in contrasts and the various colours of Istria.

The hiking tour through Istria runs slightly hilly.

Accommodation

Accommodations

During this trip, nights are spent in different locations.

Description

Accommodations consist of a mixture of 3 and 4 star hotels offering private bedrooms with ensuite facilities.

Local tax

Some cities charge a tourist tax. These taxes are not included in the sale price of the tour and must be paid directly by you at check-in or check-out at the hotels.

This fee varies depending on the hotel category, the season and the number of days of stay. It is usually between 1 and 5 € per person per night.

Meals

All breakfasts are included.

Itinerary

Sample Itinerary - subject to changes

Day 1: Arrival in Trieste

Individual arrival at the first hotel in Trieste.

Meals included: none

Overnight in Trieste

Day 2: Muggia to Koper

In the morning you take the ferry from Trieste to Muggia. The stage begins in Muggia, the only Istrian town in Italy. You hike inland from the sea. After crossing the border with Slovenia, you have a beautiful view of the Muggia valley and the Julian Alps. You descend gently along the Slovenian Alpine Trail. Here the landscape opens up above the Gulf of Koper amidst wooded areas and vineyards. You will walk part of the stage on the Parenzana, the former Istrian narrow-gauge railway that connected Trieste and Poreč until 1935. End the day in the car-free old town of Koper with all its magnificent buildings. It is possible to shorten the route by bus (ticket not included).

Ascent approx. 250 m / descent approx. 220 m / approx. 5 hours

Meals included: Breakfast

Overnight in Koper

Day 3: Koper to Piran

Continuing along the sea, you leave Koper and hike to the old fishing town of Izola and on to Piran/Portoroz, your destination for today. You will hike through the beautiful Strunjan National Park. Piran is the birthplace of Giuseppe Tartini, an Italian violinist and composer, and its centre is strongly marked by Venetian influences. Stroll through the alleys with their Venetian palaces, or enjoy the flair in the Piazza Tartini in the centre of Piran. Portoroz and Piran are surrounded on both sides by salt flats. Thanks to the preciousness of the famous salt the picturesque Piran had its boom in the Middle Ages.

There's the possibility to shorten the route from Koper to Izola by bus (ticket not included).

Ascent approx. 200 m / descent approx. 180 m / approx. 4 - 5 hours

Meals included: Breakfast

Overnight in Piran

Day 4: Piran to Buje

In the morning you take a public bus to the starting point of the stage (ticket not included). You leave the coast, before crossing the border into Croatia. You hike inland to Buje.

In Buje and the surrounding area, the soil is particularly fertile. Many of Croatia's best-known winegrowers cultivate their wines in this area. Wine roads lead you through the vineyards and olive groves around the small town. In the evening, the well-known wine-cellars and restaurants invite you to enjoy the delicacies of Istrian cuisine.

Ascent approx. 150 m / descent approx. 100 m / approx. 4 - 5 hours

Meals included: Breakfast

Overnight in Buje

Day 5: Buje to Brtonigla

Starting from Buje, you walk amidst green fields, olive groves and vineyards to Brtonigla. Brtonigla combines typical rural Istrian cuisine with Mediterranean sea cuisine. Worth seeing here are sacred buildings such as the parish church of St. Zenon. Worth a visit is also the Mramornica cave.

Ascent approx. 280 m / descent approx. 340 m / approx. 4 hours

Meals included: Breakfast

Overnight in Brtonigla

Day 6: Brtonigla to Kastelir

You will hike through the Skarline Nature Park. The park is named after the Škarlina stream. North of Kastelir, above the valley of the Mirna River, lie the ruins of the medieval settlement of Nigrinjana, now Gradina. The Via Flavia, a military road that once went through Trieste, the Mirna valley and Porec to Pula, passed through Kastelir. The village of Kastelir is surrounded by Mediterranean plants, olive trees, vineyards and fields.

The surrounding forests are rich of mushrooms and wild asparagus. From Kastelir you take a transfer to Tar.

Ascent approx. 300 m / descent approx. 200 m / approx. 4.5 hours

Meals included: Breakfast

Overnight in Tar

Day 7: Tar to Porec

The last day of your discovery trip in Istria takes you to Porec. Most of your hike will be along the coast. From far away you will see the Euphrasius Basilica, which has been listed as a UNESCO World Heritage Site and should definitely be visited. End your hiking tour with a good glass of wine on one of the squares in the old town of Porec.

Ascent approx. 10 m / descent approx. 110 m / approx. 4 hours

Meals included: Breakfast

Overnight in Porec

Day 8: Departure

Individual departure or possibility to extend your stay.

Meals included: Breakfast

Other Info

Meeting: Trieste

Airport: Trieste Airport

Train station: Trieste Centrale

Distance: 40 km

This is a self-guided tour, there is not an official meeting. The trip starts on Day 1 when you check in to your 1st hotel in Trieste.

Tack: --

Horses: --

Pace: --

Level:  (2 out of 5) Easy to Moderate

Age: Min 14

Riders: Min 2 riders Max 10 riders

Rates and Dates 2024 - ZZ-HKITFA09

Rates include: Accommodations, All breakfasts, Video briefing, Tour information package (maps, route descriptions...), Transfers according to program & Phone hotline service.

Packages and Options

| Season | Description | EUR | ~US\$ |
|--------|-------------------------------|------|-------|
| A 2024 | 8 day self-guided tour - High | €850 | \$935 |
| B 2024 | 8 day self-guided tour - Low | €770 | \$850 |

The US Dollar Rate is based on a EUR Exchange Rate of 1.1 and subject to currency fluctuation

Transfer Option

Description

| | | | |
|------|--|------|-------|
| 2024 | Shuttle bus every Starurday from Porec to Trieste, pp | €45 | \$50 |
| 2024 | Extra nights - please inquire | | |
| 2024 | Single supplement | €200 | \$220 |
| 2024 | Possible to upgrade accommodations on request - please inquire | | |

Tour Dates

| Season | Tour Dates | | |
|--------|-------------------------|---------|-------------------------------|
| B 2024 | 03/30/2024 - 04/06/2024 | 8d / 7n | 8 day self-guided tour - Low |
| B 2024 | 04/06/2024 - 04/13/2024 | 8d / 7n | 8 day self-guided tour - Low |
| B 2024 | 04/13/2024 - 04/20/2024 | 8d / 7n | 8 day self-guided tour - Low |
| B 2024 | 04/20/2024 - 04/27/2024 | 8d / 7n | 8 day self-guided tour - Low |
| B 2024 | 04/27/2024 - 05/04/2024 | 8d / 7n | 8 day self-guided tour - Low |
| B 2024 | 05/04/2024 - 05/11/2024 | 8d / 7n | 8 day self-guided tour - Low |
| B 2024 | 05/11/2024 - 05/18/2024 | 8d / 7n | 8 day self-guided tour - Low |
| B 2024 | 05/18/2024 - 05/25/2024 | 8d / 7n | 8 day self-guided tour - Low |
| B 2024 | 05/25/2024 - 06/01/2024 | 8d / 7n | 8 day self-guided tour - Low |
| B 2024 | 06/01/2024 - 06/08/2024 | 8d / 7n | 8 day self-guided tour - Low |
| B 2024 | 06/08/2024 - 06/15/2024 | 8d / 7n | 8 day self-guided tour - Low |
| A 2024 | 06/15/2024 - 06/22/2024 | 8d / 7n | 8 day self-guided tour - High |
| A 2024 | 06/22/2024 - 06/29/2024 | 8d / 7n | 8 day self-guided tour - High |
| A 2024 | 06/29/2024 - 07/06/2024 | 8d / 7n | 8 day self-guided tour - High |
| A 2024 | 07/06/2024 - 07/13/2024 | 8d / 7n | 8 day self-guided tour - High |
| A 2024 | 07/13/2024 - 07/20/2024 | 8d / 7n | 8 day self-guided tour - High |
| A 2024 | 07/20/2024 - 07/27/2024 | 8d / 7n | 8 day self-guided tour - High |
| A 2024 | 07/27/2024 - 08/03/2024 | 8d / 7n | 8 day self-guided tour - High |
| A 2024 | 08/24/2024 - 08/31/2024 | 8d / 7n | 8 day self-guided tour - High |
| A 2024 | 08/31/2024 - 09/07/2024 | 8d / 7n | 8 day self-guided tour - High |
| A 2024 | 09/07/2024 - 09/14/2024 | 8d / 7n | 8 day self-guided tour - High |
| B 2024 | 09/14/2024 - 09/21/2024 | 8d / 7n | 8 day self-guided tour - Low |
| B 2024 | 09/21/2024 - 09/28/2024 | 8d / 7n | 8 day self-guided tour - Low |
| B 2024 | 09/28/2024 - 10/05/2024 | 8d / 7n | 8 day self-guided tour - Low |
| B 2024 | 10/05/2024 - 10/12/2024 | 8d / 7n | 8 day self-guided tour - Low |
| B 2024 | 10/12/2024 - 10/19/2024 | 8d / 7n | 8 day self-guided tour - Low |
| B 2024 | 10/19/2024 - 10/26/2024 | 8d / 7n | 8 day self-guided tour - Low |
| B 2024 | 10/26/2024 - 11/02/2024 | 8d / 7n | 8 day self-guided tour - Low |
| B 2024 | 11/02/2024 - 11/09/2024 | 8d / 7n | 8 day self-guided tour - Low |

Min/Max: 2/10
Custom dates possible for groups of 5+ pax

Rates do not include:Drinks, Lunches and dinners & Travel insurance.
Tourist tax (if requested) has to be paid on the spot.



Reservation Form

Hidden Trails Outdoor Reservation Form

Tour : _____ Code #: _____ from: _____ to : _____

| The Travelers (Last Name, First Name) | Male Female | Single room/ or tent | Birth Date MM/DD/YY | Height | Weight* | Special diets** | Allergies | Medical Con. | Excellent | Good | Moderate | Poor | Fitness Level | Need to rent equipment |
|--|----------------|----------------------------|---------------------------|--------|---------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|---------------|------------------------|
| 1. _____ | | <input type="checkbox"/> | ___/___/___ | | | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | | |
| 2. _____ | | <input type="checkbox"/> | ___/___/___ | | | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | | |
| 3. _____ | | <input type="checkbox"/> | ___/___/___ | | | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | | |
| 4. _____ | | <input type="checkbox"/> | ___/___/___ | | | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | | |

* If more than 200 lbs we need to reconfirm with our partners first

** Details on dietary needs on separate sheet, please.

Special Diets: _____

How often do you exercise? _____ Describe your experience: _____

Have you been on other riding tours? No ☐ Yes ☐ last trip when? _____ Trip: _____

If Hidden Trails offers a transfer from the local airport/station: I would like the transfer to be included: YES ☐ NO ☐

In an emergency, name and phone number of contact: _____

Attention: Please, if there is more than one participant, all have to sign the reservation form - make copies if needed

With my signature I confirm my reservation of the listed program(s) under the Hidden Trails Booking Conditions. I'm aware, and I made all participants aware of the risk involved with these outdoor adventure activities. All participants have read and agree with the Hidden Trails *Booking Conditions* and the Hidden Trails *Recreational Activity Release and Indemnity Agreement* in this brochure or as listed on the Internet.

I (we) will sign and forward the *Recreational Activity Release and Indemnity Agreement* at least 8 weeks before trip starting date.

Last Name and First Name (The Traveler) _____

Street _____ e-mail _____

City _____ State _____ Postal/Zip Code _____

Phone (wk) _____ (hm) _____ Fax _____

Date _____

Signature (mandatory) 1. _____

Please, charge a 25% deposit (minimum \$ 350 per person) now and full payment 10 weeks before starting date to my credit card.

For payments by VISA ☐ or Mastercard ☐ (no debit cards)

Cardholder: _____

Card # _____

-----3 digit Security # -----

Exp.Date: _____

Signature: _____

Billing Address for Credit Card (if different than mailing address): _____

I have enclosed a check for the deposit ☐

Additional Signatures:

2. _____

3. _____

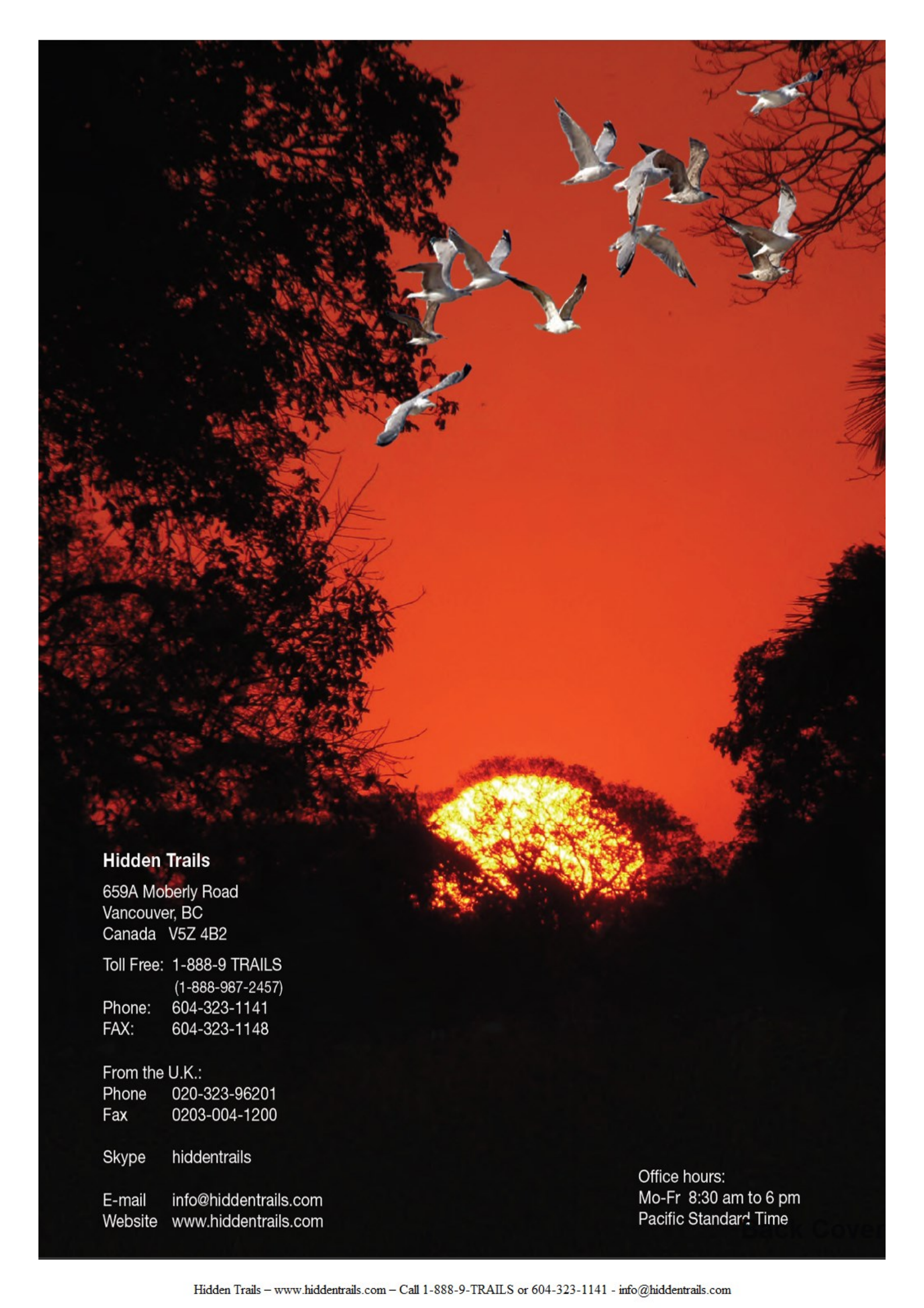
4. _____

Travel Cancellation Insurance Credit Card required

Sign me (us) up ☐ initial _____

No, we will provide our own ☐ initial _____

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